

## Professional Treatment Consent Form

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My signature below acknowledges that I have read the following and agree to receive treatments or a series of treatments listed below.

I hereby consent to, and authorize \_\_\_\_\_, to perform DermaSound UltraSonic and micro amp treatments on me.

Areas to be treated: \_\_\_\_\_

**Possible side effects include, but are not limited to: mild redness, moderate redness, mild breakouts, stinging, tenderness, dry skin, flaking, lightening or darkening of the skin. Most side effects are temporary and generally subside within 72 hours.**

The nature and purpose of the DermaSound treatment has been explained to me, and any questions I have regarding this treatment have been explained to my satisfaction.

- I understand that with any treatment certain risks are involved and that any undesirable effects from known or unknown causes could occur. I freely assume these risks.
- I have been advised to avoid all injectable fillers including, but not limited to, collagen, Restalyne® as well as Botox® injections for a minimum of 14 days before any DermaSound ultrasound treatment and a minimum of 7 days after these injections and agree to these restrictions.
- I agree to adhere to all safety precautions and home skin care programs as recommended by my aesthetician.
- I am over 18 years of age or I have parental consent co-signed below.
- I do not have a pacemaker or any other electronic device in my body.
- I will call to inform my skin care professional immediately of any concerns if they should occur.

Please Initial:

- \_\_\_\_\_ I am not pregnant.
- \_\_\_\_\_ I agree to avoid direct sun exposure for 48 hours.
- \_\_\_\_\_ I agree to apply sun protection cream daily.
- \_\_\_\_\_ I agree to remove all jewelry during the treatment.
- \_\_\_\_\_ I have not taken Accutane within 6 months.
- \_\_\_\_\_ I do not have a pacemaker or any other electronic device in my body.
- \_\_\_\_\_ I agree to follow the GlyMed homecare protocol.
- \_\_\_\_\_ I agree to notify my skin care professional immediately of any concerns if they should occur.
- \_\_\_\_\_ I agree to remove all jewelry before the treatments.
- \_\_\_\_\_ I agree to avoid all injectable fillers and Botox® injections for a minimum of 14 days before any DermaSound ultrasound treatment and a minimum of 7 days after these injections.

**Client Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Parental Signature:** \_\_\_\_\_ **Witness:** \_\_\_\_\_

# PHOTO-AGING DERMATOLOGY



## Professional Treatment Consent Form

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### Patient Profile:

Name: \_\_\_\_\_ Age: \_\_\_\_\_ Sex: F M

Areas of Concern: \_\_\_\_\_

SPT: 1 1.5 2 2.5 3 3.5 4 4.5 5 5.5 6

Ethnic Background: \_\_\_\_\_ Lancer Ethnicity: \_\_\_\_\_

### Medical History/Cosmeceutical Interaction

Health Complications: \_\_\_\_\_

Current Medications: \_\_\_\_\_

Allergies: \_\_\_\_\_

Previous Cosmetic Procedures: \_\_\_\_\_

Pregnant: \_\_\_\_\_ Nursing: \_\_\_\_\_ Planning: \_\_\_\_\_

Mother started menopause: \_\_\_\_\_ Contact Lenses: \_\_\_\_\_

### Lifestyle and Stress

Occupation: \_\_\_\_\_ Since: \_\_\_\_\_

Sun Exposure Daily: \_\_\_\_\_ Yearly: \_\_\_\_\_ Lifetime \_\_\_\_\_ Next two weeks: \_\_\_\_\_

Daily SPF: \_\_\_\_\_ Smoker: \_\_\_\_\_ How long: \_\_\_\_\_

Alcohol consumption weekly: \_\_\_\_\_ Exercise: \_\_\_\_\_

Diet: \_\_\_\_\_

Daily water consumption: \_\_\_\_\_ Pets: \_\_\_\_\_

Stress Level: 1 2 3 4 5 6 7 8 9 10

How long: \_\_\_\_\_

### Notes/Concerns:

Current Skin Care

STEP	DRUGSTORE	DEPARTMENT	PROFESSIONAL	RX
Cleansing				
Bleaching				
Acne Product				
AHA				
Retin-A				
Exfoliant/Type				
Treatment				
Moisturizing				
In-Clinic Treat				

**Subdermis Thickness (circle all that apply):**

thin                      med                      thick

**Photodamage (circle all that apply):**

Elastosis                      mild                      moderate                      severe

Wrinkles                      mild                      moderate                      severe

Wrinkles                      Location-sun induced: \_\_\_\_\_

Location-smoking: \_\_\_\_\_

Location-repetitive movement: \_\_\_\_\_

**Texture (circle all that apply):**

smooth    rough    irritated    dry    oily    resistive    sensitive    telangietasia    actinic    keratoses

