

# PRODUCT KNOWLEDGE GUIDE



## Resources + Guides

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This guide was created to help navigate the GlyMed Plus Product line. The 4-step system was designed to help properly care and maintain optimum skin health. We strongly believe that a 4-step system helps to not only keep skin active and youthful but also healthy.

## STEP 1 | CLEANSE

CLEANSERS   HEALING				
PRODUCT NAME	CONSISTENCY	ACTIVE INGREDIENTS	FITZ	SKIN TYPE
Mega Cream Cleanser	Creamy	Vitamin E, Lavender, Shea Butter	All	All
Peptide Firming Cleanser	Creamy	PC10 Peptide Complex, Horsetail, Primrose Oil	All	All
Vitamin C Cleanser	Creamy	Magnesium Ascorbyl Phosphate, Vitamin E	All	All
Gentle Gel Cleanser with Amino Acids	Foam   Gel	Aloe Vera, Wheat Proteins, Green Tea, Vitamin E	All	All
Foaming Cleanser with Amino Acids	Foam   Gel	PC10 Peptide Complex, Aloe Vera, Arnica	All	All

CLEANSERS   ACTIVE				
PRODUCT NAME	CONSISTENCY	ACTIVE INGREDIENTS	FITZ	SKIN TYPE
Glycolic Facial Cleanser	Foam   Gel	10% Glycolic Acid	All	Normal, Oily Combination
Purifying Cleanser with Salicylic Acid	Foam   Gel	2% Salicylic Acid, Aloe Vera	All	Combination, Oily
Exfoliating Cleanser with Salicylic Acid	Foam   Beads	2% Salicylic Acid, Aloe Vera	All	Combination, Oily
Clear Skin Cleanser with Benzoyl Peroxide	Gel	2.5% Benzoyl Peroxide, Aloe Vera	All	Normal
Clear Exfoliant Cleanser with Benzoyl Peroxide	Gel   Beads	2.5% Benzoyl Peroxide, Aloe Vera	All	Normal

## STEP 2 | TREAT

MASQUES   HEALING				
PRODUCT NAME	CONSISTENCY	ACTIVE INGREDIENTS	FITZ	SKIN TYPE
Rejuvenating Peptide Masque	Cream Gel	PC10 Peptide Complex, Red Wine Polyphenols	All	All
CBD Hydratherapy Masque with Micro-Silver	Cream Gel	100mg CBD, Micro Silver, Peptides	All	All
Mattifying Sulfur Masque	Clay Gel	10% Sulfur, Bentonite Kaolin Clay	All	All
Professional Tightening Protein Booster*	Powder	Albumen, Vitamin C, Hyaluronic Acid	All	All

MASQUES   ACTIVE				
PRODUCT NAME	CONSISTENCY	ACTIVE INGREDIENTS	FITZ	SKIN TYPE
Hydrating Masque with Enzymes	Cream Gel	Papain, Bromelain, Calendula	All	All
Skin Clarifying Masque	Clay Gel	Papain, Bromelain, Bentonite Clay	All	Combination, Oily
Anti-Aging Exfoliant Masque	Cream   Beads	7% Glycolic, 7% Lactic, 7% Salicylic, Jojoba beads	All	All
Chocolate Masque with Enzymes	Cream Gel	Cocoa, Acai, Resveratrol, Papain	All	Dry, Normal, Combo, Oily
Serious Action Masque	Clay   Beads	15% Salicylic, Lactic, Glycolic, Walnut Powder	All	Combination Oily
Age Defying Masque	Gel	30% Protease Enzyme, Hyaluronic Acid	All	All
Oxygen Deep Pore Masque	Gel to Foam	Nasturtium, Protease Enzyme	All	All

## STEP 2 | TREAT

### MISTS | HEALING

PRODUCT NAME	CONSISTENCY	ACTIVE INGREDIENTS	FITZ	SKIN TYPE
CBD Skin Mist	Mist	200mg CBD, Vitamin B3/Niacinamide	All	All
Skin Recovery Mist	Mist	Aloe Vera, Hyaluronic Acid, Algae, Vitamin B	All	All

### ASTRINGENTS | ACTIVE

PRODUCT NAME	CONSISTENCY	ACTIVE INGREDIENTS	FITZ	SKIN TYPE
Astringent No. 2 with Salicylic Acid	Liquid	2% Salicylic Acid, Aloe Vera, Arnica Montana	All	Combination, Oily
Astringent No. 5 with Salicylic Acid	Liquid	5% Salicylic Acid, Aloe Vera, Arnica Montana	Caution 4-6	Combination, Oily
Astringent No. 10 with Salicylic Acid	Liquid	10% Salicylic Acid, Aloe Vera, Arnica Montana	Caution 4-6	Combination, Oily

