

# PURELY PROFESSIONAL MANUAL



Purely Professional Manual

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# ABOUT US

### SUPPORTING PROFESSIONALS FOR OVER 30 YEARS

### **Pharmaceutical Grade Products**

- 99% high quality actives
- Cruelty-free

### **Business Solutions**

- REGEN® Pro + Retail
- Advanced Education

### **Charity Work**

- Marie's Gift
- Tunnel to Towers
- St. Judes





# **OUR MISSION**

At GlyMed Plus, our mission is to provide you with professional skincare resources that deliver unparalleled results. The foundation of our products, services, and education comes from using the highest-quality pharmaceutical-grade ingredients to promote healthy, beautiful skin.

# INTRODUCTION

# THE BRAND OF THE SKINCARE PROFESSIONAL™

Welcome to the GlyMed Plus® family. With your opening order you have not only purchased the highest quality, most efficacious skincare products, but have entered an elite group of aestheticians, physicians and clinicians who understand the importance of educated aesthetics.

GlyMed Plus is more than just a skincare line; it is a system that encompasses client home care and clinical treatments which are supported by the most progressive, informative and available education in the industry.

This manual contains information that has been prepared to help the aesthetician that is new to our program become familiar with the products and philosophy of GlyMed Plus. This manual is in no way intended to replace our educational courses or advanced manuals. To obtain a schedule of upcoming educational events or a list of our educational manuals, contact your local representative or the GlyMed Plus corporate headquarters at 800.676.9667. You may also visit our website at www.glymedplus.com.

GlyMed Plus was founded by Christine Heathman, a CME, LMT and Licensed Master Aesthetician, who has practiced clinical/medical aesthetics for over 25 years. The products are formulated based on her personal experiences with clients, their various skin conditions, ethnic backgrounds and what produces the best results.

Christine has been one of the leading educators in the industry publishing a myriad of articles in various aesthetic and medical formats. Because of her close commitment to the products and education of the company, no formulations or training materials are released without her personal approval. Being an aesthetician herself, Christine is also extremely committed to the industry. It is for this reason that GlyMed Plus has remained "purely professional," choosing not to follow previously "professional brands" that have made their way to the cosmetic counters, department stores and online discount sites.

The goal of GlyMed Plus, as Christine frequently states, is not to be the biggest skincare company but to be the best." We want the public to know, when they visit a GlyMed Plus aesthetician, they are getting someone with a strong commitment to education and results." You are now on your journey to becoming part of this prestigious group.



Introduction O4



Pharmaceutical Grade



Natural



Cruelty Free



Results Driven



Third Party Tested



Solutions For All



### A Leader in the Botanical Skincare Revolution

For centuries, the use of plants has been used as a remedy for various conditions, both internally and topically. We know for healthy bodies we must fight free radicals through the use of antioxidants and with scientific support, we can have the same healthy benefit for our skin.

Our botanicals come from all parts of the world; Asia, Africa, Europe, South America and of course the US and Canada. They are grown and cultivated to retain their purity and efficacy. We demand that our botanicals come from suppliers that meet these criteria. We do our own processing, using techniques that retain the beneficial properties in the highest concentrations possible, thus assuring our customers that GlyMed Plus is committed to an exacting standard of excellence.

### Pharmaceutical vs. Cosmetic Grade Products

According to the FDA, Pharmaceutical grade products are required to be 99% pure, where Cosmetic grade products are only required to be 70% pure.

The Food and Drug Administration (FDA) divides skincare products into two separate categories:

O1 Pharmaceutical grade

**02** Cosmetic grade

Pharmaceutical grade products you apply topically penetrate through the layers of the epidermis and affect the function and structure of the skin. Pharmaceutical products undergo rigorous testing that can go on for more than 10 years and cost millions of dollars. Pharmaceutical grade products are only available through a licensed professional. These products not only contain a higher percentage of active ingredients, but a higher quality of each ingredient. Active ingredients and percentages can make a difference in the skin leading to more affective and faster results.

## GLYMED PLUS 4-STEP SYSTEM

GlyMed Plus is a system that treats skin with four simple steps:



Cleansing is an important step in the client's homecare process. The right cleanser will remove oil and dead skin cells and suit the condition of the skin. Incorrect cleansers will contain harsh chemicals, leave a residue, spread bacteria and irritate.



Treating the skin with effective, and active ingredients will provide restoration, defend and protect skin from aging, recycle old, worn out cells and are necessary to obtain results. Depending on the client and their condition it is possible that more than one treatment product may be integrated into the client's homecare.



Balancing the skin in conjunction with treatments will re-establish the pulse of the skin and create the partnering relationship within the intercellular environment (cells, nourishment, natural antioxidants, water/lipid barrier reinforcement). Balance is the key! Depending on the client and their condition, it is possible that more than one balancing product may be integrated into the client's homecare.



Protecting the skin will ensure long-term protection for future generations of cells, rebuild natural defenses, shield from free radical scavengers, and provide armor both inside and outside.

Like diet and exercise, the true balance and best results will only be obtained by combining daily continuance of home care with clinical treatments. GlyMed Plus utilizes the four step process in both home care and clinical treatments. The GlyMed Plus clinical treatments are proven protocols that prepare the skin and to assist in the healing process.

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## GLYMED PLUS SKINCARE LINES

The GlyMed Plus Skincare System is unique and multifaceted. There is no skin condition that cannot be treated with either a combination of our sub-lines or utilizing one in particular.

GlyMed Plus Skincare consists of four sub-lines:

- Main
- Elite
- Acne
- Professional Only

### Main Line

GlyMed's Main Skincare Line consists of tried-and-true formulas that rejuvenate the skin with pure botanicals and pharmaceutical ingredients. Vital nutrients support collagen production and cellular renewal for healthy, young-looking skin.

This line can be used for a wide variety of skin conditions as well as basic skincare using anti-aging, healing and repairing ingredients. From cleansers to moisturizers to serums, this system has formulas for all skin types and Fitzpatrick Skin Types.





### Elite Line

The Elite Skincare Line contains GlyMed's most cutting-edge formulas, guaranteed to combat challenging skin conditions and achieve superior results. Build cellular hydration, increase lamellar body production and reduce fine lines and wrinkles using our finest selection of cleansers, serums, masques and moisturizers.

The secret to these unique formulas is a high concentration of pure active ingredients infused with organic botanicals. Use them to achieve a glowing, youthful complexion in all skin types and Fitzpatricks.

### Acne Line

GlyMed's Acne Skincare Line is second to none with state-of-the-art ingredients proven to get this disease of the pore under control and reduce the potential of lifetime scarring.

This line was developed to mirror the successful treatments Master Aesthetician Christine Heathman offered in her skin clinic located in the San Francisco Bay Area. Clients from all over California sought out Christine's proven clinical remedies based on her extensive experience with acne, including her own skin. We have formulated these proven remedies to reduce the serious effects of this skin disease.



This line controls the bacteria and oil that fuel the fire of acne using cleansers of various strengths, medications, masques, hydrators, and corneotherapy.

### Professional Only

Professional Only Skincare products use powerful active ingredients to penetrate deep into the skin for long-lasting effects. Reserved for licensed professionals only, this line offers supreme solutions for a wide variety of skin conditions, including acne, hyperpigmentation and rosacea.

Harness the power of AHAs, benzoyl peroxide, salicylic acid and much more to improve skin texture, remove excess oil and reduce visible signs of aging. You won't find a better collection of astringents, boosters, chemical exfoliators and solutions for your treatment room.

For more in-depth training on these sub-lines, refer to the appropriate GlyMed Plus reference manual.



## CLIENT CONSULTATION

CHAPTER 01

# INITIAL FACTORS TO CONSIDER AND ASSESS

### SUN PROTECTION TYPE

TYPE	CATEGORY	CHARACTERISTICS	ETHNIC ORIGIN
Type 1	<ul><li>Never tans</li><li>Burns easily</li><li>Most sensitive, reactive</li></ul>	<ul> <li>Very fair skin, freckles</li> <li>Blue, green, or gray eyes</li> <li>Blonde, red, or light brown hair</li> <li>Unexposed skin is light</li> </ul>	Celtic or Northern European
Type 1.5	<ul><li>Never tans</li><li>Burns easily then peels</li><li>Sensitive, reactive</li></ul>	<ul> <li>Very fair skin, freckles</li> <li>Blue, green, or gray eyes</li> <li>Blonde, red, or light brown hair</li> <li>Unexposed skin is light</li> </ul>	Celtic, Northern European, German, or European
Туре 2	<ul><li>Tans minimally (more than 1)</li><li>Burns easily then peels</li><li>Sensitive, reactive</li></ul>	<ul><li>Fair skin</li><li>Blue, green, or gray eyes</li><li>Blonde, red, or brown hair</li><li>Unexposed skin is white</li></ul>	German or European
Type 2.5	<ul><li>Tans minimally (more than 1)</li><li>Burns easily then peels</li><li>Sensitive, reactive</li></ul>	<ul><li>Brown eyes</li><li>Brown hair</li><li>Unexposed skin is white</li></ul>	German, European, or Southern European
Туре 3	<ul><li>Tans gradually</li><li>Burns moderately</li><li>Quite sensitive, reactive</li></ul>	<ul><li>Brown eyes</li><li>Brown hair</li><li>Unexposed skin is white</li></ul>	Southern European
Type 3.5	<ul><li>Tans gradually and evenly</li><li>Burns sometimes</li><li>Quite sensitive, reactive</li></ul>	<ul><li>Beige or medium tan skin</li><li>Dark eyes</li><li>Dark hair</li><li>Unexposed skin is beige or tan</li></ul>	Southern European, Hispanic, Asian, or Mediterranean
Type 4	<ul> <li>Tans easily, moderately</li> <li>Burns only long exposure to sun has been suspended first time out</li> <li>Moderately sensitive, reactive</li> </ul>	<ul><li>Beige or medium tan skin</li><li>Dark eyes</li><li>Dark hair</li><li>Unexposed skin is beige or tan</li></ul>	Hispanic, Asian, or Mediterranean
Type 4.5	<ul><li>Tans easily, moderately</li><li>Burns minimally</li><li>Moderately sensitive, reactive</li></ul>	<ul> <li>Beige or medium tan skin</li> <li>Dark eyes</li> <li>Dark hair</li> <li>Unexposed skin is beige or tan</li> </ul>	Hispanic, Asian, Mediterranean, East Indian, African, or Middle Eastern
Type 5	<ul><li>Tans well</li><li>Burns rarely</li><li>Minimally sensitive, reactive</li></ul>	<ul> <li>Moderately brown or tan skin</li> <li>Dark eyes</li> <li>Dark hair</li> <li>Unexposed skin is brown</li> </ul>	Hispanic, East Indian, Native American, or African
Type 5.5	<ul><li>Tans well</li><li>Burns almost never</li><li>Minimally sensitive, reactive</li></ul>	<ul> <li>Moderately brown or tan skin</li> <li>Dark eyes</li> <li>Dark hair</li> <li>Unexposed skin is brown</li> </ul>	Hispanic, East Indian, Native American, or African
Type 6	<ul><li>Tans profusely</li><li>Never burns</li><li>Least sensitive, reactive</li></ul>	<ul> <li>Deep brown or black skin</li> <li>Dark eyes</li> <li>Dark hair</li> <li>Unexposed skin is brown or black</li> </ul>	African, East Indian, or Aboriginal

## Lancer Ethnicity Scale (LES)

In addition to determining Sun Protection Types, it is also helpful to determine the Lancer Ethnicity Scale which calculates healing efficacy and risk factors for pigmentary damage based on the ethnic background of all four grandparents combined. Risk factors include Keloids, discoloration, scar atrophy, enlarged pore size and prolonged healing times.

The higher the LES indicator, the greater the likelihood of healing difficulties and the greater the need for a more conservative, progressive method with a longer preparation time, more time between treatments and a more healing post home care program.



1 | Very Low Risk 2 | Low Risk 3 | Moderate Risk 4 | Significant Risk 5 | Considerable Risk

GEOGRAPHIC BACKGROUND	SUN PROTECTION TYPE	LANCER ETHNICITY SCALE
African		
Central, East, West Africa	5	5
Eritrean, Ethiopian	5	5
North African, Middle Eastern Arab	5	5
Sephardic Jewish	5	4
Latin/Central/South American		
Central/South American Indian	4	4
North American		
Native American Indian	2 and 3	3
Asian		
Chinese, Korean, Japanese	4	4
Thai, Vietnamese	4	4
Filipino, Polynesian	4	4
European	2	3
Celtic	1	1
Central, Eastern European	3	2
Nordic	1 and 2	1
Northern European (General)	1	1 and 2
Southern European, Mediterranean	3	3 and 4

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### Glogau Wrinkle and Photo-Damage Chart

Developed by Dr. Richard Glogau

This classification chart helps to identify client's photo-damage and wrinkle depth in their skin, making product and treatment selections easier and more effective.

TYPE	CLASSIFICATION	TYPICAL AGE	DESCRIPTION	SKIN CHARACTERISTICS
I	Mild	28-35	No Wrinkles	Early photo aging: mild pigment changes, no keratosis, minimal wrinkles, minimal or no makeup
Ш	Moderate	35–50	Wrinkles in Motion	Early to moderate photo aging: early brown spots visible, keratosis palpable but not visible, parallel smile lines begin to appear, wears some foundation
III	Advanced	50-65	Wrinkles at Rest	Advanced photo aging: obvious discolorations, visible capillaries, visible keratosis, wears heavier foundation
IV	Severe	60 and Up	Only Wrinkles	Severe photo aging: yellow/ grey skin color, prior skin malignancies, wrinkles throughout—no normal skin, cannot wear makeup because it cracks and cakes

### Wood's Lamp

The "hands-on" portion of the analysis requires a 5-diopter dermatoscope and a "Wood's Lamp" (many Wood's Lamps come with 5 diopters). Examine the face thoroughly with the dermatoscope, charting any hyperpigmentation, acne lesions or other notable considerations. Follow with the Wood's Lamp, analyze the skin—noting dermal or epidermal depth of pigmentation.

Viewed under a black light, areas of epidermal hyperpigmentation and epidermal impairments become more pronounced or accentuated. The areas where epidermal hyperpigmentation become less obvious indicate deeper dermal damage. The more superficial the discoloration appears, the easier it is to correct. The less obvious the damage, the more intensive for both the client and the professional. Always examine the client with their eyes covered and in a dark room. The smallest amount of ambient light makes it significantly more difficult to interpret the abnormalities of the skin and assess the results of the examination.

The angle of the lamp affects the accentuation of the injury. Hold the lamp 8" to 12" from the client's



face and rotate your wrist at different angles while examining the site of injury. Changing the angle of the Wood's Lamp in this manner can make the epidermal accentuation even more apparent. Be sure to always keep one hand on the face, using it to guide you safely along the face, neck and décolleté.

Areas of hyperpigmentation which are accentuated by the Wood's Lamp have epidermal melanin in them. In some cases, the melanin extends down to the dermis. This is not apparent in the clinical view because of the intensified epidermal response to the Wood's Lamp. The superficial pigmentation may be obscuring a deeper melanin component. You can never be certain that removal of the epidermis will completely remove an area of hyperpigmentation accentuated by a Wood's Lamp.

The intensity of the Wood's Lamp directly affects the degree of pigmentation accentuation. Battery powered lamps and the lamps with only one bulb are not as effective as the lamps with two bulbs that plug into a wall outlet.

Various colors will be prominent on the skin under the Wood's Lamp. It is important you record all of these variances to ensure accuracy of your evaluation.

- Blue/White: Well Balanced Healthy Skin
- White: Dead Skin Cells, Thickened Corneum
- **Dark Purple:** Thin, Sensitive Skin, Weakened Corneum
- Light Purple: Dehydrated Skin
- Orange/Pink: Comedones, Oil Activity and/or Oily Skin
- Black/Brown: Pigmentation, Freckles
- Fluorescent Green: Infected Lesions

Hairline may emit fluorescence color different from the skin. This subtle difference is due to the buildup of makeup. When assessing the scalp, the visual



readings which project a healthy scalp forecast a pale grayish white. Dandruff emits a brilliant white.

### Diet

By now, most skin health experts understand the connection between healthy skin and diet. When your system is undernourished, stressed or fatigued, it shows in your skin. It only makes sense that a critical part of your skincare regimen should be taking good care of your total self—inside and out. In addition, skin and connective tissue are built from the inside and receive the energy and nutrition needed from diet. An inadequate diet cannot produce healthy connective tissue.

FOOD	EFFECT	SKIN CONTITION
Fast food	High sodium, irritates follicle	Acne
Baked bread	Yeast (inflammatory)	Acne, Rosacea, aging, sensitivities
Salt	Irritates follicle	Acne
Seafood	High iodide, irritates follicle	Acne
Dairy products	Possible hormones	Acne
Spicy foods	Inflammatory	Rosacea, sensitivities
Peanut butter	Mimics male hormones	Acne, oil
Peanut oil	Mimics male hormones, possible allergies	Acne, oil, Irritation, sensitivities

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# ONCOLOGY SAFE PRODUCTS



Chemotherapy and radiation may cause a number of skin-related changes, some of which are negative. It is imperative to provide products that are both safe and can help restore the skin's integrity to withstand Oncology treatments. We recommend checking out our Oncology Ebook for more info.

### Cleanse

- GM14 Peptide Firming Cleanser
- GM57 Mega Cream Cleanser
- GM126 Vitamin C Cleanser

#### **Treat**

- GM11 Essential Serum with Amino Acids
- GM25 Rejuvenating Peptide Masque
- GM32 Restoring Fulvic Elixir
- GM37 Daily Skin Clarifier
- GM59 Protective Skin Serum with Ceramides
- · GM90 Firming Serum with Phyto-Stem Cells
- GM121 Skin Recovery Mist

### Balance

- GM9 Barrier Repair Cream with Amino Acids
- GM13 Firming Eye Cream
- GM31 Beauty Oil
- · GM35 Hydrating Lip Balm
- · GM56 Comfort Cream with Aloe Vera
- GM58 Daily Repair Cream
- GM65 Eye Calm
- GM67 Recovery Cream with Arnica
- GM68 Rosacea Relief
- GM69 Ultra-Hydro Gel
- GM79 Vitamin E Cream
- GM83 Peptide Cream
- GM88 Cell Protection Balm
- GM125 Vitamin C Cream

### **Protect**

• GM138 Moisturizing Protection Cream with SPF 30

# PRODUCTS TO AVOID DURING PREGNANCY



Clients who are pregnant should consult with their physician before purchasing products and receiving treatments.

### Products to avoid:

- GM8 Anti-Aging Exfoliant Masque
- GM15 Tri-Acid 15% Skin Gel
- GM23 Blemish Control No. 10 with Benzoyl Peroxide
- GM24 Skin Resurfacing Lotion with Resorcinol
- GM45 Serious Action Masque
- GM49 Purifying Cleanser with Salicylic Acid
- GM50 Exfoliating Cleanser with Salicylic Acid
   GM67 Recovery Cream with Arnica
- GM78 Astringent No. 2 with Salicylic Acid, GM20 Astringent No. 5 with Salicylic Acid, and GM21 Astringent No. 10 with Salicylic Acid
- GM85 Cellulite Corrector Cream with Warming Actives
- GM91 Retinol Rejuvenation Serum
- Chemical Exfoliators/Solutions (Professional Only)

### Products that can be used with caution:

- GM2 Beta Gel with 10% Glycolic Acid
- GM3 Resurfacing Night Cream with 15% Glycolic Acid
- GM6 Accelerator Gel with 20% Alpha Hydroxy Acids
- GM12 Age Defying Masque
- GM18 Clear Exfoliant Cleanser with Benzoyl Peroxide
- GM19 Clear Skin Cleanser with Benzoyl Peroxide
- GM22 Blemish Control No. 5 with Benzoyl Peroxide
- GM95 Professional Pumpkin Exfoliator
- GM102 Professional Oxygen Regenerative Solution
- GM400 Professional Professional CBD Booster
- GM401 CBD Regenerative Eye Cream
- GM403 CBD Skin Mist
- GM404 CBD Age Delay Dew
- GM405 CBD Massage Cream
- GM406 CBD Therapeutic Balm
- GM407 CBD Hydratherapy Masque with Micro-Silver
- GM408 CBD Soothing Serum with Micro-Silver

Chapter 01 16

# PARABEN, WHEAT, YEAST, SOY, AND NON-VEGAN LIST



### Paraben | Protects against bacteria and fungus

GM55 Professional Exfoliator with 50% Lactic Acid (Methylparaben, Propylparaben)

#### Wheat Derivative | Increases skin firmness and strengthens skin

- GM58 Daily Repair Cream (Oat Beta Glucan)
- GM59 Protective Skin Serum with Ceramides (Wheat Amino Acids)
- GM60 Skin Clarifying Masque (Triticum Vulgare [wheat] seed extract, Hordeum Distinction [barley extract])
- GM61 Hydrating Masque with Enzymes (Triticum Aestivum [wheat] leaf extract, Hordeum Distinction [barley extract])
- GM67 Recovery Cream with Arnica (Oat Beta Glucan, Wheat Amino Acids)
- GM116 Gentle Gel Cleanser with Amino Acids (Wheat Protein)
- GM401 CBD Regenerative Eye Cream (Anhydroxylitol-fermented wheat)

### Yeast Extract | Antioxidant and anti-inflammatory properties

- GM15 Tri-Acid 15% Skin Gel (Yeast Extract)
- GM37 Daily Skin Clarifier (Yeast Extract)
- GM96 Professional Pigment Lift Solution with 15% TCA (Yeast Extract)
- GM98 Professional 5 Berry Solution with 7% TCA (Yeast Extract)
- GM99 Professional Vitamin A Solution with 10% TCA (Yeast Extract)

### Soy | Wound healing and stimulates collagen and elastin synthesis

- GM13 Firming Eye Cream (Glycine Soja [soybean] oil)
- GM85 Cellulite Corrector Cream with Warming Actives (Glycine Soja [soybean] oil)
- GM89 Chocolate Masque with Enzymes (Soybean Oil Ferment)
- GM95 Professional Pumpkin Exfoliator (Glycine Soja [soybean] oil)
- GM404 CBD Age Delay Dew (Polyglutamic Acid)

#### Non-Vegan

- GM32 Restoring Fulvic Elixir (Lactose) (Milk Protein)
- GM35 Hydrating Lip Balm (Beeswax)
- GM83 Peptide Cream (Sea Whip)
- GM89 Chocolate Masque with Enzymes (Lactobacillus/Milk Solids/Soybean Oil)
- GM100 Micro Lift Serum (Soluble Collagen-Cod)
- GM104 Professional Tightening Protein Booster (Albumen)
- GM126 Vitamin C Cleanser (Lanolin)
- GM406 CBD Therapeutic Balm (Beeswax)

### INITIAL CLIENT ASSESSMENT

**Suggested Treatment Time:** 60 Minutes

Suggested Cost: \$75

Suggested Service Menu Description: GlyMed Plus Photo-Aging Dermatology Skin Analysis

A must for you and your skin! No one escapes skin damage from the ravages of time and environmental assault. This one-hour private consultation is your complete skincare wellness checkup. A thorough examination of your skin will be conducted by a licensed aesthetician who has been trained to determine the cause and effects of lifestyle imbalances that may be contributing to your skin problems. This includes acne, rosacea, hyperpigmentation, and aging or photo-damaged skin. The outcome of this exclusive session will determine the appropriate GlyMed Plus skincare products for your home care and the type of treatments necessary to correct and prevent further damage.

This is a critical portion of the procedure that must not be overlooked. GlyMed Plus incorporates a full day of training on Photo-Aging Dermatology Assessment at the GlyMed Plus Advanced Aesthetic Institute™. This brief synopsis is not intended to replace that in-depth training. At least one hour should be set aside for this procedure. Prior to meeting with the aesthetician, the client should have completed a confidential Skin Health Questionnaire, as well as all other necessary consent forms. (All forms referred to in this section are found in the back of this manual.)

The first step is to review the questionnaire with the client to ensure that all questions have been properly answered and no information has been left out. Once you are confident that you have thoroughly reviewed the client's answers, complete the client profile portion of the Photo-Aging Dermatology Assessment with the client. Time should be taken to explain the questions as well as the client's responses on relevant issues such as past and current sun exposure, smoking, health complications and ethnic background.

### SUN PROTECTION TYPING

One of the important determinations to be made in the client consultation is the Sun Protection Type.

The purpose of this step is to determine the client's potential for post-inflammatory hyperpigmentation, a condition which may occur as a result of any clinical treatment. Skin typing evaluates the natural antioxidant protection of skin by the neutral density light filtering of melanin protection from UV light. The photo classification will assist in determining whether a skin type is melano-competant or melano-compromised.

Recently an associate clinical professor of dermatology at UCLA suggested that the term "ethnic skin" covers a wide range of ethnic groups. Although this fact is accurately portrayed, it is important to note it does not stop there. Even though, over the years, medical professionals have referenced all darker skin types as IV, V, and VI, it took the persistence of one Master Aesthetician, Christine Heathman, using her 25 years of exceptional clinical experience with skin of color, to uncover a better classification of skin that defines a more accurate evaluation expanding the former "Fitzpatrick typing" method. This new skin typing encompasses the overlapping of ethnic backgrounds providing more insight and a wider margin of safety when treating a particular ethnic skin or blend. SOC (Skin of Color), still known as "Fitzpatrick scale" to some, has now been re-classified as Sun Protection Type (SPT) making room for all ethnic blends. For complete information on ethnic skin, refer to the GlyMed Plus Skin of Color Manual.

Melano-competant skin types are found in darker ethnicities. The term implies that the skin has more melanin protection from UVR, but with that comes a greater risk for pigmentary disorders during the clinical treatment.

Melano-compromised is a lighter ethnic skin and has less chance of hyperpigmentation but is also less protected from the sun. This condition will result in more free-radical activity and a greater chance of skin cancer development later in life.

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# GENERAL PRODUCT RECOMENDATIONS

Product type recommendations are made by using the GlyMed Plus 4-Step System:

Step 1 | Cleansing Products

Step 2 | Treatment Products

Step 3 | Balancing Products

Step 4 | Protection Products

# SPECIFIC PRODUCT RECOMENDATIONS

Prescribing home care and selecting treatment products are based on skin type and skin conditions.



### **GENERAL APPLICATION**

Product application can be altered; however, the following is a suggested procedure:

### Appointment Procedure

- O1 Ensure the client has completed all necessary concent forms located in the back of this manual. The questions involving the client's current skincare program will assist the aesthetician in finding areas in the current skincare regimen that may need to be addressed. The following factors must be considered in prescribing a complete program for preparing the client for resurfacing. For best results, clients should be on a home care regimen for at least two weeks and as many as 16 weeks—depending on SPT and sensitivities—prior to first clinical treatment.
- O2 A "before" photograph of the client should be taken at this time.
- O3 A thorough skincare program should be prescribed at this time and documented. The client must understand that compliance to this preventative treatment will be directly proportional to the results obtained through the chemical treatments. Clients must use these products for an average of four weeks prior to their first chemical treatment.
- O4 To simplify the procedure for the client, remember to follow the 4-step process: Cleanse, Treat, Balance and Protect. This assists the aesthetician in picking four products that will be necessary in preparing the client for skin peeling.

MORNING	EVENING
Cleanse Product	Cleanse Product
Balance Product	Treat Product
Protect Product	Balance Product

\*Clients with extremely sensitive skin or Photo Types IV, V, VI should use treatment product every other day or every third day for the first week.

### step one cleanse

SKIN TYPE	LINE	PRODUCT NAME	INGREDIENT
Dry/Sensitive	MAIN	Mega Cream Cleanser	Antioxidants
Dry/Sensitive	MAIN	Vitamin C Cleanser	Vitamin C, Calcium
Normal	MAIN	Glycolic Facial Cleanser with 10% Glycolic Acid	Glycolic Acid
For Men	MAIN	Gentle Gel Cleanser with Amino Acids	Vitamin E
Oily/Acne-Prone (Grade I, II)	ACNE	Exfoliating Cleanser with Salicylic Acid	Salicylic Acid
Oily/Acne Prone (Grade III, IV)	ACNE	Purifying Cleanser with Salicylic Acid	Salicylic Acid
Acne/Inflammatory (Grade I, II)	ACNE	Clear Exfoliant Cleanser with Benzoyl Peroxide	Benzoyl Peroxide
Acne/Inflammatory (Grade I, II)	ACNE	Clear Skin Cleanser with Benzoyl Peroxide	Benzoyl Peroxide





SKIN TYPE	LINE	PRODUCT NAME	INGREDIENT
Mild Aging	MAIN	Beta Gel with 10% Glycolic Acid	Glycolic Acid
Moderate Aging	MAIN	Accelerator Gel with 20% Alpha Hydroxy Acids	Glycolic/Lactic Acids
Moderate Aging	MAIN	Retinol Rejuvenation Serum	Retinol
Advanced Aging	MAIN	Resurfacing Night Cream with 15% Glycolic Acid	Glycolic Acid
Aging	ELITE	Firming Serum with Phyto-Stem Cells	Stem Cells
Oily/Acne Prone Aging	MAIN	Tri-Acid 15% Skin Gel	Glycolic, Lactic, Salicylic Adics
Oily/Acne Prone Aging	MAIN	Retinol Rejuvenation Serum	Retinol
Acne/Inflammatory	MAIN	Blemish Control No. 5 with Benzoyl Peroxide	ВРО
For Shaving	MAIN	Essential Shave Cream	Aloe Vera, Sunflower Oil
Advanced Aging	MAIN	Accelerator Gel with 20% Alpha Hydroxy Acids	AHA's
Moderate/Advanced Aging	MAIN	Resurfacing Night Cream with 15% Glycolic Acid	AHA's
Pigmentation/ Photo- type 4,5,6	MAIN	Diamond Bright Skin Illuminator	Hydroquinone
Pigmentation/ Photo- type 4,5,6	MAIN	Pigment Brightening Serum	1-Methylhydantoine- 2-Imide, Glycolic
ALL	ELITE	Age Defying Masque	Protease Enzyme
Pigmentation/ Photo- type 1,2,3	MAIN	Daily Skin Clarifier	Tyrosinase Inhibitors
Oil/Acne	ACNE	Astringent No. 2 with Salicylic Acid	Salicylic Acid
Moderate/Advanced Aging	ACNE	Skin Resurfacing Lotion with Resorcinol	Rescorcinol, Lactic, Sulfur
Mild/Moderate/ Advanced Aging	MAIN	Anti-Aging Exfoliant Masque	Salicylic, Lactic, Glycolic, Jojoba Beads
ALL	ELITE	Peptide Micro Scrub	Corundum Crystals
Dehydration/Irritation	ELITE	Essential Serum with Amino Acids	Amino Acids, Antioxidants



SKIN TYPE	LINE	PRODUCT NAME	INGREDIENT
Lack of moisture	MAIN	Ultra Hydro Gel	Hyaluronic Acid
Dehydration/Irritation	MAIN	Daily Repair Cream	Ceramides, Antioxidants
Dehydration/ Irritation	ELITE	Protective Skin Serum with Ceramides	Ceramides, Antioxidants
For Men-Post Shave	MAIN	Peptide Cream	Antioxidants

### O4 step four protect

SKIN TYPE	LINE	PRODUCT NAME	INGREDIENT
Indoors	MAIN	Moisurizing Protection Cream with SPF 15	SPF 15 Broadband Full Spectrum Protection
Oily prone/normal	MAIN	Hydrating Protection Gel with SPF 15	SPF 15 Broadband Full Spectrum Protection
Outdoors/Sensitive	MAIN	Hydrating Protection Gel with SPF 30	SPF 30 Broadband Full Spectrum Protection
Sensitive	MAIN	Moisturizing Protection Cream with SPF 30	SPF 30 Broadband Full Spectrum Protection
AII	ELITE	Oil-Free Protective Moisturizer with SPF 15	SPF 15 Broadband Full Spectrum Protection



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### FOLLOW UP AND HOME CARE REVIEW

Suggested Treatment Time: 10 Minutes

Suggested Cost: \$0-\$30

Suggested Service Menu Description: Home Care Review and Assessment

### Appointment Procedure

A brief follow up of approximately ten minutes should be scheduled to check the condition of the client's skin:

- **01** Complete the Updated Client Treatment Record form!
- **02** A photograph of the client should be taken at this time.
- O3 Any product modifications may be made at this time:
  - Skin is irritated: Reduce AHA and/or Retinol product application to every other day

- **Skin is red:** Reduce AHA and/or Retinol product application to every other day
- Skin is dry: Increase usage of Daily Repair Cream, Protective Skin Serum with Ceramides, Ultra Hydro Gel, or Essential Serum with Amino Acids
- Skin is peeling: Increase usage of Ultra Hydro Gel, and Protective Skin Serum with Ceramides
- **Skin is breaking out:** Reduce AHA product application to every other day
- **04** Introduce a masque for home care and a condition-specific treat product.

### Masques

SKIN TYPE	LINE	PRODUCT NAME	INGREDIENT
Dry	MAIN	Hydrating Masque with Enzymes	Enzymes
Oily Prone	MAIN	Skin Clarifying Masque	Enzymes
Aging	MAIN	Anti-Aging Exfoliant Masque	AHA's
Aging	MAIN	Chocolate Masque with Enzymes	Chocolate/Enzymes
Acne-Non Inflammatory	ACNE	Serious Action Masque	AHA's/Salicylic
Acne-Inflammatory	ACNE	Mattifying Sulfur Masque	10% Sulfur
Acne-Inflammatory	ACNE	Blemish Control No. 5 with Benzoyl Peroxide	5% BPO

### CLINICAL TREATMENT

Suggested Treatment Time: 45-60 Minutes

Suggested Cost: \$90-\$180

Suggested Service Menu Description: Clinical Treatment

### Appointment Procedure

- 01 Review/complete the Updated Client Treatment Record form!
- **02** Perform the first clinical treatment.
- 03 Photographs of the client should be taken before and after the clinical treatment.
- **04** Any product modifications may be made at this time.



### Products to Treat + Balance

SKIN TYPE	LINE	PRODUCT NAME	INGREDIENT
Dry	MAIN	Skin Recovery Mist	Humectant Spray
Oily	ACNE	Astringents No. 2 and No. 5 with Salicylic Acid	Salicylic Acid
Irritated	MAIN	Vitamin E Cream	Tocopherol
Irritated	MAIN	Vitamin C Cream	MAG-C
Irritated	MAIN	Recovery Cream with Arnica	Arnica Montana
Irritated	MAIN	Cell Protection Balm	Bisabolol, Shea Butter
Irritated	MAIN	Comfort Cream with Aloe Vera	Aloe Vera
Distended Capillaries	MAIN	Rosacea Relief	Horse Chestnut

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### CLINICAL TREATMENT

Suggested Treatment Time: 45-60 Minutes

Suggested Cost: \$90-\$180

Suggested Service Menu Description: Clinical Treatment

### Appointment Procedure

- **01** Review/complete the Updated Client Treatment Record form!
- O2 Perform the second clinical treatment.
  Strength and time should be determined based on the previous treatment outcome.
- **03** Photographs of the client should be taken **before and after** the clinical treatment.
- O4 Any product modifications may be made at this time. Introduce your client to a new accessory product to boost your business with the addition of passive income.



### Products to Enhance the Home Care Regimen

SKIN TYPE	LINE	PRODUCT NAME	INGREDIENT
Dehydrated/Eyes	MAIN	Eye Calm	Antioxidants
Dehydrated/ Wrinkled Eyes	ELITE	Firming Eye Cream	Peptides
Thin Lips	ELITE	Lip Enhancer with Warming Actives	Xylitol
Body	MAIN	Refining Body Scrub with Alpha Hydroxy Acids	AHA's, Jojoba Beads
Body	MAIN	Refining Hand and Body Lotion with Alpha Hydroxy Acids	AHA's
Body	MAIN	Hydrating Hand and Body Lotion	Lavender, Shea Butter

# ADDITIONAL CLINICAL TREATMENTS

### Third Clinical Treatment

- **01** Review/complete the Updated Client Treatment Record form!
- **02** Perform the first clinical treatment.
- O3 Photographs of the client should be taken before and after the clinical treatment.
- O4 Consult with client regarding the progress by reviewing pictures. Determinations can be made to boost clinical treatments or boost home care by incorporating a second product for treatment.

### Fourth Clinical Treatment

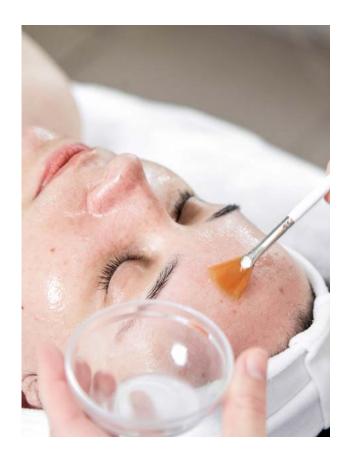
- **01** Review/complete the Updated Client Treatment Record form!
- **02** Perform the first clinical treatment. Skin should be analyzed to determine if clinical treatments should be upgraded.
- O3 Photographs of the client should be taken before and after the clinical treatment.
- **04** Any product modifications may be made at this time.

### Fifth Clinical Treatment

- **01** Review/complete the Updated Client Treatment Record form!
- **02** Perform the first clinical treatment.
- O3 Photographs of the client should be taken before and after the clinical treatment.
- 04 Review pictures with client, checking on progress. Any product modifications may be made at this time.

### Sixth Clinical Treatment

- O1 Review/complete the Updated Client Treatment Record form!
- **02** Perform the first clinical treatment.
- O3 Photographs of the client should be taken before and after the clinical treatment.
- O4 Discuss the progress of clinical treatments with your client. If results have been achieved, schedule maintenance treatments and home care. If series needs to continue, discuss alternatives in treatment and home care.

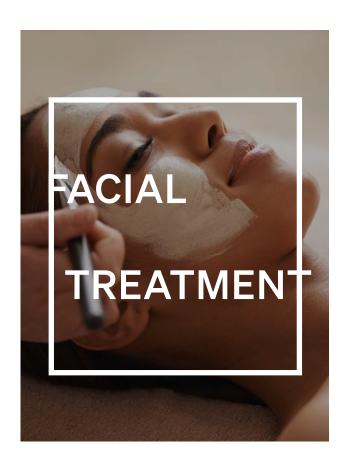


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# FACIAL VS. CHEMICAL TREATMENTS

GlyMed Plus is not just a clinical skincare line! We understand that many aestheticians enjoy the pampering benefits of facials. However, because some "facial" steps may interfere with the efficacy and safety of the procedure, the two should be performed in separate procedures.

Both facials and chemical treatments will require a client questionnaire prior to procedure. They both target specific skin conditions, require the use of non-latex gloves and should be finished with a minimum SPF full spectrum sun protection. Facials and chemical treatments will be more effective with the incorporation of and continuance of home care.







A FACIAL CAN	A CHEMICAL TREATMENT SHOULD	
Incorporate steam.	Avoid steam or too hot of facial towels.	
Include facial massage.	Avoid too much stimulation. Massage should be focused on scalp, shoulders or hands instead use pressure point.	
Employ finishing masks.	Incorporate cool compresses to reduce inflammation.	
Utilize essential oils.	Be free of additives that may compromise the treatment or irritate the vulnerable skin.	

## SKIN CONDITIONS

### CHAPTER 02

The following information is provided on common skin conditions. For more advanced information, GlyMed Plus has a complete schedule of classes and reference manuals available.

### ACNE

Acne is a common skin condition that afflicts most people during their teenage years. However, this disease of the pore is by no means restricted to teenagers. It has been estimated that 40–50% of women from ages 20–40 suffer from low-grade, persistent acne. Therefore, any aesthetician dealing in clinical skincare will encounter a variety of acne clients.

Acne is characterized by the appearance of open comedones, closed comedones, papules, pustules and cysts occurring on the face and to a lesser extent on the back and chest. Acne is a genetically predisposed condition of the skin and therefore can seldom be completely eliminated by treatment but it can be brought under control.

Although genetics is the underlying cause of acne, there are a variety of interrelated factors that are associated with the condition. Some of the factors include hormones, diet and stress, but the three main components of the acne lesion are sebum, bacteria, and corneocytes.

The role of hormones in the genesis of acne is most prevalent in the teen years and with women as they experience hormonal fluctuations. In teens, the rise of hormone levels during puberty results in the enlargement and increased activity of the sebaceous glands. High levels of androgen hormones create a greater production of sebum resulting in a more severe acne condition where conversely, higher levels of the estrogen hormone will result in less sebum production.

One of the main components in acne lesions is corneocytes. Corneocytes are keratin cells that

have proliferated into the stratum corneum. These cells create a barrier from the outside as well as protecting the lipids and water within the epidermis. In healthy skin, the stratum corneum consists of 20–30 layers of corneocytes which extend down onto the follicular wall in approximately 6–10 layers. During the acne process, cells proliferate at an increased rate near the opening of the sebaceous ducts. Cells are normally shed and flushed to the surface by the oil and then washed away. In acne skin, many more layers of cells are produced and retained down in the follicles. The skin accumulates layer after layer of cells, forming an impact which is often hundreds of cell layers thick.

In addition to cell compaction, millions of bacteria get trapped in congested pores. The predominant bacterium living in the sebaceous follicle, corneobacterium, breaks down the sebum secreted by the sebaceous glands into glycerol. The glycerol is then used for energy and fatty acids which remain in the pore as by-products. Without the presence of oxygen in the follicles, the anaerobic bacteria flourish by feeding off the triglycerides produced by the sebaceous gland. Because sebum is the food that feeds the bacteria, it stands to reason that a higher production of sebum will indicate a more severe case of acne.

When treating acne, regardless of grade or severity, it is important to remember the three main components of the acne lesion in order to treat the entire problem. Additionally, if the acne is inflammatory or infected, the first priority is to reduce the inflammation to avoid the possibility of residual acne scarring.



### Understanding Acne

### **TREAT**

Treating the acne is the first step. To understand the variety of ingredients, let's break down the three components of the lesions: bacteria, sebum, and corneocytes.

#### Bacteria

- Alpha Hydroxy Acids (low pH controls bacteria)
- Salicylic Acid (anti-bacterial)
- Benzoyl Peroxide (creates oxygen, bacteria can't survive)
- Sulfur (kills bacteria)
- Resorcinol (kills bacteria)

#### Sebum

- · Resorcinol (hinders oil production)
- Salicylic Acid (oil soluble)
- Kaolin (absorbs oil)
- Betonite (absorbs oil)

### Corneocytes

- Alpha Hydroxy Acids (exfoliating agent)
- Salicylic Acid (dissolves corneocytes)
- Enzymes (dissolves corneocytes)
- Benzoyl Peroxide (peeling agent)
- Resorcinol (peeling agent)
- Retinol (exfoliating agent)

### **BALANCE**

Balancing the skin during the treatment stage is critical. Utilizing ingredients that create sensitivities and increase cell turnover requires the use of balancing products. Active agents can also compromise the water and lipid barrier of the skin that is meant to maintain the integrity of the skin.

### Anti-Inflammatory

- Ice
- Aloe Vera
- Botanical Extracts

#### **Antioxidants**

- Botanical Extracts
- Vitamins A, C and E

### Immune system stimulators

- Beta Glucan
- · Increasing the lipid barrier of stratum corneum
- Ceramides, Amino Acids

### Increasing natural moisturizing factor

- Hyaluronic acid
- Lactic Acid

### **PROTECT**

It's also vital to protect the skin from further damage due to environmental exposure using a GlyMed SPF product.

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### Regimen for Basic Acne

The following is a suggested regimen for basic acne:



SKIN TYPE	PRODUCT NAME	USAGE	
Oily/Inflammatory	Purifying Cleanser with Salicylic Acid	AM/PM cleanse	
Oily/Non-Inflamed	Exfoliating Cleanser with Salicylic Acid	AM/PM cleanse	
Inflammatory	Clear Skin Cleanser with Benzoyl Peroxide	AM/PM cleanse	
Dry/Non-Inflamed	Clear Exfoliant Cleanser with Benzoyl Peroxide	AM/PM cleanse	
Acne/Aging	Tri-Acid 15% Skin Gel	PM treat	
Acne/Aging	Retinol Rejuvenation Serum	PM treat	
Inflammatory	Astringent No. 5 with Salicylic Acid	PM treat	
Oily	Astringent No. 2 with Salicylic Acid	AM/PM treat	
Dehydrated	Ultra Hydro Gel	AM treat or balance	
Irritated	Protective Skin Serum with Ceramides	AM treat or balance	
Dry/Normal/Oily	Daily Repair Cream	AM/PM balance	
Sun Protection	Hydrating Protection Gel with SPF 15	AM protect	



### ROSACEA

Rosacea is an extremely common disease that is under reported and often improperly treated. It progresses slowly and in stages. In its early forms, it is rarely recognized by general practitioners, and all too often missed by dermatologists as well.

Rosacea is a chronic disorder that can affect the facial hair follicle and associated sebaceous glands (Pilosebaceous units). Common symptoms of the condition include an increased reactivity of capillaries to heat which leads to flushing and ultimately a localization of spidery, distended blood capillaries (Telangiecta). When these capillaries become extensive it progresses to a condition called Couperose.

Most clients that have true rosacea will have a history established that consists of episodic reddening of the face most recognized as flushing or blushing. Foods such as hot liquids, spicy foods and alcohol also may be factors that exacerbate rosacea. In addition, exposure to sun and heat may increase reactions.

The connection between overexposure to the sun and the development and aggravation of rosacea is often underestimated. Rosacea, as with other skin problems, is a chronic photo dermatosis condition. In fact, it is rare to find a rosacea patient who doesn't have some form of advanced photoaging.

Facial rosacea not only can cause significant cosmetic disfigurement, it also affects a person's psychological well-being. The rapid rise of rosacea among professional women often is blamed on stress precipitated by the competitive workplace.