**Pigmentation**

Location: \_\_\_\_\_

Cause: \_\_\_\_\_

**Acne (circle all that apply):**

Chronic                      Acute                      Grade                      I                      II                      III                      IV

<p><b>Skin care recommended: Essentials Kit:</b> _____</p> <p><b>Cleanse:</b> _____ <b>Treat:</b> _____ <b>Balance:</b> _____ <b>Protect:</b> _____</p> <p><b>Next Appointment:</b> _____</p>
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# PROFESSIONAL EXFOLIATOR + CHEMICAL SOLUTION CONSENT



## Professional Treatment Consent Form

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Clinic/Spa: \_\_\_\_\_

Patient Name: \_\_\_\_\_

Address: \_\_\_\_\_

City: \_\_\_\_\_ State: \_\_\_\_\_ Zip: \_\_\_\_\_

Phone: \_\_\_\_\_ Cell: \_\_\_\_\_ Email: \_\_\_\_\_

### Clinical Treatment (check all that apply):

- |   |  |
|---|--|
| <input type="checkbox"/> Professional Pumpkin Exfoliator            | <input type="checkbox"/> Professional Solution                           |
| <input type="checkbox"/> Professional Peptide Perfection Exfoliator | <input type="checkbox"/> with 20% Salicylic Acid                         |
| <input type="checkbox"/> Professional Exfoliator with 30% AHAs      | <input type="checkbox"/> with 30% Salicylic Acid                         |
| <input type="checkbox"/> Professional Exfoliator                    | <input type="checkbox"/> Professional Jessner Solution                   |
| <input type="checkbox"/> with 30% Lactic Acid                       | <input type="checkbox"/> Professional 5 Berry Solution with 7% TCA       |
| <input type="checkbox"/> with 50% Lactic Acid                       | <input type="checkbox"/> Professional Vitamin A Solution with 10% TCA    |
| <input type="checkbox"/> Professional Oxygen Regenerative Solution  | <input type="checkbox"/> Professional Pigment Lift Solution with 15% TCA |
|   | <input type="checkbox"/> DermaSound™ Ultra                               |

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GlyMed Plus® advises the treatment you will receive is ONLY available through a licensed and trained skin care professional.

GlyMed Plus® Purely Professional clinical treatments are immediately effective and produce long-term results when all directions, as advised by GlyMed Plus® and your licensed skin care professional, are adhered to. These special noninvasive skin performance treatments remove the outer layers of micro damaged skin—signaling new cells to emerge, increasing collagen, elastin and hydration levels thereby producing clearer and more younger looking and acting skin. Additional benefits may include the drying of active acne, dislodging or purging of blackheads, reduction of superficial wrinkles or scarring, improving the appearance of mature or aging skin, correcting sun damage, lightening pigmentation disorders such as sun or age spots, and controlling the effects of other health and aging skin challenges.

**COMPLIANCE in your skin care program will determine the level of success and outcome of your treatment. Effective, long term results are dependent upon you. Consistency with your recommended continuance of GlyMed Plus® home skin care products exclusively as prescribed by your licensed skin care professional cannot be emphasized enough.**

It is strongly advised you continue your professional in-clinic appointments as scheduled. Report any changes in health, diet, lifestyle or any reactions to your esthetician or physician. Apply sunscreen as directed by your esthetician or physician, avoid excess sun exposure and avoid tanning beds. Inform your esthetician or physician of any recreational plans for the week following your treatment.

No guarantee is made or implied regarding results, treatment times or level of discomfort. Your treatment may involve the application of several exfoliators or solutions at one, two or four week intervals, as determined by your esthetic/professional technician. It may include the use of GlyMed Plus® skin brightening agents and sun-protection products. GlyMed Plus® advises a patch test (usually requiring a nominal fee) applied behind the ear to gauge possible reactions.

Depending on your treatment, you may experience some temporary discomfort, including stinging or warm flushing, similar to a mild burning sensation. This is NORMAL and generally fades within five minutes. During the few minutes following the initial treatment, you will experience tightening of the skin to varying degrees. The skin can appear red and become progressively rosier, occasionally turning a tan to brown color, depending upon formula and application variances.

For most individuals, peeling starts at day five but can be as early as 48 hours. It is impossible to pre-determine how much peeling will occur. Deeper penetration and more active solutions may result in sensitivity for several hours after the procedure, with some significant peeling for up to ten days. Your skin can feel tight, dry and you may experience redness for up to ten days.

**To enhance your treatments and relieve discomfort for the period following your treatment, you are advised to do the following:**

- Drink a full glass of tepid water immediately after treatment and a total of eight glasses in the following eight hours.
- Use only professional skin care products recommended by your esthetician or physician.
- Notify your esthetician or physician of ANY concerns.
- Do not use tanning beds, and avoid sun exposure as much as possible. Apply sunscreen DAILY.