### SPOT TREATMENT | ACTIVE

PRODUCT NAME	CONSISTENCY	ACTIVE INGREDIENTS	FITZ	SKIN TYPE
Blemish Control No. 5 with Benzoyl Peroxide	Lotion	5% Benzoyl Peroxide, Aloe Vera	Caution 4-6	All
Blemish Control No. 10 with Benzoyl Peroxide	Lotion	10% Benzoyl Peroxide, Aloe Vera	Caution 4-6	All
Skin Resurfacing Lotion with Resorcinol	Lotion	4% Sulfur, 2% Resorcinol	All	Normal, Combo, Oily

## STEP 2 | TREAT

### ALPHA HYDROXY ACIDS | ACTIVE

PRODUCT NAME	CONSISTENCY	ACTIVE INGREDIENTS	FITZ	SKIN TYPE
Beta Gel with 10% Glycolic Acid	Gel	10% Glycolic Acid, Red Sandalwood, Arnica	All	All
Accelerator Gel with 20% Alpha Hydroxy Acids	Gel	10% Glycolic Acid, 10% Lactic Acid, Chamomile	All	All
Tri-Acid 15% Skin Gel	Gel	10% Glycolic Acid, 10% Lactic Acid, 5% Salicylic Acid	Caution 1-6	Combination Oily

### RETINOL | ACTIVE

PRODUCT NAME	CONSISTENCY	ACTIVE INGREDIENTS	FITZ	SKIN TYPE
Retinol Rejuvenation Serum	Serum	5% Microencapsulated Retinol, Peptides, Hyaluronic Acid	All	All

### TYROSINE INHIBITOR | HEALING

PRODUCT NAME	CONSISTENCY	ACTIVE INGREDIENTS	FITZ	SKIN TYPE
Daily Skin Clarifier	Serum	Bearberry, Licorice, Mulberry	All	All
Pigment Brightening Serum	Serum	1-Methylhydantoin-2-imide	All	All
Diamond Bright Skin Illuminator	Lotion	Lightening Drone Peptide, Mulberry, Licorice	All	All

## STEP 2 | TREAT

CBD   HEALING				
PRODUCT NAME	CONSISTENCY	ACTIVE INGREDIENTS	FITZ	SKIN TYPE
Professional CBD Booster	Liquid	300-500mg CBD, Vitamin C, Vitamin E	All	All
CBD Soothing Serum with Micro-Silver	Serum	100mg CBD, Medical Grade Micro Silver, Peptides	All	All
CBD Age Delay Dew	Serum	200mg CBD, Vitamin B3 (Niacinamide) Peptides	All	All
CBD Therapeutic Balm	Salve	200mg CBD, Aloe Vera, Seabuckthorn oil	All	All

DAILY MAINTENANCE   HEALING				
PRODUCT NAME	CONSISTENCY	ACTIVE INGREDIENTS	FITZ	SKIN TYPE
Restoring Fulvic Elixir	Serum	Fulvic Acid, Agastache Mexicana flower, Comfrey	All	All
Essential Serum with Amino Acids	Serum	PC10 Peptide complex, Echinacea, Horsetail	All	All
Firming Serum with Phyto-Stem Cells	Serum	Uttwiler Spatlauber Apple, 1-Methylhydantoin-2-imide	All	All
Micro Lift Serum	Serum	Soluble Collagen, Hyaluronic Acid, Peptides	All	All
Micro Renewal Smoothing Serum	Serum	Protease Enzyme, Vitamin C, Hyaluronic Acid	All	All
Vitamin C Serum	Serum	Magnesium Ascorbyl Phosphate, Ceramides	All	All
Ultra Hydro Gel	Gel	10% Hyaluronic Acid	All	All
Beauty Oil	Oil	Oat oil, Lavendar, Algae	All	Dry, Normal Combination
Peptide Serum	Serum	Perfection Peptide, Signal and Copper Peptides	All	All
Bio Renewal Serum	Serum	Bio Renewal Peptide, Signal and Neuro Peptides	All	All

## STEP 2 | TREAT

ADDITIVES   BOOSTERS				
PRODUCT NAME	CONSISTENCY	ACTIVE INGREDIENTS	FITZ	SKIN TYPE
Professional Oxygen Booster	Powder	Bio-Oxygen, Apple, Green Tea	All	All
Professional Tightening Protein Booster	Powder	Albumen, Vitamin C, Hyaluronic Acid	All	All
Professional Enzyme Booster	Loose Powder	Blend of amylase, protease, Lipase enzymes	All	All
Professional Kaolin Clay Booster	Loose Powder	100% Kaolin clay	All	Normal, Combination Oily
Professional Sulfur Booster	Loose Powder	100% Sulfur	All	Combination Oily
Professional CBD Booster	Liquid	300-500mg CBD, Vitamin C, Vitamin E	All	All

