GLYMEDPLUS® AUSTRALIA

Protocol

Gentlemen's Facial

Description: Find relief for that ruggedly handsome skin. Designed just for men, this protocol purifies the skin revealing a refreshed, balanced, and brighter complexion. It infuses the skin with soothing and hydrating botanicals, making it ideal to ease razor irritation.

CLEANSE

1. Dispense 1 pump of **Sal-X Purifying Cleanser** to palms and emulsify with water to create foam. Massage for 1-2 minutes, avoiding eye area, rinse with warm water.
2. Dispense 1 pump of **Gentle Facial Wash** to palms and emulsify with water to create foam. Massage for 1-2 minutes, avoiding eye area, rinse with warm water.

TREAT

3. Steam face with steamer or hot towels for 3-5 minutes. STEP Perform extractions if necessary.
4. Dispense **Anti-Aging Exfoliant Masque** and apply to skin using a fan brush. Gently massage for 5 minutes. Allow to remain on the skin for 5 minutes. Remove with warm towels.
5. Dispense 1 tsp. **Skin Bliss Hydrating Masque** and apply to the skin using a fan brush. Allow to remain on the skin for 10-15 minutes. Remove with warm towels.
6. Mist skin with **Skin Recovery Mist**.
7. Apply **Living Cell Clarifier**, **Skin Restoring Fulvic Elixir**, and **Derma Pigment Skin Brightener**. Dispense 1/2 tsp. of each serum to palms and apply to face, neck, and décolleté.

BALANCE

8. Apply **Ultra Hydro Gel**. Dispense 1-2 pumps to palms and apply to face, neck, and décolleté.
9. Apply a small, grain size amount of **Anti-Wrinkle Eye Cream** to entire eye area and massage until absorbed.
10. Apply **Post Shave Recovery Balm**. Dispense to palms and apply to face.

PROTECT

11. Finish with **Oil-Free Protective Moisturizer SPF 15**. Apply a small pea size amount to face, neck, décolleté and any other areas exposed to UVA/UVB Rays.

Recommended Treatment Time: 40 minutes