

## Protocol

### Berry-Chocolate Back Treatment

#### **DESCRIPTION:**

This relaxing and therapeutic treatment for refining the skin of the back includes deep cleansing and exfoliating utilizing 5 antioxidant rich berries and intoxicating chocolate blend that will get your clients body and mind ready for the holidays.

#### **CLEANSE**

1. Dispense 4 pumps Mega Purifying Cleanser into dry hands and apply evenly over the entire back. Massage in as you cleanse the back. Add water as needed to create emulsion. Remove with warm towels.
2. Mix 1 tsp Anti-Aging Exfoliant Masque and 4 pumps Gentle Facial Wash and massage in for 2-3 minutes. Apply steam or hot towels and allow to sit up to 10 minutes. Perform a hand, back of neck, calf, or foot massage with Hand and Body Lotion. Remove product with warm towels. Spray entire back with Skin Recovery Mist.

#### **TREAT**

3. Perform extractions as necessary and Skin Astringent No. 2 with a cotton swab to any spots extracted.
4. In a dish mix 1 part 5 Berry Pigment Control Peel with 1-part Chocolate Power Skin Rescue Masque. Using a body brush, apply evenly over entire back. Place a warm towel over back followed by a dry towel. Pull covers over back to keep client warm. Allow to remain on the skin for 5-10 minutes while performing a scalp massage.
5. Remove the masque with warm cloths and spray the back with Skin Recovery Mist.

#### **BALANCE**

6. Apply 1 pump Living Cell Clarifier and 1 pump Skin Restoring Fulvic Elixir to the entire back and allow to fully absorb into the skin.
7. Mix 1 pump Vitamin C Cream with 1 pump Ultra Hydro Gel. Massage into back using massage movements until fully absorbed for about 2-3 minutes.

#### **PROTECT**

8. Apply Photo-Age Environmental Protection Gel 15 and gently pat onto the skin. Allow to absorb into the skin.

Recommended Treatment Time: 45 minutes