However, the specific cause of rosacea is poorly understood. Stress, for instance, does not cause rosacea but simply aggravates it. The high visibility of the disease itself creates more stress, which establishes a vicious cycle that can eventually affect the emotional health of the sufferer.

The most common age of onset is 30–50 years with peak incidences between 40-50 years. Rosacea is more common in females; however, Rhinophyma, or stage four rosacea, is more prevalent in males. Rosacea is also more common in photo types I and II which typically will include the Scottish, Irish and Celtic heritages. The types III and IV will experience some rosacea but usually it is associated with excessive sun exposure. The least common rosacea clients will be the photo types V and VI. Before continuance of home care or clinical treatment can begin, a detailed history is necessary to determine the extent and severity of the condition. Since client's are not always fully aware of the condition, begin with a discussion of basic, everyday issues regarding their experience with sweating, exercise, embarrassment, sunlight sensitivity, consumption of beer, wine, or spicy foods and discomfort from skincare products. Take the time to help the client make the associations between these instigating factors and to dispel any misunderstandings.

The course of rosacea is prolonged, and recurrences are common and difficult to heal. After a few years, the disease may remit spontaneously but it is never cured. Treatment requires patience from the client and a thorough understanding of the client's histology by the skincare professional.



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#### Understanding Rosacea

#### **TREAT**

Treating Rosacea incorporates the use of various ingredients:

- Alpha Hydroxy Acids (AHAs), especially glycolic acid, have not been shown to promote the development of blood vessels and therefore should not exacerbate but might actually reduce some rosacea symptoms. In addition, these actives possess antioxidant and antiinflammatory properties that may have a substantial positive effect.
- Horse chestnut is a botanical extract that contains Aescin known to reduce inflammation and improve vein walls by plugging minute holes and microscopic leaks in venules and capillaries. Horse chestnut also promotes elasticity and may prevent swelling.
- Sulfur can be effective in retarding the genesis of bacterial infection and the activity of the follicular Demodex Mite (a suspected factor of rosacea).

#### **BALANCE**

Balancing the skin is critical in the treatment of rosacea. Since rosacea is an inflammatory condition of the follicle, it is necessary to utilize ingredients that may also reduce the inflammation.

#### **PROTECT**

It's also vital to protect the skin from further damage due to environmental exposure using a GlyMed SPF product.



#### Regimen for Rosacea

The following is a suggested regimen for rosacea:



SKIN TYPE	PRODUCT NAME	USAGE
Oily with Acne	Purifying Cleanser with Salicylic Acid	AM/PM cleanse
Oily	Exfoliating Cleanser with Salicylic Acid	AM/PM cleanse
Dehydrated/Sensitive	Mega Cream Cleanser	AM/PM cleanse
All/Especially Oily	Mattifying Sulfur Masque	AM/PM treat
Rosacea/Aging	Beta Gel with 10% Glycolic Acid	PM treat
Rosacea/Aging	Accelerator Gel with 20% Alpha Hydroxy Acids	PM treat
Telangiectasia	Rosacea Relief	PM balance
Irritated/Telangiectasia	Peptide Cream	AM treat or balance
Dehydrated	Ultra Hydro Gel	AM treat or balance
Sun Protection	Hydrating Protection Gel with SPF 15	AM protect

## HYPERPIGMENTATION

Recognition of pigmentary disorders has now become an integral part of dermal analysis. The color of normal skin is determined by several different pigments including melanin, Oxyhemaglobin, reduced hemoglobin and carotene.

Melanin synthesis occurs in the melanocyte, a mature cell, residing in the basal layer of the epidermis. The progenitor of the melanocyte, the Melanoblast, is presumed to migrate from its neutral crest site to its final epidermal resting place during embryonic development.

During melanin synthesis, the copper-containing enzyme tyrosinase reacts with the substrate tyrosine during which a distinctive granule, the melanosome, is formed within the cytoplasm of the melanocyte. The melanin granules are stored within the melanosome packets and eventually transferred through a dendritic process.

Inflammation is frequently associated with melanin production and deposition but there are also external and internal causes for inflammation. Common external causes of inflammation are: Ultraviolet light, heat, dermatological disorders, photosensitive substances and chemical peels. Internal factors associated with inflammation are hormones, nutrition and ingested photosensitive substances. It is essential in treating pigmentation disorders to include questions about possible sources of inflammation in the initial visit.

#### Understanding Hyperpigmentation

#### **TREAT**

Treating hyperpigmentation is a two-fold mission. The first part of the treatment is topical and will include ingredients or methods commonly used to exfoliate corneocytes that contain transient melanin. These ingredients will include alpha hydroxy acids and salicylic acid both in clinical strengths and in daily home care as well as the use of enzymes.

It is important to remember that the higher photo-type skin types will be more susceptible to developing Post Inflammatory Hyperpigmentation Disorder (PIHD). Because the melanocyte in these skin types is capable of producing more pigment in response to inflammation, it is important to treat this skin more conservatively and prepare it with a daily application of tyrosinase inhibitors.

Treatment also includes preventative ingredients (often referred to as "brightening" agents) but are actually tyrosinase inhibitors. Tyrosinase inhibitors will target the melanocyte and inhibit the enzyme tyrosinase from becoming active stopping the cell from continuing to produce melanin.

Lactic acid is an excellent choice for treatment of hyperpigmentation because it serves as a topical agent to remove pigmented cells and is also considered a tyrosinase inhibitor.



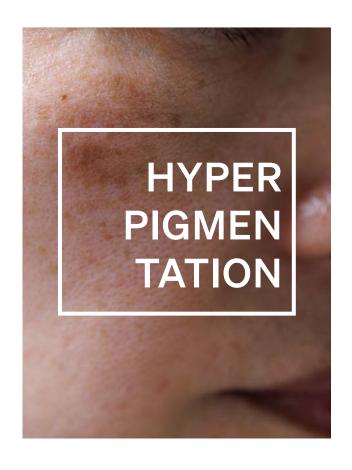
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#### **BALANCE**

Balancing the skin with hyperpigmentation will focus primarily on reducing inflammation. These remedies will include antioxidants, botanical extracts, Aloe Vera topically, and instructing the client to avoid sun exposure, hot water, and other environmental factors known to incite inflammation.

#### **PROTECT**

It's also vital to protect the skin from further damage due to environmental exposure using a GlyMed SPF product.



## Regimen for Hyperpigmentation

The following is a suggested regimen for hyperpigmentation:



SKIN TYPE	PRODUCT NAME	USAGE
Aging	Glycolic Facial Cleanser with 10% Glycolic Acid	AM/PM cleanse
Oily	Exfoliating Cleanser with Salicylic Acid	AM/PM cleanse
Aging	Accelerator Gel with 20% Alpha Hydroxy Acids	PM treat
Aging	Age Defying Masque	PM treat
Aging/Minimal Pigmentation Photo Type I, II, III	Pigment Brightening Serum	PM treat
Aging/Minimal Pigmentation Photo Type I, II, III	Daily Skin Clarifier	PM treat
Aging/Hyperpigmentation Photo Type IV, V, VI	Diamond Bright Skin Illuminator	PM treat
Irritated	Protective Skin Serum with Ceramides	AM treat or balance
Sun Protection	Hydrating Protection Gel with SPF 15	AM protect
Sun Protection	Hydrating Protection Gel with SPF 30	AM protect

## PHOTO-DAMAGED SKIN

Photo-damaged skin is caused by excessive exposure to sunlight (UVR) which adversely affects all skin's structural elements. With repeated exposure, striking histologic alterations can occur in the dermal matrix as early as the second or third decade. Only later does the damage become visibly evident.

To define mature changing skin, the professional must also consider both intrinsic (a natural or inherent, predisposition of the aging process) and photoaging factors. Skin as young as 21 could fall into this category. In fair-skinned individuals with extensive sun exposure, photoaging may be more pronounced by the forties and fifties.

Histologic changes are prominent. Elastic fibers become thickened, curled and branched with accumulation of degenerated elastotic material that causes complete disorganization known as elastosis. There is a continuous loss of collagen bundles, the main source of tensile strength of the skin. This leads to loose, less elastic skin. Fibroblasts are more numerous and metabolically active. Ultimately, the dermis becomes relatively non-cellular.

The most common characteristics of photoaged skin are:

- Deep wrinkling
- Coarse and rough texture
- Yellow coloring
- Loss of collagen and elastin
- Large pores

- Thickness in skin's surface
- Uneven tone
- Leathery dryness

The outer layer of the epidermis (stratum corneum) thickens and becomes disorganized. The dermal/epidermal junction loses its reteridges and is flattened, and the melanin granules are retained within basal keratinocytes. Small blood vessels are dilated with near-total loss of sub-epidermal capillaries. Deep venules become dilated and tortuous, giving rise to extended capillaries. Langerhans cells are altered, and the T-cell (T-cells help mediate cellular immune responses) suppressor pathway is activated.

Photoaging is not merely an accelerated normal aging process. Photoaged skin thickens due to epidermal hyperplasia. The discriminating effects of photoaging start to appear in the late 20's to early 30's. At this stage the skin begins to feel more dehydrated, fine lines begin to appear along with subtle hyperpigmentation and a lack luster look. Because the changes are so faint, one should not be fooled by the overall appearance; corneccyte cohesion is occurring. This failing flaw is due to sun exposure. The cells that used to turn over at a quicker rate have slowed down production, adhering the stratum corneum to the epidermis, creating a glued-like impact on the skin. This condition accentuates the dullness, dryness and wrinkles. When looking at the aging process, we realize that collagen loss and aging are intertwined.



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#### Understanding Photo-Damage

#### **TREAT**

Treating the symptoms of aging is the first step. Understanding that the aging process is a result of the breakdown of collagen and elastin, a change in the basal layer creating the cell turnover process to slow down, a buildup of dead skin cells (corneocytes) on the surface and an erosion of the water and lipid protective barriers will enable the professional to address and treat these conditions:

### Fibroblast cells that restructure collagen, elastin and Hyaluronic acid

- Alpha Hydroxy Acids
- Peptides
- Retinol

#### Increasing cell turnover

- Alpha Hydroxy Acids
- Retinol
- Stem Cell Ingredients

#### Reducing layers of dead skin cells

- Alpha Hydroxy Acids (peeling agent)
- Salicylic Acid (dissolves corneocytes)
- Enzymes (dissolves corneocytes)

#### **BALANCE**

Balancing the skin during the treatment stage is critical. Utilizing ingredients that create sensitivities and increase cell turnover requires the additional use of products that create balance in the skin. Active agents can also compromise the water and lipid barrier of the skin that is meant to maintain the integrity of the skin.

#### **Anti-Inflammatory**

- Aloe Vera
- Botanical Extracts

#### **Antioxidants**

- Botanical Extracts
- Vitamins A, C and E

#### Immune system stimulators

- Ceramides
- Amino Acids

#### Increasing natural moisturizing factor

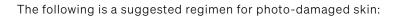
- · Hyaluronic acid
- Lactic Acid

#### **PROTECT**

It's also vital to protect the skin from further damage due to environmental exposure using a GlyMed SPF product.

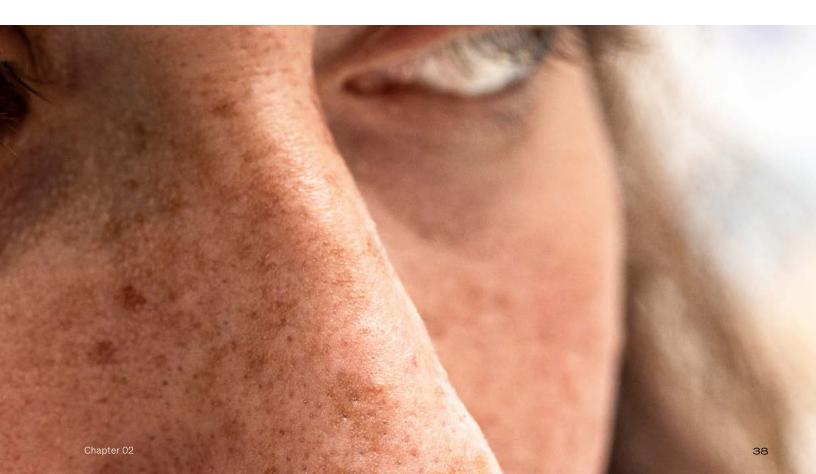


### Regimen for Photo-Damaged Skin





SKIN TYPE	PRODUCT NAME	USAGE
Aging/All	Glycolic Facial Cleanser with 10% Glycolic Acid	AM/PM cleanse
Aging/All	Age Defying Masque	AM/PM treat
Dry Sensitive	Mega Cream Cleanser	AM/PM cleanse
Aging/All	Firming Serum with Phyto-Stem Cells	AM/PM treat
Aging/All	Peptide Cream	AM/PM balance
Aging/Mild	Beta Gel with 10% Glycolic Acid	PM treat
Aging/Moderate	Accelerator Gel with 20% Alpha Hydroxy Acids	PM treat
Aging/Advanced	Resurfacing Night Cream with 15% Glycolic Acid	PM balance
Aging/Acne Prone	Tri-Acid 15% Skin Gel	PM treat
Aging/Acne	Retinol Rejuvenation Serum	PM balance
Dehydrated	Ultra Hydro Gel	AM treat or balance
Dehydrated/Irritated	Cell Protection Balm	PM final step
Irritated	Cell Protection Balm	AM treat or balance
Sun Protection	Hydrating Protection Gel with SPF 30	AM protect



## FACIAL PROTOCOLS

#### CHAPTER 03

#### LEVEL 1

#### Condition Specific Facials

The following Level 1 facials can be incorporated to first time clients and those not wishing to undergo chemical treatments or procedures. For additional specialized protocols, please inquire about our Comprehensive Treatment Protocol Manual.

## BARRIER REPAIR/ SENSITIVE SKIN FACIAL

#### Protocol

Recommended Treatment Time: 45-60 Minutes

Suggested Cost: \$90-\$180

#### Description:

Care for sensitive skin by using products designed to decrease inflammation and redness. Soothe skin with barrier building ingredients that focus around healing, protecting, moisturizing, and strengthening thin and fragile skin.

#### **CLEANSE**

- **01** Dispense 1 pump of Mega Cream Cleanser to dry palms and apply to dry skin massaging for 1–2 minutes. Add water for slip, rinse with warm water.
- **02** Dispense 1 pump Vitamin C Cleanser to dry palms and apply to dry skin massaging for 1–2 minutes. Add water for slip, rinse with warm water.

#### TREAT

- O3 Dispense 1 tsp CBD Hydratherapy Masque with Micro-Silver and 2–6 drops of Beauty Oil to small dish and mix with a fan brush. Apply evenly to skin and leave on skin for up to 15–20 minutes. Remove with cool towels.
- **04** Mist the skin with Skin Recovery Mist.
- **O5** Apply Daily Skin Clarifier and Restoring Fulvic Elixir. Dispense 1 pump of each serum to palms and apply to face, neck, and décolleté.
- Apply Professional Professional CBD Booster and Protective Skin Serum with Ceramides. Dispense 1–2 pumps of each serum to palms and apply to face, neck, and decollete.

#### **BALANCE**

- **07** Apply a small, grain size amount of CBD Regenerative Eye Cream to entire eye area and massage until absorbed.
- **08** Apply Vitamin C Cream, Comfort Cream with Aloe Vera or Daily Repair Cream. Dispense to palms and thoroughly but gently apply to face, neck, and décolleté.

#### **PROTECT**

- **O9** Finish with Moisturizing Protection Cream with SPF 15 or 30. Apply a small pea size amount to face, neck, décolleté and any other areas exposed to UVA/UVB Rays.
- 10 Dispense Hydrating Lip Balm to cotton swab and gently apply to lip area.

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## ACNE FACIAL

#### Protocol

**Recommended Treatment Time:** 60 Minutes

Suggested Cost: \$90-\$150

#### Description:

As skincare professionals, we know the damaging effects acne can have on our clients and their self-esteem. This protocol provides a general starting point to help reduce acne lesions and prevent future breakouts for our clients!

#### **CLEANSE**

- **01** Dispense 1 pump Mega Cream Cleanser to dry palms and apply to dry skin massaging for 1–2 minutes. Add water for slip, rinse with warm water.
- **02** Dispense 1 pump of Purifying Cleanser with Salicylic Acid to palms and emulsify with water to create foam. Massage for 1–2 minutes, avoiding eye area, rinse with warm water.

#### TREAT

- **03** Apply Serious Action Masque to skin using a fan brush. Allow to remain on the skin for 5 minutes. Remove with warm towels. Mist skin with Skin Recovery Mist.
- Apply Skin Clarifying Masque to skin using a fan brush. Allow to remain on the skin for 3–5 minutes. Steam may be incorporated. Remove with warm towels. Perform extractions. Saturate cotton pad with Skin Recovery Mist and Astringent No. 2. Apply evenly to skin.
- O5 Dispense equal parts Mattifying Sulfur Masque and Ultra Hydro Gel to small dish and mix. Apply to skin using a fan brush. Allow to remain on the skin for 5–7 minutes. Remove with cool towels. Mist skin with Skin Recovery Mist. Apply Pigment Brightening Serum to pigmented areas. Apply Blemish Control No. 5 with Benzoyl Peroxide to any inflamed lesions and reapply Skin Recovery Mist.

#### BALANCE

- Apply Daily Skin Clarifier and Restoring Fulvic Elixir. Dispense 1 pump of each serum to palms and apply to face, neck, and décolleté.
- 67 For large pores or oily skin: Apply Accelerator Gel with 20% Alpha Hydroxy Acids evenly to skin. Allow to fully absorb. Apply a thin layer of CBD Therapeutic Balm to the face, neck, and décolleté. For dry skin: Apply Ultra Hydro Gel and Daily Repair Cream. Dispense 1–2 pumps to palms and apply to face, neck, and décolleté. Allow to fully absorb.

#### PROTECT

- **08** Apply a small, grain size amount of CBD Regenerative Eye Cream to entire eye area and massage until absorbed.
- **09** Finish with Oil-Free Protective Moisturizer with SPF 15. Apply a small pea size amount to face, neck, décolleté and any other areas exposed to UVA/UVB Rays.

## ROSACEA FACIAL

#### Protocol

Recommended Treatment Time: 45-60 Minutes

Suggested Cost: \$90-\$150

#### Description:

Sulfur is powerful and beneficial in the treatment of Rosacea. Sulfur kills bacteria and soothes inflammation. This fantastic facial is packed with hydrating botanicals and antioxidants. It will instantly moisturize and calm dry skin.

#### **CLEANSE**

- O1 Dispense 1 pump Mega Cream Cleanser to dry palms and apply to dry skin massaging for 1–2 minutes. Add water for slip, rinse with warm water.
- **O2** Dispense 1 pump of Glycolic Facial Cleanser with 10% Glycolic Acid to palms and emulsify with water to create foam. Massage for 1–2 minutes, avoiding eye area, rinse with warm water.

#### TREAT

- **03** Dispense Hydrating Masque with Enzymes and apply to the skin using a fan brush. Allow to remain on the skin for 10 minutes. Remove with warm towels.
- **04** Dispense equal parts Mattifying Sulfur Masque and Rosacea Relief to small dish and mix. Apply to the skin using a fan brush. Allow to remain on the skin for 10 minutes. Remove with cool towels.
- **05** Mist skin with Skin Recovery Mist.
- Apply Daily Skin Clarifier and Restoring Fulvic Elixir. Dispense 1 pump of each serum to palms and apply to face, neck, and décolleté.
- **07** Apply Beta Gel with 10% Glycolic Acid. Dispense to palms and apply to face, neck, and décolleté.

#### **BALANCE**

- Apply Ultra Hydro Gel and Protective Skin Serum with Ceramides. Dispense 1-2 pumps to palms and apply to face, neck, and décolleté.
- 09 Apply Rosacea Relief. Dispense to palms and apply to face, neck, and décolleté.
- 10 Apply a small, grain size amount of CBD Regenerative Eye Cream to entire eye area and massage until absorbed.

#### PROTECT

Finish with Hydrating Protection Gel with SPF 15. Apply a small pea size amount to face, neck, décolleté and any other areas exposed to UVA/UVB Rays.

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## BRIGHTEN + LIGHTEN FACIAL

#### Protocol

**Recommended Treatment Time: 45 Minutes** 

Suggested Cost: \$90-\$180

#### Description:

Actively target discoloration, dark spots, and photo-damage with the innovative technology of powerful peptides, Vitamin C, TCA, and anti-oxidant packed nutrients. These ingredients will aide in leaving your skin brightened, refreshed, and glowing.

#### **CLEANSE**

- **01** Dispense 1 pump Mega Cream Cleanser to dry palms and apply to dry skin massaging for 1–2 minutes. Add water for slip, rinse with warm water.
- **02** Dispense 1 pump of Glycolic Facial Cleanser to palms and emulsify with water to create foam. Massage for 1–2 minutes, avoiding eye area, rinse with warm water.

#### TREAT

- O3 Dispense Anti-Aging Exfoliant Masque and apply to skin using a fan brush. Gently massage for 1–2 minutes. Allow to remain on the skin for 5–7 minutes. Remove with warm towels.
- This is a timed solution. Dispense 1 tsp Professional Exfoliator with 30% Lactic Acid and Rejuvenating Peptide Masque to small dish and mix. Apply evenly to skin using a saturated 4×4 woven gauze. Leave on skin for 7–10 minutes. Fan may be used to cool skin. Remove with cool towels.
- This is a layered solution. Dispense 1 tsp Professional Pigment Lift Solution with 15% TCA to small dish. Apply evenly to skin using a saturated 4×4 woven gauze. Wait 3–5 minutes for neutralization to occur before applying next layer. Up to 4 layers may be applied. Fan may be used to cool skin.
- **06** Dispense Diamond Bright Skin Illuminator and apply to skin using a fan brush.
- **07** Mist skin with Skin Recovery Mist.

#### BALANCE

- **08** Apply Daily Skin Clarifier and Restoring Fulvic Elixir. Dispense 1 pump of each serum to palms and apply to face, neck, and décolleté.
- **09** Apply Ultra Hydro Gel and Protective Skin Serum with Ceramides. Dispense 1–2 pumps to palms and apply to face, neck, and décolleté.
- 10 Apply Vitamin C Cream. Dispense 1/2 tsp to palms and apply to face, neck, and décolleté.

#### PROTECT

11 Apply a small, grain size amount of CBD Regenerative Eye Cream to entire eye area and massage until absorbed.

## CBD GLOWING FACIAL

#### Protocol

**Recommended Treatment Time: 60 Minutes** 

Suggested Cost: \$100-\$150

#### Description:

This amazing enzyme treatment will make your skin look and feel absolutely amzing. The gentle but effective enzymes will lift off the surface dead skin cells leaving you with a smooth complexion. With a powerful boost of CBD and peptides, this treatment will also give your skin a tight and firm appearance with no downtime.

#### **CLEANSE**

- **01** Dispense 2 pumps Vitamin C Cleanser into dry hands and massage into dry skin for 1 minute. Remove with warm cloths and cotton pads saturated with water.
- **02** Dispense 1 pump Glycolic Facial Cleanser into damp hands. Emulsify with warm water and massage into the skin for 1–2 minutes. Remove with tepid water.

#### TREAT

- **03** With a 4×4 gauze apply 1/2 tsp Lactic Astringent Prepping Agent to the desired treatment area. Allow to completly dry on the skin.
- O4 Apply a nickel size amount of Professional Pumpkin Exfoliator with 1/2 a dropper of Professional Professional CBD Booster with a fan brush and massage in for 2–3 minutes. Allow to remain on the skin for up to 15 minutes. Remove with cool cloths. Apply 4 pumps of Skin Recovery Mist to a cotton swab to ensure the solution has been removed completly.

#### BALANCE

- **05** Apply 1 pump Daily Skin Clarifier and 1 pump Restoring Fulvic Elixir to the entire face. Massage in until fully absorbed into the skin.
- Apply 1 pump of Daily Repair Cream, Ultra Hydro Gel, and Protective Skin Serum to the entire face and allow to completely absorb into the skin.

#### PROTECT

**07** Apply Hydrating Protection Gel 15 to the face, neck, and décolleté and gently pat into the skin and allow to absorb into the skin.

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## HYDRATING ENZYME FACIAL

#### Protocol

**Recommended Treatment Time: 50 Minutes** 

Suggested Cost: \$90-\$150

#### Description:

This energizing facial is packed with gentle exfoliating enzymes, hydrating botanicals and antioxidants. You will instantly see moisturized, revitalized, and luminous skin.

#### **CLEANSE**

- **01** Dispense 1 pump Mega Cream Cleanser to dry palms and apply to dry skin massaging for 1–2 minutes. Add water for slip, rinse with warm water.
- **02** Dispense 1 pump of Glycolic Facial Cleanser with 10% Glycolic Acid to palms and emulsify with water to create foam. Massage for 1–2 minutes, avoiding eye area, rinse with warm water.

#### TREAT

- O3 Dispense Hydrating Masque with Enzymes and apply to the skin using a fan brush. Allow to remain on the skin for 10 minutes. Remove with warm towels.
- **04** Mist skin with Skin Recovery Mist.
- **05** Apply Daily Skin Clarifier and Restoring Fulvic Elixir. Dispense 1 pump of each serum to palms and apply to face, neck, and décolleté.

#### **BALANCE**

- **06** Apply Ultra Hydro Gel and Protective Skin Serum with Ceramide. Dispense 1–2 pumps to palms and apply to face, neck, and décolleté.
- 07 Apply Atraxi Peptide. Dispense 1–2 pumps to palms and apply to face, neck, and décolleté.
- O8 Apply a small, grain size amount of CBD Regenerative Eye Cream to entire eye area and massage until absorbed.

#### PROTECT

- **09** Finish with Hydrating Protection Gel with SPF 1. Apply a small pea size amount to face, neck, décolleté and any other areas exposed to UVA/UVB Rays.
- 10 Dispense Hydrating Lip Balm to cotton swab and gently apply to lip area.

## PEPTIDE REPAIR ANTI-AGING FACIAL

#### Protocol

**Recommended Treatment Time: 50 Minutes** 

Suggested Cost: \$90-\$150

#### **Description:**

A specialized treatment recommended to combat free radical damage. This treatment offers a gentle exfoliation and peptide technology to firm, hydrate, and stimulate collagen-peptide synthesis to rejuvenate and strengthen connective tissues for firmer, healthier, and younger looking skin.

#### **CLEANSE**

- O1 Dispense 1 pump Mega Cream Cleanser to dry palms and apply to dry skin massaging for 1–2 minutes. Add water for slip, rinse with warm water.
- Dispense 1 pump of Glycolic Facial Cleanser with 10% Glycolic Acid to palms and emulsify with water to create foam. Massage for 1–2 minutes, avoiding eye area, rinse with warm water.

#### TREAT

- O3 Dispense 1 tsp Lactic Astringent Prepping Agent to small dish. Apply to skin using a saturated 4×4 woven gauze to remove all lipids from the surface.
- This is a timed solution. Dispense 1 tsp Professional Exfoliator with 30% Lactic Acid and 2 pumps Retinol Restart Serum to small dish and mix. Apply evenly to skin using a saturated 4×4 woven gauze. Leave on skin for up to 2–10 minutes. Fan may be used to cool skin. Remove with cool towels.
- **05** Dispense Rejuvenating Peptide Masque and Peptide Cream to small dish and mix. Apply to the skin using a fan brush. Allow to remain on the skin for 3–5 minutes. Remove with warm towels.
- **06** Mist skin with Skin Recovery Mist.

#### **BALANCE**

- **07** Apply Daily Skin Clarifier and Restoring Fulvic Elixir. Dispense 1 pump of each serum to palms and apply to face, neck, and décolleté.
- **08** Apply Ultra Hydro Gel and Protective Skin Serum with Ceramides. Dispense 1–2 pumps to palms and apply to face, neck, and décolleté.
- **09** Apply a small, grain size amount of Firming Eye Cream to entire eye area and massage until absorbed.

#### **PROTECT**

Finish with Hydrating Protection Gel with SPF 15. Apply a small pea size amount to face, neck, décolleté and any other areas exposed to UVA/UVB Rays.

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## BASIC LED FACIAL

#### Protocol

Recommended Treatment Time: 45-60 Minutes

Suggested Cost: \$90-\$150

#### Description:

Discover the benefits of LED to the health and aging of the skin with a basic facial designed to enhance the power of LED. This facial is both cost effective and relaxing for both you and your clientelle!

#### **CLEANSE**

- O1 Dispense 2 pumps Mega Cream Cleanser into dry hands and massage into dry skin for 1 minute. Remove with warm cloths and cotton pads saturated with water.
- **02** Dispense 1 pump Glycolic Facial Cleanser with 10% Glycolic Acid into damp hands. Emulsify with warm water and massage into the skin for 1–2 minutes. Remove with tepid water.

#### TREAT

- Apply a nickel-size amount of Anti-Aging Exfoliant Masque to the entire face with a fan brush. Massage for 1–2 minutes. Leave on for the next step.
- Apply a nickel-size amount of Hydrating Masque with Enzymes to the entire face over the first mask. Leave the layered cocktail on for up to 10 minutes.

#### **BALANCE**

- Mist the skin with Skin Recovery Mist. Follow with 1 pump of Daily Skin Clarifier and 1 pump Restoring Fulvic Elixir and massage in gently until product is fully absorbed.
- **06** In the palm of your hand mix 1 pump Ultra Hydro Gel and 1 pump Protective Skin Serum with Ceramides. Massage over treated area gently.
- With all of your finishing products set, apply your LED light or panel as close to the skin as possible. Set the light for 20 per area. If only performing LED on the face, split up into 10 sections timed at 2 mintues per section.

#### PROTECT

**08** Apply Hydrating Protection Gel with SPF 15 to the face, neck, and decollete and gently pat into the skin and allow to absorb into the skin.

# PRODUCT INFORMATION

CHAPTER 04

R: retail size | B: backbar size | T: travel size

## **CLEANSE PRODUCTS**

Section 1

## HEALING CLEANSERS



### MEGA CREAM CLEANSER

**GM57** 

R 6.75 fl. oz. | B 16.0 fl. oz. | T 1.0 fl. oz.

This ultra-gentle cleanser instantly dissolves makeup, oil and debris on the skin. This product not only provides a deep clean, but it contains the agedefying antioxidant Vitamin E to combat dryness, extrinsic assaults, and the harmful irritants that lead to premature aging. Use as a 1st cleanse to remove makeup-safe for lash extensions.













#### **RECOMMENDED FOR**

All skin types. Great for post-procedure and sensitive skin.

#### Concerns

Dryness, Post-Treatment

#### Skin Type

Normal, Oily, Dry, Combination, Sensitive

#### **HOW TO USE**

#### Home Care

Our #1 Makeup remover! Apply 1–2 pumps to dry skin with dry hands. Gently massage onto the face, neck and decollate to remove makeup, dirt, oil, debris and to prepare skin for 2nd cleanse. Add water to provide slip. Can be used as an eye makeup remover. Rinse with tepid water.

#### In Clinic

A must-have for use in-clinic as your first cleanse! Apply 1–2 pumps to dry palms onto dry skin. Gently massage onto the face, neck, and decollate. Add water to provide slip. Remove with warm clothes.

#### Tip

Gentle enough to be used on the eyes as an eye makeup remover. It is safe to use on eyelash extensions or to remove mascara from natural eyelashes. For a non-AHA exfoliant cleanser, you can add the Peptide Micro Scrub to this cleanser.

#### **INGREDIENTS**

Aqua (Water), Angelica Archangelica (Angelica) Extract, Avena Sativa (Oat) Straw Extract, Olea Europaea (Olive) Fruit Extract, Yucca Aloifolia Extract, Helianthus Annuus (Sunflower) Seed Oil, Decyl Glucoside, Cetearyl Glucoside, Glyceryl Stearate, Butyrospermum Parkii (Shea) Butter, Glycerin, Cetearyl Alcohol, Cetearth 20, Xanthan Gum, Lavandula Angustifolia (Lavender) Oil, Lavandula Hybrida (Lavandin) Oil, Caprylic Acid, Glycine, Tocopherol (Vitamin E), Lecithin, Sorbitol, Calcium Ascorbate (Vitamin C), Diazolidinyl Urea, Iodopropynyl Butylcarbamate

#### **KEY INGREDIENTS**

**Calcium:** Essential nutrient that plays a pivotal role in the body's collagen production and tissue repair.

**Shea Butter:** Natural cellular renewal ingredient that has excellent moisturizing and nourishing abilities.

**Angelica:** A botanical extract that has a soothing effect on the skin.

**Lavender:** Promotes healing and balance to the skin. It is also an antiseptic, analgesic, and antidepressant.

**Sunflower:** Strengthens the skin's natural barrier and moisturizes the skin.

**Vitamin E:** Antioxidant that protects the cells from the damaging effects of free radicals. Has anti-inflammatory properties and has been proven to protect skin, speed wound healing, provide hydration, and prevent water loss.

### VITAMIN C CLEANSER

GM126 R 8.0 fl. oz. | B 16.0 fl. oz. | T 1.0 fl. oz.

Vitamin C Cleanser is an antioxidant-packed cleanser that promotes hydration and aids in protecting the skin. This product helps to soften and remove dead skin cells and makeup, oils, dirt, and debris. A superior creamy healing cleanser for post-care.

#### RECOMMENDED FOR

All skin types. Great for post-procedure, ance, photo-aging, wrinkles, and for dry, dehydrated, or pigmented skin.

#### Concerns

Dryness, Post-Treatment

#### Skin Type

Normal, Oily, Dry, Combination, Sensitive

#### **HOW TO USE**

#### Home Care

Use morning and night as a 2nd cleanse. Dispense 1 pump to dry palms and apply to dry skin. Gently massage area to be cleansed, add water gradually to provide slip. Rinse with tepid water.

#### In Clinic

Use as a 2nd cleanse to thoroughly clean and prepare skin for treatment. Dispense 1 pump to dry palms and apply to dry skin. Gently massage the face, neck, and decollate. Add water to create slip. Remove with warm cloths.

#### Tip

Should be left on the skin for several minutes. Use as a massage cream during that portion of your facial. Do not be alarmed if the skin turns a little pink; that is just the peptides working within the skin.















#### **INGREDIENTS**

Aqua (Water), Dipentaerythrityl Hexacaprylate/
Hexacaprate, Tridecyl Trimellitate, Tridecyl Stearate,
Neopentyl Glycol Dicaprylate/Dicaprate, Glyceryl
Stearate, PEG-100 Stearate, Ceteareth-20, Cetearyl
Alcohol, Glycerin USP, Magnesium Aluminum Silicate, Dimethicone, Lanolin, Sodium Citrate, Xanthan Gum, Citrus Grandis (Grapefruit) Peel Oil, Vitis
Vinifera (Grape) Seed Oil, Quillaja Saponaria (Soap
Bark) Extract, Tocopheryl Acetate (Vitamin E Acetate), Cal-cium Chloride, Retinyl Palmitate (Vitamin
A Ester), Magnesium Ascorbyl Phosphate (Vitamin
C), Ribonucleic Acid (RNA), Yeast Extract, Super
Oxide Dismutase, Annatto, Phenoxyethanol, Ethylhexylglycerin

#### KEY INGREDIENTS

**Vitamin C:** Water soluble, non-irritating, stable form of Vitamin C. Boosts skin collagen synthesis and is effective in significantly lowering concentrations to suppress melanin formation.

**Vitamin E:** Natural skin conditioner and powerful antioxidant. It maintains and strengthens other antioxidants and prevents oxidative stress.

**Calcium:** Essential nutrient that plays a pivotal role in the body's collagen production and tissue repair.

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# PEPTIDE FIRMING CLEANSER

GM14 R 6.75 fl. oz.

Known as our "Red Carpet Cleanser," the Peptide Firming Cleanser is an elegant blend of rich emollients, powerful peptides, and botanicals that promote health within our skin cells. This creamy cleanser is perfect for performing facial massage and leaves the skin feeling smooth, hydrated, and youthful. We recommend using this as your 2nd cleanse to promote lifting and firming. Tired, compromised skin doesn't stand a chance against this cleanser.















#### **RECOMMENDED FOR**

All skin types. Great for post-procedure, and for aging, dehydrated, dry, or sensitive skin.

#### Concerns

Prevention, Rosacea, Dryness, Fine Lines and Wrinkles, Post-Treatment

Skin Type Normal, Dry, Sensitive

#### **HOW TO USE**

#### Home Care

Use morning and night as a 2nd cleanse. Dispense 1 pump to dry palms and apply to dry skin. Gently massage onto the area to be cleansed. Rinse with tepid water.

#### In Clinic

Use as a 2nd cleanse to thoroughly clean and prepare skin for treatment. Dispense 1 pump to dry palms and apply to dry skin. Gently massage the face, neck, and decollate. Add water to create slip. Remove with warm cloths.

#### Tip

Should be left on the skin for several minutes. Use as a massage cream during that portion of your facial. Do not be alarmed if the skin turns a little pink, that is just the peptides working within the skin.

#### **INGREDIENTS**

Aqua (Water), Echinacea Purpurea (Echinacea) Herb Extract, Equisetum Arvense (Horsetail) Extract, Olea Europaea (Olive) Leaf Extract, Spirulina Platensis (Algae) Extract, Helianthus Annuus (Sunflower) Oil, Decvl Glucoside. Cetearvl Glucoside. Glycervl Stearate, Butyrospermum Parkii (Shea) Butter, Glycerin, Vegetable Cetearyl Alcohol, Cetearth 20, Hawaiian Algae (Seaweed) Extract, HG5 Complex, Sodium Hyaluronate, Copper Gluconate, Zinc Gluconate, Magnesium Aspartate, Magnesium Ascorbyl Phosphate (Vitamin C), PC10 Complex, Rosa Damascena (Rose) Oil, Malva Sylvestris (Mallow) Extract, Mentha Piperita (Peppermint) Leaf Extract, Primula Veris (Primrose) Extract, Alchemilla Vulgaris (Lady's Mantle) Extract, Veronica Officinalis (Speedwell) Extract, Melissa Officinalis (Balm) Leaf Extract, Achillea Millefolium (Yarrow) Extract, Xanthan Gum, Tocopherol (Vitamin E), Caprylic Acid, Glycine, Arnica Montana Flower Extract, Rosmarinus Officinalis (Rosemary) Leaf Extract, Iodopropynyl Butylcarbamate

#### **KEY INGREDIENTS**

**PC10 Complex:** GlyMed Plus' own PC10 Amino Acid Complex contains powerful amino acid complexes, natural antioxidants, and pharmaceutical grade botanicals to help correct the damage from free radical injury in addition to combating inflammation which is one of the major causes of skin aging.

**Rose:** Smooths, tones, calms, and relaxes the skin. Primrose: Reduces inflammation and has natural skin lightening properties.

**Shea Butter:** Soothes damaged skin, promotes cell regeneration, and assists in circulation.

**Sunflower:** Strengthens the skin's natural barrier and moisturizes the skin.

**Horsetail:** Used to heal wounds and to firm and tighten the skin.

### GENTLE GEL CLEANSER

with Amino Acids

GM116 R 4.0 fl. oz. | T 1.0 fl. oz.

A mild lathering, powerful facial cleanser, rich in age fighting botanicals. Naturally soften, calm, and prepare the skin for an enhanced shaving experience due to its fortified formula that includes antioxidant protection of Vitamin E, Green Tea, and wheat proteins.



All skin types. Great for males.

Concerns

Acne, Dryness, Pores and Texture

Skin Type

Normal, Oily, Dry, Combination, Sensitive

#### **HOW TO USE**

#### Home Care

Can be used morning and night. Apply 1/2 teaspoon to palms and emulsify with water to create a light foam. Gently massage on the area to be cleansed. Rinse with tepid water.

#### In Clinic

Great to use as a 1st or 2nd cleanse on your male clients. Apply 1/2 teaspoon to palms and emulsify with water to create a light foam. Gently massage on the area to be cleansed. Remove with warm cloths.

#### Tip

Great to use in conjunction with the Essential Shave Cream. Perform first cleanse with Gentle Gel Cleanser with Amino Acids. Men will love the easy flip-cap and masculine smell of this product.















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#### **INGREDIENTS**

Aqua (Water), Aloe Barbadensis (Aloe Vera), Olefin Sulfonate, Cocamidopropyl Betaine, Glycerin, Wheat Protein, Tocopherol (Vitamin E), Camellia Sinensis (Green Tea) Leaf Extract, Sea Salt, Fragrance, Iodopropynyl, Butylcarbamate

#### **KEY INGREDIENTS**

**Aloe Vera:** A potent healer. Provides a protective layer that inhibits infection and soothes the skin. It is both hydrating and gentle. Suitable for all skin types.

Wheat Proteins: Increases skin firmness, smooths and nourishes skin, improving skins softness and protects skin from drying out. It has the ability to decrease number and depth of wrinkles.

**Green Tea:** Powerful antioxidant. Protects cells from free radicals and their associated damage. Also an antibacterial, anti-inflammatory, as well as having the capabilities to extend the effects of SPF.

**Vitamin E:** Antioxidant that protects the cells from the damaging effects of free radicals. Has anti-inflammatory properties and has been proven to protect skin, speed wound healing, provide hydration, and prevent water loss.

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### FOAMING CLEANSER

with Amino Acids

GM27 R 5.0 fl. oz.

The Foaming Cleanser with Amino Acids is a refreshing blend of orange, mandarin, grapefruit, and bergamot oils that provide an aromatic splash of citrus. This light and foamy cleanser combines the benefits of amino acids with natural antioxidants and provides the skin with nutrients vital for skin health. A must-have for anyone who is looking to prevent signs of aging and for the maintenance of healthy skin.



All skin types and all skin conditions.

#### Concerns

Prevention, Dryness, Fine Lines and Wrinkles

#### Skin Type

Normal, Dry, Sensitive

#### **HOW TO USE**

#### Home Care

Can be used morning and night as a primary or secondary cleanser. Dispense 1–2 pumps to palms and apply to skin. Gently massage area to be cleansed, add water gradually to provide slip. Rinse with tepid water.

#### In Clinic

Can be used as a primary or secondary cleanser. Dispense 1–2 pumps to palms and apply to skin. Gently massage area to be cleansed, add water gradually to provide slip. Rinse with tepid water.

#### Tip

This is a wonderful cleanser for pre-teens to get them started on a skincare regimen.

#### **INGREDIENTS**

Aqua (Water), Aloe Barbadensis (Aloe Vera), Boswellia Serrata (Boswellin) Extract, Arnica Montana Flower













Extract, Olefin Sulfonate, Cocamidopropyl Betaine, Glycerin, PC10 Complex, Lavandula Angustofolia (Lavender) Oil, Citrus Aurantium Dulcis (Orange) Peel Oil, Citrus Nobilis (Mandarin) Oil, Citrus Grandis (Grapefruit) Peel Oil, Citrus Bergamia (Bergamot) Oil, Caprylic Acid, Glycine, Olea Europaea (Olive) Polyphenols, Manganese Gluconate, Potassium Sorbate (Vitamin C), Tocopherol (Vitamin E), Sodium Chloride (Sea Salt)

#### **KEY INGREDIENTS**

**PC10 Complex:** GlyMed Plus' own PC10 Amino Acid Complex contains powerful amino acid complexes, natural antioxidants, and pharmaceutical grade botanicals to help correct the damage from free radical injury in addition to combating inflammation which is one of the major causes of skin aging.

**Aloe Vera:** A potent healer. Provides a protective layer that inhibits infection and soothes the skin. It is both hydrating and gentle. Suitable for all skin types.

**Arnica Montana:** It is antiseptic, astringent, antimicrobial, anti-inflammatory, anticoagulant, and it stimulates circulation and promotes healing.

**Lavender:** Promotes healing and balance to the skin. It is also an antiseptic, analgesic, and antidepressant.

**Vitamin E:** Powerful antioxidant and soothing agent that protects skin from the effects of pollutants and free radicals.

## ACTIVE CLEANSERS



# GLYCOLIC FACIAL CLEANSER

with 10% Glycolic Acid

#### GM<sub>1</sub>

R 8.0 fl. oz. | B 16.0 fl. oz. | T 1.0 fl. oz.

Our number one preferred cleanser for in-clinic and homecare. Glycolic Facial Cleanser with 10% Glycolic Acid is a paraben-free cleanser with 10% Glycolic Acid that jumpstarts skin cells, promoting the desquamation process and enhancing the penetration of skincare products. Glycolic Acid helps to combat aging, improve acne, even tone, and brighten the skin. This cleanser provides anti-aging and exfoliation benefits and is gentle enough to use on even the most sensitive skin.

#### **RECOMMENDED FOR**

All skin types. Great for acne, aging, and hyperpigmentation.

#### Concerns

Prevention, Acne, Rosacea, Fine Lines and Wrinkles, Pores and Texture, Dark Spots, Pre-Treatment

#### Skin Type

Normal, Oily, Dry, Combination, Sensitive

#### **HOW TO USE**

#### Home Care

Use morning and night. Dispense 1 pump and emulsify with water to create foam. Gently massage area to be cleansed, avoiding eye area. Rinse with tepid water. If dryness occurs, reduce to using once a day. Do not use as a makeup remover.

#### In Clinic

Use as a 2nd cleanse to thoroughly clean and prepare skin for treatment. Dispense 1 pump and emulsify with water to create foam. Gently massage the face, neck, and decollate. Remove with warm cloths.













#### Tip

Use in the shower all over the body. Assists with eczema and can be used with a loofa on arms to help disolve keratosis pilaris. Mix a small amount of Glycolic Facial Cleanser with Mega Cream Cleanser to boost the Mega Cream Cleanser.