**Steps to remember post-peel:**

- Avoid all sun exposure.
- Avoid exercise and sweating for 48 to 72 hours.
- Avoid having the shower spray directly on the face.
- Do not pick, rub, or unnecessarily touch the face.
- Minimize facial expression.
- Sleep on back.
- Shampoo with head tilted backward to avoid shampoo on skin.

I hereby give my voluntary consent and authorization for treatment and release the above named provider, its employees, associates and subsidiaries and GlyMed Plus® LLC. I release its employees, associates and subsidiaries, from any claims expressed or implied that I have or may have in the future, in connection with this treatment regardless of result. By signing, I am stating I fully understand the above and that the treatment had been explained to me in detail.

**Signature:** \_\_\_\_\_ **Date:** \_\_\_\_\_

# SKIN HEALTH QUESTIONNAIRE



## Professional Treatment Consent Form

Client should complete the following, as directed, as thoroughly and in as much detail as possible.

Name			Date	
Daytime Phone		Evening Phone		
Street Address			City	
State	Zip	Email		
Birthdate		Emergency Contact		Relation to Contact
Your Physician			Phone Number	
How did you hear about us?			Occupation	
<b>Interest</b>				
Please indicate which services you are interested in:				
<input type="checkbox"/> Skin Care Consultation/Advice	<input type="checkbox"/> Clinical Treatments	<input type="checkbox"/> Acne Treatment/		
<input type="checkbox"/> Home Care Products	<input type="checkbox"/> Age Management	Management <input type="checkbox"/> Rosacea		
<input type="checkbox"/> What do you wish to change about your skin?				
<b>Medical History</b>				
Are you currently, or have you previously experienced any of the following:				
<input type="checkbox"/> Heart condition	<input type="checkbox"/> Cancer	<input type="checkbox"/> Hemophilia		<input type="checkbox"/> Herpes Simplex
<input type="checkbox"/> Pacemaker	<input type="checkbox"/> Thyroid condition	<input type="checkbox"/> Asthma	<input type="checkbox"/> AIDS/HIV Positive	
<input type="checkbox"/> Headaches	<input type="checkbox"/> Kidney problems	<input type="checkbox"/> Diabetes	<input type="checkbox"/> Autoimmune	
<input type="checkbox"/> Anemia	<input type="checkbox"/> High blood pressure	<input type="checkbox"/> Hypo/Hyper glycemias		Type _____
<input type="checkbox"/> Low blood pressure	<input type="checkbox"/> Arthritis	<input type="checkbox"/> Hepatitis	<input type="checkbox"/> Contact Lenses	
If you are currently experiencing or being treated for any health-related condition, please describe:				
Have you ever had surgical or non surgical procedure? If yes, where on your body was the surgery performed?				
Do you have any allergies? Also list any skin treatment products you have used that caused an unexpected reaction or side-effect:				
Please list all over-the-counter and prescription medications you are currently taking:				

Please indicate if you have ever used any of the following medications for skin treatment:

- |   |                                   |   |                                      |
|---|-----------------------------------|---|--------------------------------------|
| <input type="checkbox"/> Accutane         | <input type="checkbox"/> Retin A  | <input type="checkbox"/> Fosdex         | <input type="checkbox"/> Renova      |
| <input type="checkbox"/> Cortisone        | <input type="checkbox"/> Sulfer   | <input type="checkbox"/> Glycolic Acid  | <input type="checkbox"/> Clindamycin |
| <input type="checkbox"/> Staticin         | <input type="checkbox"/> DesquamX | <input type="checkbox"/> Salicylic Acid | <input type="checkbox"/> Tazoratene  |
| <input type="checkbox"/> Benzoyl Peroxide | <input type="checkbox"/> Zerac    | <input type="checkbox"/> Lactic Acid    | <input type="checkbox"/> Metrogel    |

What condition were you treating with this medication(s)?

When was the last time you used these medications?

### Women

Are you pregnant? Yes No

Are you planning a pregnancy in the near future? Yes No

Are you currently on any type of hormone therapy? If yes please describe:

Do you have regular periods? Yes No Are you going through menopause? Yes No

Do you have any hormone imbalance? Yes No

Have you undergone surgical menopause (hysterectomy) Yes No When?

### Skin Self-Analysis

What skin care products are you currently using?

Are you wearing a daily sunscreen? Type: SPF:

Is your skin:  Oily or acne prone?  Dry?  Normal?  Sensitive?

Have you ever treated or been treated for a skin condition? If yes, what condition?

How did you treat the condition:

Dermatologist  Aesthetician Self treated with products purchased from:  Drug Store  Department Store

Were you happy with the result? Yes No

Are you currently treating or being treated for any skin condition?