## STEP 3 | BALANCE

MOISTURIZERS   ACTIVE				
PRODUCT NAME	CONSISTENCY	ACTIVE INGREDIENTS	FITZ	SKIN TYPE
Resurfacing Night Cream with 15% Glycolic Acid	Cream	15% Glycolic Acid, Yeast Beta Glucan, Avocado Oil	All	All

## STEP 3 | BALANCE

MOISTURIZERS   HEALING				
PRODUCT NAME	CONSISTENCY	ACTIVE INGREDIENTS	FITZ	SKIN TYPE
Age Delay Cream	Cream	Royal Peptide, Signal and Copper Peptides, Micro Silver	All	Normal - Oily
Atraxi Peptide	Cream	Royal Peptide, Signal, Copper and Neuro Peptide,	All	Dry - Normal
Oxygen Cream	Lotion	Nasturtium, Vitamin C, Vitamin E	All	Normal, Oily Combination
Protective Skin Serum with Ceramides	Lotion	Wheat Amino Acids, Yeast Beta Glucan, Ceramides	All	All
Peptide Cream	Lotion	Peptides, Ceramides, Sweet Almond, Bearberry	All	All
Rosacea Relief	Lotion	Horse Chestnut, Sunflower, Vitamin E	All	All
Daily Repair Cream	Cream	Alpha Lipoic Acid, Lycopene, Onion Bulb	All	All
Vitamin C Cream	Lotion	Magnesium Ascorbyl Phosphate, Yeast beta Glucan	All	All
Vitamin E Cream	Cream	Vitamin E, Sunflower, Shea Butter	All	Dry, Normal
Barrier Repair Cream with Amino Acids	Cream	PC10 Peptide Complex, Horsetail, Ceramides	All	Dry, Normal
Comfort Cream with Aloe Vera	Lotion	2-1 Concentrated Aloe Vera, Arbutin, Chamomile	All	All
Recovery Cream with Arnica	Cream	Arnica Montana, Wheat Amino Acid, Oat Beta Glucan	All	All
Cell Protection Balm	Ointment	Bisabolol, Yeast Beta Glucan, Vitamin B	All	All

## STEP 3 | BALANCE

EYE CREAM				
PRODUCT NAME	CONSISTENCY	ACTIVE INGREDIENTS	FITZ	SKIN TYPE
Eye Calm	Gel	Copper Peptides, Echinacea, Coenzym Q10	All	All
CBD Regenerative Eye Cream	Gel	50mg CBD, Peptide Cocktail, Licorice	All	All
Firming Eye Cream	Cream	Peptides, Ceramides, Shea Butter	All	All

LIP CARE				
PRODUCT NAME	CONSISTENCY	ACTIVE INGREDIENTS	FITZ	SKIN TYPE
Lip Enhancer with Warming Actives	Lotion	Methyl Nicotinate, Peptides, Peppermint, Cocoa Butter	All	All
Hydrating Lip Balm	Balm	Sunflower, Avocado, Spearmint, Shea Butter	All	All

## STEP 4 | PROTECT

SPF				
PRODUCT NAME	CONSISTENCY	ACTIVE INGREDIENTS	FITZ	SKIN TYPE
Hydrating Protection Gels with SPF 15, 30	Gel	Octinoxate, Oxybenzone, Titanium Dioxide	All	Normal, Oily Combination
Oil-Free Protective Moisturizers with SPF 15, 30, 50	Gel	Otyl Methoxycinnamate, Otcyl Salicylate, Oxybenzone	All	Normal, Oily Combination
Moisturizing Protection Cream with SPF 15	Cream	Avobenzone, Oxtinoxate, Oxybenzone	All	Normal, Dry
Moisturizing Protection Cream with SPF 30	Cream	Octinoxate, Octisalate, Titanium Dioxide	All	Normal, Dry



# BODY PRODUCTS

BODY CARE				
PRODUCT NAME	CONSISTENCY	ACTIVE INGREDIENTS	FITZ	SKIN TYPE
Refining Body Scrub with Alpha Hydroxy Acids	Gel   Beads	10% Glycolic, 10% Lactic, 10% Malic, Apricot Powder	All	All
Hydrating Hand & Body Lotion	Lotion	Shea Butter, Mango Butter, Cocoa Butter	All	All
Refining Hand & Body Lotion with Alpha Hydroxy Acids	Lotion	10% Glycolic Acid, 10% Lactic, 10% Malic, Chamomile	All	All
CBD Massage Cream	Cream	500mg CBD, Arnica, Capsaicin, Camphor	All	All
Cellulite Corrector Cream with Warming Actives	Cream	Methyl Nicotinate, Peppermint, Caffeine, Vitamin E	All	All
Body Massage Oil	Oil	Sunflower, Grapeseed, Spearmint, Peppermint	All	All