#### **INGREDIENTS**

Ammonium Lauryl Sulfate, Aqua (Water), Glycolic Acid, Cocamidopropyl Betaine, Glycerin, Glycol Stearate, Sodium Hydroxide, Diazolidinyl Urea, Citric Acid

#### **KEY INGREDIENTS**

**Glycolic Acid 10%:** Promotes light exfoliation, visibly reducing the appearance of pores and wrinkles, breaks up cellular cohesion, and removes surface dryness.

**Ammonium Lauryl Sulfate:** A gentle, effective cleansing agent derived from coconut.

**Glycerin:** A humectant with strong water-binding properties. Increases hydration and enhances the skin barrier function.

### IDYLLIC CLEANSER

with 3% Mandelic Acid

#### **GM74**

R 8.0 fl. oz. I B 16.0 fl. oz.

Our preferred homecare cleanser. Idyllic Cleanser contains 3% Mandelic Acid, and is formulated to gently exfoliate, control acne-causing bacteria, and brighten the skin. This cleanser provides anti-aging and gentle exfoliation benefits. It is recommended for mild to moderate concerns. Suitable for all skin tones, acne grades, and skin types, this mild-active cleanser can be used every day.













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#### RECOMMENDED FOR

All skin types and all skin conditions. Great for mild to moderate acne.

#### Concerns

Preventation, Acne, Rosacea, Fine Lines and Wrinkles, Pores and Texture, Dark Spots, Pre-Treatment

#### Skin Type

Normal, Oily, Dry, Combination, Sensitive

#### **HOW TO USE**

#### Home Care

Use morning and night. Dispense 1 pump and emulsify with water to create foam. Gently massage area to be cleansed, avoiding eye area. Rinse with tepid water. If dryness occurs, reduce to using once a day. Do not use as a makeup remover.

#### In Clinic

Use as a 2nd cleanse to thoroughly clean and prepare skin for treatment. Dispense 1 pump and emulsify with water to create foam. Gently massage the face, neck, and decolletes. Remove with warm cloths.

#### Tip

This is a great introduction to active products, especially for those with acne or rosacea concerns.

#### **INGREDIENTS**

Aqua (Water), Sodium CI4-16 Olefin Sulfonate, Cocamidopropyl Betaine, Glycerin, Peg-18 Glyceryl Oleate/Cocoate, Mandelic Acid, Decyl Glucoside, Propanediol, Peg-120 Methyl Glucose Dioleate, Panthenol, Pentylene Glycol, Symphytum Officinale (Comfrey) Rhizome/Root Extract, Camellia Sinensis (Green Tea) Leaf Extract, Anthemis Nobilis (Chamomile) Flower Extract, Tocopherol, Caprylyl Glycol, Hexylene Glycol, Phenoxyethanol, Ethylhexylglycerin

#### **KEY INGREDIENTS**

**Mandelic Acid:** Derived from almonds, this larger AHA gently helps to diminish surface cells to reduce build up.

**Comfrey:** An herb. The content of allantoin and mucilages provides soothing, antibacterial, and anti-inflammatory properties.

Chamomile: Anti-inflammatory and antibacterial.

**Green Tea:** High in antioxidants, effective antibacterial and anti-inflammatory agent.

Chapter 04

## ACNE CLEANSERS



### **PURIFYING CLEANSER**

with Salicylic Acid

#### **GM49**

R 8.0 fl. oz. | B 16.0 fl. oz. | T 1.0 fl. oz.

This gentle yet effective cleanser promotes balanced, clear skin. 2% Salicylic Acid works to kill bacteria, reduce oil production, and slow the shedding of dead skin cells into the pores to prevent clogging. Combined with Aloe Vera and Green Tea to promote healing and hydration to effectively reduce breakouts and the appearance of pores.













#### RECOMMENDED FOR

All skin types. Great for oily, acne-prone skin.

#### Concerns

Acne

#### Skin Type

Oily, Combination

#### **HOW TO USE**

#### Home Care

Can be used morning and night as a 2nd cleanse. Apply 1/2 teaspoon to palms and emulsify with water to create a foam. Gently massage onto the area to be cleansed, avoiding the eye area. Rinse with tepid water. Do not use as a makeup remover.

#### In Clinic

Use as a 2nd cleanse. Apply 1/2 teaspoon to palms and emulsify with water to create a foam. Gently massage onto the face, neck and, decollate, avoiding the eye area. Remove with tepid water. Do not use as a makeup remover.

#### Tip

Great product to use all over the body to help clear up any body acne. Safe for inflammed acne.

#### **INGREDIENTS**

#### **Active Ingredients:**

Salicylic Acid 2.0%

Inactive Ingredients: Acetamide MEA, Aloe Barbadensis (Aloe Vera) Leaf Juice, Ammonium Laureth Sulfate, Ammonium Lauryl Sulfate, Aqua (Water), Camellia Sinensis (Green Tea) Leaf Extract, Caprylyl Glycol, Chlorphenesin, Cocamide MIPA, Cocamidopropyl Betaine, Glycerin, Phenoxyethanol, Potassium Sorbate (Vitamin C)

#### **KEY INGREDIENTS**

Salicylic Acid: Used as an exfoliant. Reduces oiliness, acne, and photo-aging. Helps slow down the shedding of the cells inside the follicles to prevent clogging. Also helps break down blackheads and whiteheads.

Green Tea: Powerful antioxidant. Protects cells from free radicals and their associated damage. Also an antibacterial, anti-inflammatory, as well as having the capabilities to extend the effects of SPF.

Aloe Vera: A potent healer. Provides a protective layer that inhibits infection and soothes the skin. It is both hydrating and gentle. Suitable for all skin types.

## **EXFOLIATING CLEANSER**

with Salicylic Acid

GM50 R 8.0 fl. oz. I T 1.0 fl. oz.

Treat acne at its source with the combined power of 2% Salicylic Acid, Aloe Vera, and exfoliating beads. Exfoliating Cleanser with Salicylic Acid will slough away layers of dead skin, absorb excess oil, and purge impurities inside the pores. Skin will be left reenergized, restored, and radiant. This cleanser is also a favorite for men!



All skin types. Great for blackheads, oily, and acneprone skin. Do not use on open acne.

Concerns

Acne

Skin Type Oily, Combination

#### **HOW TO USE**

#### Home Care

Can be used every night, or as tolerated as a 2nd cleanse. Apply 1/2 teaspoon to palms and emulsify with water to create a foam. Gently massage onto the area to be cleansed, avoiding the eye area. Rinse with tepid water. Do not use on open papules or pustules.

#### In Clinic

Use as a 2nd cleanse to deeply clean and give a light exfoliation. Apply 1/2 teaspoon to palms and emulsify with water to create a foam. Gently massage onto the face, neck, and decollate, avoiding the eye area. Remove with tepid water. Do not use on open papules or pustules. Can be followed by an application of Skin Recovery Mist to finish the cleanse and completely remove leftover exfoliation beads.

#### Tip

Great for acne grades 1 and 2. Do not use on inflamed acne as you will run the risk of further damaging the follicle or spreading bacteria.















#### INGREDIENTS

#### Active Ingredients:

Salicylic Acid 2.0%

Inactive Ingredients: Acrylates Copoylmer, Aloe Baradensis (Aloe Vera) Leaf Juice, Ammonium Lauryl Sulfate, Aqua (Water), Caprylyl Glycol, Chlorphenesin, Citrus Aurantium Dulcis (Orange) Peel Oil, Citrus Paradisi (Grapefruit) Peel Oil, Cocamide MEA, Cocamidopropyl Betaine, Glycerin, Glycol Stearate, Hydrogenated Castor Oil, Phenoxyethanol, Sodium Hydroxide, Tetrasodium EDTA

#### KEY INGREDIENTS

Salicylic Acid: Used as an exfoliant. Reduces oiliness, acne, and photo-aging. Helps slow down the shedding of the cells inside the follicles to prevent clogging. Also helps break down blackheads and whiteheads.

Aloe Vera: A potent healer. Provides a protective layer that inhibits infection and soothes the skin. It is both hydrating and gentle. Suitable for all skin types.

**Orange Peel:** Anti-inflammatory that helps detoxify congested skin and soothes dry, irritated skin. Increases collagen discouraging the formation of fine lines and wrinkles. Reduces puffiness.

# CLEAR EXFOLIANT CLEANSER

with Benzoyl Peroxide

GM18 R 8.0 fl. oz. | T 1.0 fl. oz.

This aloe-based 2.5% Benzoyl Peroxide cleanser contains polishing beads to assure complete removal of keratinized, non-nucleated cells from the skin's surface. In addition to killing bacteria, Clear Exfoliant Cleanser with Benzoyl Peroxide subsequently reduces the amount of fatty acids manifesting in the infected follicles which leads to inflamed breakouts. Oxygenate and detoxify congested pores while assisting with healing and hydration in one easy step.



All skin types. Great for oily skin, blackheads, and acne grades 1 and 2. Do not use on open acne.

Concerns Acne

**Skin Type** Normal, Dry

#### **HOW TO USE**

#### Home Care

Can be used morning and night as a 2nd cleanse. Dispense 1 pump to dry palms and apply to dry skin. Gently massage area to be cleansed, add water gradually to provide slip. Rinse with tepid water. Do not use on open papules or pustules. Remove with white towels—Benzoyl Peroxide can bleach towels and sheets.

#### In Clinic

Use as a 2nd cleanse to deeply clean and give a light exfoliation. Dispense 1 pump to dry palms and apply to dry skin. Gently massage area to be cleansed, add water gradually to provide slip. Rinse with tepid water. Do not use on open papules or pustules. Remove with white towels—Benzoyl Peroxide can bleach towels and sheets.





#### Tip

Great product to use all over the body to help clear up breakouts. Not recommended for use on inflammed acne.

#### **INGREDIENTS**

#### **Active Ingredients:**

Benzoyl Peroxide 2.5%

Inactive Ingredients: Aloe Barbadensis (Aloe Vera) Leaf Juice, Ammonium Lauryl Sulfate, Aqua (Water), Caprylyl Glycol, Carbomer, Chlorphenesin, Cocamido-propyl Betaine, Disodium Cocoamphodiacetate, Disodium EDTA, Glycerin, LavandulaAngustifolia (Lavender) Oil,Phenoxyethanol, Polylactic Acid, Propylene Glycol, Sorbitol, Triethanolamine

#### **KEY INGREDIENTS**

**Benzoyl Peroxide:** An antibacterial agent and oxygen releasing chemical that kills the bacteria responsible for acne breakouts.

**Aloe Vera:** A potent healer. Provides a protective layer that inhibits infection and soothes the skin. It is both hydrating and gentle. Suitable for all skin types.

**Lavender:** Promotes healing and balance to the skin. It is also an antiseptic, analgesic, and antidepressant.

Chapter 04

### CLEAR SKIN CLEANSER

with Benzoyl Peroxide

GM19 R 8.0 fl. oz. | T 1.0 fl. oz.

Clear Skin Cleanser with Benzoyl Peroxide is an extraordinarily effective acne wash formulated to achieve dramatic results with the ability to reduce and help to promote healing of both inflamed and non-inflamed acne lesions. This cleanser oxygenates and detoxifies congested skin, while it soothes and promotes healing with 2.5% Benzoyl Peroxide to specifically kill acnecausing bacteria.

#### RECOMMENDED FOR

All skin types. Great for acne-prone skin and deep cystic-like acne lesions.

Concerns Acne

**Skin Type**Normal, Dry, Sensitive

#### **HOW TO USE**

#### Home Care

Can be used morning and night as a 2nd cleanse. Dispense 1 pump to dry palms and apply to dry skin. Gently massage area to be cleansed, add water gradually to provide slip. Rinse with tepid water. Do not use as a makeup remover. Remove with white towels—Benzoyl Peroxide can bleach towels and sheets.

#### In Clinic

Use as a 2nd cleanse. Dispense 1 pump to dry palms and apply to dry skin. Gently massage area to be cleansed, add water gradually to provide slip. Rinse with tepid water. Do not use as a makeup remover.

Remove with white towels—Benzoyl Peroxide can bleach towels and sheets.





#### Tip

Especially great for higher grades of acne. Great cleanser to use on back, chest, arms, or any area of the body affected by acne.

#### INGREDIENTS

#### **Active Ingredients:**

Benzoyl Peroxide 2.5%

Inactive Ingredients: Aloe Barbadensis (Aloe Vera) Leaf Juice, Aqua (Water), Caprylyl Glycol, Carbomer, Chlorphenesin, Citral, Citrus AurantiumDulcis (Orange) Peel Oil, Cocamide MEA, Cocamidopropyl Hydroxysultaine, Disodium EDTA, Sodium Lauroamphoacetate, Glycerin, Limonene, Linalool, PEG-150 Distearate, PEG-80 Sorbitan Laurate, Phenoxyethanol, Sodium Hydroxide, Sodium Laureth-13 Carboxylate, Sodium Trideceth Sulfate, Sorbitol

#### **KEY INGREDIENTS**

**Benzoyl Peroxide:** An antibacterial agent and oxygen releasing chemical that kills the bacteria responsible for acne breakouts.

**Aloe Vera:** A potent healer. Provides a protective layer that inhibits infection and soothes the skin. It is both hydrating and gentle. Suitable for all skin types.

**Orange Peel:** Anti-inflammatory that helps detoxify congested skin and soothes dry, irritated skin. Increases collagen discouraging the formation of fine lines and wrinkles. Reduces puffiness.

## TREAT PRODUCTS

Section 2

## CALMING MASQUES



## CBD **HYDRATHERAPY** MASOUE

with Micro-Silver

GM407 R 1.0 fl. oz.

This luxurious, deep-hydration masque is fortified with CBD and Micro-Silver and has a multitude of benefits. Micro-Silver helps to support the skin's natural flora to reduce bacteria and aid in healing, while moisturizing Collagen instantly plumps and balances dehydrated skin.



glymed+

#### **INGREDIENTS**

Aqua (Water), Glycerin, Propanediol, Ammonium Acryloyldimethyltaurnate/vp Copolymer, Dimethicone, Sodium Hyaluronate, Cannabis Sativa Stem (CBD) Oil, Palmitoyl Tripeptide-5, Palmitoyl Dipeptide-5 Diaminobutyroyl Hydroxythreonine, Tetradecyl Aminobutyroylyalylaminobutyric Urea Trifluoroacetate. Saccharide Isomerate. Panthenol. Niacinamide, Caprylic/capric Triglyceride, Squalane, Soluble Collagen, Sodium Citrate, Sucrose Palmitate, Glyceryl Linoleate, Polyglutamic Acid, Silver, Aloe Barbadensis Leaf Juice, Cucumis Sativus (Cucumber) Fruit Extract, Camellia Sinensis (Green Tea) Leaf Extract. Symphytum Officinale (Comfrey) Rhizome/root Extract, Vanilla Planifolia Fruit Extract, Limnanthes Alba (Meadowfoam) Seed Oil, Brassica Campestris sia Chinensis (Jojoba) Seed Oil, Tocopheryl Acetate, Tocopherol, Tetrahexyldecyl Ascorbate, Phenoxyethanol, Ethylhexylglycerin, Citric Acid

### RECOMMENDED FOR

Seed Oil, Linum Usitatissimum Seed Oil, Simmond-

Inflamed or compromised skin, including aging, acne and Rosacea.

#### Concerns

Aging, Acne, Rosacea, Dryness

#### Skin Type

Normal, Oily, Dry, Combination, Sensitive

#### **HOW TO USE**

#### Home Care

After cleansing, mist skin with CBD Skin Mist. Apply CBD Hydratherapy Masque with Micro-Silver covering face, neck, and décolleté. Use on other areas if needed. Leave on for 15 minutes or longer, rinse off with cool water. Follow with CBD Soothing Serum with Micro-Silver and additional GlvMed Plus serums. moisturizer and sunscreen.

#### In Clinic

After cleansing, mist skin with CBD Skin Mist. Apply CBD Hydratherapy Masque with Micro-Silver covering face, neck, and décolleté. Use on other areas if needed. Leave on for 15 minutes or longer, rinse off with cool water. Follow with CBD-Micro-Silver Miracel and additional serums, moisturizer and sunscreen based on clients concerns.

#### Tip

This masque is the perfect firming, tightening and hydrating treatment to bring back radiant skin! It makes for a great healing booster to any superficial or very superficial post-care treatment. Use after derma planning or extractions to reduce inflammation and redness.

#### **KEY INGREDIENTS**

CBD (Hemp): Grown in the USA, derived from HEMP and is considered one of the strongest antioxidants. even stronger than Vitamin C and E, and recognized for its incredible anti-aging effects on the skin.

Micro-Silver: Medical grade ingredient used to support healing and aid in reducing bacteria on the surface of the skin to maintain a healthy flora and boosts the skin's natural barrier system.

Peptide Cocktail: Anti-aging peptide cocktail that stimulates the proteins of the Dermal-epidermal junction (DEJ) including laminin, collagen, integrin and provides strength.

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# REJUVENATING PEPTIDE MASQUE

GM25 R 4.0 fl. oz.

This masque is the most powerful anti-aging and antioxidant masque for the skin. Its therapeutic level ingredients facilitate the skin's ability to prevent wrinkling by relaxing the muscles and slowing the mechanism of facial contractions. Active minerals assist in feeding the skin to encourage firmer, healthier skin. Sensitive, dry, or impaired skin is no match for this powerhouse.













#### RECOMMENDED FOR

All skin types. Great for aging, wrinkles, and photo-damaged skin.

#### Concerns

Prevention, Dryness, Fine Lines and Wrinkles, Lift and Firm

#### Skin Type

Normal, Oily, Dry, Combination, Sensitive

#### **HOW TO USE**

#### Home Care

Can be used 2–3 times per week. Apply a thin layer to cleansed, dry skin and allow to remain on area for 10–15 minutes. Remove with tepid water.

#### In Clinic

Great to use as a treatment masque. Apply a thin layer to cleansed, dry skin and allow to remain on for 10–15 minutes. Remove with tepid water and continue with GlyMed Plus treatment and balancing products.

#### Tip

Due to the powerful anti-aging and antioxidant properties of this masque, this can be combined with any masque or professional exfoliant to increase the antioxidant effects of a particular treatment.

#### **INGREDIENTS**

Aqua (Water), Glycerin, Polyacrylamide, C13-14 Isoparaffin, Laureth-7, Acetyl Hexapeptide-8, Dipalmitoyl Hydroxyproline, Capryloyl Glycine, Rosa Damascena (Rose) Flower Oil, Tocopherol, Tetrahexyldecyl Ascorbate, Red Wine Polyphenols, Magnesium Aspartate and Zinc Gluconate and Copper Gluconate, Diazolidinyl Urea, Iodopropynyl Butylcarbamate

#### **KEY INGREDIENTS**

**PC10 Complex:** GlyMed Plus' own PC10 Amino Acid Complex contains powerful amino acid complexes, natural antioxidants, and pharmaceutical grade botanicals to help correct the damage from free radical injury in addition to combating inflammation which is one of the major causes of skin aging.

**Vitamin C:** Protects skin cells and skin structure from UV-related damage, improves the appearance of sun-damaged skin, strengthens the skin's barrier response, reduces inflammation, promotes collagen production, and reduces hyperpigmentation.

**Vitamin E Acetate:** Protects skin from damaging effects of free radicals. Protects skin, speeds wound healing, provides hydration, and prevents water loss.

**Red Wine:** Incredible antioxidant. Improves fine lines and wrinkles and the overall tone and texture of the skin.

# **MATTIFYING** SULFUR MASQUE

### **GM51** R 4.0 fl. oz. l B 16.0 fl. oz.

Sulfur has been proven to be beneficial when treating acne or rosacea. Working in a similar manner as benzoyl peroxide, sulfur kills bacteria and loosens impaction within the pores. This therapeutic masque is effective for soothing after extractions and to continue acne or rosacea therapy at home. This is also our favorite spot treatment for those pesky blemishes!















### RECOMMENDED FOR

All skin types. Great for acne-prone skin, and as a spot treatment.

### Concerns

Acne, Rosacea

### Skin Type

Normal, Oily, Dry, Combination, Sensitive

### **HOW TO USE**

### Home Care

Apply 2-3 times per week to cleansed skin and leave on for 5-10 minutes. Remove with tepid water.

### In Clinic

Apply after extractions for 5-10 minutes. Remove with tepid washcloth.

### Tip

Cocktail with Skin Resurfacing Lotion with Resorcinol after cleansing the skin. Leave on for 5 minutes with steam or warm towel on the skin. This will help soften the skin to make for easier extractions. Remove with tepid water. Also a great masque for rosacea to help kill demodex mite, which is known to be a contributing factor.

### **INGREDIENTS**

### **Active Ingredients:**

Sulfur 10.0%

Inactive Ingredients: Aqua (Water), Bentonite, Caprylyl Glycol, Chlorphenesin, Citrus Paradisi (Grapefruit) Peel Oil, Glycerin, Imidazolidinyl Urea, Kaolin, Phenoxyethanol, Propylene Glycol, Talc, Tetrasodium **FDTA** 

### **KEY INGREDIENTS**

Sulfur: Reduces inflammation, kills bacteria, reduces dead skin build up, and reduces excess oil.

**Grapefruit:** Skin conditioning agent that reduces existing comedones and prevents new ones from occurring.

Kaolin: Oil absorbing. Helps stimulate the microcirculation of the skin.

Chapter 04

# TREATMENT MASQUES



# ANTI-AGING EXFOLIANT MASQUE

### GM8

R 4.0 fl. oz. | B 16.0 fl. oz. | T 1.0 fl. oz.

Anti-Aging Exfoliant Masque improves skin firmness, tone, and texture with a blend of physical and chemical exfoliants: 7% glycolic, 7% lactic and 7% salicylic acids and jojoba beads. It rebuilds and recharges worn-out skin instantly with its gentle, yet effective ingredients to restore even the most resistive skin back to a healthy state. A favorite of our CEO!



All skin types. Great for dull, pigmented, and environmentally damaged skin.

### Concerns

Prevention, Acne, Rosacea, Pores and Texture, Dark Spots, Pre-Treatment

### Skin Type

Normal, Oily, Dry, Combination, Sensitive

### **HOW TO USE**

### Home Care

After cleansing, coat entire face with a thin layer of Anti-Aging Exfoliant Masque. Allow to dry 5–10 minutes. Apply warm water and gently massage with finger tips in circular motions for 60 seconds. Rinse well with warm water or remove with tepid washcloth. **Note:** you do not have to massage into the skin you can just apply to face, leave on for a few minutes and then remove with tepid water. Can be used 2–3 times per week.

### In Clinic

After you have completed your second cleanse, apply 1 teaspoon of Anti-Aging Exfoliant Masque to the face. You can massage into the skin or just apply with a fan brush. Leave on for 5–10 minutes and then remove with tepid water. Can be utilized with steam.

### Tip

When using this in-clinic, steam over the masque to amplify the softening effects of the masque. Mix a small amount with Glycolic Facial Cleanser with 10% Glycolic Acid to make a great exfoliating cleanser.













Great retail product as you can educate your clients to use as a masque and/or a mechanical exfoliant.

### **INGREDIENTS**

Aqua (Water), Lavandula Angustifolia (Lavender) Extract, Panax Ginseng Root, Anthemis Nobilis (Chamomile) Flower Extract, Rosmarinus Officinalis (Rosemary) Leaf Extract, Helianthus Annuus (Sunflower) Seed Oil, Cetearyl Glucoside, Glyceryl Stearate, Simmondsia Chinensis (Jojoba) Seed Oil, Glycerin, Vitis Vinifera (Grape) Seed Oil, Glycolic Acid, Fennel Oil, Zinc Oxide, Caprylic Acid, Glycine, Cetearyl Alcohol, Ceteareth-20, Lactic Acid, Allantoin, Xanthan Gum, Salicylic Acid, Papain, Tocopheryl (Vitamin E), Lecithin, Potassium Sorbate (Vitamin C), Phenoxyethanol, Methylisothiazolinone, Imidazolidinyl Urea

### **KEY INGREDIENTS**

**Glycolic Acid 7%:** It visibly reduces the appearance of pores and wrinkles as it removes surface dryness and breaks up cellular cohesion.

**Lactic Acid 7%:** Diminishes the cohesion of the surface skin cells.

**Salicylic Acid 7%:** Softens keratin to help remove upper layer of the skin.

**Vitamin E:** Powerful antioxidant and soothing agent that protects skin from the effects of pollutants and free radicals.

**Ginseng Root:** Anti-inflammatory and antioxidant.

**Lavender:** Promotes healing and balance to the skin. It is also an antiseptic, analgesic, and antidepressant.

# HYDRATING MASQUE

with Enzymes

**GM61** 

R 2.0 fl. oz. | B 6.0 fl. oz. | T 1.0 fl. oz.

Hydrating Masque with Enzymes exfoliates and detoxifies skin as it boosts cellular renewal. Packed with hydrating botanicals and antioxidants, this energizing masque instantly moisturizes, and firms dry and dehydrated skin.



All skin types. Great for oily and acne-prone skin.

### Concerns

Dryness, Fine Lines and Wrinkles, Pores and Texture

Skin Type

Normal, Oily, Dry, Combination, Sensitive

### **HOW TO USE**

Home Care

Apply to clean skin 2–3 times per week. Leave on for 5–15 minutes. Remove with tepid water.

### In Clinic

Apply 1 teaspoon after exfoliating and/or after extractions. Can apply with fingers or fan brush to face, neck, and décolleté. Leave on for 5–10 minutes. Remove with tepid water and cotton rounds.

### Tip

Use a damp towel to remove this masque. Can mix with equal parts Ultra Hydro Gel to help add hyaluronic acid to the skin. If you are doing a signature facial, this is a great masque to use on all clients. To remove stains from towels, add hydrogen peroxide (in the same compartment you would pour bleach) to your laundry load.

### **INGREDIENTS**

Aqua (Water), Coco-Caprylate/Caprate, Glyceryl Stearate Se, Glycerin, Oryza Sativa (Rice) Starch, Cetearyl Alcohol, Ceteareth-20, Aloe Barbadensis Leaf Extract, Sodium Hyaluronate, Allantoin, Sele-











Enzymes



Natural

nium, Papain, Squalane, Thioctic Acid, Hydrophilic Polyether Polyurethane, Calendula Officinalis Flower Extract, Cymbopogon Schoenanthus (Lemongrass) Extract, Hordeum Distichon (Barley) Extract, Olea Europaea (Olive) Leaf Extract, Taraxacum Officinale (Dandelion) Extract, Lavandula Angustifolia (Lavender) Extract, Rubus Idaeus (Raspberry) Fruit Extract, Triticum Aestivum (Wheat) Leaf Extract, Ascophyllum Nodosum (Algae) Extract, Bromelain Extract, Lecithin, Tocopheryl Acetate, Retinyl Palmitate, Ascorbyl Palmitate, Sodium Chloride, Potassium Sorbate, Phenoxyethanol, Ethylhexylglycerin, Fragrance, Chromium Oxide Green

### **KEY INGREDIENTS**

**Papain:** From the papaya fruit, this enzyme hydrolyzes and digests proteins.

**Bromelain:** An enzyme in pineapple that promotes protein metabolism, eliminates dead cells, and improves skin texture.

**Calendula:** Soothing, anti-inflammatory, and healing. Coco-Caprylate/Caprate: A conditioner, and emollient lubricant, skin derived from coconut.

**Hyaluronic Acid:** Increases water content and helps assist against transepidermal water loss. It can hold up to 1000 times its weight in water.

**Lavender:** Promotes healing and balance to the skin. It is also an antiseptic, analgesic, and antidepressant.

**Lemongrass:** Cleansing and purifying to the skin. Helps normalize oil production and reduce breakouts.

# SKIN CLARIFYING MASQUE

**GM60** 

R 2.0 fl. oz. | B 6.0 fl. oz. | T 1.0 fl. oz.

The Skin Clarifying Masque is a powerful age-defying masque which lifts away the skin's micro-damaged layers caused by daily lifestyle and environmental stressors. Fortified with a potent blend of phytonutrients, to clear away impurities and detoxify the skin.

### RECOMMENDED FOR

All skin types. Great for oily and acne-prone skin.

Concerns

Acne, Pores and Texture

Skin Type

Oily, Combination

### **HOW TO USE**

### Home Care

Apply to cleansed skin 2–3 times per week. Leave on for 5–15 minutes. Remove with tepid water and cotton rounds.

### In Clinic

Apply 1 teaspoon after exfoliating and/or after extractions. Can apply with fingers or fan brush to face, neck, and décolleté. Leave on for 5–10 minutes. Remove with tepid water and cotton rounds.

### Tip

Great multi-purpose masque because of the enzymes and oil-absorbing bentonite clay.

### **INGREDIENTS**

Aqua (Water), Calendula Officinalis Flower Extract, Cymbopogon Schoenanthus (Lemongrass) Extract, Hordeum Distichon (Barley) Extract, Olea Europaea (Olive) Leaf Extract, Taraxacum Officinale (Dandelion) Root, Lavandula Angustifolia (Lavender) Extract, Rubus Idaeus (Raspberry) Extract, Triticum Vulgare (Wheat) Seed Extract, Aloe Barbadensis (Aloe Vera) Leaf Extract, Bentonite, Glycerin, Macadamia Terni-











Enzymes



folia Nut Oil, Borago Officinalis (Borage) Oil, Glyceryl Stearate, Cetearyl Alcohol, Ceteareth-20, Papain, Alpha Lipoic Acid, Hyaluronic Acid, Caprylic/Capric Triglyceride, Ascophyllum Nodosum (Algae) Extract, Bromelain, Tocopheryl Acetate (Vitamin E Acetate), Retinyl Palmitate (Vitamin A Ester), Ascorbyl Palmitate (Vitamin C Ester), Calcium Ascorbate (Vitamin C), Lecithin, Selenium (Goji Berry), Allantoin, Glycine, Squalane, Sea Salts (Dead Sea Salts), Sorbitol, Lavandula Angustifolia (Lavender) Oil, Potassium Sorbate (Vitamin C), Phenoxyethanol, Ethylhexylglycerin

### **KEY INGREDIENTS**

**Papain:** From the papaya fruit, this enzyme hydrolyzes and digests proteins.

**Bromelain:** An enzyme in pineapple that promotes protein metabolism, eliminates dead cells, and improves skin texture.

**Lemongrass:** Cleansing and purifying to the skin. Helps normalize oil production and reduce breakouts.

Bentonite: Oil absorbing.

**Lavender:** Promotes healing and balance to the skin. It is also an antiseptic, analgesic, and antidepressant.

**Calendula:** A soothing, anti-inflammatory, and healing ingredient.

**Hyaluronic Acid:** Increases water content and helps assist against transepidermal water loss. It can hold up to 1000 times its weight in water.

# CHOCOLATE MASQUE

with Enzymes

GM89 R 2.0 fl. oz. | B 8.0 fl. oz.

This chocolate masque is as good as it sounds! Rich in antioxidants like cocoa extract, this masque delivers superior anti-aging and restorative benefits to boost circulation, influencing collagen to improve elasticity and brighten the skin's complexion.

### RECOMMENDED FOR

All skin types. Be cautious with sensitive skin—this masque can be stimulating.

### Concerns

Prevention, Dryness, Fine Lines and Wrinkles

Skin Type

Normal, Oily, Dry, Combination

### **HOW TO USE**

### Home Care

Apply masque to clean, dry skin, and leave on for 5–10 minutes. Remove with tepid water. Use 1–2 times a week.

### In Clinic

Apply 1 teaspoon after exfoliating and/or after extractions. Can apply with fingers or fan brush to face, neck, and décolleté. Leave on for 5–10 minutes. Remove with tepid water and cotton rounds.

### Tip

Mix 1/2 tsp of Intense Antioxidant Professional Exfoliator, Professional Exfoliator with 30% Lactic Acid to boost the masque for a more active treatment. Leave this cocktail on the skin for 5–10 minutes, depending on client's tolerance, and remove with tepid cloths.

### **INGREDIENTS**

Aqua (Water), Stearic Acid, Glyceryl Stearate, Papain, Euterpe Oleracea (Acai) Extract, Pichia/Resveratrol Ferment Extract, Lactobacillus/Wasabia (Wasabi)















Japonica Root Ferment Extract, Theobroma Cacao (Cocoa) Seed Powder, Lactobacillus/Milk Solids/Soybean Oil Ferment, Theobroma Cacao (Cocoa) Seed Butter, Prunus Amygdalus Dulcis (Sweet Almond) Oil, PEG-40 Hydrogenated Castor Oil, Cyclodextrin, Jojoba Esters, Glycerin, Propylene Glycol, Cyclomethicone, Trideceth-9, Polysorbate 20, Butylene Glycol, Dimethicone, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Disodium EDTA, Phenoxyethanol, Ethylhexylglycerin, Sodium Hydroxide, Fragrance, Caramel, Yellow 5, Yellow 6

### **KEY INGREDIENTS**

**Cocoa:** Abundant in Vitamins E and B. It contains glycerides that delivermoisturizing lipids and fats which plump and firm, help soothe sensitivities, and protect skin from environmental damage.

**Acai:** Detoxifies, improves cellular regeneration and immunity, balances healthy lipids, and contains more than ten times the free radical fighting antioxidants found in red grapes or green tea.

**Resveratrol:** A anti-inflammatory ingredient. It also promotes the synthesis of collagen and strengthens the dermal-epidermal junction.

**Jojoba:** A moisturizer and emollient that helps to the heal of the skin. It reduces TEWL without completely blocking the trasnsportation of water vapor and gases, providing the skin with the intercellular lipids to further reduce water loss.

**Papain:** This enzyme hydrolyzes and digests proteins.

# AGE DEFYING MASQUE

GM12 R 1.0 fl. oz.

Age Defying Masque harnesses an exclusive formulation with a 30% Protease Enzyme engineered to mimic the skin's own naturally occurring Cathepsin-D. This aids in the facilitating AHA peel results without the wounding. A great peel year-round as it has been proven in-clinic to produce less than 5% photosensitivity.



All skin types. Great for a first time chemical treatment, summertime chemical treatment, red-carpet events, and sensitive skin.

### Concerns

Prevention, Acne, Fine Lines and Wrinkles, Pores and Texture, Dark Spots, Pre-Treatment

### Skin Type

Normal, Oily, Dry, Combination

### **HOW TO USE**

### Home Care

This masque works best in an acidic environment so it is recommended to use Glycolic Facial Cleanser with 10% Glycolic Acid first. Apply masque to face, neck, and décolleté. Might feel a slight tingle and see increased circulation. Leave on 5–7 minutes and then remove with tepid water. Can be used once a week.

### In Clinic

Apply to face, neck, and décolleté. Apply after skin has been cleansed with Glycolic Facial Cleanser with 10% Glycolic Acid. Leave on 5–7 minutes and then remove with tepid water.

### Tir

Can use in-treatment as a pre-treatment to boost other chemical treatments. Be sure to remove before applying other exfoliants or solutions. Great to use in homecare regimen post-chemical treatment. This is a self nutralizing product so it can be left on, however it does leave a tacky residue if not removed.





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### **INGREDIENTS**

Aqua (Water), Mucor Miehei (Mushroom) Extract (Protease Enzyme), Glycerin, Hydroxyethyl Acrylate/ Sodium Acryloyldimethyl Taurate Copolymer, Citric Acid, Hyaluronic Acid, Olea Europaea (Olive) Leaf Extract, Ascorbyl Glucoside, Zinc PCA, Xanthan Gum, Methyl Gluceth-20, Butylene Glycol, Sodium Benzoate, Potassium Sorbate (Vitamin C), Dimethicone Copolyol Eicosanoate, Phenoxyethanol, Ethylhexylglycerin, Fragrance

### **KEY INGREDIENTS**

**Protease Enzyme:** This is a proprietary ingredient exclusive to GlyMed Plus. Derived from mushroom, it mimics the Cathepsin-D Enzyme found naturally in our skin, which assists in normal shedding of dead skin cells. It will detach desmosomes one at a time to increase exfoliation.

**Citric Acid:** Acts like an antioxidant slowing down the aging process, and assists in regeneration of skin tissue, as well.

**Hyaluronic Acid:** Increases water content and helps assist against transepidermal water loss. It can hold up to 1000 times its weight in water.

**Ascorbyl Glucoside:** Acts as a co-enzyme for enzymes involved in collagen synthesis and inhibiting the synthesis of melanin. Contains high antioxidant activity.

Chapter 04

# OXYGEN DEEP PORE MASQUE

GM16 R 1.69 fl. oz. | B 16.0 fl. oz.

Breathe life back into dull tired cells with this deep oxygenating cleanser. This cleanser works like a deep cleaning masque, triggering a deep desincrustation process to thoroughly cleanse and purify congested pores, stimulate healthy cell turnover, and reveal smoother, more radiant skin.



All skin types. Great for oily skin, acne, blackheads, and large pores.

### Concerns

Acne, Dryness, Pores and Texture

### Skin Type

Normal, Oily, Dry, Combination, Sensitive

### **HOW TO USE**

### Home Care

Recommended to use after 2nd cleanse. Pat 4–6 pumps of cleanser on the face and leave on for 5 minutes. Remove with dry cotton rounds first and then a tepid facial cloth. Can be used 2–3 times per week, or as directed.

### In Clinic

Recommended to use after 2nd cleanse. Pat 2–3 pumps of cleanser on face, leave on for 3–5 minutes. Can use steam to activate cleanser even more for last 1–2 minutes. Remove with dry cotton rounds first and then a tepid facial cloth.

### Tip

Great to use pre-treatment to boost efficacy of any chemical treatment. Use pre-treatment to give a nice exfoliation and to allow for a stronger treatment. Use with steam to help soften extraction. Remember that this is a treatment product and not a cleansing product.













### **INGREDIENTS**

Aqua (Water), Sodium Lauroyl Methyl Isethionate, Cocamidopropyl Betaine, Glycerin, Acrylates/Palmeth-25 Acrylate Copolymer, Sodium Cocoyl Isethionate, Polyhydroxystearic Acid, Perfluoroisohexane, Sodium Lactate, Ganoderma Lucidum (Mushroom) Extract, Mucor Miehei (Mushroom) Extract (Protease Enzyme), Lactobacillus/Wasabia Japonica Root Ferment Extract, Sake Extract, Citrullus Lanatus (Watermelon) Fruit Extract, Lens Esculenta (Lentil) Fruit Extract, Pyrus Malus (Apple) Fruit Extract, Chondrus Crispus (Carrageenan), Citrus Grandis (Grapefruit) Peel Oil, Sodium PCA, Panthenol (Vitamin B), Isononyl Isononanoate, Ethylhexyl Isononanoate, Mica, Titanium Dioxide, Butylene Glycol, Sorbitol, Potassium Sorbate (Vitamin C), Sodium Cocamidopropy PG-Dimonium Chloride Phosphate, Phenoxyethanol, Ethylhexylglycerin

### **KEY INGREDIENTS**

**Sodium Lactate:** It is a component of the stratum corneum's moisturizing factor. This is necessary for maintenance of natural hydration.

**Mushroom:** Excellent hydrating agent provides a protective skin barrier.

**Grapefruit Peel:** Skin conditioning agent that reduces existing comedones and prevents new ones from occurring.

**Apple:** Natural AHA offering soothing and anti- inflammatory properties while also gently exfoliating.

# PEPTIDE MICRO SCRUB

GM28 R 2.0 fl. oz.

Peptide Micro Scrub is the perfect alternative to microdermabrasion and is safer for the skin. This phenomenal micro-miracle contains exfoliating action of corundum crystals that break away damaged corneocytes leaving the skin incredibly smooth and polished. Micro Scrub is excellent for use on all parts of the body.

### RECOMMENDED FOR

All skin types. Do not use on open wounds or grades 3 and 4 acne.

### Concerns

Dryness, Fine Lines and Wrinkles Pores and Texture

### Skin Type

Normal, Oily, Dry, Combination

### **HOW TO USE**

### Home Care

Use 1–2 times per week on cleansed skin. Massage into face, neck, and décolleté. Remove with tepid water.

### In Clinic

Use before extractions or masque/treatment to exfoliate the skin. Remove with tepid water.

### llb

Mix into Glycolic Facial Cleanser with 10% Glycolic Acid or Mega Cream Cleanser to add a light exfoliation to the cleanser. Add a pea-size amount to the Intense Antioxidant Professional Exfoliator or Professional Exfoliator with 30% Lactic Acid to add mechanical exfoliation to the treatment.

### **INGREDIENTS**

Aqua (Water), Chamomilla Recutita (Chamomile), Cymbopogon Citratus (Lemongrass), Rubus Idaeus (Raspberry), Olea Europaea (Olive) Leaf, Corundum Crystals, PC10 Complex, Boswellia Serrata (Boswellin) Extract, Helianthus Annuus (Sunflower) Oil, Cetearyl













Glucoside, Glyceryl Stearate, Glycerin, Vitis Vinifera (Grape) Seed Oil, Caprylic Acid, Glycine, Tocopherol Acetate (Vitamin E Acetate), Xanthan Gum, Potassium Sorbate (Vitamin C), Tetrahexyldecyl Ascorbate (Vitamin C), HG5 Complex, Sodium Hyaluronate, Copper Gluconate, Zinc Gluconate, Magnesium Aspartate, Magnesium Ascorbyl Phosphate (Vitamin C), Simmondsia Chinensis (Jojoba) Oil, Lecithin, Red Wine Polyphenols, Lavandula Angustofolia (Lavender) Oil, Lavandula Hybrida (Lavandin) Oil, Rosmarinus Officinalis (Rosemary) Oil, Salvia Sclarea (Clary Sage) Oil, Iodopropynyl Butylcarbamate

### **KEY INGREDIENTS**

**Corundum Crystals:** Same crystals used in microdermabrasion without the irritation to give an even, mechanical exfoliantion to the skin.

**Vitamin E:** Powerful antioxidant and soothing agent that protects skin from the effects of pollutants and free radicals.

**PC10 Complex:** GlyMed Plus' own PC10 Amino Acid Complex contains powerful amino acid complexes, natural antioxidants, and pharmaceutical grade botanicals to help correct the damage from free radical injury in addition to combating inflammation which is one of the major causes of skin aging.

**Grape Seed:** A natural plant oil that cools, invigorates, and stimulates the skin.

**Sunflower:** Softens the skin and helps retain moisture; it is one of the least comedogenic oils.

Chapter 04

# SERIOUS ACTION MASQUE

GM45 R 4.0 fl. oz. | B 16.0 fl. oz. | T 1.0 fl. oz.

For acne prone and oily skin. This masque combines the proven benefits of salicylic acid, glycolic acid, and lactic acid along with the healing properties of ancient herbal remedies and tea tree oil to fight acne deep inside the pores. With the addition of Kaolin and Bentonite clay, this masque purges impurities from the skin and dramatically reduces oil and blemishes.





# Exfoliating

### **RECOMMENDED FOR**

All skin types. Great for acne-prone skin.

### Concerns

Acne, Pores and Texture, Dark Spots

### Skin Type

Normal, Oily, Combination

### **HOW TO USE**

### Home Care

Apply to cleansed skin and leave on for 10–15 minutes. Remove with tepid water. Use 2–3 times a week.

### In Clinic

Apply to face and add either apply steam or a warm towel and leave on for 5–10 minutes. Remove with tepid water and perform extractions. You can also use this as your primary masque in your acne facial. Leave on for 5–10 minutes and remove with tepid washcloth.

### Tip

Great for clients to use at home as a nightly spot treatment for any lesions they may have. Can also be used before extractions to soften the skin by cocktailing Serious Action Masque with Skin Resurfacing Lotion with Resorcinol.

### **INGREDIENTS**

Aqua (Water), Kaolin, SD Alcohol 40-B, Glycine Soja (Soybean) Oil, Zea Mays (Corn) Starch, Glyceryl Stearate, Glycol Stearate, PEG-100 Stearate, Polyeth-

ylene (Granules), Squalane, Cetyl Alcohol, Glycerin, Bentonite, Glycolic Acid, Lactic Acid, Sorbic Acid, Camphor, Eucalyptus Globulus Leaf Oil, Melaleuca Alternifolia (Tea Tree) Leaf Oil, Cyanocobalamin, Benzalkonium Chloride, Arnica Montana Flower Extract, Carica Papaya Fruit Extract, Salicylic Acid, Anthemis Nobilis (Chamomile) Flower Extract, Aloe Barbadensis (Aloe Vera) Leaf Juice, Sodium Hyaluronate, Yeast Extract, Titanium Dioxide, Dimethicone, Allantoin, Ammonium Lauryl Sulfate, Juglans Regia (Walnut) Shell Powder, Annatto, Potassium Sorbate (Vitamin C), Phenoxyethanol, Caprylyl Glycol, Disodium EDTA, Ethylhexylglycerin, Sodium Hydroxide

### **KEY INGREDIENTS**

**Salicylic Acid:** Softens keratin to help remove upper layer of the skin.

**Tea Tree:** Known for its antiseptic and healing properties.

**Lactic Acid:** Diminishes the cohesion of surface skin cells.

**Glycolic Acid:** It visibly reduces the appearance of pores and wrinkles as it removes surface dryness and breaks up cellular cohesion.

Granules: Exfoliates to remove dead skin cells.

**Kaolin and Bentonite Clay:** Purges impurities from the skin and reduces oil and blemishes.

**Arnica Montana:** Antiseptic, astringent, antimicrobial, anti-inflammatory, anticoagulant, and it stimulates circulation and promotes healing.

# HEALING SERUMS/MISTS



# RESTORING FULVIC ELIXIR

### **GM32**

R 1.0 fl. oz. | B 8.0 fl. oz. | T 0.25 fl. oz.

Fulvic acid is a critical nutrient and one of the most powerful antioxidants for skin health. Known for its antibacterial, antifungal, antiviral, and anti-inflammatory properties, this serum is a must. Easily absorbed into the skin, targeting the most challenging conditions such as aging skin, irritations, and acne while stimulating healing to restore a younger looking skin.













### **RECOMMENDED FOR**

All skin types. Great for aging, wrinkles, and photodamaged skin.