### Lifestyle and Stress Analysis

Do you come in contact with any chemicals at work? Do you work around excessive heat or cold?

Do you use Personal Protective Equipment (PPE\*)? If so, what type and for how long? \*Masks, gloves, shields, etc.

How often do you exercise? Average hours of sleep? What is your stress level?

How many minutes a day are you exposed to sunlight? How many hours a week do you use a tanning bed?

Do you get cold sores? What is your ancestry? Father Mother

Please indicate any of the following that apply to your eating habits:

- |                                      |   |  |  |
|--------------------------------------|---|--|--|
| <input type="checkbox"/> Fast food   | <input type="checkbox"/> Salt your food | <input type="checkbox"/> Dairy products        | <input type="checkbox"/> Peanut Butter |
| <input type="checkbox"/> Baked Bread | <input type="checkbox"/> Seafood        | <input type="checkbox"/> Ethnic or Spicy foods | <input type="checkbox"/> Peanuts       |

How much water do you drink per day? Caffeine? Carbonated drinks?

Do you smoke tobacco products? Average alcohol consumption per week?

Have you changed your brand of skin care products in the last year? If yes, why did you change?

**I understand and agree that I am ultimately responsible for payment in full for services recieved.**

**Signature of Patient or Responsible Party:** \_\_\_\_\_

**Date:** \_\_\_\_\_ **Relationship to Patient:** \_\_\_\_\_

# TAKE + PUBLISH PHOTOS/VIDEOS



## Professional Treatment Consent Form

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Name: \_\_\_\_\_

Place: \_\_\_\_\_ Date: \_\_\_\_\_

This authorization grants permission to use your image (still or moving) and/or your spoken words in perpetuity for educational purposes.

**By signing this document, you agree:**

- 01 To allow the recording of your image and voice (e.g., photographs, audio, or video).
- 02 To distribute your image or recording in any medium, be it print or electronic form, which may include the Internet.
- 03 To grant permission to other entities to reproduce the images or recording for educational purposes.
- 04 That there is no reimbursement for the right to take, or to use your photograph or video or recording.

**Nature of image and/or spoken words to be recorded:**

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**Purpose of recording, image and/or spoken words, including the intended audience:**

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I have read and fully understand the intent and purpose of this document, and I am signing it without reservation.

Signature: \_\_\_\_\_ Witness: \_\_\_\_\_



# UPDATED CLIENT TREATMENT RECORD



## Professional Treatment Consent Form

Client Name: \_\_\_\_\_ Date: \_\_\_\_\_

**Please note any changes since last visit to the following:**

Address: \_\_\_\_\_ Contact Information: \_\_\_\_\_

Health: \_\_\_\_\_ Medications: \_\_\_\_\_

Skin Care Products: \_\_\_\_\_ Hormones (women only): \_\_\_\_\_

**In the last 5 days have you...**

Had any waxing or depilatories on your face	Y	N	When _____
Had any excess exposure to the sun	Y	N	When _____
Been in a tanning bed	Y	N	When _____
Been ill	Y	N	When _____
Had any surgical/aesthetic procedures	Y	N	When _____

**In the last 24 hours have you...**

Exercised	Y	N
Used Retin A	Y	N
Had unusual stress	Y	N

**What are your plans for the rest of the day?**

**What are your plans for the next 7 days?**

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

**Treatment (Aesthetician Notes)**

- |   |  |
|---|--|
| <input type="checkbox"/> Professional Pumpkin Exfoliator            | • Professional Solution  |
| <input type="checkbox"/> Professional Peptide Perfection Exfoliator | <input type="checkbox"/> with 20% Salicylic Acid                         |
| <input type="checkbox"/> Professional Exfoliator with 30% AHAs      | <input type="checkbox"/> with 30% Salicylic Acid                         |
| • Professional Exfoliator   | <input type="checkbox"/> Professional Jessner Solution                   |
| <input type="checkbox"/> with 30% Lactic Acid                       | <input type="checkbox"/> Professional 5 Berry Solution with 7% TCA       |
| <input type="checkbox"/> with 50% Lactic Acid                       | <input type="checkbox"/> Professional Vitamin A Solution with 10% TCA    |
| <input type="checkbox"/> Professional Oxygen Regenerative Solution  | <input type="checkbox"/> Professional Pigment Lift Solution with 15% TCA |

Time/Layers: \_\_\_\_\_ Result: \_\_\_\_\_

**Home Care Products:**

Cleanse: \_\_\_\_\_ Treat: \_\_\_\_\_ Balance: \_\_\_\_\_ Protect: \_\_\_\_\_

**Instructions for Use:** \_\_\_\_\_

**Next Appointment:** \_\_\_\_\_ **Time:** \_\_\_\_\_