### Concerns

Acne, Rosacea, Dryness, Fine Lines and Wrinkles, Post-Treatment

### Skin Type

Normal, Oily, Dry, Combination, Sensitive

### **HOW TO USE**

### Home Care

Can be used 2–3 times per week. Apply a thin layer to cleansed, dry skin.

### In Clinic

Apply a thin layer to cleansed, dry skin. Continue with GlyMed Plus treatment and balancing products.

### Tip

Restoring Fulvic Elixir is extremely healing, making it beneficial post procedure to rapidly heal, soothe, and prevent scarring.

### **INGREDIENTS**

Aqua (Water), Aloe Barbadensis (Aloe Vera) Leaf Juice, Glycerin, Fulvic Acid, Polysorbate 20, Pentylene Glycol, Propanediol, Hypnea Musciformis (Algae) Extract, Sodium Hyaluronate, Gamma Polyglutamic Acid, Glycerol, Allantoin, Panthenol (Vitamin B), Sorbitol, Lactose, Milk Protein, Hydroxyethylcellulose, Gellidiela Acerosa (Algae) Extract, Fucus Serratus (Algae) Extract, Sargassum Filipendula (Algae) Extract, Agastache Mexicana Flower/Leaf/Stem Extract, Symphytum Officinale (Comfrey) Rhizome/ Root Extract, Ascophyllum Nodosum (Algae) Extract, Anthemis Nobilis (Chamomile) Flower Extract, Calendula Officinalis Flower Extract, Lavandula Agustifolia (Lavender) Extract, Tocopherol (Vitamin E), Citrus Grandis (Grapefruit) Peel Oil, Citrus Aurantium Bergamia (Bergamot) Fruit Oil, Citrus Aurantium Dulcis (Orange) Peel Oil, Xantham Gum, Phenoxyethanol, Caprylyl Glycol, Ethylhexylglycerin, Hexylene Glycol, Sodium Hydroxide

### **KEY INGREDIENTS**

**Fulvic Acid:** Powerful antioxidant that absorbs deeply into the skin to assist in the transportation of nutrients to tissues and skin cells.

**Agastache Mexicana Flower:** Anti-inflammatory that blocks the effects of stress on the skin while reducing redness and irritation, and evening the overall skin tone.

**Calendula:** Cleansing and astringent properties that sooth, calm, and heal the skin.

**Aloe Vera:** Natural astringent, aids in healing and is very soothing and protective to the skin.

Grapefruit Peel: Antiseptic and anti-irritant.

**Orange Peel:** Helps detoxify skin and soothes dry, irritated skin and discourages the formation of fine lines and wrinkles.

# CBD AGE DELAY DEW

GM404 R 1.69 fl. oz.

Nourish the skin with a premier blend of CBD, Vitamin B3, and peptides to instantly enhance the skin's natural glow. Vitamin B3 and super-peptides work to firm and tighten the skin to reduce the appearance of fine lines and wrinkles, while moisture-rich botanicals boost hydration.

### **RECOMMENDED FOR**

All skin types. Great for photo-damaged skin, fine lines and wrinkles and acne.

### Concerns

Hyperpigmentation, Dryness, Fine Lines and Wrinkles, Loss of Firmness

### Skin Type

Normal, Oily, Dry, Combination

### **HOW TO USE**

### Home Care

On clean skin treat first using CBD Skin Mist followed with an application of Age Delay Dew on face, neck and décolleté both morning and evening.

### In Clinic

After cleansing skin, apply 1–2 pumps to palms and apply to face, neck and décolleté. Finish with additional GlyMed Plus serums and moisturizer.

### Tip

Use this serum after a chemical treatment to boost healing and anti-aging properties.

### **INGREDIENTS**

Organic Aloe Barbadensis Leaf Juice, Glycerin, Polysorbate 20, Cannabis Sativa Stem (CBD) Oil, Sodium Hyaluronate, Palmitoyl Tripeptide-5, Palmitoyl Dipeptide-5 Diaminobutyroyl Hydroxythreonine,









Glycosaminoglycans, Tetradecyl Aminobutyroyl-valylaminobutyric Urea Trifluoroacetate, Niacinamide, Propanediol, Polyglutamic Acid (Soy), Lycium Barbarum Fruit Extract, Coffea Arabica (Coffee) Seed Extract, Euterpe Oleracea Fruit Extract, Morinda Citrifolia Extract, Punica Granatum Fruit Extract, Camellia Sinensis Leaf Extract, Garcinia Mangostana Fruit Extract, Symphytum Officinale (Comfrey) Rhizome/Root Extract, Citrus Aurantium Dulcis (Orange) Peel Oil, Tocopherol, Tetrahexyldecyl Ascorbate, Retinyl Palmitate, Xanthan Gum, Carbomer, Caprylyl Glycol, Hexylene Glycol, Phenoxyethanol, Ethylhexylglycerin, Sodium Hydroxide

### **KEY INGREDIENTS**

**CBD (Hemp):** Grown in the USA, Derived from HEMP and is considered one of the strongest antioxidants, even stronger than Vitamin C and E, and recognized for its incredible anti-aging effects in the skin.

**Niacinamide:** Form of Vitamin B3, encourages cellular functions. Stimulates collagen synthesis, increases the production of ceramides, lipids and supports the integrity of the skin's barrier.

### Palmitoyl Dipeptide-5 Diaminobutyroyl

**Hydroxythreonine:** Anti-aging peptide cocktail that stimulates the proteins of the Dermal-epidermal junction (DEJ) including laminin, collagen, integrin and provides strength.

# CBD SOOTHING SERUM

with Micro-Silver

GM408 R 1.0 fl. oz.

This combination of CBD, Micro-Silver, and peptides is ideal for ultra-sensitive skin. Gentle but effective, Micro-Silver helps reduce bacteria to support the skin's natural flora while delicate Peptides firm and tighten the skin.

### RECOMMENDED FOR

Inflamed or compromised skin, including aging, acne and Rosacea.

Concerns

Aging, Acne, Rosacea, Dryness

Skin Type

Normal, Oily, Dry, Combination, Sensitive

### **HOW TO USE**

### Home Care

After cleansing, mist skin with CBD Skin Mist, apply 3 or more drops of CBD Soothing Serum with Micro-Silver to the entire face, neck, décolleté, and hands spreading evenly. Follow with other recommended GlyMed Plus formulations and sunscreen.

### In Clinic

After cleansing, mist skin with CBD Skin Mist, apply 3 or more drops of CBD Soothing Serum with Micro-Silver to the entire face, neck, décolleté, and hands spreading evenly. Follow with other recommended GlyMed Plus formulations and sunscreen.

### Tip

This serum is the remedy to fight against aging, acne, and sensitive skin! Use after the CBD Hydratherapy Masque with Micro-Silver to boost the radiance and health of the skin. This serum is a MUST post-procedure to stimulate new tissue growth and boost anti-aging!

### **INGREDIENTS**

Aqua (Water), Glycerin, Pentylene Glycol, Propanediol, Cannabis Sativa Stem (CBD) Oil, Sodium Hyaluronate, Palmitoyl Tripeptide-5, Palmitoyl Dipeptide-5













Diaminobutyroyl Hydroxythreonine, Tetradecyl Aminobutyroylvalylaminobutyric Urea Trifluoroacetate, Niacinamide, Sodium Pca, Sodium Lactate, Sucrose Palmitate, Glyceryl Linoleate, Silver, Aloe Barbadensis Leaf Juice, Citrullus Lanatus (Watermelon) Fruit Extract, Lens Esculenta (Lentil) Fruit Extract, Pyrus Malus (Apple) Fruit Extract, Mangifera Indica (Mango) Citrus Fruit Extract Blend, Camellia Sinensis (Green Tea) Leaf Extract, Paullinia Cupana (Guarana) Extract, Epilobium Angustifolium Flower/leaf/stem Extract, Limnanthes Alba (Meadowfoam) Seed Oil, Brassica Campestris Seed Oil, Linum Usitatissimum Seed Oil, Tocopherol, Tocopheryl Acetate, Tetrahexyldecyl Ascorbate, Xanthan Gum, Carbomer, Phenoxyethanol, Ethylhexylglycerin, Sodium Hydroxide

### **KEY INGREDIENTS**

**CBD (Hemp):** Grown in the USA, derived from HEMP and is considered one of the strongest antioxidants, even stronger than Vitamin C and E, and recognized for its incredible anti-aging effects on the skin.

**Micro-Silver:** Medical grade ingredient used to support healing and aid in reducing bacteria on the surface of the skin to maintain a healthy flora and boosts the skin's natural barrier system.

**Peptide Cocktail:** Anti-aging peptide cocktail that stimulates the proteins of the Dermal-epidermal junction (DEJ) including laminin, collagen, integrin and provides strength.

Tetradecyl Aminobutyroylvalylaminobutyric Urea Trifluoroacetate: Increases hyaluronic acid synthesis while also strengthening collagen fibrils to increase firmness in the skin.

# VITAMIN C SERUM

GM127 R 0.3 fl. oz.

A highly concentrated serum designed to tighten, lift, and hydrate. Formulated with Vitamin C and ceramides to repair diminishing intercellular substances that lead to the loss of elasticity and tone. Excellent anti-inflammatory care for post-trauma procedures, photo-aging, and damaged skin.

### RECOMMENDED FOR

All skin types and all skin conditions.

### Concerns

Prevention, Fine Lines and Wrinkles, Dark Spots

### Skin Type

Normal, Oily, Dry, Combination, Sensitive

### **HOW TO USE**

### Home Care

Use morning and night on clean skin. Apply 2–3 drops to face, neck, and décolleté.

### In Clinic

Apply 2–3 drops after masque is removed or postchemical treatment to face, neck, and décolleté.

### Tip

Great to use immediately post-chemical treatment as a healing and lightening agent . Cocktail with Ultra Hydro Gel to spread easily across the skin.













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### **INGREDIENTS**

Aqua (Water), Propylene Glycol, Propylene Glycol Isoceteth-3 Acetate, Magnesium Ascorbyl Phosphate (Vitamin C), Magnesium Aluminum Silicate, Silica, Citrus Grandis (Grapefruit) Peel Oil, Prunus Amygdalus Amara (Bitter Almond) Kernel Oil, Ceramide 3, Citrus Aurantium Dulcis (Orange) Peel Oil, Xanthan Gum, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Triethanolamine, Methylchloroisothiazolinone, Methylisothiazolinone, Yellow 5

### **KEY INGREDIENTS**

**Vitamin C:** It helps to boost skin collagen synthesis and fights hyperpigmentation.

**Ceramide 3:** Skin-identical ceramide that replenishes intercellular lipids to increase hydration and moisture in the skin.

**Grapefruit:** Antiseptic and anti-irritant.

**Orange:** Anti-inflammatory that helps detoxify congested skin and soothes dry, irritated skin. Increases collagen discouraging the formation of fine lines and wrinkles. Reduces puffiness.

Bitter Almond: Emollient.

Chapter 04

# **PROTECTIVE** SKIN SERUM

with Ceramides

**GM59** R 1.0 fl. oz. | B 8.0 fl. oz.

Protective Skin Serum with Ceramides strengthens the skin's barrier by replenishes critical lipids lost from intrinsic aging and following clinical procedures. Balanced to identify with the skin's natural epidermal environment, this ultra-light and nourishing formula drenches the skin in humectants, ceramides, antioxidants, and other age-fighting nutrients. This protects skin cells and combats the aging effects of free radical damage and daily lifestyle imbalances.



All skin types. Great for post-procedure and for sensitive skin.

Concerns

Prevention, Dryness, Post-Treatment

Skin Type Dry, Sensitive

### **HOW TO USE**

Home Care

Apply to cleansed skin after any serums or fluids. Gently massage 2-4 to drops into face, neck, and décolleté. Use both morning and night.

### In Clinic

After treatment is completed and you have applied serums and Ultra Hydro Gel, apply 1-2 pumps Protective Skin Serum with Ceramides to face, neck. and décolleté to replenish and balance the skin.

### Tip

If you are doing a shorter treatment, mix equal parts of the Ultra Hydro Gel and Protective Skin Serum with Ceramides for an ultimate balancing of the skin. Must be applied after any chemical treatment to rebalance the skin.

### **INGREDIENTS**

Agua (Water), Helianthus Annuus (Sunflower) Seed Oil, Cyclopentasiloxane, Simmondsia Chinensis (Jojo-















ba) Seed Oil, Glycerin, Cetearyl Glucoside, Cetearyl Alcohol, Sodium Hyaluronate, Ceramide 3, Panthenol, Bisabolol, Yeast Beta Glucan, Potassium Sorbate, Phytic Acid, Wheat Amino Acids, Thioctic Acid, Aloe Barbadensis Leaf Extract, Medicago Sativa (Alfalfa) Extract, Centella Asiatica (Gotu Kola) Extract, Saccharmyces Lysate Extract, Avena Sativa (Oat) Extract, Rosa Canina (Rosehip) Extract, Arctostaphylos Uva-Ursi-Leaf (Bearberry) Extract, Ascorbyl Palmitate, Retinyl Palmitate, Magnesium Ascorbyl Phosphate, Dimethicone Crosspolymer, Xanthan Gum, Phenoxyethanol, Ethylhexylglycerin, Fragrance

### **KEY INGREDIENTS**

Wheat Amino Acids: Hydrolized plant protein that assimilates the aminio acids into new tissue which heal, reconstruct, and rejuvenate the skin.

**Ceramide 3:** Skin-identical ceramides that improve intercellular lipids and play an important part in the regulation of skin/water barrier homeostasis and water-holding capacity.

Alfalfa: Contains highly active antioxidants that prevent DNA destruction and slow the aging process.

Yeast Beta Glucan: Activates the langerhan cells (immune cells), which will then help heal the skin.

Oat: Contains natural antioxidants to fight free radical damage while moisturizing skin. A powerful anti-irritant to combat redness and inflammation.

Aloe Vera: Natural astringent, aids in healing and is very soothing and protective to the skin.

# **ESSENTIAL SERUM**

### with Amino Acids

GM11 R 1.69 fl. oz.

This ultra-light serum is a concentrated lipid-identical serum that reestablishes amino acids for a healthier stratum corneum. Additionally, it includes minerals for wound healing and immune stimulation as well as the luxurious Bulgarian rose oil for its soothing and anti-inflammatory properties. Clinically proven to reduce wrinkles and stimulate collagen production, this makes it an excellent choice in preventative and corrective skincare.













### **RECOMMENDED FOR**

All skin types. Great for texture, fine lines and wrinkles, and hyperpigmentation.

### Concerns

Aging, Acne, Rosacea, Hyperpigmentation, Pores and Texture, Dark Spots

### Skin Type

Normal, Oily, Dry, Combination, Sensitive

### **HOW TO USE**

### Home Care

After cleansing, apply onto face, neck and décolleté until absorbed, using upward motions. For best results, finish with additional serums, moisturizer, and SPF. Begin using 3–4x a week and increase as needed.

### In Clinic

After cleansing, apply onto face, neck and décolleté until absorbed, using upward motions. Finishing with additional serums, moisturizer, and SPF.

### Tip

Use after extractions to help clear any dead skin, dirt or oil that may have been left on the skin. This is also great serum to introduce to a client beginning their journey with chemical treatments as it will help to stimulate cellular turnover and build the skins barrier in preparation for chemical treatments.

### **INGREDIENTS**

Aqua (Water), PC10 Complex, Aloe Barbadesis (Aloe Vera), Echinacea Purpurea (Echinacea) Herb Extract, Equisetum Arvense (Horsetail) Extract, Olea Europaea (Olive) Leaf Extract, Spirulina Platensis (Algae) Extract, Hamamelis Virginiana (Witch Hazel), Glycerin, Helianthus Annuus (Sunflower) Oil, Pacific Algae (Seaweed) Extract, Xanthan Gum, Caprylic Acid, Glycine, Bulgarian Rosa Damascena (Rose) Oil, Iodopropynyl Butylcarbamate

### **KEY INGREDIENTS**

**PC10 Complex:** GlyMed Plus' own PC10 Amino Acid Complex contains powerful amino acid complexes, natural antioxidants, and pharmaceutical grade botanicals to help correct the damage from free radical injury in addition to combating inflammation which is one of the major causes of skin aging.

**Algae:** An emollient that restores moisture content to skin with claims to antioxidant properties.

**Echinacea:** Used for healing and immune stimulation. Horsetail: Used to heal wounds and to firm and tighten the skin.

**Rose:** Is found to help with inflammation, soothing rednesss, and increasing moisture retention abilities.

Chapter 04

# FIRMING SERUM

with Phyto-Stem Cells

GM90

R 1.0 fl. oz. | B 4.0 fl. oz.

This multi-tasking power serum helps to slow the aging process, lift, and firm sagging skin and brighten discoloration. Clinically proven plant cell culture, Uttwiler Spätlauber Apple resets aging skin at the cellular level. Firming Serum with Phyto-Stem Cells also contains four powerful amino peptides to help stimulate new cell growth and reprogram aging skin fibroblasts to increase collagen production.













### **RECOMMENDED FOR**

All skin types. Great for aging and hyperpigmentation.

### Concerns

Prevention, Fine Lines and Wrinkles, Post-Treatment

### Skin Type

Normal, Oily, Dry, Combination, Sensitive

### **HOW TO USE**

### Home Care

Apply to cleansed skin morning and night. Massage in gently until absorbed and continue with GlyMed Plus balancing products.

### In Clinic

After chemical treatment or masque is completed, apply any lighter serums or fluids, then apply 1–2 pumps to face, neck, and décolleté.

### Tip

This is an incredible multi-purpose product to assist with fine lines, wrinkles, and hyperpigmentation. Great to infuse into the skin during the Sonophoresis modality on the DermaSound™ Elite.

### **INGREDIENTS**

Aqua (Water), Glycerin, Hydroxyethyl Acrylate/Sodium Acryloyldimethyl, Taurate Copolymer, Squalane, Polysorbate 20, Creatine, 1-Methylhydamtoin-2-Imide, Sodium Ascorbyl Phosphate, Sodium PCA, Malus Domestica (Uttwiler Spatlauber Apple) Fruit Cell Culture Extract, Myristoyl Pentapeptide-11, Myristoyl Pentapeptide-8, Palmitoyl Pentapeptide-4, Sodium Hyaluronate, Biosaccharide Gum-1, Dipeptide Diaminobutyroyl Benzylamide Diacetate, Folic Acid, Lecithin, Cyclopentasiloxane, Cyclohexasiloxane, Butylene Glycol, Chondrus Crispus (Carrageenan), Propylene Glycol, Citric Acid, Polysorbate 60, Phenoxyethanol, Xanthan Gum, Carbomer, Caprylyl Glycol, Ethylhexylglycerin, Hexylene Glycol, Disodium EDTA

### KEY INGREDIENTS

**Uttwiler Spätlauber Apple:** Helps protect skin stem cells, delays aging and has anti-wrinkle effects.

**1-Methylhydantoin-2-Imide:** Natural tyrosinase inhibitor.

### Dipeptide Diaminobutyroyl Benzylamide Diacetate:

An anti-aging peptide complex which inhibits muscle contractions thereby actively reducing wrinkle depth.

### Myristoyl Pentapeptide-11 and Pentapeptide-8:

Potent biopeptides that stimulate collagen production.

**Citric Acid:** Acts like an antioxidant and assists in regeneration of skin tissue, as well as slowing down the aging process.

**Squalane:** Derived from olives and works as an antioxidant, promotes cell growth, moisturizes the skin, and has antibacterial properties.

# PEPTIDE SERUM

GM40 R 1.0 fl. oz. | B 4.0 fl. oz.

Activate the skin's self-defense system with this heptapeptide barrier repair formulation. This cellular defense protection cream reduces DNA oxidation, neutralizes free radicals, and increases antioxidant capacity within cells to fight against environmental and chronological aging.

### RECOMMENDED FOR

All skin types. Great for sensitive, photo-damage and compromised skin.

### Concerns

Aging, Acne, Rosacea, Dryness, Inflammation, Sensitivity

### Skin Type

Normal, Oily, Dry, Combination, Sensitive

### **HOW TO USE**

### Home Care

After cleansing, massage onto face, neck and décolleté until absorbed. For best results, finish with additional serums, moisturizer, and SPF.

### In Clinic

After cleansing, massage onto face, neck and décolleté until absorbed. For best results, finish with additional serums, moisturizer, and SPF. This serum is a must during the summer months or for post-treatment.

### Tip

One of the best serums to recommend during the summer months or for clients with an active outdoor lifestyle. Highly encouraged in post care as it helps to increase the skins ability to protect itself from trauma and stimulate healing.

### **INGREDIENTS**

Aqua (Water), Glycerin, Pentylene Glycol, Polysorbate 20, Sodium Hyaluronate, Palmitoyl Tripeptide-1, Palmitoyl Tetrapeptide-7, Acetyl Sh-Heptapeptide-1,





Copper Tripeptide-1, Panthenol, Glycereth-26, Sorbitol, Butylene Glycol, Dimethyl Mea, Glycine, Hydrolyzed Soy Protein, Hydrogenated Lecithin, Phenyl Alcohol, Propanediol, Rosa Centifolia (Cabbage Rose) Water, Malus Domestica Fruit Cell Culture Extract, Rosmarinus Officinalis (Rosemary) Leaf Extract, Camellia Sinensis (Green Tea) Leaf Extract, Hibiscus Abelmoschus Extract, Butyrospermum Parkii (Shea) Butter, Rosa Centifolia (Rose) Oil, Moringa Oleifera Seed Oil, Tetrahexyldecyl Ascorbate, Lecithin, Xanthan Gum, Carbomer, Caprylyl Glycol, Hexylene Glycol, Phenoxyethanol, Ethylhexylglycerin, Sodium Hydroxide

### **KEY INGREDIENTS**

Palmitoyl Tripeptide-1: A peptide that initiates the stimulation of collagen and glycosaminoglycan (hyaluronic acid) production while also supporting connecting tissue to firm and tighten.

Palmitoyl Tetrapeptide-7: A peptide that initiates the stimulation of collagen and glycosaminoglycan (hyaluronic acid) production while also supporting connecting tissue to firm and tighten.

**Acetyl SH-Heptapeptide-1:** Protective peptide that prevents against DNA oxidations while also turning on the master switch to slow aging and neutralize free radical damage.

**Copper Tripeptide-1:** A wound healing peptide that delivers essential nutrients crucial for tissue regeneration.

# BIO RENEWAL SERUM

GM39 R 1.0 fl. oz. | B 4.0 fl. oz.

This ultra-light facial gel reduces the signs of aging by influencing cellular renewal. This lightweight serum contains an exclusive tri-peptide complex, which naturally revitalizes the critical exfoliation process that occurs in youthful skin. Refine skins texture and increase hydration for smooth, vibrant radiant skin.

### RECOMMENDED FOR

All skin types. Great for exture, fine lines and hyperpigmentation.

### Concerns

Aging, Acne, Rosacea Hyperpigmentation, Pores and Texture, Dark Spots

### Skin Type

Normal, Oily, Dry, Combination, Sensitive

### **HOW TO USE**

### Home Care

After cleansing, apply onto face, neck and décolleté until absorbed, using upward motions. For best results, finish with additional serums, moisturizer, and SPF. Begin using 3–4x a week and increase as needed.

### In Clinic

After cleansing, apply onto face, neck and décolleté until absorbed, using upward motions. Finishing with additional serums, moisturizer, and SPF.

### Tin

Use after extractions to help clear any dead skin, dirt or oil that may have been left on the skin. This is also great serum to introduce to a client beginning their journey with chemical treatments as it will help to stimulate cellular turnover and build the skins barrier in preparation for chemical treatments.

### **INGREDIENTS**

Aqua (Water), Acetyl Hexapeptide-8, Glycerin, Polysorbate 20, Pentylene Glycol, Sodium Hyaluronate, Palmitoyl Tripeptide-1, Palmitoyl Tetrapeptide-7, Copper Tripeptide-1, Hexanoyl Dipeptide-3 Norleu-













cine Acetate, Panthenol, Glycine, Sorbitol, Dimethyl Mea, Hydrolyzed Soy Protein, Propanediol, Butylene Glycol, Mucor Miehei Extract, Camellia Sinensis (Green Tea) Leaf Extract, Vitis Vinifera (Grape) Seed Extract, Olea Europaea (Olive) Leaf Extract, Carica Papaya Fruit Extract, Citrus Limon (Lemon) Peel Oil, Moringa Oleifera Seed Oil, Vitis Vinifera (Grape) Seed Oil, Citrus Aurantifolia (Lime) Peel Oil, Tocopherol, Tetrahexyldecyl Ascorbate, Lecithin, Carbomer, Caprylyl Glycol, Hexylene Glycol, Phenoxyethanol, Ethylhexylglycerin, Sodium Hydroxide, Mica, Titanium Dioxide, Blue 1, Yellow 5

### **KEY INGREDIENTS**

Hexanoyl Dipeptide-3 Norleucine Acetate: Multifunctional peptide that helps to enhance the skins natural desquamation process in addition to removing damage protein to be replaced by stronger, dense protein.

Palmitoyl Tripeptide-1: A peptide that initiates the stimulation of collagen and glycosaminoglycan (hyaluronic acid) production while also supporting connecting tissue to firm and tighten.

**Palmitoyl Tetrapeptide-7:** A peptide that reduces inflammation that is responsible for weakening protein production. It also helps to influence healing and tissue regeneration.

**Acetyl Hexapeptide-8:** A neuro peptide that diminishes creases and wrinkles by preventing the signal protein, catecholamine, from connecting to the cell.

**Copper Tripeptide-1:** A wound healing peptide that delivers essential nutrients crucial for tissue regeneration.

# SKIN RECOVERY MIST

GM121

R 4.0 fl. oz. | B 8.0 fl. oz. | T 2.0 fl. oz.

Skin Recovery Mist forces life back into dehydrated, irritated, and lackluster skin with a dose of hydrating and healing algae, hyaluronic acid, and Vitamin B. This lightweight mist leaves skin refreshed, revitalized, and luminous! A must have for anyone who travels or for outdoor enthusiasts.

### RECOMMENDED FOR

All skin types. Great for post-procedure, and for an extra hydration boost throughout the day.

### Concerns

Dryness, Post-Treatment

### Skin Type

Normal, Oily, Dry, Combination, Sensitive

### **HOW TO USE**

### Home Care

Spray directly onto clean skin or spray on to a cotton round and apply to face, neck, and décolleté. Can be used morning and night or whenever skin is feeling lackluster.

### In Clinic

Spray onto cotton rounds after 2nd cleanse to ensure you have removed all of the cleanser. Also use after you are done with the masque and/or chemical treatment to rebalance skin.

### Tip

This can be considered a toner as it is balancing the skin. You can apply it over makeup to set. Great to apply post-treatment to diminish any discomfort.













### **INGREDIENTS**

Aqua (Water), Algae Extract, Aloe Barbadensis (Aloe Vera), Glycerin, Hyaluronic Acid, Panthenol (Vitamin B), Potassium Sorbate (Vitamin C), Allantoin, Diazolidinyl Urea, Iodopropynyl Butylcarbamate

### **KEY INGREDIENTS**

**Aloe Vera:** A potent healer. Provides a protective layer that inhibits infection and soothes the skin. It is both hydrating and gentle. Suitable for all skin types.

**Algae:** An emollient that restores moisture content and contains antioxidant properties.

**Hyaluronic Acid:** Retains water in the skin and it is able to maintain moisture levels throughout the day.

**Vitamin B:** This anti-inflammatory promotes wound healing and is a skin moisturizer.

## **CBD SKIN MIST**

GM403 R 4.0 fl. oz.

Infused with CBD and Vitamin B3, this mist is used to assist in balancing freshly cleansed skin for a radiant complexion. Vitamin B3 has been known to soothe irritation, reduce the appearance of redness, and improve overall skin tone. It is ideal for setting makeup or as a quick refresher throughout the day.

### RECOMMENDED FOR

All skin types. Great for photo-damage skin, fine lines and wrinkles, and acne.

### Concerns

Acne, Dryness, Photo-Damage, Inflammation, Fine Lines and Wrinkles

### Skin Type

Normal, Oily, Dry, Combination

### **HOW TO USE**

### Home Care

Spray directly onto clean skin, apply serums and moisturizer to help with spreadability. Mist the skin after makeup application to set makeup. It can be used throughout the day to keep skin balanced.

### In Clinic

Spray onto cotton rounds after the second cleanse or masque application to ensure proper removal. Mist the skin before applying serums to help with spreadability and can be used after makeup application to set makeup.

### Tip

We love using this mist to rehydrate the skin after using Oxygen Deep Pore Masque!

### **INGREDIENTS**

Organic Aloe Barbadensis Leaf Juice, Glycerin, PPG-26-Buteth-26, PEG-40 Hydrogenated Castor Oil, Pentylene Glycol, Sodium Hyaluronate, Panthenol, Glycosaminoglycans, Niacinamide, Propanediol, Sym-















phytum Officinale (Comfrey) RhizomeRoot Extract, Cucumis Sativus (Cucumber) Fruit Extract, Epilobium Angustifolium Flower/Leaf/Stem Extract, Saccharum Officinarum (Sugarcane) Extract, Citrus Aurantium Dulcis (Orange) Fruit Extract, Citrus Limon (Lemon) Fruit Extract, Pyrus Malus (Apple) Fruit Extract, Camellia Sinensis (Green Tea) Leaf Extract, Lycium Barbarum Fruit Extract, Coffea Arabica (Coffee) Seed Extract, Euterpe Oleracea Fruit Extract, Morinda Citrifolia Extract, Punica Granatum Fruit Extract, Garcinia Mangostana Fruit Extract, Cannabis Sativa Stem (CBD) Oil, Citrus Aurantium Dulcis (Orange) Peel Oil, Citrus Tangerina (Tangerine) Peel Oil, Citrus Grandis (Grapefruit) Peel Oil, Caprylyl Glycol, Hexylene Glycol, Phenoxyethanol, Ethylhexylglycerin

### **KEY INGREDIENTS**

**CBD (Hemp):** Grown in the USA, Derived from HEMP and is considered one of the strongest antioxidants, even stronger than Vitamin C and E, and recognized for its incredible anti-aging effects in the skin.

**Niacinamide:** A form of Vitamin B3, encourages cellular functions. Stimulates collagen synthesis, increases the production of ceramides, lipids and supports the integrity of the skin's barrier.

**Hyaluronic Acid:** Superb at retaining water, capable of holding 1,000x its weight in water. Helps to plump the skin and reduce Trans Epidermal Water Loss (TEWL).

# TYROSINASE INHIBITORS



# DAILY SKIN CLARIFIER

### **GM37**

R 2.0 fl. oz. | B 8.0 fl. oz. | T 0.25 fl. oz.

This powerful antioxidant cocktail uses natural tyrosinase inhibitors such as bearberry, licorice, and mulberry along with phytic acid to reduce melanin production and help brighten the skin. Daily use can lessen discolorations associated with acne, sun, trauma, hormones and any chemical or laser procedure quickly, safely and effectively.













### **RECOMMENDED FOR**

All skin types. Great for mild hyperpigmentation or daily maintenance.

### Concerns

Prevention, Dryness, Dark Spots, Pre-Treatment, Post-Treatment

### Skin Type

Normal, Oily, Dry, Combination, Sensitive

### **HOW TO USE**

### Home Care

Apply 1–2 pumps to cleansed skin before any serums or balancing products. Use both morning and night.

### In Clinic

Apply in all treatment after masque or removal of solution. Apply 1–2 pumps and pat onto face, neck, and décolleté.

### Tip

When using in treatment, avoid applying with a cotton round, as it will absorb most of the product. It is recommended to apply with gloves on so it won't absorb into your palms. Recommended for daily use, both morning and night.

### **INGREDIENTS**

Aqua (Water), Glycyrrhiza Glabra (Licorice) Root Extract, Phytic Acid, Arctostaphylos Uva-Ursi (Bearberry) Leaf Extract, Morus Alba (Mulberry) Bark Extract, Laminaria Japonica (Seaweed) Extract, Yeast Extract, Saccharum Officinarum (Sugarcane) Extract, Citrus Medica Limonum (Lemon) Fruit Extract, Citrus Aurantium Dulcis (Orange) Fruit Extract, Pyrus Malus (Apple) Fruit Extract, Camellia Sinensis (Green Tea) Leaf Extract, Tocopheryl Acetate (Vitamin E Acetate), Retinyl Palmitate (Vitamin A Ester), L-Ascorbic Acid (Vitamin C), Magnesium Ascorbyl Phosphate (Vitamin C), Glycerin, Sorbitol, Xanthan Gum, Butylene Glycol, Phenoxyethanol, Caprylyl Glycol, Sorbic Acid

### **KEY INGREDIENTS**

**Bearberry:** Natural tyrosinase inhibitor. Licorice: Lightener, antioxidant, anti-inflammatory, and hydrator.

**Mulberry:** Slows down the skin's aging process and aids in the reduction of fine lines and wrinkles, as well as assisting in the lightening of hyperpigmentation.

**Phytic Acid:** Excellent antioxidant and free radical scavenger.

**Green Tea:** Powerful antioxidant. Protects cells from free radicals and their associated damage. Also an antibacterial, anti-inflammatory, as well as having the capabilities to extend the effects of SPF.

**Apple:** Natural AHA offering soothing and anti-inflammatory properties while also gently exfoliating.

# PIGMENT BRIGHTENING SERUM

**GM26** 

R 2.0 fl. oz. | B 8.0 fl. oz. | T 0.25 fl. oz.

Thirty days to brighter, clearer skin. Pigment Brightening Serum is a revolutionary serum formulated to fade sunspots, hyperpigmentation, and age spots, for the gradual fading of pigmentary disorders without the use of hydroquinone.

# PIGMENT BRIGHTENING SEERIM Assin framulars reporters forer livenaging the purents 2.0 II to 1 30 m. O 2 total













### RECOMMENDED FOR

All skin types. Great for mild to moderate hyperpigmentation.

### Concerns

Prevention, Dark Spots, Pre-Treatment, Post-Treatment

### Skin Type

Normal, Oily, Dry, Combination, Sensitive

### **HOW TO USE**

### Home Care

Apply 1–2 pumps to cleansed skin before any serums or balancing products. Use both morning and night.

### In Clinic

Apply in all treatments after masque or removal of solution. Apply 1–2 pumps and pat onto face, neck, and décolleté.

### Tip

When using in treatment, avoid applying with a cotton round as it will absorb most of the product. It is recommended to apply with gloves on so it won't absorb into your palms. Recommended for daily use, both morning and night.

### **INGREDIENTS**

Aqua (Water), Glycolic Acid, Glycerin, Phytic Acid, Aloe Barbadensis (Aloe Vera) Leaf Extract, Camellia Sinensis (Green Tea) Leaf Extract, Bisabolol, Tocopheryl Acetate (Vitamin E Acetate), Ascorbic Acid (Vitamin C), Panthenol (Vitamin B), Polysorbate 20, 1-Methylhydantoin-2-Imide, Hydroxyethylcellulose, Tetrasodium EDTA, Phenoxyethanol, Ethylhexylglycerin, Sodium Hydroxide

### **KEY INGREDIENTS**

**Glycolic Acid:** It visibly reduces the appearance of pores and wrinkles as it removes surface dryness and breaks up cellular cohesion.

**1-Methylhydantoin-2-Imide:** A natural amino acid derivative known to generate cellular growth and inhibit tyrosinase activity in melanocytes.

**Phytic Acid:** Excellent antioxidant and free radical scavenger. Aloe Vera: A potent healer. Provides a protective layer that inhibits infection and soothes the skin. It is both hydrating and gentle.

**Green Tea:** High in antioxidants, effective antibacterial and anti-inflammatory agent.

# DIAMOND BRIGHT SKIN ILLUMINATOR

GM34 R 1.0 fl. oz. | B 4.0 fl. oz.

Diamond Bright Skin Illuminator reduces hyperpigmentation and brightens the skin through cutting edge technology, evening out skin tone and dark spots for a younger and brighter-looking complexion. Diamond Bright controls UV-induced pigmentation through advanced drone technology and only targets damaged melanocytes. Hyperpigmentation is no match for this brightening serum, performing outstanding result while being safe enough for even expecting mothers.









### **RECOMMENDED FOR**

All skin types. Great for severe hyperpigmentation and photo-damaged skin.

### Concerns

Prevention, Dark Spots, Post-Treatment

### Skin Type

Normal, Oily, Dry, Combination, Sensitive

### **HOW TO USE**

### Home Care

After cleansing skin, apply serum to face, neck, and décolleté to boost hydration and even skin tone. Finish with the GlyMed Plus moisturizer of choice and Moisurizing Protection Cream with SPF 30. Use both morning and night.

### In Clinic

After cleansing skin, apply serum to face, neck, and décolleté to boost hydration and even skin tone. Finish with the GlyMed Plus moisturizer of choice and Moisurizing Protection Cream with SPF 30.

### Tip

To treat aggressive melasma or hyperpigmentation used in conjunction with Daily Skin Clarifier, Pigment Brightening Serum.

### **INGREDIENTS**

Aqua (Water), Caprylic/Capric Triglyceride, Glycerin, Propanediol, Pentylene Glycol, Coco-Caprylate/ Caprate, Cetyl Alcohol, Stearic Acid, Dimethicone, Glyceryl Stearate, PEG-100 Stearate, Gamma Polyglutamic Acid, Palmitoyl Sh-Octapeptide-24 Amide, Palmitoyl Sh-Tripeptide-5 Norisoleucyl Sh-Nonapeptide-1, Oligopeptide-51, Panthenol (Vitamin B), Squalane, Lactic Acid, Lactic Acid/Glycolic Acid Copolymer, Polyvinyl Alcohol, Hydroxyethylcellulose, Undaria Pinnatifida (Algae) Extract, Morus Alba (Mulberry) Leaf Extract, Camellia Sinensis (Green Tea) Leaf Extract, Epilobium Angustifolium Flower/Leaf/Stem Extract, Glycyrrhiza Glabra (Licorice) Root Extract, Saccharum Officinarum (Sugarcane) Extract, Citrus Limon (Lemon) Fruit Extract, Citrus Aurantium Dulcis (Orange) Fruit Extract, Pyrus Malus (Apple) Fruit Extract, Tetrahexyldecyl Ascorbate (Vitamin C), Tocopherol (Vitamin E), Citrus Aurantium Dulcis (Orange) Peel Oil, Citrus Grandis (Grapefruit) Peel Oil, Xanthan Gum, Phenoxyethanol, Ethylhexylglycerin

### **KEY INGREDIENTS**

**Advanced Drone Technology:** Specifically targets skin neurons to help temporarily inhibit muscle contractions, while boosting collagen production helping to smooth and soften expression lines.

**Lightening Drone Technology:** Specifically targets injured melanocytes to help reverse damage to lighten skin tone quickly.

**Algae:** A rich source of trace minerals and amino acids which moisturize and soothe skin.

**Apple:** Natural AHA gently exfoliates while offering soothing and anti-inflammatory properties.

**Green Tea:** Powerful antioxidant. Protects cells from free radicals and their associated damage. An antibacterial, anti-inflammatory, and has the capabilities to extend the effects of SPF.

**Mulberry:** Slows down the aging process as it lightens hyperpigmentation.

# ACTIVE SERUMS





# RADIANT SERUM

with 1% Mandelic Acid

GM73 R 1.69 fl. oz. l B 4.0 fl. oz.

Lightweight, hydrating, and anti-aging, Radiant Serum exfoliates the skin gently and brightens the overall tone of your skin. Radiant Serum leaves the skin silky smooth, while it reduces the appearance of fine lines, protects against free radical damage, and prevents acne by decreasing dead skin buildup.

### RECOMMENDED FOR

All skin types. Great for mild to moderate acne.

### Concerns

Prevention, Acne, Rosacea, Hyperpigmentation, Pores and Texture, Pre-Treatment

### Skin Type

Normal, Oily, Dry, Combination, Sensitive

### **HOW TO USE**

### Home Care

face, neck & décolleté until absorbed, using upward motions. For best results, finish with additional serums, moisturizer, and SPF. Begin using 3-4x a week and increase as needed.

### In Clinic

After cleansing, apply onto face, neck & décolleté until absorbed, using upward motions. Finishing with additional serums, moisturizer, and SPF.

### Tip

Use after extractions to help clear any dead skin, dirt or oil that may have been left on the skin. This is also great serum to introduce to a client beginning their journey with chemical treatments as it will help to stimulate cellular turnover and build the skins barrier in preparation for chemical treatments.

### **INGREDIENTS**

Aqua (Water), Glycerin, Polysorbate 20, Pentylene Glycol Propanediol Sodium Hyaluronate, Palmitoyl Tripeptide-38, Palmitoyl Tripeptide-5, Palmitoyl Dipeptide-5 Diaminobutyroyl Hydroxythreonine, Pan-











thenol, Hydroxypropyl Cyclodextrin, Tetradecyl Aminobutyroylvalylaminobutyric Urea Trifluoroacetate, Mandelic Acid, Camellia Sinensis (Green Tea) Leaf Extract, Symphytum Officinale (Comfrey) Rhizome/root Extract, Anthemis Nobilis (Chamomile) Flower Extract, Citrus Aurantium Dulcis (Orange) Peel Oil, Citrus Grandis (Grapefruit) Peel Oil, Tocopherol, Xanthan Gum, Carbomer, Phenoxyethanol, Ethylhexylglycerin, Sodium Hydroxide

### **KEY INGREDIENTS**

**Mandelic Acid:** Derived from almonds, this larger AHA gently helps to diminish surface cells to reduce build up.

**Palmitoyl Tripeptide-38:** Often referred to as a "wrinkle-filling" peptide. Peptides such as this are found in collagen VI and laminins, and they help to smooth wrinkles from the inside by stimulating macromolecule production in the DEJ.

**Palmitoyl Tripeptide-5:** Peptide that stimulates collagen synthesis and helps reduce the apperance of wrinkles.

### Palmitoyl Dipeptide-5 Diaminobutyroyl

**Hydroxythreonine:** Anti-aging peptide cocktail that stimulates the proteins of theDermal-epidermal junction (DEJ) including laminin, collagen, integrin and provides strength.

**Comfrey:** An herb. The content of allantoin and mucilages provides soothing, antibacterial, and anti-inflammatory properties.

Chamomile: Anti-inflammatory and antibacterial.

# **BETA GEL**

with 10% Glycolic Acid

GM2

R 4.0 fl. oz. | T 1.0 fl. oz.

Beta Gel with 10% Glycolic Acid is a lightweight, hydrating, and anti-aging serum containing 10% Glycolic acid that exfoliates the skin and helps accelerate cell renewal. Smooths the appearance of fine lines and wrinkles, protects the skin from free-radical damage, reduces inflammation, and promotes healing.

### RECOMMENDED FOR

All skin types. Great for mild acne, aging, Rosacea, and hyperpigmentation.

### Concerns

Prevention, Acne, Rosacea, Hyperpigmentation, Pores and Texture, Pre-Treatment

### Skin Type

Normal, Oily, Dry, Combination, Sensitive

### **HOW TO USE**

### Home Care

Apply a pea-size amount to your face, neck, and décolleté. Do not remove. Start using 2–3 times a week. Slowly increase until it is part of your nightly regimen.

### In Clinic

Once you remove your masque, apply any serums or liquid treatment products first. Then apply peasize amount of Beta Gel with 10% Glycolic Acid to the face, neck, and décolleté. Must apply GlyMed Plus SPF 15 or higher.

### Tip

Use daily on hands and arms to improve hyperpigmentation, keratosis pilaris, dryness, and to smooth out texture. Glycolic acid can cause photo sensitivity, so make sure to wear sunscreen. Can be added to any masque in-treatment to boost activity.

### **INGREDIENTS**

Aqua (Water), SD Alcohol 40-B, Glycolic Acid, Pterocarpus Santalinis Wood Extract, Polysorbate 20, So-













dium Hyaluronate, Squalane, Yeast Beta Glucan, Hydroxyethylcellulose, Aloe Barbadensis Leaf Extract, Cucumis Sativus (Cucumber) Fruit Extract, Arnica Montana Flower Extract, Althaea Officinalis (Marshmallow) Root Extract, Hedera Helix (Ivy) Extract, Camellia Sinensis (Green Tea) Leaf Extract, Calendula Officinalis Flower Extract, Rosmarinus Officinalis (Rosemary) Leaf Extract, Tocopheryl Acetate, Retinyl Palmitate, Tetrasodium Edta, Phenoxyethanol, Ethylhexylglycerin, Fragrance, Sodium Hydroxide, Yellow 5, Yellow 6, Red 40

### **KEY INGREDIENTS**

**Glycolic Acid 10%:** Promotes light exfoliation, visibly reducing the appearance of pores and wrinkles, breaks up cellular cohesion, and removes surface dryness.

**Red Sandalwood:** Used to reduce puffiness, soothing, and healing.

**Arnica Montana:** It is antiseptic, astringent, antimicrobial, anti-inflammatory, anticoagulant, and it stimulates circulation and promotes healing.

**Yeast Beta Glucan:** Supports the health of new skin cells and protects them from destructive free radicals and inflammation.

**Hyaluronic Acid:** It plays a critical role in controlling the physical and biochemical characteristics of epidermal cells. It regulates skin activity, including water content, elasticity, and the distribution of nutrients to the cells. It can hold 1000x its weight in water and similarly locks water in the skin.

# ACCELERATOR GEL

with 20% Alpha Hydroxy Acids

### GM6

R 4.0 fl. oz. | T 1.0 fl. oz.

Supercharge cellular turnover and regenerate aged cells with Accelerator Gel with 20% Alpha Hydroxy Acids! Circadian balanced to work naturally with the skin's own immune system, this product's weightless serum is the perfect blend of 20% glycolic and lactic acid to encourage cell renewal and reduce the aging effects of environmental stress and other lifestyle imbalances. A must for all age management programs to "Accelerate" results.













### **RECOMMENDED FOR**

All skin types. Great for aging, acne, Rosacea, and hyperpigmentation.

### Concerns

Rosacea, Fine Lines and Wrinkles, Pores and Texture, Dark spots, Pre-Treatment

### Skin Type

Normal, Oily, Dry, Combination

### **HOW TO USE**

### Home Care

For Fitzpaterick types 1–3, apply in the evening to cleansed skin after you have applied any fluids or serums. Apply 2 to 4 drops to face, neck, and décolleté. For Fitzpaterick types 4–6, apply in the evening 3x a week.

### In Clinic

Apply as an ending treatment product. In your treatment, once you have removed the mask and applied any fluids or serums, apply 2–4 drops on face, neck, and décolleté. Finish with an application of your GlyMed Plus balancing products and SPF 15 or higher.

### Tip

Can be used to prepare skin for chemical and surgical procedures, as well as extending their effects. Use after cleanser in homecare regimen.

### **INGREDIENTS**

Aqua (Water), Butylene Glycol, Glycolic Acid, Lactic Acid, Aloe Barbadensis (Aloe Vera) Leaf Extract, Polysorbate 20, Salvia Officinalis (Sage) Extract, Anthemis Nobilis (Chamomile) Flower Extract, Camellia Sinensis (Green Tea) Leaf Extract, Tocopheryl Acetate (Vitamin E Acetate), Hydroxyethylcellulose, Tetrasodium EDTA, Phenoxyethanol, Ethylhexylglycerin, Sodium Hydroxide

### **KEY INGREDIENTS**

**Glycolic Acid 10%:** It visibly reduces the appearance of pores and wrinkles as it removes surface dryness and breaks up cellular cohesion.

**Lactic Acid 10%:** Diminishes the cohesion of the surface skin cells and prevents the thickening of the stratum corneum. Also assists as a tyrosinase inhibitor when over 5%, to brighten hyperpigmentation.

**Aloe Vera:** Natural astringent, aids in healing and is very soothing and protective to the skin.

**Sage Extract:** Antiseptic, astringent, and antioxidant qualities. Green Tea Extract: High in antioxidants, effective antibacterial and anti-inflammatory agent.

Chamomile: Anti-inflammatory and antibacterial.

# TRI-ACID 15% SKIN GEL

GM15 R 4.0 fl. oz. | T 1.0 fl. oz.

Contains salicylic acid, a proven acne medication, along with two alpha hydroxy acids in a weightless, water-based, oil-free formula that dramatically reduces acne lesions. Effectively release and loosen impacted pores while reducing inflammation.

### RECOMMENDED FOR

All skin types. Great for acne-prone, oily, and aging skin.

Concerns

Acne, Pores and Texture

Skin Type

Oily, Combination

### **HOW TO USE**

### Home Care

Apply a small amount of gel to clean skin, gently working into affected area until absorbed. For sensitive skin to normal skin: use 2–3 times per week; for oily to resistive skin: use 4–5 times per week.

### In Clinic

Apply a small amount of gel to cleansed and treated skin, gently working into affected area until absorbed. Finish with your GlyMed Plus Balancing products and SPF 15 or higher.

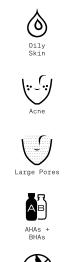
### Tip

This is a great alternative product to Accelerator Gel with 20% Alpha Hydroxy Acids if your client is oily or acne-prone. This will give them the same anti-aging benefits but with the added benefit of acne control.

### **INGREDIENTS**

Aqua (Water), SD Alcohol 40-B, Glycolic Acid, Lactic Acid, Salicylic Acid, Polysorbate 20, Hamamelis Virginiana (Witch Hazel) Water, Hydroxyethylcellu-





Not Pregnancy Safe

lose, Aloe Barbadensis (Aloe Vera) Leaf Juice, Arnica Montana Flower Extract, Cinnamomum Camphora (Camphor) Leaf Oil, Eucalyptus Globulus Leaf Oil, Melaleuca Alternifolia (Tea Tree) Leaf Oil, Cananga Odorata (Ylang Ylang) Flower Oil, Yeast Extract, Sodium Hyaluronate, Glycerin, Benzalkonium Chloride, Phenoxyethanol, Chlorphenesin, Caprylyl Glycol, Tetrasodium EDTA, Sodium Hydroxide

### **KEY INGREDIENTS**

**Glycolic Acid 10%:** An AHA used to treat acne, and aging skin. Resolves dry skin conditions and visibly reduces the appearance of pores and wrinkles. Reduces pigment and surface dryness.

**Lactic Acid 10%:** An AHA that diminishes the cohesion of the surface skin cells and subsequently, prevents the thickening of the stratum corneum for smooth and flexible skin.

**Salicylic Acid 5%:** Exfoliant. Reduces oiliness, acne, and photo-aging. Slows down the shedding of the cells inside the follicles to prevent clogging and helps break down blackheads and whiteheads.

**Tea Tree:** It promotes strong healing for the relief of symptoms such as acne and other skin infections. The oil is a powerful germicide, fungicide, and antiseptic.

**Arnica Montana:** Antiseptic, astringent, antimicrobial, anti-inflammatory, and it stimulates circulation and promotes healing.

# RETINOL REJUVENATION SERUM

GM91 R 1.0 fl. oz.

Retinol Rejuvenation Serum delivers the maximum concentration of 5% retinol in a serum to influence collagen and speed skin renewal to diminish the appearance of fine lines, acne, wrinkles, and hyperpigmentation.

### RECOMMENDED FOR

All skin types. Great for acne, aging, hyperpigmentation, and environmentally damaged skin.

### Concerns

Prevention, Acne, Fine Lines and Wrinkles, Pores and Texture, Dark Spots, Pre-Treatment

**Skin Type**Oily, Combination

### **HOW TO USE**

### Home Care

Use once daily in the evening on cleansed skin. Smooth serum over face and neck allowing product to absorb completely. Follow with a GlyMed Plus balancing product.

### In Clinic

Smooth serum over thoroughly cleansed face and neck. Allow product to absorb completely. Apply a GlyMed Plus Balancing product followed by a GlyMed Plus SPF 15 or higher.

### Tip

This product is perfect for acne-prone or aging skin.













### **INGREDIENTS**

Aqua (Water), Cetearyl Ethylhexanoate, Caprylic/Capric Triglyceride, Hyaluronic Acid, Retinol (Vitamin A), Palmitoyl Dipeptide-5 Diaminobutyroyl Hydroxythreonine, Palmitoyl Dipeptide-5 Diaminohydroxybutyrate, Olea Europaea (Olive) Oil, Limnanthes Alba (Meadowfoam) Seed Oil, Tocopheryl Acetate (Vitamin E Acetate), Retinyl Palmitate (Vitamin A Ester), Glycerin, Sucrose Tristearate, Bis-Diglyceryl Polyacyladipate-2, Polysorbate 60, PEG-20, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Butylene Glycol, Rosmarinus Officinalis (Rosemary) Leaf Oil, Pelargonium Graveolens (Geranium) Oil, Phenoxyethanol, Ethylhexylglycerin, Triethanolamine

### **KEY INGREDIENTS**

**Vitamin A:** Protects the skin and Langerhans cells and controls the activation of MMPs. Protects the skin from sun-induced aging and stimulates skin cell renewal. Acts as a natural humectant.

**Palmitoyl Dipeptide-5:** Improves collagen production and strengthens the epidermaldermal junction

to improve structural strength and increases cellular communication.

**Hyaluronic Acid:** Retains water in the skin and it is able to maintain moisture levels throughout the day.

**Vitamin A Ester:** Free radical scavenger. Increases epidermal thickness.

# ACTIVE TREATMENTS



# **ASTRINGENT NO. 2**

with Salicylic Acid

GM78 R 8.0 fl. oz. | T 1.0 fl. oz.

Astringent No. 2 with Salicylic Acid contains 2% salicylic acid, essential oils, and healing botanicals. Skin will feel refreshed while drying up acne, killing bacteria, reducing redness, and controlling excess oil production on the skin.

### RECOMMENDED FOR

All skin types. Great for use after extractions and for mild acne.

Concerns

Acne, Pores and Texture

Skin Type
Oily, Combination

### **HOW TO USE**

### Home Care

Apply with a saturated cotton round. Can be applied all over the face or just to spot treat. Can be used daily or as needed.

### In Clinic

Apply with a cotton round after extractions. Apply after masque is removed. Can be applied all over face.

### Tip

For your layer based solutions, you can use this as a pre-treatment. Also a great product to apply nightly on the nose area to reduce the appearance of larger pores. Can also be used as a treatment in a homecare regimen to help avoid ingrown hairs and whiteheads after waxing.

### **INGREDIENTS**

**Active Ingredients:** 

Salicylic Acid 2.0%





Not Pregnancy Safe

Inactive Ingredients: Aesculus Hippocastanum (Horse Chestnut) Seed Extract, Aloe Barbadensis (Aloe Vera) Leaf Juice, Aqua (Water), Arnica Montana Flower Extract, Glycerin, Hamamelis Virginiana (Witch Hazel) Extract, Hedera Helix (Ivy) Leaf/Stem Extract, Hypericum Perforatum (St. John's Wort) Flower/Leaf/Stem Extract, Isopropyl Alcohol, Melaleuca Alternifolia (Tea Tree) Leaf Oil, Menthol, Polysorbate 80, Propylene Glycol, Vitis Vinifera (Grape) Fruit Extract

### **KEY INGREDIENTS**

**Salicylic Acid:** Dissolves oil by softening keratin. Slows down shedding of the cells inside the follicles to prevent clogging.

**Tea Tree:** Known for its antiseptic and skin healing properties. It promotes strong healing for the relief of symptoms such as acne and other skin infections. The oil is a powerful germicide, fungicide, and antiseptic.

Witch Hazel: Removes excess surface skin oils.

**Menthol:** A natural cooling agent, anti-inflammatory and anti-itching to the skin.

**Arnica Montana:** It is antiseptic, astringent, antimicrobial, anti-inflammatory, anticoagulant, and it stimulates circulation and promotes healing.

**Aloe Vera:** Natural astringent, aids in healing and is very soothing and protective to the skin.

# **ASTRINGENT NO. 5**

with Salicylic Acid

GM20 R 8.0 fl. oz. I T 1.0 fl. oz.

Astringent No. 5 with Salicylic Acid contains 5% salicylic acid, essential oils, and healing botanicals for advanced acne. Help to clear up acne, kill bacteria, reduce redness, and control excess oil production on the skin.

### RECOMMENDED FOR

All skin types. Great for mild to moderate acne.

### Concerns

Acne, Pores and Texture, Pre-Treatment

Skin Type Oily, Combination

### **HOW TO USE**

### Home Care

Saturate a cotton or gauze pad and gently wipe over affected skin. Use once daily or as directed. If excessive dryness or peeling occurs, reduce application to every other day.

### In Clinic

Saturate a cotton or gauze pad and gently wipe over affected skin. Use as a pretreatment solution before any BHA, Jessner, or TCA chemical treatment. Allow to dry 1-3 minutes before applying the solution.

Can be mixed in with Mattifying Sulfur Masque or as an at home spot treatment for acne. Can be used to pre-treat skin before a chemical treatment.

### INGREDIENTS

### **Active Ingredients:**

Salicylic Acid 5.0%

Inactive Ingredients: Aqua (Water), Isopropyl Alcohol, Salicylic Acid, Glycerin, Aloe Barbadensis (Aloe Vera) Leaf Juice, Hamamelis Virginiana (Witch Hazel)













Extract, Polysorbate 80, Melaleuca Alternifolia (Tea Tree) Leaf Oil, Propylene Glycol, Vitis Vinifera (Grape) Fruit Extract, Hypericum Perforatum (St. John's Wort) Extract, Arnica Montana Flower Extract, Aesculus Hippocastanum (Horse Chestnut) Seed Extract, Hedera Helix (Ivy) Leaf/Stem Extract, Menthol

### **KEY INGREDIENTS**

Salicylic Acid: Used as an exfoliant. Reduces oiliness, acne, and photo-aging. Helps slow down the shedding of the cells inside the follicles to prevent clogging. Also helps break down blackheads and whiteheads.

Aloe Vera: A potent healer. Provides a protective layer that inhibits infection and soothes the skin. It is both hydrating and gentle. Suitable for all skin types.

Arnica Montana: It is antiseptic, astringent, antimicrobial, anti-inflammatory, anticoagulant, and it stimulates circulation and promotes healing.

Tea Tree: Known for its antiseptic and skin healing properties. It promotes strong healing for the relief of symptoms such as acne and other skin infections. The oil is a powerful germicide, fungicide, and antiseptic.

Horse Chestnut: Promotes blood circulation by strengthening the capillary walls. Also has antiinflammatory effects helpful in treating edema caused by excess fluid.

# BLEMISH CONTROL NO. 5

with Benzoyl Peroxide

GM22 R 4.0 fl. oz. | T 1.0 fl. oz.

Blemish Control No. 5 with Benzoyl Peroxide is one of the most effective topical treatments for inflamed and non-inflamed acne. Once on the skin, benzoyl peroxide reduces bacteria by oxygenating pores, causing peeling,

and loosening of impactions to clear and prevent acne breakouts.



All skin types. Great for mild to moderate acne.

Concerns Acne

**Skin Type**Normal, Dry, Sensitive

#### **HOW TO USE**

#### Home Care

Cleanse skin thoroughly with mild exfoliating or acne specific facial wash. Apply medication to affected areas, gently massaging until thoroughly absorbed. Use once daily or as directed. If excessive dryness or peeling occurs, reduce application to every other day.

#### In Clinic

Once skin has been cleansed and treated, apply a small amount of medication to affected area and massage in gently until absorbed. Finish with your GlyMed Plus Balancing products and SPF 15 or higher.

#### Tip

Cocktail a small amount of Recovery Cream with Arnica and Blemish Control No. 5 with Benzoyl Peroxide for an anti-inflammatory/antibacterial treatment.





#### **INGREDIENTS**

#### **Active Ingredients:**

Benzoyl Peroxide 5.0%

Inactive Ingredients: Aloe Barbadensis (Aloe Vera) Leaf Juice, Aqua (Water), Caprylyl Glycol, Carbomer, Chlorphenesin, Disodium EDTA, Glycerin, Lavandula Angustifolia (Lavender) Oil, Melaleuca Alternifolia (Tea Tree) Leaf Oil, Phenoxyethanol, Polysorbate 20, Propylene Glycol, Sorbitol, Triethanolamine

#### **KEY INGREDIENTS**

**Benzoyl Peroxide:** An antibacterial agent and oxygen releasing chemical that kills the bacteria responsible for acne breakouts.

**Tea Tree:** Antiseptic and healing to the skin.

**Aloe Vera:** A potent healer. Provides a protective layer that inhibits infection and soothes the skin. It is both hydrating and gentle. Suitable for all skin types.

**Lavender:** Promotes healing and balance to the skin. It is also an antiseptic, analgesic, and antidepressant.

# SKIN RESURFACING LOTION

with Resorcinol

GM24 R 4.0 fl. oz.

This powerful blend of Lactic acid, Sulfur, and Resorcinol addresses acne conditions that are more resistant to treatment. Our unique formula encourages peeling while killing bacteria, suppresses oil production, and helps stimulate healing.

#### RECOMMENDED FOR

All skin types. Great for acne grades 3 and 4 and cystic acne.

Concerns

Acne

Skin Type

Normal, Oily, Combination

#### **HOW TO USE**

#### Home Care

Can use 1 to 3 times per week, or as directed, on cleansed skin. Spot treat affected area and then continue with GlyMed Plus balancing products.

#### In Clinic

Use after chemical treatment or masque to spot treat acne lesions, then apply remaining GlyMed Plus treatment, balancing, and SPF products.

#### Tip

Mix 2 drops of Skin Resurfacing Lotion with Resorcinol with Mattifying Sulfur Masque before extractions to soften the skin and allow for easier extractions.















Evenina

#### **INGREDIENTS**

#### **Active Ingredients:**

Sulfur 4.0% Resorcinol 2.0%

Inactive Ingredients: Aqua (Water), Behentrimonium Methosulfate, BHT, C13-14 Isoparaffin, Ceteareth-20, Cetearyl Alcohol, Cetyl Alcohol, Cyclopentasiloxane, Dimethicone, Disodium EDTA, Glycerin, Hydroxyethylcellulose, Imidazolidinyl Urea, Lactic Acid, Laureth-7, Lavandula Angustifolia (Lavender) Oil, Polyacrylamide, Salicylic Acid, SD Alcohol 40-B, Sorbitan Laurate

#### **KEY INGREDIENTS**

**Sulfur:** Reduces inflammation, kills bacteria, reduces dead skin build up, and reduces excess oil.

**Resorcinol:** Antiseptic, astringent, and anti-bacterial components. Potentiates desquamation to promote faster healing of acne skin. Inhibits oil production.

**Lactic Acid:** Diminishes intercellular cement to detach dead skin cells and exfoliate the skin.

**Salicylic Acid:** Softens keratin to help remove upper layer of the skin.

**Lavender:** Promotes healing and balance to the skin. It is also an antiseptic, analgesic, and antidepressant.

# BALANCE PRODUCTS

Section 3

# EYE + LIP



## LIP ENHANCER

with Warming Actives

GM82 R 0.3 fl. oz.

Lip Enhancer with Warming Actives is packed with moisturizing emollients and powerful peptides to diminish fine lines to restore the vital components necessary to support a youthful and smooth vermillion border. Natural and safe vasodilators give the lips a fuller, more plump appearance.

#### RECOMMENDED FOR

All skin types. Great for plumping and smoothing the lips.

#### Concerns

Prevention, Dryness, Loss of Firmness

#### Skin Type

Normal, Oily, Dry, Combination, Sensitive

#### **HOW TO USE**

#### Home Care

Apply a small amount of product to the lips and lip contour area with light massaging motions. Repeated use creates softer lips Use daily or as needed.

#### In Clinic

Apply a small amount of product to cleansed lips and lip contour area with light massaging motions. Repeated use creates softer lips.

#### Tip

Use daily as a lip plumping balm to reduce fine lines and wrinkles.

#### **INGREDIENTS**

Aqua (Water), Helianthus Annuus (Sunflower) Seed Oil, Xylitol, Glycerin, Glyceryl Stearate, Vitis Vinifera (Grape) Seed Oil, Theobroma Cacao (Cocoa) Seed Butter, Cetearyl Glucoside, Acetyl Hexapeptide-3,











Caprylic Acid, Glycine, Butyrospermum Parkii (Shea) Butter, Hydroxyproline, Tocopherol (Vitamin E), Xanthan Gum, Mentha Piperita (Peppermint) Leaf Oil, Methyl Nicotinate

#### **KEY INGREDIENTS**

**Methyl Nicotinate:** A potent vasodilator. It is used to stimulate the lips to produce the plumping effect.

**Acetyl Hexapeptide-3:** A naturally derived peptide with wrinkle relaxing abilities. Temporarily limits the overproduction and release of neurotransmitters that initiate and control the intensity of facial muscle contractions.

**Peppermint:** A natural plant oil that cools, invigorates, and stimulates the skin.

**Shea Butter:** Soothes damaged skin, promotes cell regeneration, and assists in circulation.

**Cocoa Butter:** Abundant in Vitamins E and B. It contains glycerides that deliver moisturizing lipids and fats which plump and firm, help soothe sensitivities, and protect skin from environmental damage.

**Vitamin E:** Powerful antioxidant and soothing agent that protects skin from the effects of pollutants and free radicals.

# HYDRATING LIP BALM

GM35 R 0.5 fl. oz.

This incredibly moisturizing and healing lip balm is the perfect weapon against dry, cracked lips! Calm and soothe dry, irritated lips with healing botanicals such as jojoba, avocado oil, and sunflower seed oil while peppermint and spearmint leave you feeling cool and minty fresh. Hydrating Lip Balm glides on smoothly for the perfect soothing and anti-aging lip solution to keep lips plump and youthful.



All skin types and all skin conditions.

Concerns

Dryness

Skin Type

Normal, Oily, Dry, Combination, Sensitive

#### **HOW TO USE**

#### Home Care

Apply Hydrating Lip Balm as often as needed to heal and sooth dry cracked lips. Perfect for putting in your purse to use throughout the day.

#### In Clinic

As the last step in treatment, apply Hydrating Lip Balm to heal and sooth dry, irritated lips.

#### Tip

The Hydrating Lip Balm is safe to infuse during the Sonophresis modality on the DermaSound<sup>TM</sup> Ultra to plump and intensely hydrate the lips for a more voluminous appearance.















#### **INGREDIENTS**

Petrolatum, Hydrogenated Polyisobutene, Jojoba Esters, Beeswax, Helianthus Annuus (Sunflower) Seed Oil, Butyrospermum Parkii (Shea) Butter, Mentha Piperita (Peppermint) Oil, Olea Europaea (Olive) Fruit Oil, Vitis Vinifera (Grape) Seed Oil, Persea Gratissima (Avocado) Oil, Mentha Viridis (Spearmint) Leaf Oil, Tocopheryl Acetate (Vitamin E Acetate), Ethylene/Propylene/Styrene Copolymer, Butylene/Ethylene/Styrene Copolymer

#### **KEY INGREDIENTS**

**Jojoba:** A moisturizing emollient that rapidly penetrates the stratum corneum to provide intense healing and moisture.

**Sunflower:** High in linoleic acid which softens the skin and helps to retain moisture.

**Avocado:** A strong antioxidant that is rich in vitamins A, B1, B2, D, and E to promote skin rejuvenation and increase collagen production.

**Shea Butter:** Restores suppleness, increases moisture in the skin, and improves the appearance of dry, irritated skin.

Spearmint: Skin conditioner.

**Grape:** A natural plant oil that cools, invigorates, and stimulates the skin.

## **EYE CALM**

GM65 R 0.3 fl. oz.

Eye Calm is a luxurious blend of natural botanicals, potent antioxidants and skin immune boosting powers that gently tighten and firm around the eyes. Copper peptides assist in the reduction of dark circles and promote the healing of this delicate area.

#### RECOMMENDED FOR

All skin types. Great for dark circles and puffiness around the eye area.

#### Concerns

Prevention, Dryness, Dark Circles

#### Skin Type

Normal, Oily, Dry, Combination, Sensitive

#### **HOW TO USE**

#### Home Care

Apply a small amount around the entire eye area, including the lids, and gently blend. Use morning and night and throughout the day as needed.

#### In Clinic

After skin has been cleansed and treated, apply a small amount gently around the entire eye area, including the lids, and gently blend. Finish with your GlyMed Plus Balancing products and SPF 15 or higher.

#### Tip

Keep Eye Calm in the refrigerator for a cooling morning treatment that reduces puffiness.

#### **INGREDIENTS**

Aqua (Water), Glyceryl Stearate, Helianthus Annuus (Sunflower) Seed Oil, Cetearyl Glucoside, Cetearyl Alcohol, Simmondsia Chinensis (Jojoba) Seed Oil, Glycerin, Butyrospermum Parkii (Shea) Butter, Sodium Hyaluronate, Phospholipids, Caprylic/Capric Triglyceride, Glycine, Potassium Sorbate, Thioctic













Acid, Camellia Sinensis (Green Tea) Leaf Extract, Echinacea Angustifolia Extract, Vanilla Planifolia Fruit Extract, Tocopheryl Acetate, Retinyl Palmitate, Ascorbyl Palmitate, Xanthan Gum, Phenoxyethanol, Ethylhexylglycerin

#### **KEY INGREDIENTS**

**Green Tea:** Powerful antioxidant. Protects cells from free radicals and their associated damage. An antibacterial, anti-inflammatory, and has the capabilities to extend the effects of SPF.

**Hyaluronic Acid:** Naturally occurring in our skin, it plays a critical role in controlling the physical and biochemical characteristics of epidermal cells. It regulates skin activity, including water content, elasticity, and the distribution of nutrients to the cells. It can hold 1000x its weight in water and similarly locks water in the skin.

**Copper Peptide:** A combination of copper and 3 amino acids that rejuvenates skin cells in aging tissue, boosting the production of collagen and elastin, and improves the skin's moisture-holding capacity.

**Echinacea:** Used for healing and immune stimulation. Sunflower: Strengthens the skin's natural barrier and moisturizes the skin.

# CBD REGENERATIVE EYE CREAM

GM401 R 0.3 fl. oz. l B 1.0 fl. oz.

This moisture-rich eye cream is the perfect touch to balance under the eyes. Its lightweight texture allows for fast absorption and sits beautifully under makeup.

#### **RECOMMENDED FOR**

All skin types. Great for prevention, fine lines and wrinkles, dry skin, and dark circles.

#### Concerns

Prevention, Dryness, Fine Lines and Wrinkles, Loss of Firmness, Dark Circles, Post-Treatment

#### Skin Type

Normal, Oily, Dry, Combination, Sensitive

#### **HOW TO USE**

#### Home Care

Use morning and night, after cleansing. Apply a small amount to ring finger and gently massage into the entire eye area and beyond orbital bone.

#### In Clinic

Apply a small amount to ring finger and gently massage into the entire eye area and beyond orbital bone. Keep in the fridge for an extra cooling effect.

#### Tip

Can also be used around the mouth to address fine lines and wrinkles for prevention and structure. Pair CBD Eye Cream with our Firming Eye Cream for boosted anti-aging benefits!

#### **INGREDIENTS**

Aqua (Water), Glycerin, Caprylic/Capric Triglyceride, Cetyl Alcohol, Stearic Acid, Cetearyl Alcohol, Coco-Caprylate/Caprate, Dimethicone, Pentylene Glycol, Propanediol, Ceteareth-20, Sodium Hyaluronate, Palmitoyl Tripeptide-5, Palmitoyl Dipeptide-5 Diaminobutyroyl Hydroxythreonine, Panthenol, Allantoin, Soluble Collagen, Xylitylglucoside, Squalane, Anhy-













droxylitol (Fermented Wheat), Xylitol, Tetradecyl Aminobutyroylvalylaminobutyric Urea Trifluoroacetate, Glycyrrhiza Glabra (Licorice) Root Extract, Euphrasia Officinalis (Eyebright) Extract, Arctostaphylos Uva-Ursi-Leaf (Bearberry) Extract, Epilobium Angustifolium Flower/Leaf/Stem Extract, Paullinia Cupana (Guarana) Extract, Camellia Sinensis (Green Tea) Leaf Extract, Undaria Pinnatifida Extract, Corallina Officinalis Extract, Butyrospermum Parkii (Shea) Butter, Cannabis Sativa Seed (Cbd) Oil, Brassica Campestris Seed Oil, Citrus Aurantium Dulcis (Orange) Peel Oil, Linum Usitatissimum Seed Oil, Tocopherol, Tetrahexyldecyl Ascorbate, Magnesium Ascorbyl Phosphate, Xanthan Gum, Carbomer, Phenoxyethanol, Ethylhexylglycerin, Sodium Hydroxide

#### **KEY INGREDIENTS**

**CBD (Hemp):** Grown in the USA, Derived from HEMP and is considered one of the strongest antioxidants, even stronger than Vitamin C and E, and recognized for its incredible anti-aging effects in the skin.

#### Palmitoyl Dipeptide-5 Diaminobutyroyl

**Hydroxythreonine:** Anti-aging peptide cocktail that stimulates the proteins of the Dermal-epidermal junction (DEJ) including laminin, collagen, integrin and provides strength.

**Vitamin C:** A powerful antioxidant used to fight free radicals and prevent premature aging caused by MMPs and UV exposure while also tightening the skin.

**Licorice and Bearberry:** Tyrosinase inhibitors that brighten and lighten the under eye.

# FIRMING EYE CREAM

GM13 R 0.3 fl. oz.

Intensely hydrating, multi-action eye care that delivers clinically proven, anti-aging peptide technology. It includes protective botanicals and antioxidants, vitamins, and potent Ceramides 1, 2, and 3 to reinforce the natural lipid barrier and reduce the appearance of fine lines and wrinkles while firming the delicate skin around the eye.

#### RECOMMENDED FOR

All skin types. Especially great for fine lines and wrinkles, and for dry, dehydrated, and sagging skin.

#### Concerns

Dryness, Fine Lines and Wrinkles, Loss of Firmness

#### Skin Type

Normal, Oily, Dry, Combination, Sensitive

#### **HOW TO USE**

#### Home Care

Using your ring fingers apply a small amount around and under the eyes. Gently pat into the skin. Use morning and night for best results.

#### In Clinic

After applying your GlyMed Plus Treatment products, apply a thin layer around the eyes, and finish with your GlyMed Plus Balance products and SPF 15 or higher.

#### Tip

Safe to infuse during the Sonophresis modality on the DermaSound<sup>TM</sup> Elite for a more specialized eye treatment. Gently pat in an inward, circular motion using ring fingers until absorbed.

#### **INGREDIENTS**

Aqua (Water), Acetyl Hexapeptide-6, Caprylic/Capric Triglyceride, Cetearyl Glucoside, Glyceryl Stearate, Cetearyl Alcohol, Cetearth-20, Dipalmitoyl Hydroxyproline, Ceramide 3, Ceramide 2, Ceramide 1, Phytosphingosine, Hydrolyzed Rice Protein, Glycine Soja (Soybean) Protein, Serine, Proline, Spirulina Platensis (Algae) Extract, Butyrospermum Parkii (Shea) Butter,













Simmondsia Chinensis (Jojoba) Oil, Tetrahexyldecyl Ascorbate (Vitamin C), Xanthan Gum, Tocopherol (Vitamin E), Sodium Hyaluronate, Malva Sylvestris (Mallow) Extract, Mentha Piperita (Peppermint) Leaf Extract, Primula Veris (Primrose) Extract, Alchemilla Vulgaris (Lady's Mantle) Extract, Veronica Officinalis (Speedwell) Extract, Melissa Officinalis (Balm) Leaf Extract, Achillea Millefolium (Yarrow) Extract, Caprylic Acid, Camellia Sinensis (Green Tea) Leaf Extract, Retinyl Palmitate (Vitamin A Ester), Rosa Damascena (Rose) Oil, Olea Europaea (Olive) Polyphenols, Red Wine Polyphenols, Glycine, Potassium Sorbate (Vitamin C)

#### **KEY INGREDIENTS**

**Aceytl Hexapeptide-6:** Powerful neuropeptide that works to reduce the intensity of facial expressions, thus lessening wrinkle depth.

**Ceramides 1, 2, and 3:** Improve intercellular lipids and play an important part in the regulation of skin water barrier homeostasis and water-holding-capacity. Plays a key role in the establishment of the stratum corneum barrier function, preventing TEWL.

**Vitamins A, C, and E:** Incredibly healing and hydrating. Fights free radical damage and hyperpigmentation.

**Jojoba:** An emollient that provides intense healing and moisture. Primrose: Reduces inflammation and has natural skin lightening properties.

**Green Tea:** High in antioxidants, effective antibacterial and anti-inflammatory agent.

**Shea Butter:** Excellent moisturizing and nourishing abilities.

# MOISTURIZERS



## **BEAUTY OIL**

#### GM31

R 0.5 fl. oz. | B 4.0 fl. oz. | T 0.25 fl. oz.

Simple, pure, and natural, our Beauty Oil creates the ultimate balance for radiant, youthful skin. This lightweight, fast-acting oil is non-comedogenic and packed with age-fighting antioxidants to help reduce wrinkles and replenish critical moisture. Beauty Oil represents our commitment to the highest standard of powerful botanical ingredients.

#### RECOMMENDED FOR

All skin types and all skin conditions. Great for dry, dehydrated, irritated, and sensitive skin.

#### Concerns

Dryness, Pores and Texture

#### Skin Type

Normal, Oily, Dry, Combination, Sensitive

#### **HOW TO USE**

#### Home Care

Dispense 1–2 pumps and apply to clean, treated skin. Massage gently into face, neck, and décolleté until product is absorbed. May also be used on hands, scalp, or areas of dryness and concern. Use both morning and night if your skin is normal or dry. Use only once a day if you have oily skin.

#### In Clinic

Dispense 1–2 pumps and apply to clean, treated skin . Massage gently into face, neck, and décolleté until product is absorbed. May also be used on hands, scalp, or areas of dryness and concern.

#### Tip

The Beauty Oil is great to cocktail with any moisturizer. By combining those products, you'll get the benefits of your moisturizer while creating a boost in hydration with the Beauty Oil.













#### **INGREDIENTS**

Caprylic/Capric Triglyceride, Avena Sativa (Oat) Kernel Oil, Coco-Caprylate/Caprate, Algae Extract, Lavendula Stoechas (Lavender) Extract, Fragrance

#### **KEY INGREDIENTS**

**Caprylic/Capric Triglyceride:** A lubricant, skin conditioner, and emollient derived from coconut.

**Oat:** Rich in free fatty acids and contains natural antioxidants to fight free radical damage while moisturizing the skin. Also contains powerful anti-irritant properties to combat redness and inflammation.

**Algae:** Has high antioxidant content. Increased hydration, normalization of the skin, anti-inflammatory, and detoxifying properties.

# ULTRA HYDRO GEL

#### **GM69**

R 1.69 fl. oz. | B 8.0 fl. oz. | T 0.5 fl. oz.

Replenish dehydrated, irritated, and aging skin with this 10% hyaluronic acid gel. Hyaluronic acid is found naturally in our bodies and is responsible for younger, healthier skin. This ultra-light formula melts into the skin leaving it revitalized and luminous!

#### **RECOMMENDED FOR**

All skin types. Great for oily and acne-prone skin.

#### Concerns

Dryness, Pores and Texture, Post-Treatment

#### Skin Type

Normal, Oily, Dry, Combination, Sensitive

#### **HOW TO USE**

#### Home Care

Apply to cleansed and treated skin morning and night. Massage in gently to face, neck, and décolleté until absorbed. Follow with balancing products.

#### In Clinic

Apply after removing masque or post-chemical treatment and after applying light-weight serums or treatment products. Apply pea-size to face, neck, and décolleté. Finish with other GlyMed Plus balancing products and SPF 15 or higher.

#### Tip

Great to add to Hydrating Masque with Enzymes, Mattifying Sulfur Masque, Serious Action Masque, or Chocolate Masque with Enzymes to lighten consistency and to add hyaluronic benefits. Can be cocktailed with any "leave-on" product.













#### **INGREDIENTS**

Aqua (Water), Cyclopentasiloxane, Cyclopentacyloxane, Polyacrylamide, C 13-14 isoparaffin, Sodium hyaluronate, Laureth-7, Dimethicone crosspolymer, Phenoxyethanol, Ethylhexyglycerin

#### **KEY INGREDIENTS**

**Hyaluronic Acid:** Superb at retaining water because it holds up to a thousand times its weight. Decreases TEWL.

**Cyclomethicone and Dimethicone Crosspolymer:** Gives product a smooth texture and consistency without blocking pores.

# **OXYGEN CREAM**

GM29 R 1.69 fl. oz. | B 16.0 fl. oz.

This light and elegant soufflé is formulated with oxygen to promote healthy skin cells while enforcing the cell's detoxification process. This aids in the skin's ability to appear smoother and more luminous while promoting collagen synthesis and DNA protection.

#### RECOMMENDED FOR

All skin types. Great for photo-aging, hyperpigmentation, and clogged pores.

Concerns

Prevention, Acne

Skin Type Normal, Oily, Dry, Combination, Sensitive

#### **HOW TO USE**

#### Home Care

After skin has been thoroughly cleansed, apply Oxygen Cream to face, neck, and décolleté. Massage in gently until fully absorbed. Finish with a GlyMed Plus Balancing product and SPF 15 or higher. Use both morning and night.

#### In Clinic

After skin has been cleansed and treated, apply Oxygen Cream to face, neck, and décolleté. Massage in gently until fully absorbed. Finish with GlyMed Plus Balancing product and SPF 15 or higher.

#### llp

Oxygen Cream is a Step 2 Treat product. Even though it has a creamy consistency, the use of a Step 3 Balance product is required.













#### **INGREDIENTS**

Aqua (Water), Isodecyl Neopentanoate, Isononyl Isononanoate, Glycerin, Tropaeolum Majus (Nasturtium) Flower/Leaf/Stem Extract, Polyacrylate Crosspolymer-6, Hydroxystearyl Glucoside, Hydrolyzed Candida Saitoana Extract, Sorbitol, Lactobacillus/Wasabia (Wasabi) Japonica Root Ferment Extract, Sake Extract, Tocopheryl Acetate (Vitamin E Acetate), Tetrahexyldecyl Ascorbate (Vitamin C), Hydroxystearyl Alcohol, Citrus Grandis (Grapefruit) Peel Oil, Sodium Phytate, Phenoxyethanol, Ethylhexylglycerin

#### **KEY INGREDIENTS**

**Nasturtium:** Promotes the oxygenation of skin cells and improves the skin's surface condition, giving it a healthy glow.

**Candida:** A powerful biological pathway for skin cell detoxification and longevity. Skin will appear smoother and more radiant with the diminished appearance of lines and wrinkles.

**Tetrahexyldecyl Ascorbate:** A stable, oil soluble form of Vitamin C that works as an MMP inhibitor, antioxidant, lightener, and brightener. Responsible for collagen protection and synthesis as well as DNA protection.

**Grapefruit Peel:** Skin conditioning agent that reduces existing comedones and prevents new ones from occurring.

## PEPTIDE CREAM

#### **GM83**

R 1.0 fl. oz. | B 8.0 fl. oz. | T 0.5 fl. oz.

Peptide Cream delivers four potent amino acid complexes clinically proven to target lines and wrinkles deep within the skin's infrastructure. These micro protein fragments are cellular building blocks to promote the regeneration of collagen for skin firmness and elasticity.

#### **RECOMMENDED FOR**

All skin types. Great for fine lines and wrinkles and aging skin.

#### Concerns

Prevention, Rosacea, Dryness, Fine Lines and Wrinkles, Post-Treatment

#### Skin Type

Normal, Oily, Dry, Combination, Sensitive

#### **HOW TO USE**

#### Home Care

Can be used morning and night for best results. Apply to cleansed skin after any serums or skin lighteners. Apply a pea-size to face, neck, and décolleté.

#### In Clinic

Apply 1 pump to face, neck, and décolleté, after any serums or skin lighteners and before application of balancing products and sunscreen.

#### Tip

This product is safe to use directly under eyes.

#### **INGREDIENTS**

Aqua (Water), C12-15 Alkyl Benzoate, Caprylic/Capric Triglyceride, Acetyl Hexapeptide-8, Glycerin, Cyclomethicone, Lavandula Angustifolia (Lavender) Extract, Glyceryl Stearate, PEG-100 Stearate, Palmitoyl Hexapeptide-12, Palmitoyl Tripeptide-1, Palmitoyl Tetrapeptide-7, Dipalmitoyl Hydroxyproline, Arctostaphylos Uva-Ursi (Bearberry) Leaf Extract, Sea Whip Extract. Centella Asiatica (Gotu Kola) Extract, Echinacea Purpurea Extract, Glycyrrhiza Glabra (Licorice) Root Extract, Camellia Sinensis (Green Tea) Leaf Extract, Phyllanthus Emblica (Amalaki) Fruit Extract, Hypnea Musciformis Extract, Gellidiela Acerosa Extract, Sargassum Filipendula Extract, Theobroma Cacao













(Cocoa) Seed Butter, Butyrospermum Parkii (Shea) Butter, Prunus Amygdalus Dulcis (Sweet Almond) Oil, Corylus Avellana (Hazel) Seed Oil, Tocopheryl Acetate (Vitamin E Acetate), Retinyl Palmitate (Vitamin A Ester), Tetrahexyldecyl Ascorbate (Vitamin C), Tribehenin, Sorbitol, Xanthan Gum, Ceramide NG, PEG-10 Rapeseed Sterol, Stearic Acid, DEA-Cetyl Phosphate, BHT, Magnesium Ascorbyl Phosphate (Vitamin C), Polysorbate 20, Polyacrylamide, C13-14 Isoparaffin, Laureth-7, Lavandula Angustifolia (Lavender) Oil, Dimethicone, Butylene Glycol, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Carbomer, Tetrasodium EDTA, Phenoxyethanol, Ethylhexylglycerin, Triethanolamine

#### **KEY INGREDIENTS**

Ceramide 2: Speeds healing and rejuvenates cells.

**Palmitoyl Tetrapeptide-7:** A peptide that mimics DHEA in the skin. It is a powerful anti-inflammatory that helps speed tissue regeneration, resulting in normalization of damaged skin.

**Acetyl Hexapeptide-8:** A neuro peptide that diminishes creases and wrinkles by preventing the signal protein, catecholamine, from connecting to the cell.

Sea Whip: Anti Inflammatory.

**Shea Butter:** Restores suppleness, increases moisture in the skin, and improves the appearance of dry, irritated skin.

**Lavender:** Promotes healing and balance to the skin. It is also an antiseptic, analgesic, and antidepressant.

### COMFORT CREAM

with Aloe Vera

GM56 R 2.0 fl. oz.

Comfort Cream with Aloe Vera immediately calms upset and irritated skin caused by waxing, permanent makeup, peels, extractions, facial steam, chemicals, medications, strong clinical products, sun exposure, insect bites and more. Fortified with pure concentrated aloe vera to hydrate, soothe, protect, and heal the skin. No professional should be without this clinical savior!













#### **RECOMMENDED FOR**

All skin types. Great for skin irritation and rashes such as Eczema, Psoriasis, Dermatitis, bug bites, poison ivy, topical allergies, or any itching of the skin.

#### Concerns

Post-Treatment, Acne, Dryness

#### Skin Type

Normal, Oily, Dry, Combination, Sensitive

#### **HOW TO USE**

#### Home Care

Have available to apply post-treatment. Apply on any skin irritation or inflammation. Use daily or as needed.

#### In Clinic

Use after any serums or fluids to calm down inflammation.

#### Tip

A must-have in your treatment room, in case clients react to ingredients. Calms down skin post-chemical treatment and is also great to use after waxing to reduce irritation.

#### **INGREDIENTS**

200% Aloe Barbadensis (Aloe Vera) Leaf Juice, Petrolatum, Squalane, Glycerin, Cetyl Alcohol, Glyceryl Stearate, PEG-100 Stearate, Hyaluronic Acid, Tetrahydrodiferuloylmethane, Arbutin, Glycyrrhiza Glabra (Licorice) Root Extract, Anthemis Nobilis (Chamomile) Flower Extract, Calendula Officinalis Flower Extract, Propyl Gallate, Gallyl Glucoside, Epigallocatechin Gallatyl Glucoside (Green Tea, Allantoin, Aqua (Water), Carbomer, Phenoxyethanol, Ethylhexylglycerin, Sodium Hydroxide

#### **KEY INGREDIENTS**

**Aloe Vera:** A potent healer. Provides a protective layer that inhibits infection and soothes the skin. Is both hydrating and gentle. Suitable for all skin types.

**Squalane:** Boosts skin's ability to retain moisture, which will enhance the skin's natural barrier function.

**Chamomile:** Anti-inflammatory and antibacterial. Arbutin: Tyrosinase inhibitor to avoid post-inflammatory hyperpigmentation.

**Hyaluronic Acid:** Increases water content and helps assist against transepidermal water loss. It can hold up to 1000 times its weight in water.

**Calendula:** Cleansing and astringent properties that sooth, calm, and heal the skin.

## RECOVERY CREAM

with Arnica

GM67 R 2.0 fl. oz. | B 8.0 fl. oz.

Enhance the skin's natural defense system against acne, inflammation, bruises and swelling with Recovery Cream with Arnica. This homeopathic formula contains active Arnica Extract and pharmaceutical grade botanicals of Mallow, Grape Seed, and Primrose to heal and repair.

#### RECOMMENDED FOR

All skin types. Great for chemical burns, inflammation, bruising, and swelling of the skin.

#### Concerns

Acne, Dryness, Post-Treatment

**Skin Type**Normal, Dry, Sensitive

#### **HOW TO USE**

#### Home Care

Massage into affected areas twice daily. DO NOT use on open wounds. Can also be massaged into sore muscles, aches, and pains to reduce inflammation and discomfort. Pregnant women should not use this.

#### In Clinic

Massage into affected areas. DO NOT use on open wounds. Should be in every treatment room to apply to any inflammatory skin issue.

#### Tip

Fantastic product for post-waxing or post-procedural, on any closed wound.

#### **INGREDIENTS**

Aqua (Water), Helianthus Annuus (Sunflower) Seed Oil, Arnica Montana Flower Extract, Glyceryl Stearate, Butyrospermum Parkii (Shea) Butter, Glycerin, Vitis Vinifera (Grape) Seed Oil, Cetearyl Glucoside, Tocopheryl (Vitamin E), Simmondsia Chinensis (Jojoba)













Seed Oil, Malva Sylvestris (Mallow) Extract, Mentha Piperita (Peppermint) Leaf Extract, Oenothera Biennis (Evening Primrose) Flower Extract, Alchemilla Vulgaris (Lady's Mantle) Extract, Veronica Officinalis (Speedwell) Extract, Melissa Officinalis (Balm) Leaf Extract, Achillea Millefolium (Yarrow) Extract, Avena Sativa (Oat) Kernel Extract, Xanthan Gum, Borago Officinalis (Borage) Oil, Glycine, Retinyl Palmitate (Vitamin A Ester), Magnesium Ascorbyl Phosphate (Vitamin C), Cetearyl Alcohol, Phenoxyethanol, Caprylyl Glycol, Chlorphenesin

#### **KEY INGREDIENTS**

**Arnica Montana:** It is antiseptic, astringent, antimicrobial, anti-inflammatory, anticoagulant, and it stimulates circulation and promotes healing.

**Sunflower:** Softens the skin and helps retain moisture. Easily penetrates the skin without leaving an oily film. Forms a natural barrier over skin, protecting it from bacteria. Very hydrating and one of the least comedogenic oils.

**Shea Butter:** Protects the skin from dehydration and external aggressions due to harsh climate, and is attributed with anti-inflammatory activity. Restores suppleness and increases moisture in the skin.

**Jojoba:** An emollient that provides intense healing and moisture.

**Vitamin A:** Free radical scavenger. Increases epidermal thickness.

# DAILY REPAIR CREAM

**GM58** 

R 1.69 fl. oz. | B 16.0 fl. oz. | T 0.5 fl. oz.

Our #1 Moisturizer! This lightweight but deeply hydrating cream repairs photo-damaged and environmentally stressed skin while fighting against acne causing bacteria. Packed with healing and repairing botanicals to increase radiance and protect against environmental assaults that accelerate aging.

#### **RECOMMENDED FOR**

All skin types. Great for mature, dehydrated, or environmentally challenged skin.

#### Concerns

Acne, Dryness, Fine Lines and Wrinkles, Post-Treatment

#### Skin Type

Normal, Oily, Dry, Combination, Sensitive

#### **HOW TO USE**

#### Home Care

Apply small amount to cleansed skin, after any treatment products and serums. Gently massage into to face, neck, and décolleté until absorbed. Use both morning and night.

#### In Clinic

Great moisturizer after treatments. Apply at the end of the treatment and follow with an application of GlyMed Plus SPF 15 or higher.

#### Tip

This moisturizer is very healing to the skin because of the oat beta glucan and onion extract. It does have a heavier look, but since it is water-based, it feels lightweight on the skin.

#### **INGREDIENTS**

Aqua (Water), Helianthus Annuus (Sunflower) Seed Oil, Vitis Vinifera (Grape) Seed Oil, Glyceryl Stearate,













Cetearyl Glucoside, Butyrospermum Parkii (Shea) Butter, Glycerin, Simmondsia Chinensis (Jojoba) Seed Oil, Sorbitol, Calcium Ascorbate (Vitamin C), Potassium Sorbate (Vitamin C), Benzaldehyde, Xanthan Gum, Caprylic Acid, Glycine, Tocopherol (Vitamin E), Alpha Lipoic Acid, Lycopene, Super Oxide Dismutase, Oat Beta Glucan, Panthenol (Vitamin B), Bisabolol, Allium Cepa (Onion) Bulb Extract, Camellia Sinensis (Green Tea) Extract, Squalene, Allantoin, Diazolidinyl Urea, Iodopropynyl Butylcarbamate

#### KEY INGREDIENTS

**Alpha Lipoic Acid:** Potent antioxidant that is responsible for energy production in the cells.

**Lycopene:** Contains antioxidant properties and strengthens the cellular integrity and function.

**Green Tea:** High antioxidant and anti-inflammatory properties. Shea Butter: Natural cellular renewal ingredient that has excellent moisturizing and nourishing abilities.

**Jojoba:** A moisturizing emollient that rapidly penetrates the stratum corneum to provide intense healing and moisture.

**Onion Bulb:** Antibacterial, antimicrobial, antiinflammatory, with skin conditioning properties, and powerful antioxidant protection. Reduces scarring when used in higher concentrations.

### ROSACEA RELIEF

#### GM68 R 1.69 fl. oz. l T 0.5 fl. oz.

Rosacea Relief naturally and effectively reduces the appearance of Rosacea and other skin conditions that causes redness, flushing, and blushing without prescription drugs. Fortified with aescin, to reduce inflammation and repair vein walls to prevent microscopic leaks in venules and capillaries. Rosacea Relief also promotes skin elasticity and helps repair long term damage caused by internal skin heat and irritation brought on by imbalance.













#### **RECOMMENDED FOR**

All skin types. Great for Roseacea, inflammation, distended capillaries, and dark circles.

#### Concerns

Prevention, Rosacea, Dark Circles

#### Skin Type

Normal, Oily, Dry, Combination, Sensitive

#### **HOW TO USE**

#### Home Care

Apply twice daily as part of a GlyMed Plus preventive skincare program or to specifically address capillary damage. May also be used under the eyes as a treatment for under eye darkness.

#### In Clinic

After the skin has been cleansed and treated, apply a thin layer to the skin and massage in until absorbed. Finish with an application of GlyMed Plus SPF 15 or higher.

#### Tip

May also be used under the eyes as a treatment for under eye darkness.

#### **INGREDIENTS**

Aqua (Water), Helianthis Annuus (Sunflower) Seed Oil, Glyceryl Stearate, Cetearyl Alcohol, Cetearth-20, Aesculus Hippocastanum (Horse Chestnut) Bark Extract,

Glycerin, Cetearyl Glucoside, Vitis Vinifera (Grape) Seed Oil, Cyclomethicone, Dimethicone, Caprylic Acid, Glycine, Cyclopentasiloxane, Dimethiconol, Xanthan Gum, Butyrospermum Parkii (Shea) Butter, Simmondsia Chinensis (Jojoba) Seed Oil, Potassium Sorbate (Vitamin C), Tocopherol (Vitamin E), Rosmarinus Officinalis (Rosemary) Leaf Oil, Lavandula Angustifolia (Lavender) Oil, Lecithin, Diazolidinyl Urea, Iodopropynyl Butylcarbamate

#### KEY INGREDIENTS

Horse Chestnut: Promotes blood circulation through the capillaries by strengthening the capillary walls. Also has anti-inflammatory effects helpful in treating edema caused by excess fluid.

**Sunflower:** Softens the skin and helps to retain moisture. Forms a natural barrier over skin, protecting it from bacteria. Very nourishing and can regenerate dry, damaged, and sensitive skin.

**Vitamin E:** Protects the cells from the effects of free radicals. Anti-inflammatory that protects skin, speed wound healing, provide hydration, and prevent water loss. Counteracts damage to cell membranes, DNA, and skin proteins.

**Shea Butter:** Soothes damaged skin, promotes cell regeneration, and assists in circulation.

**Jojoba:** A moisturizing emollient that rapidly penetrates the skin to provide intense healing and moisture.

## VITAMIN E CREAM

GM79 R 1.69 fl. oz.

Increase skin hydration by 25% with this ultranourishing and deeply hydrating cream. Vitamin E, healing botanicals and repairing oils prevent transepidermal water loss by replenishing dry and irritated skin.

#### RECOMMENDED FOR

All skin types. Great for photo-damaged and environmentally stressed skin.

#### Concerns

Dryness, Fine Lines and Wrinkles

#### Skin Type

Normal, Dry, Sensitive

#### **HOW TO USE**

#### Home Care

Apply to cleansed skin after any serums or skin brighteners. Apply 1 pump morning and night to face, neck, and décolleté.

#### In Clinic

After skin has been cleansed and treated, apply a 1/4 teaspoon of Vitamin E Sensual Cell Cream to face, neck, and décolleté. Finish with a GlyMed Plus SPF 15 or higher.

#### Tip

This is non-comedogenic so you can use this on acneic skin. It is also great to use during pregnancy to help reduce scars. Mix the Vitamin E Sensual Cream with the Cell Protection Balm for a pregnancy belly moisturizer.













#### **INGREDIENTS**

Aqua (Water), Helianthus Annuus (Sunflower) Seed Oil, Vitis Vinifera (Grape) Seed Oil, Tocopherol (Vitamin E), Glyceryl Stearate, Butyrospermum Parkii (Shea) Butter, Cetearyl Glucoside, Simmondsia Chinensis (Jojoba) Seed Oil, Glycerin, Caprylic Acid, Glycine, Potassium Sorbate (Vitamin C), Rosmarinus Officinalis (Rosemary) Leaf Extract, Xanthan Gum, Diazolidinyl Urea, Iodopropynyl Butylcarbamate

#### **KEY INGREDIENTS**

**Vitamin E:** Powerful antioxidant and soothing agent that protects skin from the effects of pollutants and free radicals.

**Sunflower:** Strengthens the skin's natural barrier and moisturizes the skin. It is also a great anti-inflammatory.

**Jojoba:** A moisturizer and emollient that contributes to the healing of the skin. It reduces Trans Epidermal Water Loss (TEWL) without completely blocking the trasnsportation of water vapor and gases, providing the skin with the intercellular lipids to further reduce water loss.

**Shea Butter:** Natural cellular renewal ingredient that has excellent moisturizing and nourishing abilities.

**Grape:** Moisturizes the skin and contains antioxidant properties.

# VITAMIN C CREAM

GM125 R 2.0 fl. oz.

Anti-aging moisturizer that is packed with vitamins and minerals to fight against oxidative stress. Fortified with Vitamin C (Mag-C) to reduce inflammation, neutralize hyperpigmentation and combat free radicals. This amazing cream also contains ribonucleic acid to support cellular growth by activating protein synthesis and promoting the healing process.

#### RECOMMENDED FOR

All skin types. Great pre- and post-procedure.

#### Concerns

Prevention, Dryness, Post-Treatment

#### Skin Type

Normal, Oily, Dry, Combination, Sensitive

#### **HOW TO USE**

#### Home Care

Apply after any serums and fluids. Make sure to apply to face, neck, and décolleté, massaging in gently until absorbed. Use both morning and night.

#### In Clinic

Apply as final balancing product before applying SPF 15 or higher.

#### Tip

Great for sensitive, irritated, compromised, postprocedural skin, or any skin that may have an impaired barrier.

#### **INGREDIENTS**

Aqua (Water), Glycerin, Isostearyl Stearoyl Stearate, Isodecyl Neopentanoate, Cetearyl Alcohol, Magnesium Ascorbyl Phosphate, Dimethicone, Glyceryl Stearate, Peg-100 Stearate, C12-15 Alkyl Benzoate, Squalane, Sodium Hyaluronate, Panthenol, Allantoin,













Sodium Pca, Yeast Beta Glucan, Super Oxide Dismutase, Ribonucleic Acid, Aloe Barbadensis Leaf Juice, Vitis Vinifera (Grape) Seed Extract, Alchemilla Vulgaris (Lady's Mantle) Extract, Citrus Grandis (Grapefruit) Peel Oil, Prunus Amygdalus Amara (Bitter Almond) Kernel Oil, Tocopheryl Acetate, Retinyl Palmitate, Ascorbic Acid, Phenoxyethanol, Ethylhexylglycerin, Tetrasodium EDTA

#### **KEY INGREDIENTS**

**Vitamin C:** A powerful antioxidant and lightener that helps build new collagen fibers. It also boosts skin collagen synthesis and fights hyperpigmentation.

**Squalane:** Derived from olives, it boosts the skin's ability to retain moisture and promotes skin softening and smoothing.

Bitter Almond: Emollient.

Grapefruit: Antiseptic and anti-irritant.

**Grape:** Moisturizes the skin and contains antioxidant properties.

**Vitamin A Ester:** Free radical scavenger. Increases epidermal thickness.

**Yeast Beta Glucan:** Activates the langerhan cells (immune cells), which will then help heal the skin.

# CELL PROTECTION BALM

GM88 R 2.0 fl. oz.

This all-purpose barrier repair balm and skin shield is excellent for post-peel and laser treatments, in addition to soothing extra dry or itchy skin, chapped lips, or skin irritated by rashes, scrapes, insect bites, and small burns. Infused with live yeast cell derivatives that promote cell renewal and collagen synthesis.













#### **RECOMMENDED FOR**

All skin types. Great for post-procedure, for extra dry, itchy skin, for chapped lips, or for skin irritations such as bug bites, rashes, scrapes, and small burns.

#### Concerns

Prevention, Dryness, Post-Treatment

#### Skin Type

Normal, Oily, Dry, Combination, Sensitive

#### **HOW TO USE**

#### Home Care

Apply nightly as last step for regimen on postchemical treatment and post-laser skin, and on very dry skin.

#### In Clinic

Apply after pre-treatment as a barrier on lips, around nose, and around eyes. Apply after sunscreen for deeper treatments or laser to protect the skin.

#### Tip

This is an awesome multipurpose product. Can be used on any type of skin irritation, bug bites, scratches, sunburns, post-treatment, post-laser, and dry/cracked skin. Clients with cracked heels can apply nightly and then put socks on to protect and soften heels.

#### **INGREDIENTS**

Petrolatum, Squalane, Saccharomyces Ferment Lysate Filtrate/Extract, Butyrospermum Parkii (Shea) Butter, Retinyl Palmitate (Vitamin A Ester), Tocopheryl Acetate (Vitamin E Acetate), Panthenol (Vitamin B), Bisabolol, Yeast Beta Glucan, Citrus Grandis (Grapefruit) Peel Oil, Citrus Aurantium Dulcis (Orange) Peel Oil, Pelargonium Graveolens (Geranium) Oil, Rosmarinus Officinalis (Rosemary) Oil, Phenoxyethanol

#### **KEY INGREDIENTS**

**Bisabolol:** A natural anti-inflammatory and antibacterial ingredient that is obtained from chamomile. Helps accelerate thehealing process of the skin and can be used on sensitive skin.

**Shea Butter:** A skin conditioning ingredient that is well known for its moisturizing, protecting, and healing properties. Soothes damaged skin, promotes cell regeneration, and assists in circulation.

**Vitamin B:** This anti-inflammatory promotes wound healing and is a skin moisturizer.

**Petrolatum:** Helps prevent moisture loss and forms an occlusive barrier on the skin to assist in recovery from damage and reduce inflammation.

**Yeast Beta Glucan:** Moisturizing, nourishing, and healing. Vitamin A Ester: Free radical scavenger. Increases epidermal thickness.

# **CBD THERAPEUTIC** BALM

GM406 R 1.0 fl. oz.

CBD Therapeutic Balm is excellent for use on dry and dehydrated skin. Infused with botanicals such as sunflower, grapeseed, and shea butter, these soothing oils act as a barrier to reduce irritation and calm the skin.

#### RECOMMENDED FOR

All skin types. Great for aging, inflammation, prevention, and protection.

#### Concerns

Prevention, Inflammation, Protection

#### Skin Type

Normal, Oily, Dry, Combination, Sensitive

#### **HOW TO USE**

#### Home Care

Apply topically as needed over skin irritation, followed by CBD 500 Miracle Massage Cream. Can be used on the face and body or any of GlyMed Plus body products.

#### In Clinic

Apply topically as needed over skin irritation. This balm is the perfect companion to use with any of GlyMed Plus Body products, especially CBD 500 Miracle Massage cream. Can be used on the face and body.

#### Tip

The CBD Therapeutic Balm makes an excellent pairing product with ANY of GlyMed Plus's body products. For pain relief in-clinic, pair with the CBD 500 Miracle Massage Cream.

#### **INGREDIENTS**

Vitis Vinifera (Grape) Seed Oil, Beeswax, Cocos Nucifera (Coconut) Oil, Helianthus Annuus (Sunflower)















Seed Oil, Jojoba Esters, Butyrospermum Parkii (Shea) Butter, Cannabis Sativa Stem (CBD) Oil, Brassica Campestris Seed Oil, Linum Usitatissimum Seed Oil, Panthenol, Aloe Barbadensis Leaf Juice, Hippophae Rhamnoides (Seabuckthorn) Oil, Lavandula Angustifolia (Lavender) Oil, Citrus Aurantium Bergamia (Bergamot) Fruit Oil, Rosmarinus Officinalis (Rosemary) Leaf Oil, Anthemis Nobilis (Chamomile) Oil, Tocopherol

#### KEY INGREDIENTS

CBD (Hemp): Grown in the USA, derived from HEMP and is considered one of the strongest antioxidants. even stronger than Vitamin C and E, and recognized for its incredible anti-aging effects on the skin.

Sunflower Seed Oil: Great moisturizer, resistant to oxidation and rich in Vitamin E and oleic acids. Helps to repair and strengthen the skin's barrier by supplying fatty and amino acids in addition to protecting the skin from bacteria.

Aloe Vera: A potent healer, provides a protective layer that inhibits infection and soothes irritated skin.

Seabuckthorn Oil: Antioxidant rich oil that contains Vitamins A, B1, B12, C, E, K, and P, lycopene and Omega 3 and 6. This oil helps to slow down aging and reduces oxidation.

# BARRIER REPAIR CREAM

with Amino Acids

GM9 R 4.0 fl. oz.

Barrier Repair Cream with Amino Acids was formulated to mimic the natural barrier of the skin and is the perfect massage and finishing cream to any service. This elegant, rich formula infuses the skin with ceramides and lipids to provide a protective barrier from daily damage and seasonal changes. Excellent for frail, thin, dry, menopausal, sensitive, and season affect skin.



All skin types. Great for mild to advanced aging, post-procedure, and for dry, dehydrated, sensitive, and compromised skin.

#### Concerns

Dryness, Fine Lines and Wrinkles, Loss of Firmness, Post-Treatment

**Skin Type**Normal, Dry, Sensitive

#### **HOW TO USE**

#### Home Care

Apply daily to cleansed and treated skin, morning and night.

#### In Clinic

After the skin has been cleansed and treated, apply a thin layer to skin and massage in gently until absorbed. Finish with a GlyMed Plus SPF 15 or higher.

#### Tip

This is a fantastic semi-occlusive product. However, remind clients who are oily or acne-prone to only use a small amount.

#### **INGREDIENTS**

Aqua (Water), Echinacea Purpurea (Echinacea) Herb Extract, Equisetum Arvense (Horsetail) Extract, Olea Europaea (Olive) Leaf Extract, Spirulina Platensis











Ceramides



(Algae) Extract, Helianthus Annuus (Sunflower) Oil, Vitis Vinifera (Grape) Seed Oil, Ceramide 1, Ceramide 3, Ceramide 6, Cholesterol, Phytosphingosine, Glyceryl Stearate, Butyrospermum Parkii (Shea) Butter, Cetearyl Glucoside, PC10 Complex, Olea Europaea (Olive) Oil, Simmondsia Chinensis (Jojoba) Oil, Squalene, Glycerin, Caprylic Acid, Glycine, Bulgarian Rosa Damascena (Rose) Oil, Xanthan Gum, Tocopherol (Vitamin E), Iodopropynyl Butylcarbamate

#### KEY INGREDIENTS

**PC10 Complex:** GlyMed Plus' own PC10 Amino Acid Complex contains powerful amino acid complexes, natural antioxidants, and pharmaceutical grade botanicals to help correct the damage from free radical injury and combat inflammation.

**Horsetail:** Accelerates the healing process and is rich in silica and other minerals needed to rebuild tissues. Possesses antibacterial and anti-inflammatory properties.

**Algae:** Contains an abundance of minerals and proteins and has a high antioxidant content. Increases hydration and normalization of the skin, reduces inflammation, and increases detoxification.

Ceramides 1, 3, and 6: Skin identical ceramides that improve intercellular lipids and plays an important role in the regulation of skin-water barrier homeostasis and water-holding capacity. Topical application of ceramide 3 has been shown to significantly increase skin water content, reduce roughness, restore damaged skin, and protect healthy skin.

### AGE DELAY CREAM

GM38 R 1.69 fl. oz. | B 4.0 fl. oz.

An advanced, biologically active pentapeptide that stimulates the skin. Inspired by nature, backed by science, this innovative peptide mimics the royal jelly from majestic honeybees. Daily use stimulates cell detoxification, delays cellular aging, and boosts skin cell energy for skin that's left smooth, radiant, and glowing.

#### RECOMMENDED FOR

All skin types. Mature, photo-damaged or lack luster skin.

#### Concerns

Acne, Rosacea, Dryness, Fine Lines and Wrinkles

#### Skin Type

Normal, Oily, Dry, Combination, Sensitive

#### **HOW TO USE**

#### Home Care

After cleansing, massage onto face, neck and décolleté until absorbed. For best results, finish with your GlyMed Plus SPF.

#### In Clinic

After serum application apply cream and massage onto face, neck and décolleté until absorbed. For best results, finish with your GlyMed Plus SPF.

#### Tip

Can be used after micro-needling, chemical treatments and dermaplaning to increase treatment results.

#### **INGREDIENTS**

Aqua (Water), Organic Aloe Barbadensis Leaf Juice, Glycerin, Stearic Acid, Squalane, Acetyl Hexapeptide-8, Pentylene Glycol, Cetyl Alcohol, Cetearyl Alcohol, Dimethicone, Maltodextrin, Sodium Hyaluronate, Palmitoyl Tripeptide-1, Palmitoyl Tetrapeptide-7, Pentapeptide-48, Copper Tripeptide-1, Panthenol, Glycine, Sorbitol, Hydrolyzed Soy Protein, Dimethyl Mea, Polysorbate 20, Butylene Glycol, Hydrogenated





Oncology Safe

Lecithin, Phenethyl Alcohol, Maltodextrin, Succinic Acid, Hibiscus Abelmoschus Extract, Cucumis Sativus (Cucumber) Fruit Extract, Camellia Sinensis (Green Tea) Leaf Extract, Symphytum Officinale (Comfrey) Rhizome/Root Extract, Echinacea Angustifolia Extract, Butyrospermum Parkii (Shea) Butter, Moringa Oleifera Oil, Vitis Vinifera (Grape) Seed Oil, Tetrahexyldecyl Ascorbate, Retinyl Palmitate, Tocopherol, Xanthan Gum, Carbomer, Caprylyl Glycol, Hexylene Glycol, Phenoxyethanol, Ethylhexylglycerin, Sodium Hydroxide, Silver

#### **KEY INGREDIENTS**

**Pentapeptide-48:** This 5 amino acid peptide accelerates proliferation and migration of keratinocytes to encourage cellular turn over and regeneration.

Palmitoyl Tripeptide-1: A peptide that initiates the stimulation of collagen and glycosaminoglycan (hyaluronic acid) production while also supporting connecting tissue to firm and tighten.

Palmitoyl Tripeptide-7: A peptide that reduces inflammation that is responsible for weakening protein production. It also helps to influence healing and tissue regeneration.

**Copper Tripeptide-1:** A wound healing peptide that delivers essential nutrients crucial for tissue regeneration.

**Silver:** Medical grade, micro size ingredient used to support healing and aid in reducing bacteria on the surface of the skin to maintain a healthy flora and boosts the skin's natural barrier system.

### ATRAXI PEPTIDE

GM41 R 1.69 fl. oz. | B 4.0 fl. oz.

The ultimate age-defying moisturizer supports skin health with a concentrated royal peptide blend designed to slow down the aging process, normalize cell turnover, and brighten the skin's overall appearance. Nourish and promote regeneration within the skin for a vibrant complexion.

#### **RECOMMENDED FOR**

All skin types and all fitzpatricks. Increases firmness and elasticity.

#### Concerns

Prevention, Dryness, Fine Lines and Wrinkles

#### Skin Type

Normal, Oily, Dry, Combination, Sensitive

#### **HOW TO USE**

#### Home Care

After cleansing, massage onto face, neck and décolleté until absorbed. For best results, finish with your GlyMed Plus SPF.

#### In Clinic

After cleansing, massage onto face, neck and décolleté until absorbed. For best results, finish with your GlyMed Plus SPF. For very dry skin, layer with Vitamin E Sensual Cream or CBD Therapeutic Balm.

#### Tip

This luxurious peptide blend is the best recommendation for Prevention and or corrective care for loss of elasticity, fine lines, and wrinkles. Use after moderate treatments to boost anti-aging and healing properties.

#### **INGREDIENTS**

Aqua (Water), Acetyl Hexapeptide-8, Glycerin, Caprylic/Capric Triglyceride, Butylene Glycol, Squalane, Propanediol, Cetyl Alcohol, Coco-Caprylate/Caprate,





Face, Neck, + Décolleté

Maltodextrin, Cetearyl Alcohol, Panthenol, Sodium Hyaluronate, Palmitoyl Tripeptide-1, Palmitoyl Tetrapeptide-7, Pentapeptide-48, Copper Tripeptide-1, Sorbitol, Niacinamide, Glycine, Hydrolyzed Soy Protein, Ceteareth-20, Cetearyl Olivate, Sorbitan Olivate, Phenethyl Alcohol, Maltodextrin, Hydrogenated Lecithin, Polysorbate 20, Succinic Acid, Ferulic Acid, Hibiscus Abelmoschus Extract, Butyrospermum Parkii (Shea) Butter, Tocopherol, Tetrahexyldecyl Ascorbate, Xanthan Gum, Carbomer, Phenoxyethanol, Ethylhexylglycerin, Fragrance, Sodium Hydroxide

#### **KEY INGREDIENTS**

Palmitoyl Tripeptide-1: A peptide that initiates the stimulation of collagen and glycosaminoglycan (hyaluronic acid) production while also supporting connecting tissue to firm and tighten.

**Palmitoyl Tetrapeptide-7:** A peptide that reduces inflammation that is responsible for weakening protein production. It also helps to influence healing and tissue regeneration.

**Pentapeptide-48:** This 5 amino acid peptide accelerates proliferation and migration of keratinocytes to encourage cellular turn over and regeneration.

**Copper Tripeptide-1:** A wound healing peptide that delivers essential nutrients crucial for tissue regeneration.

# RESURFACING NIGHT CREAM

with 15% Glycolic Acid

#### GM3

R 1.69 fl. oz. | B 8.0 fl. oz. | T 0.5 fl. oz.

Resurfacing Night Cream with 15% Glycolic Acid stimulates new collagen and elastin production below the skin surface, which corrects free radical damage and reduces fine lines and wrinkles. Containing a proprietary blend of 15% Glycolic acid and healing botanicals, this product replenishes the skin's hydration for healthy, ageless skin. Resurfacing Night Cream with 15% Glycolic Acid is non-greasy, lightweight, and pure.















Evening

#### **RECOMMENDED FOR**

All skin types. Great for aging, photo-damaged, and dry skin.

#### Concerns

Acne, Rosacea Dryness, Fine Lines and Wrinkles, Dark Spots, Pre-Treatment

#### Skin Type

Normal, Oily, Dry, Combination

#### **HOW TO USE**

#### Home Care

Apply a thin layer to the face, neck, and décolleté 3–4 times a week. With higher Fitzpatrick types, start using 2–3 times per week. Recommended to use in the evening.

#### In Clinic

Use on dry, anti-aging, photo-damaged clients at the end of their treatment before the application of sunscreen.

#### Tip

In a homecare regimen, you can use on the arms to help moisturize, brighten, and improve the texture of the skin. In the homecare regimen, after a deeper chemical treatment, utilize the Resurfacing Night Cream with 15% Glycolic Acid for a few days after your treatment to increase healing. Use as an add-on treatment for the hands/arms. Sunscreen must be worn in conjunction with the Resurfacing Night Cream with 15% Glycolic Acid.

#### **INGREDIENTS**

Aqua (Water), Glycolic Acid, Isostearyl Stearoyl Stearate, Glycerin, Stearic Acid, Glyceryl Stearate, PEG-

100 Stearate, Sorbitol, Cetyl Alcohol, Octyl Palmitate, Vitis Vinifera (Grape) Seed Oil, Hyaluronic Acid, Aloe Barbadensis (Aloe Vera) Leaf Extract, Cucumis Sativus (Cucumber) Fruit Extract, Epilobium Angustifolium Flower/Leaf/Stem Extract, Anthemis Nobilis (Chamomile) Flower Extract, Calendula Officinalis Flower Extract, Yeast Beta Glucan, Butyrospermum Parkii (Shea) Butter, Bisabolol, Prunus Amygdalus Dulcis (Sweet Almond) Oil, Persea Gratissima (Avocado) Oil, Carthamus Tinctorius (Safflower) Seed Oil, Oryza Sativa (Rice) Bran Oil, Tocopheryl Acetate (Vitamin E Acetate), Retinyl Palmitate (Vitamin A Ester), Squalane, Xanthan Gum, Sorbitan Stearate, Magnesium Aluminum Silicate, Polysorbate 80, Polyacrylamide, C13-14 Isoparaffin, Laureth-7, Pelargonium Graveolens (Geranium) Oil, Hydroxyethylcellulose, Dimethicone, Phenoxyethanol, Ethylhexylglycerin, Sodium Hydroxide

#### **KEY INGREDIENTS**

**Glycolic Acid 15%:** Visibly reduces the appearance of pores and wrinkles as it removes surface dryness and breaks up cellular cohesion.

Yeast Beta Glucan: Activates the langerhan cells (immune cells), which will then help heal the skin.

**Grape Seed:** Moisturizes the skin and contains antioxidant properties.

**Squalane:** Derived from olives and works as an antioxidant, promotes cell growth, moisturizes the skin, and has antibacterial properties.

**Aloe Vera:** A potent healer. Provides a protective layer that inhibits infection and soothes the skin, both hydrating and gentle.

**Avocado:** Strong Antioxidant rich in vitamins. Promotes skin rejuvenation and increases collagen production.

# PROTECT PRODUCTS

Section 4

# SUN PROTECTION



# HYDRATING PROTECTION GEL

with SPF 15

GM123

R 4.0 fl. oz. | B 16.0 fl. oz. | T 1.0 fl. oz.

Protect and moisturize your skin with this FDA tested and approved, ultra-light, water-based UVA/UVB broad spectrum formula. This SPF 15 integrates the power of professional grade ingredients to immediately deliver antioxidants, providing antiaging benefits to protect skin from free radical damage. Recommended in every service, every time.















#### RECOMMENDED FOR

All skin types and all skin conditions.

#### Concerns

Prevention, Fine Lines and Wrinkles, Dark Spots, Pre-Treatment, Post-Treatment

#### Skin Type

Normal, Oily, Combination, Sensitive

#### **HOW TO USE**

#### Home Care

Apply last in regimen. Apply pea-size to face, neck, and décolleté. Don't forgot your arms, especially when driving each day. Apply last in your daily morning regimen.

#### In Clinic

Pat a pea-size amount to the face, neck, and décolleté. Do not massage into the skin.

#### Tip

Apply pea-size amount to face, neck, and décolleté. Use warm hands to gently roll/pat it into the skin.

#### **INGREDIENTS**

#### **Active Ingredients:**

Octinoxate 7.5%
Oxybenzone 2.0%
Titanium Dioxide 1.0%

Inactive Ingredients: Aqua (Water), C13-14 Isoparaffin, Calendula Officinalis Flower Extract, Camellia Oleifera (Green Tea) Leaf Extract, Caprylyl Glycol, Carbomer, Chamomilla Recutita (Chamomile) Flower Extract, Chlorphenesin, Cyanocobalamin, Cyclohexasiloxane, Cyclopentasiloxane, Fragrance, Glycerin, Glyceryl Stearate, Laureth-7, Lecithin, PEG-100 Stearate, Phenoxyethanol, Polyacrylamide, Sodium Hydroxide, Stearyl Triethoxysilane, Xanthan Gum

#### **KEY INGREDIENTS**

Octinoxate: UVB Blocker.

Oxybenzone: Absorbs UVB and UVA rays.

**Titanium Dioxide:** A physical blocker that helps block both UVA and UVB wavelengths of light.

**Green Tea:** Powerful antioxidant. Protects cells from free radicals and their associated damage. Also an antibacterial, anti-inflammatory, as well as having the capabilities to extend the effects of SPF.

**Chamomile:** Contains 30 different active compounds that have anti-inflammatory properties. Capable of inducing collagen synthesis.

# HYDRATING PROTECTION GEL

with SPF 30

GM122

R 4.0 fl. oz. | B 16.0 fl. oz. | T 1.0 fl. oz.

Protect and moisturize your skin with this FDA tested and approved, ultra-light, water-based UVA/UVB broad spectrum formula. This SPF 30 integrates the power of professional grade ingredients to immediately deliver antioxidants providing anti-aging benefits to protect skin from free radical damage. Recommended in every service, every time.















#### RECOMMENDED FOR

All skin types and all skin conditions.

#### Concerns

Prevention, Fine Lines and Wrinkles, Dark Spots, Pre-Treatment, Post-Treatment

#### Skin Type

Normal, Oily, Combination, Sensitive

#### **HOW TO USE**

#### Home Care

As the final step in your GlyMed Plus morning skincare regimen, gently pat into face, neck, hands, and exposed areas. Reapply every two hours to ensure maximum protection and more frequently when swimming or active.

#### In Clinic

Pat a pea-size amount onto the face, neck, and décolleté. Do not massage into the skin.

#### Tip

Apply pea-size amount to face, neck, and décolleté. Use warm hands to gently roll/pat it into the skin.

#### **INGREDIENTS**

#### **Active Ingredients:**

Octinoxate 7.5%
Octisalate 5.0%
Octocrylene 5.0%
Titanium Dioxide 2.0%
Oxybenzone 1.0%

Inactive Ingredients: Aqua (Water), Glycerin, Potassium Cetyl Phosphate, Polyacrylamide, Aluminum Starch Octenylsuccinate, Phenoxyethanol, PEG-40 Hydrogenated Castor Oil, Fragrance, Cyclopentasiloxane, Cyanocobalamin, C13-14 Isoparaffin, Cyclohexasiloxane, Caprylyl Glycol, Carbomer, Chlorphenesin, Laureth-7, Camellia Sinensis (Green Tea) Leaf Extract, Kaempferia Galanga (Ginger) Root Extract, Sodium Hydroxide, Stearyl Triethoxysilane

#### **KEY INGREDIENTS**

**Octinoxate:** Most frequent used chemical UV filters worldwide.

**Octisalate:** Organic compound used as an ingredient in sunscreens and cosmetics to absorb the full range of UV radiation.

**Octocrylene:** Organic compound and ester used in sunscreens because of its ability to absorb UVB and short-wave UVA rays and to protect the skin from direct DNA damage.

**Titanium Dioxide:** Naturally occurring mineral used in sunscreens as a physical blocker.

**Oxybenzone:** A topical sunscreen that absorbs both UVA and UVB radiation.

# MOISTURIZING PROTECTION CREAM

with SPF 15

GM<sub>5</sub>

R 2.0 fl. oz. | B 16.0 fl. oz. | T 0.5 fl. oz.

An FDA tested and approved dual functioning, antiaging moisturizer with a sun protection factor of 15. Moisurizing Protection Cream with SPF 15 provides powerful antioxidant defense with Vitamins A and E while hyaluronic acid and essential lipids protect against dehydration throughout the day.

#### **RECOMMENDED FOR**

All skin types and all skin conditions.

Concerns

Prevention, Protection, Post-Treatment

Skin Type

Normal, Dry, Sensitive

#### **HOW TO USE**

Home Care

Apply each morning as a final step on face, neck, décolleté, and arms.

In Clinic

Pat a pea-size amount onto the face, neck, and décolleté.

#### Tip

Great two-in-one product that can be used as a daily moisturizer and a sunscreen. Also a great daily product for body sun protection. Ideal for clients that drive often, to protect their arms.











#### **INGREDIENTS**

#### **Active Ingredients:**

Octinoxate 7.5% Oxybenzone 4.0% Avobenzone 1.5%

Inactive Ingredients: Aqua (Water), Butyloctyl Salicylate, Glycerin, Glyceryl Stearate, Isodecyl Neopentanoate, Cetyl Alcohol, Dimethicone, Isostearyl Stearoyl Stearate, Potassium Cetyl Phosphate, Caprylyl Glycol, Phenoxyethanol, Squalane, Stearic Acid, Carbomer, Ethylhexylglycerin, Farnesyl Acetate, Tetrasodium EDTA, Tocopheryl Acetate (Vitamin E Acetate), Farnesol, Sodium Hydroxide, Panthenyl Triacetate (Vitamin B), Sodium Hyaluronate, BHT, Retinyl Palmitate (Vitamin A Ester)

#### **KEY INGREDIENTS**

**Avobenzone:** Chemical protectant because it absorbs UV rays over a wide wavelength and then corrects them to less damaging infared radiation.

Octinoxate: Frequently used as a chemical UV filter.

**Oxybenzone:** A topical sunscreen that absorbs both UVA and UVB radiation.

**Squalane:** Derived from olives and works as an antioxidant, promotes cell growth, moisturizes the skin, and has antibacterial properties.

**Vitamin B:** This anti-inflammatory promotes wound healing and is a skin moisturizer.

# MOISTURIZING PROTECTION CREAM

with SPF 30

GM138 R 2.0 fl. oz. l T 0.5 fl. oz.

An FDA tested and approved dual functioning, antiaging moisturizer with a sun protection factor of 30+. Moisurizing Protection Cream with SPF 30 provides powerful antioxidant defense and essential lipid protection to prevent dehydration throughout the day.



All skin types. Great for pre- and post-procedure, and for dry, dehydrated, photo-aged, and damaged skin.

#### Concerns

Prevention, Fine Lines and Wrinkles

#### Skin Type

Normal, Dry, Combination, Sensitive

#### **HOW TO USE**

#### Home Care

As the final step in your GlyMed Plus morning skincare regimen, gently massage into face, neck, hands, and exposed areas. Reapply every two hours to ensure maximum protection and more frequently when swimming or active.

#### In Clinic

Pat a pea-size amount onto the face, neck, and décolleté.

#### Tip

Apply pea-size amount to face, neck, and décolleté. Use warm hands to gently roll it into the skin.

#### **INGREDIENTS**

#### **Active Ingredients:**

Octinoxate 7.5% Titanium Dioxide 6.0% Octisalate 5.0% Octocrylene 1.5% Oxybenzone 1.0%











Inactive Ingredients: Aqua (Water), Cyclopentasiloxane, Glycerin, Cetyl Alcohol, C12-15 Alkyl Benzoate, Potassium Cetyl Phosphate, Stearic Acid, Dimethicone, Cetyl Dimethicone, Caprylyl Methicone, Alumina, Aluminum Starch Octenylsuccinate, Glyceryl Stearate, PEG-100 Stearate, VP/Eicosene Copolymer, Hydrogenated Vegetable Oil, Triethoxysilylethyl Polydimethylsiloxyethyl Hexyl Dimethicone, PEG-40 Hydrogenated Castor Oil, Lauryl PEG-9 Polydimethylsiloxyethyl Dimethicone, Boron Nitride, Caprylyl Glycol, Lecithin, Phenoxyethanol, Squalane, Carbomer, Polyhydroxystearic Acid, Chlorphenesin, Citrus Aurantium Dulcis (Orange) Peel Oil, Carrageenan (Irish Moss). Hexvlene Glycol, Sodium Hydroxide. Carica Papaya (Papaya) Fruit Extract, Disodium EDTA, Tocopheryl Acetate (Vitamin E Acetate), Vitis Vinifera (Grape) Seed Extract, Sodium Hyaluronate, Ceramide NG, Camellia Sinensis (Green Tea) Leaf Extract, Retinyl Palmitate (Vitamin A Ester), Ascorbyl Palmitate (Vitamin C Ester)

#### **KEY INGREDIENTS**

**Titanium Dioxide:** Physical UV blocker, helps block both UVA and UVB wavelengths of light.

**Sodium Hyaluronate:** A highly effective moisturizer that can hold more than 1000x its own weight in water.

Ceramide 2: Ceramides are a family of lipid compounds that occur naturally in skin cells and are therefore natural components of human skin. Ceramides are a very important part of a healthy skin barrier which reduces infection and helps to lock in vital nutrients. Reduction in the amount of ceramides may result in dry skin, dermatitis or wrinkles. Ceramide 2 has a substantial waterbinding capacity and therefore helps to maintain moisture levels in the skin.

# OIL-FREE PROTECTIVE MOISTURIZER

with SPF 15

GM70 R 4.0 fl. oz. | B 16.0 fl. oz.

This simple moisturizing and sun protection combo helps to keep skin protected and hydrated at the same time. Our lightweight oil-free formula contains broad-spectrum sunscreens to protect against UVA and UVB rays without leaving the skin heavy or greasy. Daily application is recommended to protect the skin from damaging free radicals while providing essential moisture to prevent premature aging.

#### **RECOMMENDED FOR**

All skin types. Great for combination-oily skin types.

#### Concerns

Prevention, Fine Lines and Wrinkles, Dark Spots, Post-Treatment

#### Skin Type

Normal, Oily, Dry, Combination, Sensitive

#### **HOW TO USE**

#### Home Care

As the final step in your GlyMed Plus morning skincare regimen, gently massage into face, neck, hands, and exposed areas. Re-apply every two hours to ensure maximum protection and more frequently when swimming or active.

#### In Clinic

Pat a pea-size amount onto the face, neck, and décolleté.

#### Tip

Apply pea-size amount to face, neck, and décolleté. Use warm hands to gently roll it into the skin.













#### **INGREDIENTS**

#### **Active Ingredients:**

Octyl Methoxycinnamate 7.7% Octyl Salicylate 5.1% Benzophenone-3 2.1%

Inactive Ingredients: Aqua (Water), Capric Caprylic Triglyceride, Cetearyl Alcohol, Glyceryl Stearate, Organic Rosemary Extract, Capryloyl Glycine, Cetearyl Glucoside, Xanthan Gum, Diazolidinyl Urea, Iodopropynyl Butylcarbamate, Citric Acid, Fragrance, Potassium Sorbate.

#### KEY INGREDIENTS

**Octyl Methoxycinnamate:** Chemical sunscreen agent.

Octyl Salicylate: Chemical sunscreen agent.

**Benzophenone-3:** Chemical sunscreen that reflects UVA and UVB radiation.

Rosemary: Protects cells from membrane oxidation and helps to regenerate and protect the skin.

Rosemary also provides anti-inflammatory.anti-bacterial and antiseptic properties to reduce irritation, excess oil and bacteria.

Chapter 04

# OIL-FREE **PROTECTIVE** MOISTURIZER

with SPF 30

**GM71** R 4.0 fl. oz. l B 16.0 fl. oz.

This Elite 30 SPF sun protectant is moisturizing is a broad spectrum sunscreen. The Elite SPF hydrates without leaving your skin greasy. At an SPF 30 this Oil-Free formula leaves your skin silky smooth while while protecting your skin against harmful UVA and UVB rays.

#### RECOMMENDED FOR

All skin types. Great for combination-oily skin types.

#### Concerns

Prevention, Fine Lines and Wrinkles, Dark Spots, Post-Treatment

#### Skin Type

Normal, Oily, Dry, Combination, Sensitive

#### **HOW TO USE**

#### Home Care

As the final step in your GlyMed Plus morning skincare regimen, gently massage into face, neck, hands, and exposed areas. Re-apply every two hours to ensure maximum protection and more frequently when swimming or active.

#### In Clinic

Pat a pea-size amount onto the face, neck, and décolleté.

#### Tip

Apply pea-size amount to face, neck, and décolleté. Use warm hands to gently roll it into the skin.













#### **INGREDIENTS**

#### **Active Ingredients:**

Octocrylene 10.0% Octyl Methoxycinnamate 7.5% Octyl Salicylate 5.0% Benzophenone-3 5.0% Titanium Dioxide 1.0%

**Inactive Ingredients:** Aqua (Water), Capric Caprylic Triglyceride, Cetearyl Alcohol, Glyceryl Stearate, Organic Rosemary Extract, Capryloyl Glycine, Cetearyl Glucoside, Xanthan Gum, Diazolidinyl Urea, Iodopropynyl Butylcarbamate, Citric Acid, Fragrance, Potassium Sorbate.

#### **KEY INGREDIENTS**

Octyl Methoxycinnamate: Chemical sunscreen agent.

Octyl Salicylate: Chemical sunscreen agent.

Benzophenone-3: Chemical sunscreen that reflects UVA and UVB radiation.

Octocrylene: Organic compound and ester used in sunscreens because of its ability to absorb UVB and short-wave UVA rays and to protect the skin from direct DNA damage.

Titanium Dioxide: Physical UV blocker, helps block both UVA and UVB wavelengths of light.

# OIL-FREE PROTECTIVE MOISTURIZER

with SPF 50

GM72 R 4.0 fl. oz. | B 16.0 fl. oz.

Get the most protection from the sun's harmful rays with this Elite SPF 50 sun protectant. This SPF 50 moisturizes while providing a broad spectrum barrier against harmful UVA and UVB rays. The Elite SPF hydrates without leaving your skin greasy.



All skin types. Great for combination-oily skin types.

#### Concerns

Prevention, Fine Lines and Wrinkles, Dark Spots, Post-Treatment

#### Skin Type

Normal, Oily, Dry, Combination, Sensitive

#### **HOW TO USE**

#### Home Care

As the final step in your GlyMed Plus morning skincare regimen, gently massage into face, neck, hands, and exposed areas. Re-apply every two hours to ensure maximum protection and more frequently when swimming or active.

#### In Clinic

Pat a pea-size amount onto the face, neck, and décolleté.

#### Tip

Apply pea-size amount to face, neck, and décolleté. Use warm hands to gently roll it into the skin.













#### **INGREDIENTS**

#### **Active Ingredients:**

Octocrylene 10.0%
Octyl Methoxycinnamate 7.5%
Octyl Salicylate 5.0%
Benzophenone-3 5.0%
Titanium Dioxide 4.5%
Zinc Oxide 2.5%

Inactive Ingredients: Aqua (Water), Capric Caprylic Triglyceride, Cetearyl Alcohol, Glyceryl Stearate, Organic Rosemary Extract, Capryloyl Glycine, Cetearyl Glucoside, Xanthan Gum, Diazolidinyl Urea, Iodopropynyl Butylcarbamate, Citric Acid, Fragrance, Potassium Sorbate.

#### **KEY INGREDIENTS**

**Octyl Methoxycinnamate:** Chemical sunscreen agent.

Octyl Salicylate: Chemical sunscreen agent.

**Benzophenone-3:** Chemical sunscreen that reflects UVA and UVB radiation.

**Octocrylene:** Organic compound and ester used in sunscreens because of its ability to absorb UVB and short-wave UVA rays and to protect the skin from direct DNA damage.

**Titanium Dioxide:** Physical UV blocker, helps block both UVA and UVB wavelengths of light.

**Zinc Oxide:** A protective ingredient for sunscreens that gives a white appearance to skincare products.

# **BODY CARE**

Section 5

# BODY PRODUCTS

GlyMed Plus body products are safe for all skin types and recommended for those sensitive skins that are unable to use detergents or so-called body shampoos that can be chemically dominant and cause dermatitis reactions. Body skin never looked, felt or acted better.





# REFINING BODY SCRUB

with Alpha Hydroxy Acids

GM87 R 8.0 fl. oz.

Refining Body Scrub with Alpha Hydroxy Acids is an energizing formula infused with ultra-fine jojoba beads and alpha hydroxy acids, excellent for removing dry skin from elbows, knees, legs, and feet. Stimulating cellular turnover, this tingling blend of natural essential oils and botanical ingredients produces a visible and textural change after one use!













#### RECOMMENDED FOR

All skin types and all skin conditions. Do not use on the face.

Concerns
Acne, Dryness

Skin Type Normal, Dry

#### **HOW TO USE**

#### Home Care

Apply liberally in the shower or bath, smooth over body using circular motions. Rinse thoroughly. Use daily or as needed.

#### Tip

Great to used before Cellulite Corrector Cream with Warming Actives. Great

for keratosis pilaris and dry winter skin. Can be used daily.

#### **INGREDIENTS**

Aqua (Water), Ammonium Laureth Sulfate, Cocamidopropyl Betaine, Polylactic Acid, Polysorbate 80, Jojoba Esters, Prunus Armeniaca (Apricot) Seed Powder, Luffa Cylindrica Fruit, Lactic Acid, Aloe Barbadensis (Aloe Vera) Leaf Juice, Anthemis Nobilis (Chamomile) Flower Extract, Glycolic Acid, Malic Acid, Mentha Viridis (Spearmint) Leaf Oil, Mentha Piperita (Peppermint) Leaf Oil, Eugenia Caryophyllus (Clove) Flower Oil, Zingiber Officinale (Ginger) Root Oil, Prunus Amygdalus Dulcis (Sweet Almond) Oil, Salix Alba (Willow) Bark Extract, Pentylene Glycol, Acrylates/C10-30 Alkyl Acrylate Crosspolymer, Sodium Hydroxide, Potassium Sorbate (Vitamin C), Phenoxyethanol, Caprylyl Glycol

#### KEY INGREDIENTS

Apricot: Exfoliating agent.

**Lactic Acid 10%:** Diminishes the cohesion of the surface skin cells.

**Glycolic Acid 10%:** It visibly reduces the appearance of pores and wrinkles as it removes surface dryness and breaks up cellular cohesion.

**Malic Acid:** Diminishes the cohesion of the surface skin cells.

**Aloe Vera:** A potent healer. Provides a protective layer that inhibits infection and soothes the skin. It is both hydrating and gentle.

Spearmint: Skin conditioner.

**Jojoba:** A moisturizing emollient that rapidly penetrates the skin to provide intense healing and moisture.

# ESSENTIAL SHAVE CREAM

GM118 R 4.0 fl. oz. | T 1.0 fl. oz.

Essential Shave Cream lifts and softens hair for a closer shave without razor irritation. Its rich and creamy formula contains pure aloe vera and coconut oil to moisturize, nourish, and hydrate the skin, preventing dead skin buildup that can lead to painful and unsightly ingrown hairs. Not just for men, women love this product too!













#### RECOMMENDED FOR

All skin types. Great for males.

#### Concerns

Dryness, Pores and Texture, Pre-Treatment, Post-Treatment

#### Skin Type

Normal, Oily, Dry, Combination, Sensitive

#### **HOW TO USE**

#### Home Care

Lather onto the area to be shaved. Rinse the skin after shaving. Use both morning and night.

#### Tip

This is a wonderful shave cream for women too! After you've applied the Essential Shave Cream, you do not need to apply pressure to your razor. Let it gently glide across your skin.

#### **INGREDIENTS**

Aqua (Water), Potassium Myristate, Sodium Myristate, Propylene Glycol, Tea Stearate, Cocos Nucifera (Coconut) Oil, Helianthus Annuus (Sunflower) Seed Oil, Aloe Barbadensis (Aloe Vera), Retinyl Palmitate (Vitamin A Ester), Tocopherol (Vitamin E), Allontoin, Lecithin, Hydroxyethylcellulose, Iodopropynyl Butylcarbamate

#### **KEY INGREDIENTS**

**Aloe Vera:** A potent healer. Provides a protective layer that inhibits infection and soothes the skin. It is both hydrating and gentle. Suitable for all skin types.

**Coconut:** Coconut oil is an excellent skin moisturizer. It nourishes and protects the skin's barrier function, providing healthier skin.

**Sunflower:** Softens the skin and helps retain moisture. Easily penetrates the skin without leaving an oily film. Forms a natural barrier over skin, protecting it from bacteria. Very hydrating and one of the least comedogenic oils.

**Vitamin A:** Free radical scavenger. Increases epidermal thickness.

**Vitamin E:** Powerful antioxidant and soothing agent that protects skin from the effects of pollutants and free radicals.

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## HYDRATING HAND & BODY LOTION

**GM63** R 6.75 fl. oz.

Hydrating Hand & Body Lotion makes skin feel young and radiant all over. Tropical butters smooth and soften while pure botanical extracts and nutrients reach deep inside to activate the skin's natural suppleness and beauty.

#### RECOMMENDED FOR

All skin types and all skin conditions. Do not use on the face.

Concerns

Prevention, Dryness

Skin Type

Normal, Dry, Sensitive

#### **HOW TO USE**

#### Home Care

Apply after bathing, extended exposure to the outdoors and the sun, or anytime you are looking for a luxurious, hydrating experience.

Great to use in conjunction with sunless tanner to help extend the life of the your tan.















#### **INGREDIENTS**

Aqua (Water), Helianthus Annuus (Sunflower) Seed Oil, Glyceryl Stearate, Glycerin, Cetearyl Alcohol, Cetearth-20, Butyrospermum Parkii (Shea) Butter, Mangifera Indica (Mango) Seed Butter, Theobroma Cacao (Cocoa) Seed Butter, Persea Gratissima (Avocado) Oil, Xanthan Gum, Tocopherol (Vitamin E), Caprylic Acid, Glycine, Lecithin, Fragrance, Diazolidinyl Urea, Iodopropynyl Butylcarbamate

#### **KEY INGREDIENTS**

Shea Butter: Restores suppleness, increases increases moisture in the skin, and improves the appearance of dry, irritated skin.

Mango Butter: Abundance of emollient properties, as well as the ability to aid in wound healing.

Cocoa Butter: Contains ultimate moisturizing qualities as well as a large number of antioxidants to fight free radicals.

**Avocado:** Strong Antioxidant rich in vitamins. Promotes skin rejuvenation and increases collagen production.

Sunflower: Softens the skin and helps to retain moisture. Forms a natural barrier over skin, protecting it from bacteria. Very nourishing and can regenerate dry, damaged, and sensitive skin.

# REFINING HAND & BODY LOTION

with Alpha Hydroxy Acids

GM76 R 4.0 fl. oz.

Refining Hand & Body Lotion with Alpha Hydroxy Acids is a super smoothing triple AHA lotion that uses a mild exfoliating action to slough away dry skin as it nourishes and moisturizes. Work beyond the surface to reduce fine lines and wrinkles, diminish age spots and hyperpigmentation.



All skin types and all skin conditions. Do not use on the face.

#### Concerns

Prevention, Dryness, Loss of Firmness, Dark Spots

### Skin Type

Dry, Sensitive

#### **HOW TO USE**

#### Home Care

Use at night or as recommended. Smooth a very thin layer over clean, dry skin. Do not apply to face.

#### Tip

This is a perfect product for anyone suffering from eczema or psoriasis on the body. Apply before the use of sunless tanner to appropriately hydrate and prep your skin. This will not only allow for a more even application, but will help to extend the life of your tan.













#### **INGREDIENTS**

Aqua (Water), Butylene Glycol, Isopropyl Palmitate, Squalane, Cetyl Alcohol, Glyceryl Stearate, PEG-100 Stearate, Magnesium Aluminum Silicate, Lactic Acid, Malic Acid, Glycolic Acid, Stearic Acid, Aloe Barbadensis (Aloe Vera) Leaf Juice, Anthemis Nobilis (Chamomile) Flower Extract, Saponaria Officinalis (Soapwort) Extract, Citrus Limon (Lemon) Fruit Extract, Panthenol (Vitamin B), Dimethicone, PEG-40 Stearate, Disodium EDTA, Hydroxyethylcellulose, Phenoxyethanol, Ethylhexylglycerin, Sodium Hydroxide, Fragrance

#### **KEY INGREDIENTS**

**Glycolic Acid 10%:** It visibly reduces the appearance of pores and wrinkles as it removes surface dryness and breaks up cellular cohesion.

**Lactic Acid 10%:** Diminishes the cohesion of the surface skin cells.

Malic Acid 10%: Diminishes the cohesion of the surface skin cells.

Chamomile: It has clinically proven anti-in lammatory and reparative properties and is antibacterial, anti-itch, soothing, and purifying. It also serves as an antiseptic and has the ability to neutralize irritants.

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## CBD MASSAGE CREAM

GM405 R 3.38 fl. oz.

Indulge the face and body with this therapeutic combination of CBD and natural botanicals. This multi-action cream contains Arnica and Capsaicin to soothe inflammation, reduce soreness, and improve the overall firmness of the skin.

#### RECOMMENDED FOR

All skin types. Great for photo-damaged skin, fine lines and wrinkles, and cellulite.

#### Concerns

Prevention, Fine Lines and Wrinkles, Loss of Firmness, Inflammation

#### Skin Type

Normal, Oily, Dry, Combination

#### **HOW TO USE**

#### Home Care

On clean skin treat first using CBD Skin Mist followed with an application of Age Delay Dew on face, neck and décolleté both morning and evening.

#### In Clinic

After cleansing skin, apply 1–2 pumps to palms and apply to face, neck and décolleté. Finish with additional GlyMed Plus serums and moisturizer.

#### Tip

This cream is great to use on the face and body. This is a great stimulator to use with body wraps for anyone looking for inch-loss.

#### **INGREDIENTS**

Organic Aloe Barbadensis Leaf Juice, Isopropyl Palmitate, Dimethicone, Caprylic Capric Triglyceride, Cetyl Alcohol, Stearyl Alcohol, Cannabis Sativa Stem















(CBD) Oil, Glycerin, Menthol, Panthenol. Allantoin, Capsaicin Frutescens Oleoresin, Cetearyl Alcohol. Ceteareth-20, Arnica Montana Flower Extract, Symphytum Officinale (Comfrey) Rhizome/Root Extract, Butyrospermum Parkii (Shea) Butter, Helianthus Annuus (Sunflower) Seed Oil, Cymbopogon Schoenanthus (Lemongrass) Oil, Tocopherol, Carbomer, Camphor, Phenoxyethanol, Ethylhexylglycerin, Sodium Hydroxide

#### KEY INGREDIENTS

**CBD (Hemp):** Grown in the USA, Derived from HEMP and is considered one of the strongest antioxidants, even stronger than Vitamin C and E, and recognized for its incredible anti-aging effects in the skin.

**Arnica:** Provides antiseptic, astringent, anti-infl ammatory and antimicrobial properties in the skin. Arnica promotes healing in the skin while also encouraging circulation.

**Capsaicin:** Derived from chili peppers, this ingredient improves microcirculation to help relieve pain and reduce infl ammation. Creates a warming eff ect on the skin.

**Camphor:** Provides analgesic properties to the skin, helps relieve aches, pain and itchiness. Increases circulation and provides antibacterial benefits.

# CELLULITE CORRECTOR CREAM

with Warming Actives

GM85 R 6.5 fl. oz. l B 16.0 fl. oz.

This cellulite-fighting formula leaves dry, stressed, and dehydrated skin nourished, invigorated, and smooth instantly. Powerful, detoxifying, and stimulating ingredients rework and rebalance unstable adipose tissue, assisting the body in eliminating negative pollutants that produce trapped water in between tissues causing the 'rippled' appearance.

#### RECOMMENDED FOR

All skin types and all skin conditions. Do not use on the face.

#### Concerns

Prevention, Dryness, Loss of Firmness

**Skin Type** Normal, Dry

#### **HOW TO USE**

#### Home Care

Apply a liberal ammount on each body area to be treated, and work into the skin concentrating on rippled areas thoroughly. Use morning and night. Can be used twice daily. This product is VERY stimulating and you will experience a highly active sensation on the area of application.

#### Tip

This product will warm the skin and it is normal to experience some rythema. The heat comes from the breakdown and removal of toxins.

#### **INGREDIENTS**

Aqua (Water), Helianthus Annuus (Sunflower) Seed Oil, Vitis Vinifera (Grape) Seed Oil, Prunus Amygdalus Dulcis (Sweet Almond) Oil, Cocos Nucifera (Coconut) Oil, Behentrimonium Methosulfate, Glycerin, Caffeine,













Butyrospermum Parkii (Shea) Butter, Glycine Soja (Soybean) Oil, Simmondsia Chinensis (Jojoba) Seed Oil, Cetearyl Alcohol, Ceteareth-20, Arctium Majus (Burdock) Root Extract, Aloe Barbadensis (Aloe Vera) Leaf Juice, Foeniculum Vulgare (Fennel) Fruit Extract, Camellia Sinensis (Green Tea) Leaf Extract, Juniperus Communis (Juniper) Fruit Extract, Panax Ginseng Root Extract, Mentha Viridis (Spearmint) Leaf Oil, Mentha Piperita (Peppermint) Leaf Oil, Eugenia Caryophyllus (Clove) Flower Oil, Maltodextrin, Paullinia Cupana (Guarana) Seed Extract, Carnatine, Microcrystalline Cellulose, Cysteic Acid, Pantetheine Sulfonate, Tocopherol (Vitamin E), Rosmarinus Officinalis (Rosemary) Leaf Oil, Methyl Nicotinate, Retinyl Palmitate (Vitamin A Ester), Ascorbyl Palmitate (Vitamin C Ester), Potassium Sorbate (Vitamin C), Diazolidinyl Urea, Phenoxyethanol

#### **KEY INGREDIENTS**

**Caffeine:** Antioxidant that assists in absorption of other ingredients.

**Peppermint:** A natural plant oil that cools, invigorates, and stimulates the skin.

**Methyl Nicotinate:** Dilates capillaries and increases blood circulation.

**Vitamin E:** Powerful antioxidant and soothing agent that protects skin from the effects of pollutants and free radicals.

**Vitamin A:** Free radical scavenger. Increases epidermal thickness.

**Vitamin C:** A powerful antioxidant that helps build new collagen fibers.

Chapter 04

## BODY MASSAGE OIL

GM84 B 16.0 fl. oz.

Body Massage Oil is a weightless 'super oil' that boosts the skin's critical lipid barrier to help strengthen and firm skin. Packed with certified essential oils including sunflower, grape and sweet almond to balance and re-energize tired, dry skin.

#### RECOMMENDED FOR

All skin types and all skin conditions. Do not use on the face.

Concerns Dryness

Skin Type Normal, Dry

#### **HOW TO USE**

#### Home Care

Use as desired to provide hydration and slip during body massage.

#### Tip

Excellent carrier for essential oils.











Natural



#### **INGREDIENTS**

Helianthus Annuus (Sunflower) Seed Oil, Vitis Vinifera (Grape) Seed Oil, Prunus Amygdalus Dulcis (Sweet Almond) Oil, Mentha Viridis (Spearmint) Leaf Oil, Zingiber Officinale (Ginger) Root Oil, Mentha Piperita (Peppermint) Leaf Oil, Eugenia Caryophyllus (Clove) Flower Oil, Tocopherol (Vitamin E), Lecithin, Rosmarinus Officinalis (Rosemary) Leaf Extract

#### **KEY INGREDIENTS**

**Sunflower:** Softens the skin and helps retain moisture; it is one of the least comedogenic oils.

**Grape:** A natural plant oil that cools, invigorates, and stimulates the skin.

Spearmint: Skin conditioner.

**Peppermint:** A natural plant oil that cools, invigorates, and stimulates the skin.

**Vitamin E:** Powerful antioxidant and soothing agent that protects skin from the effects of pollutants and free radicals.

# GLYMED PLUS SKIN ESSENTIAL KITS

Section 6

# KITS AND COLLECTIONS





We understand that many clients are reluctant to purchase a completely new skincare program on their initial visit. Many clients have been bombarded with false promises from infomercials, cosmetic counters, the internet, etc. and are reluctant to add more products to their "drawer of dreams."

To accommodate these clients and those on a tight budget, GlyMed Plus has created our Skin Essential Kits that provide an approximate six-toeight-week supply of a complete skincare regimen to use at home. This allows the client to have all of the products necessary, based on their skin type, to prepare their skin for treatments. They will run out of products one or two at a time and then can purchase the larger sizes.

Skin Essentials Kits contain an instruction card to assist the client in proper daily application steps. GlyMed Plus Skin Essential Kits include the following products:

## KITS TO COMPLEMENT CLINICAL TREATMENT

## PRE-PROCEDURAL SKIN ESSENTIALS KIT

#### GMKT07

## POST PROCEDURAL SKIN ESSENTIALS KIT

#### GMKT08

#### Contains:

- GM1T Glycolic Facial Cleanser with 10% Glycolic Acid (1.0 oz)
- GM8T Anti-Aging Exfoliant Masque (1.0 oz)
- **GM26T** Pigment Brightening Serum (0.25 oz)
- GM58T Daily Repair Cream (0.5 oz)
- GM3T Resurfacing Night Cream with 15% Glycolic Acid (0.5 oz)
- **GM138T** Moisturizing Protection Cream SPF 30 (0.5 oz)

#### Contains:

- GM57T Mega Cream Cleanser (1.0 oz)
- **GM61T** Hydrating Masque with Enzymes (1.0 oz)
- **GM37T** Daily Skin Clarifier (0.25 oz)
- GM69T Ultra Hydro Gel (0.5 oz)
- GM67T Recovery Cream with Arnica (0.5 oz)
- **GM138T** Moisturizing Protection Cream SPF 30 (0.5 oz)
- GM1626 Chilly Pillow

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#### ACNE KITS

#### GMKT51 SERIOUS ACTION PAC GRADE 1

For oily and combination skin with occasional breakouts, this homecare kit addresses treatment and prevention for mild conditions.

#### Includes:

- GM50A2 Exfoliating Cleanser with Salicylic Acid (2.0 oz)
- **GM78A2** Astringent No. 2 with Salicylic Acid (2.0 oz)
- GM22A2 Blemish Control No. 5 with Benzoyl Peroxide (2.0 oz)
- **GM123S** Hydrating Protection Gel with SPF15 (0.125 oz)

#### GMKT52 FOR SERIOUS ACTION PAC GRADE 2

For problem-prone skin, blackheads and sub-surface lesions, this homecare kit addresses treatment and prevention for moderate conditions.

#### Includes:

- GM49A2 Purifying Cleanser with Salicylic Acid (2.0 oz)
- GM45A2 Serious Action Masque (2.0 oz)
- GM78A2 Astringent No. 2 with Salicylic Acid (2.0 oz)
- GM22A2 Blemish Control No. 5 with Benzoyl Peroxide (2.0 oz)
- **GM123S** Hydrating Protection Gel with SPF15 (0.125 oz)

#### GMKT53 SERIOUS ACTION PAC GRADE 3

For frequent or ongoing conditions with visible and subsurface infections, this homecare kit addresses treatment and management for moderate to severe acne.

#### Includes:

- GM19A2 Clear Skin Cleanser with Benzoyl Peroxide (2.0 oz)
- **GM15A2** Tri-Acid 15% Skin Gel (2.0 oz)
- **GM20A2** Astringent No. 5 with Salicylic Acid (2.0 oz)
- GM22A2 Blemish Control No. 5 with Benzoyl Peroxide (2.0 oz)
- **GM123S** Hydrating Protection Gel with SPF15 (0.125 oz)

### ESSENTIAL TRIAL COLLECTIONS

#### **GENTLEMEN'S COLLECTION**

#### GM1901

#### GM1903

#### Contains:

- GM1S Glycolic Facial Cleanser with 10% Glycolic Acid (0.125 oz)
- **GM61S** Hydrating Masque with Enzymes (0.125 oz)
- GM69S Ultra Hydro Gel (0.125 oz)
- GM83S Peptide Cream (0.125 oz)
- GM12S Age Defying Masque (0.125 oz)
- **GM70S** Oil-Free Protective Moisturizer with SPF 15 (0.125 oz)

#### CALMING COLLECTION

#### GM1902

#### Contains:

- GM57S Mega Cream Cleanser (0.125 oz)
- GM59S Protective Skin Serum with Ceramides (0.125 oz)
- GM83S Peptide Cream (0.125 oz)
- GM68S Rosacea Relief (0.125 oz)
- **GM67S** Recovery Cream with Arnica (0.125 oz)
- GM32S Restoring Fulvic Elixir (0.125 oz)
- **GM122S** Hydrating Protection Gel with SPF 30 (0.125 oz)

## Contains:

**ULTIMATE COLLECTION** 

- **GM57S** Mega Cream Cleanser (0.125 oz)
- **GM50S** Exfoliating Cleanser with Salicylic Acid (0.125 oz)
- GM90S Firming Serum with Phyto-Stem Cells (0.125 oz)
- **GM37T** Daily Skin Clarifier (0.25 oz)
- GM69S Ultra Hydro Gel (0.125 oz)
- GM59S Protective Skin Serum with Ceramides (0.125 oz)
- GM83S Peptide Cream (0.125 oz)
- GM5S Moisturizing Protection Cream with SPF 15 (0.125 oz)

# RECOMENDED REGIMENS FOR CLIENTS

Section 7

# BARRIER REPAIR/ SENSITIVE SKIN

## Regimen

**Recommended Treatment Time: 10 Minutes** 

#### Description:

This regimen was specifically created to care for sensitive or compromised skin. These products help to rebuild, strengthen and balance without stripping or drying out the skin. For any questions, contact your skincare professional. Safe for ALL skin types and fitzpatricks.

#### MORNING

- O1 Cleanse with Mega Cream Cleanser. Dispense 1 pump to dry palms and apply to dry skin massaging for 1–2 minutes. Add water for slip, rinse with warm water.
- **02** Treat and maintain skin with Daily Skin Clarifier and Protective Skin Serum. Dispense 1–2 pumps of each serum to palms and apply to face, neck and décolleté.
- **03** Balance and moisturize with Daily Repair Cream. Dispense 1–2 pumps to palms and apply to face, neck and décolleté. Don't neglect the eyes, apply a small, grain size amount of Eye Calm, apply to entire eye area and massage until absorbed.
- **04** If additional moisture is needed, add a thin layer of Cell Protection Balm.
- Protect from UV rays and free radical damage with Moisturizing Protection Cream with SPF 30. Apply to face, neck, décolleté and any other areas exposed to UV rays.
- **06** Apply Hydrating Lip Balm to lips as needed.

#### **EVENING**

- Perform first Cleanse with Mega Cream Cleanser. Dispense 1 pump to dry palms and apply to dry skin massaging for 1–2 minutes. Add water for slip, rinse with warm water.
- **O2** Cleanse with Mega Cream Cleanser. Dispense 1 pump to dry palms and apply to dry skin massaging for 1–2 minutes. Add water for slip, rinse with warm water.
- **03** Treat and maintain skin with Daily Skin Clarifier and Protective Skin Serum. Dispense 1–2 pumps of each serum to palms and apply to face, neck and décolleté.
- O4 Balance and moisturize with Daily Repair Cream. Dispense 1–2 pumps to palms and apply to face, neck and décolleté. Don't neglect the eyes, apply a small, grain size amount of Eye Calm, apply to entire eye area and massage until absorbed.
- 05 If additional moisture is needed, add a thin layer of Cell Protection Balm.
- **06** Apply Hydrating Lip Balm to lips as needed.

#### **DURING the WEEK**

In the evening, after second cleanse, apply CBD Hydratherapy Masque to face, neck and décolleté for 15–20 minutes. Rinse with tepid water. Finish remaining steps.



#### **Recommended Treatment Time: 10 Minutes**

#### Description:

This regimen was specifically created to care for acneic skin. These products help to rebuild, strengthen and balance without stripping or drying out the skin. For any questions, contact your skincare professional. Safe for ALL skin types and fitzpatricks.

#### MORNING

- O1 Cleanse with Purifying Cleanser. Dispense 1 pump to palms and emulsify with water to create foam. Massage on to skin for 1–2 minutes. Add water for slip, rinse with warm water.
- **02** Treat and maintain skin with Daily Skin Clarifier and Restoring Fulvic Elixir. Dispense 1–2 pumps of each serum to palms and apply to face, neck and décolleté.
- O3 Balance and moisturize with Comfort Cream with Aloe Vera. Dispense 1–2 pumps to palms and apply to face, neck and décolleté. Don't neglect the eyes, apply a small, grain size amount of Eye Calm, apply to entire eye area and massage until absorbed.
- **04** If additional moisture is needed, add a thin layer of Cell Protection Balm.
- Protect from UV rays and free radical damage with Moisturizing Protection Cream with SPF 30. Apply to face, neck, décolleté and any other areas exposed to UV rays.
- **06** Apply Hydrating Lip Balm to lips as needed.

#### **EVENING**

- Perform first Cleanse with Mega Cream Cleanser. Dispense 1 pump to dry palms and apply to dry skin massaging for 1–2 minutes. Add water for slip, rinse with warm water.
- O2 Cleanse with Purifying Cleanser. Dispense 1 pump to palms and emulsify with water to create foam. Massage on to skin for 1–2 minutes. Add water for slip, rinse with warm water.
- Treat and maintain skin with Daily Skin Clarifier and Restoring Fulvic Elixir. Dispense 1–2 pumps of each serum to palms and apply to face, neck and décolleté.
- **04** Balance and moisturize with Comfort Cream with Aloe Vera. Dispense 1–2 pumps to palms and apply to face, neck and décolleté. Don't neglect the eyes, apply a small, grain size amount of Eye Calm, apply to entire eye area and massage until absorbed.
- **05** If additional moisture is needed, add a thin layer of Cell Protection Balm.
- **06** Apply Hydrating Lip Balm to lips as needed.

#### DURING the WEEK

In the evening, after second cleanse, apply Skin Clarifying Masque to face, neck and décolleté for 15–20 minutes. Rinse with tepid water. Finish remaining steps.

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# ROSACEA

## Regimen

#### **Recommended Treatment Time: 10 Minutes**

#### Description:

This regimen was specifically created to care for Rosacea or inflammed skin. These products help to rebuild, strengthen and balance without stripping or drying out the skin. For any questions, contact your skincare professional. Safe for ALL skin types and fitzpatricks.

#### MORNING

- Perform first cleanse with Vitamin C Cleanser. Dispense 1 pump to dry palms and apply to dry skin massaging for 1–2 minutes. Add water for slip, rinse with warm water.
- **02** Treat and maintain skin with Daily Skin Clarifier and Restoring Fulvic Elixir. Dispense 1–2 pumps of each serum to palms and apply to face, neck and décolleté.
- **03** Balance and moisturize with Rosacea Relief. Dispense 1–2 pumps to palms and apply to face, neck and décolleté. Don't neglect the eyes, apply a small, grain size amount of Eye Calm, apply to entire eye area and massage until absorbed.
- **04** If additional moisture is needed, add a thin layer of Cell Protection Balm.
- **05** Protect from UV rays and free radical damage with Moisturizing Protection Cream with SPF 30. Apply to face, neck, décolleté and any other areas exposed to UV rays.
- **06** Apply Hydrating Lip Balm to lips as needed.

#### **EVENING**

- O1 Perform first cleanse with Vitamin C Cleanser. Dispense 1 pump to dry palms and apply to dry skin massaging for 1–2 minutes. Add water for slip, rinse with warm water.
- **02** Perform second cleanse with Vitamin C Cleanser. Dispense 1 pump to dry palms and apply to dry skin massaging for 1–2 minutes. Add water for slip, rinse with warm water.
- **03** Treat and maintain skin with Daily Skin Clarifier and Restoring Fulvic Elixir. Dispense 1–2 pumps of each serum to palms and apply to face, neck and décolleté.
- **04** Balance and moisturize with Rosacea Relief. Dispense 1–2 pumps to palms and apply to face, neck and décolleté. Don't neglect the eyes, apply a small, grain size amount of Eye Calm, apply to entire eye area and massage until absorbed.
- **05** If additional moisture is needed, add a thin layer of Cell Protection Balm.
- **06** Apply Hydrating Lip Balm to lips as needed.

#### DURING the WEEK

In the evening, after second cleanse, apply Mattifying Sulfur Masque to face, neck and décolleté for 15–20 minutes. Rinse with tepid water. Finish remaining steps.

# HYPERPIGMENTATION

## Regimen

#### **Recommended Treatment Time: 10 Minutes**

#### Description:

This regimen was specifically created to care for hyperpigmentation or uneven skintone. These products help to brighten pigment as well as rebuild, strengthen and balance without stripping or drying out the skin. For any questions, contact your skincare professional. Safe for ALL skin types and fitzpatricks.

#### MORNING

- **O1** Perform first cleanse with Vitamin C Cleanser. Dispense 1 pump to dry palms and apply to dry skin massaging for 1–2 minutes. Add water for slip, rinse with warm water.
- **02** Treat and maintain skin with Pigment Brightening Serum and Restoring Fulvic Elixir. Dispense 1–2 pumps of each serum to palms and apply to face, neck and décolleté.
- O3 Balance and moisturize with Vitamin C Cream. Dispense 1–2 pumps to palms and apply to face, neck and décolleté. Don't neglect the eyes, apply a small, grain size amount of Eye Calm, apply to entire eye area and massage until absorbed.
- **04** If additional moisture is needed, add a thin layer of Cell Protection Balm.
- **05** Protect from UV rays and free radical damage with Moisturizing Protection Cream with SPF 30. Apply to face, neck, décolleté and any other areas exposed to UV rays.
- **06** Apply Hydrating Lip Balm to lips as needed.

#### **EVENING**

- O1 Perform first cleanse with Vitamin C Cleanser. Dispense 1 pump to dry palms and apply to dry skin massaging for 1–2 minutes. Add water for slip, rinse with warm water.
- **O2** Perform second cleanse with Vitamin C Cleanser. Dispense 1 pump to dry palms and apply to dry skin massaging for 1–2 minutes. Add water for slip, rinse with warm water.
- **03** Treat and maintain skin with Pigment Brightening Serum and Restoring Fulvic Elixir. Dispense 1–2 pumps of each serum to palms and apply to face, neck and décolleté.
- **04** Balance and moisturize with Vitamin C Cream. Dispense 1-2 pumps to palms and apply to face, neck and décolleté. Don't neglect the eyes, apply a small, grain size amount of Eye Calm, apply to entire eye area and massage until absorbed.
- **05** If additional moisture is needed, add a thin layer of Cell Protection Balm.
- **06** Apply Hydrating Lip Balm to lips as needed.

#### DURING the WEEK

In the evening, after second cleanse, apply Anti-Aging Exfoliant Masque to face, neck and décolleté for 15–20 minutes. Rinse with tepid water. Finish remaining steps.

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# **ONCOLOGY SAFE**

## Regimen

#### **Recommended Treatment Time: 10 Minutes**

#### Description:

This regimen was specifically created to care for cancer-oncology treated skin. These products help to rebuild, strengthen and balance without stripping or drying out the skin. For any questions, contact your skincare professional. Safe for ALL skin types and fitzpatricks.

#### MORNING

- O1 Cleanse with Mega Cream Cleanser. Dispense 1 pump to dry palms and apply to dry skin massaging for 1–2 minutes. Add water for slip, rinse with warm water.
- **02** Treat and maintain skin with Daily Skin Clarifier and Protective Skin Serum. Dispense 1–2 pumps of each serum to palms and apply to face, neck and décolleté.
- O3 Balance and moisturize with Daily Repair Cream. Dispense 1–2 pumps to palms and apply to face, neck and décolleté. Don't neglect the eyes, apply a small, grain size amount of Eye Calm, apply to entire eye area and massage until absorbed.
- **04** If additional moisture is needed, add a thin layer of Cell Protection Balm.
- Protect from UV rays and free radical damage with Moisturizing Protection Cream with SPF 30. Apply to face, neck, décolleté and any other areas exposed to UV rays.
- **06** Apply Hydrating Lip Balm to lips as needed.

#### **EVENING**

- Perform first cleanse with Mega Cream Cleanser. Dispense 1 pump to dry palms and apply to dry skin massaging for 1–2 minutes. Add water for slip, rinse with warm water.
- **O2** Cleanse with Mega Cream Cleanser. Dispense 1 pump to dry palms and apply to dry skin massaging for 1–2 minutes. Add water for slip, rinse with warm water.
- **03** Treat and maintain skin with Daily Skin Clarifier and Protective Skin Serum. Dispense 1–2 pumps of each serum to palms and apply to face, neck and décolleté.
- **04** Balance and moisturize with Daily Repair Cream. Dispense 1–2 pumps to palms and apply to face, neck and décolleté. Don't neglect the eyes, apply a small, grain size amount of Eye Calm, apply to entire eye area and massage until absorbed.
- **05** If additional moisture is needed, add a thin layer of Cell Protection Balm.
- **06** Apply Hydrating Lip Balm to lips as needed.

#### DURING the WEEK

In the evening, after second cleanse, apply Rejuvenating Peptide Masque mixed with Comfort Cream with Aloe Vera to face, neck and décolleté for 15–20 minutes. Rinse with tepid water. Finish remaining steps.

## PRE-PROCEDURAL

## Regimen

#### **Recommended Treatment Time: 10 Minutes**

#### Description:

This regimen was specifically created to start prepping skin for mild to moderate pre-procedures. For any questions, contact your skincare professional. Safe for ALL skin types and fitzpatricks.

#### MORNING

- O1 Cleanse with Glycolic Facial Cleanser. Dispense 1 pump to palms and emulsify with water to create foam. Massage on to skin for 1–2 minutes. Add water for slip, rinse with warm water.
- **02** Treat and maintain skin with Daily Skin Clarifier and Restoring Fulvic Elixir. Dispense 1–2 pumps of each serum to palms and apply to face, neck and décolleté.
- **03** Balance and moisturize with Peptide Cream. Dispense 1–2 pumps to palms and apply to face, neck and décolleté. Don't neglect the eyes, apply a small, grain size amount of Eye Calm, apply to entire eye area and massage until absorbed.
- **04** If additional moisture is needed, add a thin layer of Cell Protection Balm.
- Protect from UV rays and free radical damage with Moisturizing Protection Cream with SPF 30. Apply to face, neck, décolleté and any other areas exposed to UV rays.
- **06** Apply Hydrating Lip Balm to lips as needed.

#### **EVENING**

- O1 Perform first cleanse with Mega Cream Cleanser. Dispense 1 pump to dry palms and apply to dry skin massaging for 1–2 minutes. Add water for slip, rinse with warm water.
- **O2** Cleanse with Glycolic Facial Cleanser. Dispense 1 pump to palms and emulsify with water to create foam. Massage on to skin for 1–2 minutes. Add water for slip, rinse with warm water.
- **03** Treat and maintain skin with Daily Skin Clarifier and Restoring Fulvic Elixir. Dispense 1–2 pumps of each serum to palms and apply to face, neck and décolleté.
- **04** Balance and moisturize with Peptide Cream. Dispense 1–2 pumps to palms and apply to face, neck and décolleté. Don't neglect the eyes, apply a small, grain size amount of Eye Calm, apply to entire eye area and massage until absorbed.
- **05** Apply Hydrating Lip Balm to lips as needed.

#### DURING the WEEK

In the evening, after second cleanse, apply Beta Gel to face, neck and décolleté, avoiding eye area. Finish applying serums and moisturizer.

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# POST-PROCEDURAL

## Regimen

#### **Recommended Treatment Time: 10 Minutes**

#### Description:

This regimen was specifically created to care for the skin after mild to moderate procedures. For any questions, contact your skincare professional. Safe for ALL skin types and fitzpatricks.

#### MORNING

- **01** Perform first cleanse with Mega Cream Cleanser. Dispense 1 pump to dry palmsand apply to dry skin massaging for 1–2 minutes. Add water for slip, rinse with warm water.
- **02** Treat and maintain skin with Daily Skin Clarifier and Restoring Fulvic Elixir. Dispense 1–2 pumps of each serum to palms and apply to face, neck and décolleté.
- **03** Balance and moisturize with Peptide Cream. Dispense 1–2 pumps to palms and apply to face, neck and décolleté. Don't neglect the eyes, apply a small, grain size amount of Eye Calm, apply to entire eye area and massage until absorbed.
- 04 If additional moisture is needed, add a thin layer of Cell Protection Balm.
- Protect from UV rays and free radical damage with Moisturizing Protection Cream with SPF 30. Apply to face, neck, décolleté and any other areas exposed to UV rays.
- **06** Apply Hydrating Lip Balm to lips as needed.

#### **EVENING**

- **01** Perform first cleanse with Mega Cream Cleanser. Dispense 1 pump to dry palms and apply to dry skin massaging for 1–2 minutes. Add water for slip, rinse with warm water.
- **O2** Perform second cleanse with Vitamin C Cleanser. Dispense 1 pump to dry palms and apply to dry skin massaging for 1–2 minutes. Add water for slip, rinse with warm water.
- **03** Treat and maintain skin with Daily Skin Clarifier and Restoring Fulvic Elixir. Dispense 1–2 pumps of each serum to palms and apply to face, neck and décolleté.
- O4 Balance and moisturize with Peptide Cream. Dispense 1–2 pumps to palms and apply to face, neck and décolleté. Don't neglect the eyes, apply a small, grain sizeamount of Eye Calm, apply to entire eye area and massage until absorbed.
- **05** Apply Hydrating Lip Balm to lips as needed.

#### **DURING the WEEK**

In the evening, after second cleanse, apply Hydrating Masque to face, neck and décolleté, for up to 15 minutes. Rinse with tepid water. Finish remaining steps.

# PROFESSIONAL EXFOLIATORS + SOLUTIONS

CHAPTER 05

# CHEMICAL PEEL DEPTH

#### 1 | VERY SUPERFICIAL

Outer Most Layer of the Skin

- No downtime
- Great first-time peel
- Great for maintaining the health of the skin
- · Leaves skin feeling tight and bright

#### 2 | SUPERFICIAL

Third Layer of the Skin

- 1-3 days downtime
- Helps reduce fine lines and wrinkles
- Reduces hyperpigmentation of the skin
- Helps control acne and breakouts

#### 3 | MEDIUM DEPTH

Fourth Layer of the Skin

- 7–14 days downtime
- Reduces acne in the skin
- Helps improve hyperpigmentation on the surface and underneath the skin
- Improves fine lines and wrinkles

### 4 | DEEP

Fifth Layer of the Skin

- 14 days to 3 months downtime
- Helps treat sun-damaged skin
- Eliminates deep, course wrinkles
- Can remove pre-cancerous growths
- Treat blotches caused by aging and sun

#### **VERY SUPERFICIAL PEELS**

Removes the Outer Layer of the Stratum Corneum

The lightest professional exfoliation offered with no downtime. These peels are a great way to introduce clients to the world of chemical peels if they have never received one before. These peels are also great for maintaining results after clients have gone through a series of chemical peels, to keep their skin active and healthy.

#### SUPERFICIAL PEELS

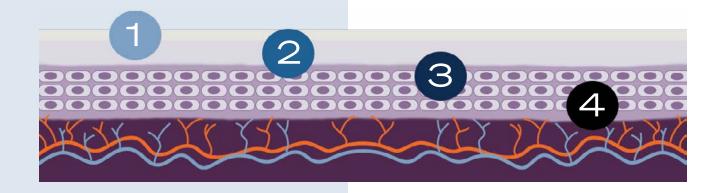
Chemical Exfoliator or Solution Extends Into the Stratum Granulosum

Great for skin that is prepared and ready for more active treatments to achieve results. Depending on the client and treatment performed, these peels lead to little or no down time. Light flaking or peeling is present for a few days, post peel.

#### **MEDIUM DEPTH PEELS**

Chemical Peel Extends Through All Layers of the Epidermis and Can Enter Into the Papillary Dermis

These chemical peels are the greatest form of exfoliation that most Estheticians can perform. Clients MUST be prepped and ready to receive these chemical peels as they will be providing a deep desquamation to the skin. Perfect for treating stubborn skin conditions such as Acne, Aging, Hyperpigmentation and Melasma.



# CHOOSING A CHEMICAL PEEL

The advantage of chemical peeling is that healing is faster than with modalities such as laser, TCA or phenol. The effects of chemical peeling are enhanced by proper skin preparation, the correct choice of peeling solutions, applicator, pressure, acid percentage, pH, exposure to skin and layers of application. Home care—both pre- and post-peel—is a major factor in achieving the best results from treatment.

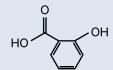
Chemical peels available to aestheticians can be separated into two groups: Aromatic Acids and Organic Acids. Aromatic Acids are foreign to the body, they include Benzoic acid, Salicylic acid and phenol. These acids are highly keratolytic, and work by dissolving the stratum corneum layer by layer from the outside in. There is no direct cell turnover or hydration created with these peels.

Organic acids, also called wounding agents, such as Glycolic and Lactic acids, provide nutrition to the skin and therefore, are able to perform metabolic functions. These acids, also known as alpha hydroxy acids, work from the inside out by detaching the lower layers of the stratum corneum first. This is achieved through the dissolution of corneocyte cohesion.

As a result, therefore, the immediate results from an alpha hydroxy acid peel will be different than those of the Salicylic. Salicylic and Jessner Solutions will have more of an immediate peeling effect that can last for up to a week depending on the client's skin. The post peel home care for these clients will be different from AHAs, which are more subtle.

Another difference between wounding and non-wounding is that non-wounding aromatic acids are dose dependent. In other words, the depth of the peel is determined by how many layers. If you want the peel to be more aggressive, you apply another layer. Wounding agents, on the other hand, are time dependent. To increase the efficacy of these peels, they would be left on the skin for a longer period of time.

# AROMATIC ACIDS



- Non-Wounding Agents
- Foreign to the Body
- Dose Dependant (Layered)
- Found in Chemical Solutions



**Examples:** Jessner's Solution, Salicylic Acid, TCA, Benzoic Acid

## ORGANIC ACIDS



- Wounding Agents
- Non-Foreign to the Body
- Time Dependant (Timed)
- Found in Chemical Exfoliators



**Examples:** AHAs, Lactic Acid, Glycolic Acid

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ACTIVE INGREDIENTS	SPECIAL INTREDIENTS	WHAT TO EXPECT	
Very Superficial – Stratum Corneum	Glogau Type 1 and 2		
Professional Pumpkin Exfoliator*		AHA's	
5% Lactic Acid, Pomegranate, Pumpkin and Papain Enzymes	Acne grade 1, Rosacea grade 1–2	Erythema Mild flaking	
Professional Exfoliator with 30% Alpha Hydroxy Acids*			
15% Glycolic Acid, 15% Lactic Acid, Chamomile, Ginseng, Aloe			
Professional Vitamin A Solution with 10% TCA (1 layer)**		Salicylic Acid Erythema Crystallization Mild/Moderate flaking Reduced oil Darkened pigment	
10% Glycolic Acid, 10% TCA, 5% Retinol, 10% Lactic Acid, Malic Acid	Acne grade 1, Rosacea grade 1–2		
Professional 5 Berry Solution with 7% TCA (1 layer)**			
7% TCA, Licorice Root, Bearberry, Green Tea, Vitamin C	Acne grade 1–4		
Professional Jessner Solution (1 layer)**			
14% Salicylic Acid, 14% Lactic Acid, 14% Resorcinol	Acne grade 1-4; NOT BELOW JAW		
Astringent No. 5 with Salicylic Acid**			
5% Salicylic Acid	Acne grade 1, Rosacea grade 1–2	TCA Erythema Frost Heat/sting Tight glossy skin Darkened pigment Mild to moderat sheet peeling	
Astringent No. 10 with Salicylic Acid**			
10% Salicylic Acid	Acne grade 2, Rosacea grade 1		
Professional Solution with 20% Salicylic Acid (1 layer)**			
20% Salicylic Acid	Acne grade 3		
Superficial – Epidermal	Glogau Type 2 and 3		
Professional Exfoliator with 30% Lactic Acid*			
30% Lactic Acid			
Professional Exfoliator with 50% Lactic Acid*		Jessner Solution Strong erythem Heat/sting Crystallization Sensitive Sheet peeling up to 10 days	
50% Lactic Acid			
Professional Solution with 20% Salicylic Acid (2-3 layers)**			
20% Salicylic Acid	Acne grade 1–4		
Professional Solution with 30% Salicylic Acid (1 layer)**			
30% Salicylic Acid	Acne grade 1–4		
Professional 5 Berry Solution with 7% TCA**			
7% TCA, Licorice Root, Bearberry, Green Tea, Vitamin C	Acne grade 1–4		
Professional Vitamin A Solution with 10% TCA (1-3 layers)**			
10% Glycolic Acid, 10% TCA, 5% Retinol	Acne grade 1–4		
Professional Jessner Solution (1-3 layers)**	- C		
14% Salicylic Acid, 14% Lactic Acid, 14% Resorcinol			
Medium – Papillary Dermis	Glogau Type 3 and 4		
Professional Solution with 20% Salicylic Acid (4+layers)**	<u> </u>		
20% Salicylic Acid	Acne grade 3-4		
Professional Solution with 30% Salicylic Acid (2+ layers)**	-		
30% Salicylic Acid	Acne grade 3-4		
Professional Pigment Lift Solution with 15% TCA (full frost)**			
15% Trichloracetic Acid  Professional Jessner Solution (4+ layers)**			

<sup>\*</sup> Remove with tepid water \*\* Self neutralizing

# CONTRAINDICATION OF CHEMICAL PEELS

# Glycolic/Lactic (AHA)

- Clients who are taking or have taken Accutane should not undergo any chemical peeling for at least six months after the drug is discontinued
- Clients currently or recently undergoing treatment for any type of cancer
- Clients who have not had or have not properly completed their home care
- Clients who plan to sun tan, use tanning beds or expect to participate in extended outdoor activities within a week after the treatment
- Clients with open wounds
- Retin A users should be monitored carefully and may require discontinuation of the drug for seven days before and after the peel

### Salicylic Acid/ Jessners

- Clients who are taking or have taken Accutane should not undergo any chemical peeling for at least six months after the drug is discontinued
- Clients currently or recently undergoing treatment for any type of cancer
- Clients who have not had or have not properly completed their home care
- Clients who plan to sun tan, use tanning beds or expect to participate in extended outdoor activities within a week after the treatment
- Clients with open wounds
- Retin A users should be monitored carefully and may require discontinuation of the drug for seven days before and after the peel
- Clients with kidney disease
- Clients who are pregnant or lactating
- Clients with a heart condition
- Photo type IV or higher, unless skin has been thoroughly qualified for this procedure
- Do not apply Jessner below the neck
- Those with allergies to aspirin

### Vitamin A

- Clients who are taking or have taken Accutane should not undergo any chemical peeling for at least six months after the drug is discontinued
- Clients currently or recently undergoing treatment for any type of cancer
- Clients who have not had or have not properly completed their home care
- Clients who plan to sun tan, use tanning beds or expect to participate in extended outdoor activities within a week after the treatment
- Clients with open wounds
- Retin A users should be monitored carefully and may require discontinuation of the drug for seven days before and after the peel
- Avoid on clients with Rosacea
- Clients who are pregnant or lactating

#### TCA

- Clients who are taking or have taken Accutane should not undergo any chemical peeling for at least six months after the drug is discontinued
- Clients currently or recently undergoing treatment for any type of cancer
- Clients who have not had or have not properly completed their home care
- Clients who plan to sun tan, use tanning beds or expect to participate in extended outdoor activities within a week after the treatment
- Clients with open wounds
- Retin A users should be monitored carefully and may require discontinuation of the drug for seven days before and after the peel
- Clients who are pregnant or lactating
- Precautions must be taken with Photo types IV or higher unless skin has been thoroughly qualified for this procedure

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# POST CHEMICAL PEEL

#### **VERY SUPERFICIAL PEEL**

#### 1 layer

The client should expect tightness and mild erythema. During this time, the use of skincare is encouraged and any exfoliant is discouraged. The client should wear the Healthy Makeup and is allowed to shower but must avoid rubbing their face.

# SUPERFICIAL/FULL-THICKNESS DEPTH PEEL

#### 2-4 layers

This level of peel (and generally the peel applied to most individuals who receive TCA) immediately pulls the face very tight (but the skin looks amazing) and turns the skin dark within 4-6 days. The skin will look unpleasant for approximately 10 days and peel like crazy during the process. During this period, the skin pulls tight and can fissure and crack if not kept moist and protected. Make sure client has Cell Protection Balm to use throughout the process. Re-application of hydrators (Ultra Hydro Gel) and sealants (Cell Protection Balm or Barrier Repair Cream with Amino Acids) every two hours could be necessary for very dry clients. If the skin becomes too dry, it will crack and bleed which will become counterproductive to the procedure and can cause scarring. These clients must be told in advance how they will look during this healing time to prevent surprises.

Makeup should be avoided because it will pile up on the dead skin and look unflattering. It is best they do not take hot showers to avoid pre-mature peeling. Clients need to be made aware that the skin could become itchy. If this is the case, educate them to keep their hands off their skin and not to pick, otherwise it could cause scarring.

#### MEDIUM DEPTH PEEL

#### 4+ layers

The skin responds as above except it can stay dark for up to 14 days and might have mild swelling, especially in the first 48 hours in the peri orbital area post-peel. An antihistamine may be recommended to relieve the edema.

During the healing phase: important caveats for the client to follow:

- Avoid all sun exposure
- Avoid exercise and sweating for 48 to 72 hours
- Avoid having the shower spray directly on the face
- Do not pick, rub, or unnecessarily touch the face
- Minimize facial expression
- Sleep on back
- Shampoo with head tilted backward to avoid shampoo on skin

TCA can be used on the chest area and on the hands. The Aesthetician follows the same safety guidelines for skin evaluation.



# CHEMICAL TREATMENT PROTOCOLS

CHAPTER 06

#### LEVEL 2

#### Professional Chemical Treatments

The following protocols are for introduction only. For additional specialized protocols, please inquire about our Comprehensive Treatment Protocol Manual.

# PROFESSIONAL PUMPKIN EXFOLIATOR

## Protocol

**Recommended Treatment Time: 45 Minutes** 

Suggested Cost: \$90-\$110

#### **Description:**

This gentle enzyme exfoliating treatment will make your skin look and feel absolutely amazing. The antioxidant-packed formula is also enhanced with active collagen-inducing peptides which are ideal for restoring skin hydration, tone, and firmness.

#### **CLEANSE**

- O1 Dispense 1 pump Mega Cream Cleanser to dry palms and apply to dry skin massaging for 1–2 minutes. Add water for slip, rinse with warm water.
- **02** Dispense 1 pump of Glycolic Facial Cleanser with 10% Glycolic Acid to palms and emulsify with water to create foam. Massage for 1–2 minutes, avoiding eye area, rinse with warm water.

#### TREAT

- **03** Dispense Lactic Astringent Prepping Agent to small dish. Apply to skin using a saturated 4×4 woven gauze to remove all lipids from the surface.
- O4 This is a timed solution. Dispense 1 tsp Professional Pumpkin Exfoliator to small dish. Apply evenly to skin using a saturated 4×4 woven gauze. Gently massage for 2–3 minutes. Leave on skin for up to 15 minutes. Remove with cool towels.
- Mist the skin with Skin Recovery Mist. Apply Daily Skin Clarifier and Restoring Fulvic Elixir. Dispense 1 pump of each serum to palms and apply to face, neck, and décolleté.

### **BALANCE**

- Apply Daily Repair Cream, Ultra Hydro Gel and Protective Skin Serum with Ceramides. Dispense 1–2 pumps to palms and apply to face, neck, and décolleté.
- **07** Apply a small, grain size amount of CBD Regenerative Eye Cream to entire eye area and massage until absorbed.

#### PROTECT

**08** Finish with Hydrating Protection Gel with SPF 15. Apply a small pea size amount to face, neck, décolleté and any other areas exposed to UVA/UVB Rays.

# PROFESSIONAL EXFOLIATOR with 30% Alpha Hydroxy Acids

## Protocol

**Recommended Treatment Time: 45 Minutes** 

Suggested Cost: \$120-\$180

#### Description:

This treatment is suggested for use on dehydrated, photo-aged, menopausal, and pigmented skin. This exfoliator will help to lighten your pigmentation with little to no downtime and discomfort.

#### **CLEANSE**

- O1 Dispense 1 pump Mega Cream Cleanser to dry palms and apply to dry skin massaging for 1–2 minutes. Add water for slip, rinse with warm water.
- **02** Dispense 1 pump of Glycolic Facial Cleanser with 10% Glycolic Acid to palms and emulsify with water to create foam. Massage for 1–2 minutes, avoiding eye area, rinse with warm water.

#### TREAT

- O3 Dispense Lactic Astringent Prepping Agent to small dish. Apply to skin using a saturated 4×4 woven gauze to remove all lipids from the surface.
- This is a timed solution. Apply 2 tsp Professional Exfoliator with 30% Alpha Hydroxy Acids and apply to the entire face. Massage into the skin for 1–2 minutes and allow to remain on the skin for an additional 5–15 minutes depending on skin's tolerance. Remove completely with cool facial cloths.

### **BALANCE**

- Mist skin with Skin Recovery Mist. Apply Daily Skin Clarifier and Restoring Fulvic Elixir. Dispense 1 pump of each serum to palms and apply to face, neck, and décolleté.
- **06** Apply Ultra Hydro Gel and Protective Skin Serum with Ceramides. Dispense 1–2 pumps to palms and apply to face, neck, and décolleté.
- 07 Apply Daily Repair Cream. Dispense 1-2 pumps to palms and apply to face, neck, and décolleté.

#### PROTECT

**08** Finish with Hydrating Protection Gel with SPF 15. Apply a small pea size amount to face, neck, décolleté and any other areas exposed to UVA/UVB Rays.

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# PROFESSIONAL EXFOLIATOR with 30% Lactic Acid

## Protocol

**Recommended Treatment Time:** 45 Minutes

Suggested Cost: \$85-\$110

#### Description:

This treatment is suggested for use on dehydrated, photo-aged, menopausal, and pigmented skin. This exfoliator will help to lighten your pigmentation with little to no downtime or discomfort.

#### **CLEANSE**

- 01 Dispense 1 pump Mega Cream Cleanser to dry palms and apply to dry skin massaging for 1-2 minutes. Add water for slip, rinse with warm water.
- 02 Dispense 1 pump of Glycolic Facial Cleanser with 10% Glycolic Acid to palms and emulsify with water to create foam. Massage for 1-2 minutes, avoiding eye area, rinse with warm water.

#### TREAT

- 03 Dispense 1 tsp AHA Astringent Prepping Agent to small dish. Apply to skin using a saturated 4×4 woven gauze to remove all lipids from the surface.
- 04 This is a timed solution. Dispense 1 tsp Professional Exfoliator with 30% or 50% Lactic Acid to small dish. Apply evenly to skin using a saturated 4×4 woven gauze. For the Neck, start at the base of the chest and work in upward strokes from one side to the other. Leave on skin for up to 5–15 minutes. Fan may be used to cool skin. Remove with cool towels.
- 05 Mist skin with Skin Recovery Mist. Apply Daily Skin Clarifier and Restoring Fulvic Elixir. Dispense 1 pump of each serum to palms and apply to face, neck, and décolleté.

### **BALANCE**

- 06 Apply Ultra Hydro Gel and Protective Skin Serum with Ceramides. Dispense 1-2 pumps to palms and apply to face, neck, and décolleté.
- 07 Apply Daily Repair Cream. Dispense 1-2 pumps to palms and apply to face, neck, and décolleté.
- 80 Apply a small, grain size amount of CBD Regenerative Eye Cream to entire eye area and massage until absorbed.

#### PROTECT

Finish with Hydrating Protection Gel with SPF 15. Apply a small pea size amount to face, neck, décolleté and any other areas exposed to UVA/UVB Rays.

# PROFESSIONAL SOLUTION with 20% Salicylic Acid

## Protocol

**Recommended Treatment Time: 45 Minutes** 

Suggested Cost: \$80-\$100

#### Description:

This solution is only recommended for mild to severe acne on Fitzpatrick 1–3.

#### **CLEANSE**

- **01** Dispense 1 pump of Mega Cream Cleanser to dry palms and apply to dry skin massaging for 1–2 minutes. Add water for slip, rinse with warm water.
- O2 Dispense 1 pump of Purifying Cleanser with Salicylic Acid to palms and emulsify with water to create foam. Massage for 1–2 minutes, avoiding eye area, rinse with warm water.

#### TREAT

- O3 Dispense equal parts Mattifying Sulfur Masque and Skin Resurfacing Lotion with Resorcinol to small dish and mix. Apply to the skin using a fan brush. Allow to remain on the skin for up to 5 minutes. Remove with cool towels.
- **04** Perform extractions if necessary.
- **05** Dispense 1 tsp Astringent No. 2 with Salicylic Acid to small dish. Apply to skin using a saturated 4×4 woven gauze to remove all lipids from the surface.
- This is a layered solution. Dispense 1 tsp Professional Solution with 20% Salicylic Acid to small dish. Apply evenly to skin using a saturated 4×4 woven gauze. Wait 3–5 minutes for neutralization to occur before applying next layer. Up to 4 layers may be applied. Fan may be used to cool skin. Do not apply below the jaw line.

### **BALANCE**

- Mist the skin with Skin Recovery Mist. Apply Daily Skin Clarifier and Restoring Fulvic Elixir. Dispense 1 pump of each serum to palms and apply to face, neck, and décolleté.
- Apply Ultra Hydro Gel and Protective Skin Serum with Ceramides. Dispense 1–2 pumps to palms and apply to face, neck, and décolleté. Gently massage for 5 minutes adding more slip if needed.
- **09** Apply a small, grain size amount of CBD Regenerative Eye Cream to entire eye area and massage until absorbed.

#### PROTECT

Finish with Hydrating Protection Gel with SPF 15. Apply a small pea size amount to face, neck, décolleté and any other areas exposed to UVA/UVB Rays.

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# PROFESSIONAL SOLUTION with 30% Salicylic Acid

## Protocol

**Recommended Treatment Time:** 45 Minutes

Suggested Cost: \$80-\$100

#### Description:

This solution is only recommended for mild to severe acne on Fitzpatrick 1–3.

#### **CLEANSE**

- O1 Dispense 1 pump of Mega Cream Cleanser to dry palms and apply to dry skin massaging for 1–2 minutes. Add water for slip, rinse with warm water.
- **02** Dispense 1 pump of Purifying Cleanser with Salicylic Acid to palms and emulsify with water to create foam. Massage for 1–2 minutes, avoiding eye area, rinse with warm water.

#### TREAT

- O3 Dispense equal parts Mattifying Sulfur Masque and Skin Resurfacing Lotion with Resorcinol to small dish and mix. Apply to the skin using a fan brush. Allow to remain on the skin for up to 5 minutes. Remove with cool towels.
- **04** Perform extractions if necessary.
- Dispense 1 tsp Astringent No. 2 with Salicylic Acid to small dish. Apply to skin using a saturated 4×4 woven gauze to remove all lipids from the surface.
- This is a layered solution. Dispense 1 tsp Professional Solution with 30% Salicylic Acid to small dish. Apply evenly to skin using a saturated 4×4 woven gauze. Wait 3–5 minutes for neutralization to occur before applying next layer. Up to 4 layers may be applied. Fan may be used to cool skin. Do not apply below the jaw line.

### **BALANCE**

- Mist the skin with Skin Recovery Mist. Apply Daily Skin Clarifier and Restoring Fulvic Elixir. Dispense 1 pump of each serum to palms and apply to face, neck, and décolleté.
- Apply Ultra Hydro Gel and Protective Skin Serum with Ceramides. Dispense 1–2 pumps to palms and apply to face, neck, and décolleté. Gently massage for 5 minutes adding more slip if needed.
- **09** Apply a small, grain size amount of CBD Regenerative Eye Cream to entire eye area and massage until absorbed.

#### **PROTECT**

Finish with Hydrating Protection Gel with SPF 15. Apply a small pea size amount to face, neck, décolleté and any other areas exposed to UVA/UVB Rays.

# PROFESSIONAL JESSNER SOLUTION

### Protocol

**Recommended Treatment Time: 45 Minutes** 

Suggested Cost: \$110-\$220

#### Description:

This solution is recommended for moderate to advanced acne, keratinized, and aging skin. This solution is also great for reducing the appearance of acne scars and hyperpigmentation.

#### **CLEANSE**

- O1 Dispense 1 pump Mega Cream Cleanser to dry palms and apply to dry skin massaging for 1–2 minutes. Add water for slip, rinse with warm water.
- **O2** Dispense 1 pump of Glycolic Facial Cleanser with 10% Glycolic Acid to palms and emulsify with water to create foam. Massage for 1–2 minutes, avoiding eye area, rinse with warm water.

#### TREAT

- O3 Dispense 1–2 pumps AHA Astringent Prepping Agent to small dish. Apply to skin using a saturated 4×4 woven gauze to remove all lipids from the surface.
- This is a layered solution. Dispense 1 tsp Professional Jessner Solution to small dish. Apply evenly to skin using a saturated 4×4 woven gauze. Do not apply solution below the jawline. Wait 3–5 minutes for neutralization to occur before applying next layer. Up to 4 layers may be applied. Fan may be used to cool skin.
- Mist skin with Skin Recovery Mist. Apply Daily Skin Clarifier, Protective Skin Serum with Ceramides and Restoring Fulvic Elixir. Dispense 1 pump of each serum to palms and apply to face, neck, and décolleté.

#### BALANCE

- **06** Apply Daily Repair Cream. Dispense 1-2 pumps to palms and apply to face, neck, and décolleté.
- **07** Apply a small, grain size amount of CBD Regenerative Eye Cream to entire eye area and massage until absorbed.

#### **PROTECT**

**08** Finish with Hydrating Protection Gel with SPF 15. Apply a small pea size amount to face, neck, décolleté and any other areas exposed to UVA/UVB Rays.

Chapter 06 172

# PROFESSIONAL 5-BERRY SOLUTION with 7% TCA

## Protocol

**Recommended Treatment Time:** 45 Minutes

Suggested Cost: \$120-\$180

#### **Description:**

Wage war on hyperpigmentation and photo-damaged skin with this potent 7% TCA solution. Contains 5 natural berries with potent tyrosinase inhibiting and antioxidant properties and produces mild to moderate amounts of peeling/flaking. **NOTE:** The skin must be properly prepared for this chemical treatment.

### **CLEANSE**

- **01** Dispense 1 pump Mega Cream Cleanser to dry palms and apply to dry skin massaging for 1–2 minutes. Add water for slip, rinse with warm water.
- Dispense 1 pump of Glycolic Facial Cleanser with 10% Glycolic Acid to palms and emulsify with water to create foam. Massage for 1–2 minutes, avoiding eye area, rinse with warm water.

#### TREAT

- O3 Dispense Lactic Astringent Prepping Agent to small dish. Apply to skin using a saturated 4×4 woven gauze to remove all lipids from the surface.
- **04** Apply Cell Protection Balm to sensitive areas, ie. corners of eyes, nose, and lips.
- This is a layered solution. Dispense 1 tsp Professional 5 Berry Solution with 15% TCA to a small dish. Apply evenly to skin using a saturated 4×4 woven gauze. Wait 3–5 minutes before applying next layer. Up to 4 layers may be applied. Fan may be used to cool skin.
- **06** Mist the skin with Skin Recovery Mist.
- **07** Apply Daily Skin Clarifier and Restoring Fulvic Elixir. Dispense 1 pump of each serum to palms and apply to face, neck and décolleté.

### BALANCE

- **08** Apply Ultra Hydro Gel and Protective Skin Serum with Ceramides. Dispense 1–2 pumps to palms and apply to face, neck, and décolleté.
- O9 Apply a small, grain size amount of CBD Regenerative Eye Cream to entire eye area and massage until absorbed.

#### PROTECT

10 Finish with Hydrating Protection Gel with SPF 15. Apply a small pea size amount to face, neck, décolleté and any other areas exposed to UVA/UVB Rays.

# PROFESSIONAL VITAMIN A SOLUTION with 10% TCA

## Protocol

Recommended Treatment Time: 45-60 Minutes

Suggested Cost: \$90-\$120

#### **Description:**

Get that beautiful skin you've always wanted. This solution is ideal for superficial to medium pigmentation/post inflammatory hyperpigmentation, acne/acne scars, photo-aged/damaged, and tone/texture. **NOTE:** The skin must be properly prepared for this chemical treatment.

#### **CLEANSE**

- O1 Dispense 1 pump Mega Cream Cleanser to dry palms and apply to dry skin massaging for 1–2 minutes. Add water for slip, rinse with warm water.
- Dispense 1 pump of Glycolic Facial Cleanser with 10% Glycolic Acid to palms and emulsify with water to create foam. Massage for 1–2 minutes, avoiding eye area, rinse with warm water.

#### TREAT

- Dispense 1 tsp Astringent No. 5 with Salicylic Acid to small dish. Apply to skin using a saturated 4×4 woven gauze to remove all lipids from the surface.
- **04** Apply Cell Protection Balm to sensitive areas, i.e. corners of eyes, nose, and lips.
- This is a layered solution. Dispense 1 tsp Professional Vitamin A Solution with 10% TCA to small dish. Apply evenly to skin using a saturated 4×4 woven gauze. Wait 3–5 minutes for neutralization to occur before applying next layer. Up to 4 layers may be applied. Fan may be used to cool skin.
- **06** Mist skin with Skin Recovery Mist.

#### BALANCE

- **07** Apply Daily Skin Clarifier and Restoring Fulvic Elixir. Dispense 1 pump of each serum to palms and apply to face, neck, and décolleté.
- Apply Ultra Hydro Gel and Protective Skin Serum with Ceramides. Dispense 1–2 pumps to palms and apply to face, neck, and décolleté.
- **09** Apply a small, grain size amount of CBD Regenerative Eye Cream to entire eye area and massage until absorbed.

#### PROTECT

10 Finish with Hydrating Protection Gel with SPF 15. Apply a small pea size amount to face, neck, décolleté and any other areas exposed to UVA/UVB Rays.

Chapter 06 174

# PROFESSIONAL PIGMENT LIFT SOLUTION with 15% TCA

## Protocol

**Recommended Treatment Time:** 60 Minutes

Suggested Cost: \$80-\$100

#### Description:

Actively target discoloration, dark spots, and photo-damage with the innovative and potent 15% TCA solution. This solution is ideal for superficial to deep pigmentation/post inflammatory hyperpigmentation, acne/acne scars, photo-aged/damaged, tone/texture. **NOTE:** The skin must be properly prepared for this chemical treatment.

#### **CLEANSE**

- **01** Dispense 1 pump Mega Cream Cleanser to dry palms and apply to dry skin massaging for 1–2 minutes. Add water for slip, rinse with warm water.
- Dispense 1 pump of Glycolic Facial Cleanser with 10% Glycolic Acid to palms and emulsify with water to create foam. Massage for 1–2 minutes, avoiding eye area, rinse with warm water.

### **TREAT**

- Dispense 1 tsp Astringent No. 10 with Salicylic Acid to small dish. Apply to skin using a saturated 4×4 woven gauze to remove all lipids from the surface.
- **04** Apply Cell Protection Balm to sensitive areas, i.e. corners of eyes, nose, and lips.
- This is a layered solution. Dispense 1 tsp Professional Pigment Lift Solution with 15% TCA to small dish. Apply evenly to skin using a saturated 4×4 woven gauze. Wait 3–5 minutes for neutralization to occur before applying next layer. Up to 4 layers may be applied. Fan may be used to cool skin.
- 06 Mist skin with Skin Recovery Mist.

#### **BALANCE**

- **07** Apply Daily Skin Clarifier and Restoring Fulvic Elixir. Dispense 1 pump of each serum to palms and apply to face, neck, and décolleté.
- **08** Apply Ultra Hydro Gel and Protective Skin Serum with Ceramides. Dispense 1–2 pumps to palms and apply to face, neck, and décolleté.
- **09** Apply a small, grain size amount of CBD Regenerative Eye Cream to entire eye area and massage until absorbed.

#### PROTECT

10 Finish with Hydrating Protection Gel with SPF 15. Apply liberally to face, neck, décolleté, and any other areas exposed to UVA/UVB rays.

# PRODUCT INFORMATION: PROFESSIONAL ONLY

CHAPTER 07

## GENERAL PROFESSIONAL PRODUCTS

Section 1



### MICRO LIFT SERUM

GM100 B 4.0 fl. oz.

This lightweight serum contains a powerful antiaging blend of hyaluronic acid, collagen, peptides, ceramides, and botanicals to actively lift and firm skin for a more youthful appearance. (Part 1 - Dual system)

### **RECOMMENDED FOR**

All skin types. Great for photo-damage, fine lines and wrinkles, and acne.

### Concerns

Prevention, Acne, Rosacea, Fine Lines and Wrinkles, Loss of Firmness, Pre-Treatment

### Skin Type

Normal, Oily, Dry, Combination, Sensitive

### **HOW TO USE**

### Home Care

After Cleansing Skin. Apply 1/2 tropper to palms and apply to face, neck and decollete. Follow with Micro Renewal Smoothing Serum (Part 2) and then finish with your GlyMed Plus Moisturizer. Start with using once a day at night, can be increased to twice a day—used morning and night.

### In Clinic

After Cleansing Skin. Apply 1/2 dropper to palm and apply to face, neck and decollete. Perform Micro Needling treatment. Follow with Part 2 Micro Renewal Smoothing Serum and finish with a GlyMed Plus Moisturizer and SPF.

### Tip

Use before chemical treatments, dermasound facial or microneedling to enhance treatment.













### **INGREDIENTS**

Aqua (Water), Glycerin, Polysorbate 20, Prunus Amygdalus Dulis (Sweet Almond) Seed Extract, Butylene Glycol, Sodium Hyaluronate, Acetyl Dipeptide-1 Cetyl Ester, Ceramide 3, Panthenol, Pentylene Glycol, Soluble Collagen, Hydroxyethylcellulose, Sorbitan Laurate, Paullinia Capana (Guarana) Extract, Leontopodium Alpinum Callus Culture Extract, Citrus Aurantium Dulcis (Orange) Peel Oil, Tetrahexyldecyl Ascorbate, Xanthan Gum, Phenoxyethanol, Ethylhexylglycerin

### **KEY INGREDIENTS**

**Hyaluronic Acid:** increases water content and helps assist against transepidermal water loss. It can hold up to 1,000 times its weight in water.

**Soluble Collagen:** Formulated to penetrate deep into the skin to aid in tissue repair and healing.

**Vitamin C:** Oil Soluble. Powerful antioxidant used to fight free radicals and prevent premature aging caused by MMPs and UV exposure. Actively Loss of Firmness.

**Peptides:** Chain of amino acids that repair, rebuild and strengthen the skin's structure.

**Ceramide 3:** Skin identical ceramides that improve intercellular lipids and play an important part in the regulation of water in the skin to keep barrier intact.

### MICRO RENEWAL SMOOTHING SERUM

GM101 B 4.0 fl. oz.

This state-of-the-art formula, Regulates, Manages and Removes thousands of micro damaged skin cells safely to reveal smooth, baby soft skin every time! (Part 2 - Dual System)

### **RECOMMENDED FOR**

All skin types. Great for photo-damage, fine lines and wrinkles, and acne.

### Concerns

Prevention, Acne, Rosacea, Fine Lines and Wrinkles, Pores and Texture

### Skin Type

Normal, Oily, Dry, Combination, Sensitive

### **HOW TO USE**

### Home Care

Following Micro Lift Serum (Part 1), apply 1/2 tropper of Micro Renewal Smoothing Serum (Part 2) to palms and apply to face, neck and decollete. Finish with your GlyMed Plus Moisturizer. Start with using once a day at night, 2–3 times a week.

### In Clinic

Use after Part 1 and Micro Needling Treatment. Apply 1/2 dropper of part 2 to palm and apply to face, neck and décolleté. Finish with a GlyMed Plus Moisturizer and SPF.

### Tip

Use after chemical treatments, dermasound facial or microneedling to enhance treatment.















### **INGREDIENTS**

Aqua (Water), Mucor Miehei Extract, Glycerin, Citric Acid, Sodium Hyaluronate, Sodium Benzoate, Potassium Sorbate, Ascorbyl Glucoside, Zinc Pca, Dimethicone Peg-8 Meadowfoamate, Methyl Gluceth-20, Butylene Glycol, Mucor Miehei Extract, Olea Europaea (Olive) Leaf Extract, Hydroxyethyl Acrylate/Sodium Acryloyldimethyl, Taurate Copolymer, Xanthan Gum, Phenoxyethanol, Ethylhexylglycerin, Fragrance

### **KEY INGREDIENTS**

**Protease Enzyme:** Natural enzyme that instantly mimics our skin's own natural exfoliation process to remove dead skin build up.

**Vitamin C:** Water soluble. A powerful antioxidant that boosts skin collagen and elastin, strengthens collagen tissue and provides anti-wrinkle effects while increasing luminosity in the skin.

**Hyaluronic Acid:** Increases water content and helps assist against transepidermal water loss. It can hold up to 1,000 times its weight in water.

### BLEMISH CONTROL NO. 10

with Benzoyl Peroxide

GM23 R 4.0 fl. oz.

Blemish Control No. 10 with Benzoyl Peroxide is one of the most effective topical applications for inflamed and non-inflamed acne. Once on the skin, benzoyl peroxide reduces bacteria by oxygenating pores, causing peeling, and loosening of impactions to clear and prevent acne breakouts.













### RECOMMENDED FOR

All skin types. Great for moderate to severe acne.

Concerns

Acne

Skin Type

Normal, Dry, Sensitive

### **HOW TO USE**

### Home Care

Cleanse skin thoroughly with mild exfoliating or acne specific facial wash. Apply medication to affected areas, gently massaging until thoroughly absorbed. Use once daily or as directed. If excessive dryness or peeling occurs, reduce application to every other day.

### In Clinic

Once skin has been cleansed and treated, apply a small amount of medication to affected area and massage in gently until absorbed. Finish with your GlyMed Plus Balancing products and SPF 15 or higher.

### Tip

Use only as needed on affected areas. Does not need to be used over entire face or when there are no breakouts.

### **INGREDIENTS**

### **Active Ingredients:**

Benzoyl Peroxide 10.0%

Inactive Ingredients: Aloe Barbadensis (Aloe Vera) Leaf Juice, Aqua (Water), Caprylyl Glycol, Carbomer, Chlorphenesin, Disodium EDTA, Glycerin, Lavandula Angustifolia (Lavender) Oil, Melaleuca Alternifolia (Tea Tree) Leaf Oil, Phenoxyethanol, Polysorbate 20, Propylene Glycol, Sorbitol, Triethanolamine

### **KEY INGREDIENTS**

**Benzoyl Peroxide:** An antibacterial agent and oxygen releasing chemical that kills the bacteria responsible for acne breakouts.

**Tea Tree:** Antiseptic and healing to the skin.

**Aloe Vera:** A potent healer. Provides a protective layer that inhibits infection and soothes the skin. It is both hydrating and gentle. Suitable for all skin types.

**Lavender:** Promotes healing and balance to the skin. It is also an antiseptic, analgesic, and antidepressant.

Chapter 07

## PROFESSIONAL BOOSTERS

Section 2



## PROFESSIONAL CBD BOOSTER

GM400 R 1.0 fl. oz. | B 4.0 fl. oz.

CBD Booster is an exciting serum that can be paired with many of our products! This lightweight and fast-absorbing serum is excellent to use in the clinic room and is perfect for clients' homecare. CBD Booster is particularly well suited for cocktailing with the following products: Daily Skin Clarifier, Diamond Bright Skin Illuminator, Fulvic Elixir and Ultra Hydro Gel.



All skin types. Great for photo-damage, fine lines and wrinkles, and acne.

#### Concerns

Prevention, Acne, Rosacea, Fine Lines and Wrinkles, Loss of Firmness, Post-Treatment

### Skin Type

Normal, Oily, Dry, Combination, Sensitive

### **HOW TO USE**

### Home Care

After Cleansing Skin. Add half a dropper to any cleanser, masque, serum or moisturizer or professional treatment to boost antioxidants and anti-inflammatory properties. May be safely applied to the skin on its own.

### In Clinic

After Cleansing Skin. Add half a dropper to any cleanser, masque, serum or moisturizer or professional treatment to boost antioxidants and anti-inflammatory properties. May be safely applied to the skin on its own.

### Tip

Add to any chemical treatment to boost antioxidant levels.













### **INGREDIENTS**

Aqua (Water), Glycerin, Polysorbate 20, Pentylene Glycol, Sodium Hyaluronate, Panthenol, Polysorbate 80, Hydroxyethylcellulose, Cannabi Sativa Extract, Tetrahexyldecyl Ascorbate, Tocopherol, Retinyl Palmitate, Phenoxyethanol, Ethylhexylglycerin

### **KEY INGREDIENTS**

**CBD:** Grown in the USA, Derived from HEMP and is considered one of the strongest antioxidants, even stronger than Vitamin C and E, and recognized for its incredible anti-aging effects in the skin.

**Hyaluronic Acid:** Increases water content and helps assist against transepidermal water loss. It can hold up to 1,000 times its weight in water.

**Vitamin C Oil Soluble:** Powerful antioxidant used to fight free radicals and prevent premature aging caused by MMPs and UV exposure while also tightening the skin.

**Vitamin E:** Strong Antioxidant with soothing agents that protect skin from the effects of pollutants and free radical damage. Also increases hydration in the skin by 25%.

## PROFESSIONAL OXYGEN BOOSTER

GM103 R 1.0 fl. oz.

This Bio-Oxygen Powder Additive provides more oxygen supply for cutaneous cells necessary for cell energy, protein cytoglobin to transport oxygen to fibroblasts and homeostasis. Professional Oxygen Booster will customize all your Oxygen or Professional Care and can be added to most GlyMed Plus cleansers, masques, exfoliators and solutions to instantly clear pores and kill acne-causing bacteria. Also, customize care and moisture cream formulas by adding oxygen powder to power up oxygen in these products.



All skin types. Great for photo-damage, fine lines and wrinkles, and acne.

### Concerns

Dryness, Fine Lines and Wrinkles, Loss of Firmness, Pores and Texture, Dark Spots, Pre-Treatment

### Skin Type

Normal, Oily, Dry, Combination, Sensitive

### **HOW TO USE**

### Home Care

Add powder to any cleanser or masque to boost antiaging properties.

### In Clinic

Add powder to cleansers, masques or treatments to add or boost oxygen for dull, tired skin.

### Tip

Perfect to use before extractions to loosen impactions.

### **INGREDIENTS**

Sodium Bicarbonate, Potassium Myristate, Sodium Sesquicarbonate, Zea Mays (Corn) Starch, Sodium Lauryl Sulfoacetate, Sodium Chloride, Sodium Sulfate, Isononyl Isononanoate, Decafluroropentant, Ethylhexyl Isononanoate, Decafluoropentant, Sodium Cocamidopropyl Pg-dimonium Chloride Phosphate,













Polyhydroxystearic Acid, Saccharum Officinarum (Sugarcane) Extract, Pyrus Malus (Apple) Fruit Extract, Camellia Sinensis (Green Tea) Leaf Extract, Citrus Aurantium Dulcis (Orange) Fruit Extract, Citrus Limon (Lemon) Fruit Extract

### **KEY INGREDIENTS**

**Bio-Oxygen:** Oxygen is essential for all cells in the body and helps to support and influence proper cellular functions. Bio-Oxygen breathes life back into dull, tired cells that have been compromised by free radical damage and oxidative stressers that lead to premature aging in the skin. Oxygen als is responsible for creating energy to heal, cleanse, detoxify and restore and has become one of the most advanced treatments in skincare for aging, acne, hyperpigmentation, rosacea and other skin conditions.

**Apple:** It contains soothing and anti-inflammatory properties and is beneficial for dry skin. In addition, apples contain malic acid and tartaric acid, natural AHAs, which can provide a degree of exfoliation.

**Green Tea:** A powerful antioxidant due to its catechin content, which protects cells from free radicals and their associated damage. It is also known to be antibacterial, anti-inflammatory, and to have the capabilities to extend SPF.

**Orange:** Known for its anti-inflammatory qualities, orange helps to detoxify congested skin and soothes dry, irritated skin, especially in cases of dermatitis and eczema. It increases collagen, which discourages the formation of fine lines and wrinkles. It also reduces puffiness.

## PROFESSIONAL TIGHTENING PROTEIN BOOSTER

GM104 R 1.0 fl. oz. | B 6.0 fl. oz.

Give rapid skin results with a tight, firming lift for tired, wrinkled, sagging, and photo-aged skin with revitalizing Protein, Hyaluronic acid and quick acting Vitamin C complex. Pair with CBD Booster for super oxygenated regenerative care.













Face, Neck,

### **RECOMMENDED FOR**

All skin types. Great for photo-damage, fine lines and wrinkles, and acne.

### Concerns

Photo-Damage, Fine Lines and Wrinkles, Loss of Firmness, Dark Spots

### Skin Type

Normal, Oily, Combination

### **HOW TO USE**

### Home Care

Add V2 tsp of Super Protein powder and V2 dropper of CBD Booster to create a creamy consistency. Apply to the face using a GlyMed Plus fan brush and allow to sit for 15–20 minutes. Rinse off with tepid water and continue with homecare regimen.

### In Clinic

Pour 1/2–1 tsp of powder in a dish. Add CBD Booster and Micro Lift Serum to create a creamy consistency. Immediately apply using a GlyMed Plus fan brush to clean skin. Begin at the neck with upward strokes, continue to the face, and end at the forehead. Allow to dry completely until cracks appear in masque. Mist the masque to release any tightness and remove thoroughly with a damp facial cloth. Follow with an application of CBD Booster, Stem Cell Serum, CBD Eye Cream, and Photo Age 15.

### Tip

For a powerful anti-aging cocktail, add Micro Lift Serum to the mixture of CBD Booster and the Super Protein Powder!

### **INGREDIENTS**

Zea Mays (Corn) Starch, Albumen, Acacia Senegal Gum, Allantoin, Hyaluronic Acid, Ascorbic Acid

### **KEY INGREDIENTS**

**Albumen:** Albumen Protein, rich in vitamins, amino acids, and minerals. Supports tissue repair, aids in lifting and firming and improving circulation.

**Hyaluronic Acid:** Superb at retaining water, capable of holding 1,000x its weight in water. Helps to plump the skin and reduce Trans Epidermal Water Loss (TEWL).

**Ascorbic Acid:** Water-soluble form of Vitamin C, incredible antioxidant and has the ability to stimulate collagen synthesis and prevent the deterioration of collagen in the skin.

## **PROFESSIONAL ENZYME BOOSTER**

GM1652 R 2.0 fl. oz.

This natural enzyme powder is the perfect solution for truly customizing or enhancing a client's treatment. Used to add or boost exfoliation in products or treatments.

### **RECOMMENDED FOR**

All skin types. Great for adding or boosting exfoliation for products or treatments.

### **HOW TO USE**

### In Clinic

Dispense small amount to cleansers or masques incorporating additional powder as necessary. Blend well.















### **INGREDIENTS**

Pancreatin Enzyme Powder

## PROFESSIONAL KAOLIN CLAY BOOSTER

GM1653 R 2.0 fl. oz.

This natural clay powder helps to absorb and reduce excess oil in the skin while also lifting impurities form clogged pores. Reduce and manage oil production by adding powder to products or treatments.

### **RECOMMENDED FOR**

Oily, combination and sensitive skin. Great for reducing and managing oil production for products or treatments.

### **HOW TO USE**

### In Clinic

Add powder to cleansers, masques or moisturizers to reduce and manage oil production.













### **INGREDIENTS**

Kaolin Clay Powder

## PROFESSIONAL SULFUR BOOSTER

GM1654 R 2.0 fl. oz.

This natural sulfur powder helps to kill bacteria and adds antiseptic benefits to treatments. Sulfur contains anti-microbial, anti-fungal properties to actively managebacteria-related skin conditions like acne and rosacea.

### **RECOMMENDED FOR**

Oily, combination and sensitive skin. Great for reducing and managing bacteria on the skin and in treatment.

### **HOW TO USE**

### In Clinic

Add powder to cleansers, masques or moisturizers to reduce and manage acne breakouts or flare ups for rosacea.













### **INGREDIENTS**

Sulfur Powder

## PREPPING AGENTS

Section 3



## LACTIC ASTRINGENT PREPPING AGENT

GM119 R 4.0 fl. oz.

Lactic Astringent Prepping Agent is an important step in achieving optimal treatment results for very superficial to superficial chemical exfoliation. It removes oil, cleanser, and debris from the skin for a more uniform peel, while providing the skin with healing aloe vera.















### RECOMMENDED FOR

CLINICAL USE ONLY. For all skin types and skin conditions about to undergo a clinical procedure.

#### Concerns

Prevention, Acne, Fine Lines and Wrinkles, Pores and Texture, Pre-Treatment

### Skin Type

Normal, Oily, Dry, Combination, Sensitive

### **HOW TO USE**

### In Clinic

On cleansed skin apply 1 teaspoon to a cotton round or swab. Apply evenly all over area to be treated. Allow product to dry (3–5 minutes) before applying GlyMed Plus professional exfoliants.

### Tip

Can add a drop of this to any masque in a facial to boost activity.

### **INGREDIENTS**

Aqua (Water), Isopropyl Alcohol, Aloe Barbadensis Leaf Extract, Propylene Glycol, Lactic Acid, Hamamelis Virginiana (Witch Hazel) Water, Salicylic Acid, Phenoxyethanol, Ethylhexylglycerin, Sodium Hydroxide

### **KEY INGREDIENTS**

**Lactic Acid:** Diminishes the cohesion of the surface skin cells.

**Witch Hazel Extract:** Removes excess surface skin oils.

**Aloe Vera:** A potent healer. Provides a protective layer that inhibits infection and soothes the skin. It is both hydrating and gentle.

Salicylic Acid: Used as an exfoliant. Reduces oiliness, acne, and photo-aging. Helps slow down the shedding of the cells inside the follicles to prevent clogging. Also helps break down blackheads and whiteheads.

## AHA ASTRINGENT PREPPING AGENT

GM115 R 8.0 fl. oz. | T 1.0 fl. oz.

AHA Astringent Prepping Agent is the first important step in your AHA treatment procedures. Acting as a deep pore cleansing agent and de-fatting solvent, this formula thoroughly prepares and conditions skin for superficial to medium depth chemical exfoliation while providing it with healing botanicals and natural tyrosinase inhibitors.





Organic

### **RECOMMENDED FOR**

CLINICAL USE ONLY. For all skin types and skin conditions about to undergo a clinical procedure.

### Concerns

Pre-Treatment

### Skin Type

Normal, Oily, Dry, Combination, Sensitive

### **HOW TO USE**

### In Clinic

On cleansed skin, apply 1 teaspoon to a cotton round or swab. Apply evenly all over area to be treated. Allow product to dry (3–5 minutes) before applying GlyMed Plus professional exfoliants.

### Tip

Can add a drop of this to any masque in a facial to boost activity.

### **INGREDIENTS**

Aqua (Water), Aloe Barbadensis (Aloe Vera) Leaf Juice, Glycolic Acid, SD Alcohol 40-B, Hamamelis Virginiana (Witch Hazel) Water, Sodium Hydroxide, Polysorbate 20, Chamomilla Recutita (Chamomile) Flower Extract, Eucalyptus Globulus Leaf Oil, Melaleuca Alternifolia (Tea Tree) Leaf Oil, Camphor, Salicylic Acid, Glycerin, Phenoxyethanol, Potassium Sorbate (Vitamin C)

### KEY INGREDIENTS

**Glycolic Acid:** It visibly reduces the appearance of pores and wrinkles as it removes surface dryness and breaks up cellular cohesion.

Salicylic Acid: Used as an exfoliant. Reduces oiliness, acne, and photo-aging. Helps slow down the shedding of the cells inside the follicles to prevent clogging. Also helps break down blackheads and whiteheads.

**Aloe Vera:** A potent healer. Provides a protective layer that inhibits infection and soothes the skin. It is both hydrating and gentle.

**Witch Hazel:** An extract derived from the bark and dried leaves of the shrub with astringent properties; helps to remove excess surface skin oils.

Tea Tree: Antiseptic and healing to the skin.

### **ASTRINGENT NO. 10**

with Salicylic Acid

GM21 R 8.0 fl. oz.

Astringent No. 5 contains 5% salicylic acid, essential oils and healing botanicals for moderate acne. Help to clear up acne, kill bacteria, reducing redness, and controlling excess oil production on the skin.

### **RECOMMENDED FOR**

All skin types. Great for moderate to severe acne.

#### Concerns

Acne, Pores and Texture, Pre-Treatment

Skin Type

Oily, Combination

### **HOW TO USE**

### Home Care

2–3 times a week, saturate a cotton round and apply to skin.

### In Clinic

Apply post extractions on effected lesions. Apply post masque to help control severe oiliness, then continue with remaining GlyMed Plus treatment, balancing, and SPF products.

### Tip

Use as a pre-treatment solution for stronger exfoliators and solutions like Professional Solution with 20% Salicylic Acid, Professional Jessner Solution, Professional 5 Berry Solution with 7% TCA, Professional Vitamin A Solution with 10% TCA, and Professional Pigment Lift Solution with 15% TCA. Can be used alone as a "mini" Salicylic Acid solution. Use caution on Fitzpatrick types 4–6.

### **INGREDIENTS**

### **Active Ingredients:**

Salicylic Acid 10.0%











romatic



Inactive Ingredients: Aqua (Water), Isopropyl Alcohol, Salicylic Acid, Glycerin, Aloe Barbadensis (Aloe Vera) Leaf Juice, Hamamelis Virginiana (Witch Hazel) Extract, Polysorbate 80, Melaleuca Alternifolia (Tea Tree) Leaf Oil, Propylene Glycol, Vitis Vinifera (Grape) Fruit Extract, Hypericum Perforatum (St. John's Wort) Extract, Arnica Montana Flower Extract, Aesculus Hippocastanum (Horse Chestnut) Seed Extract, Hedera Helix (Ivy) Leaf/Stem Extract, Menthol

### KEY INGREDIENTS

**Salicylic Acid:** An exfoliant. Reduces oiliness, acne, and photo-aging. Helps slow down the shedding of the cells inside the follicles to prevent clogging. Also helps break down blackheads and whiteheads.

**Arnica Montana:** It is antiseptic, astringent, antimicrobial, anti-inflammatory, anticoagulant, and it stimulates circulation and promotes healing.

**Tea Tree:** Antiseptic and skin healing. It promotes strong healing for the relief of symptoms such as acne and other skin infections. The oil is a powerful germicide, fungicide, and antiseptic.

**Witch Hazel:** Removes excess surface skin oils. Menthol: A natural cooling agent, anti-inflammatory and anti-itching to the skin.

**Horse Chestnut:** Promotes blood circulation and has anti-inflammatory effects helpful in treating edema caused by excess fluid.

## PROFESSIONAL EXFOLIATORS

Section 4





## PROFESSIONAL PUMPKIN EXFOLIATOR

GM95 R 4.0 fl. oz. | T 1.0 fl. oz.

This pumpkin and papain enzyme exfoliator contains 5% lactic acid to provide a gentle but accelerated exfoliation. This antioxidant-packed formula is also enhanced with an active collagen-inducing peptide to keep skin active. Ideal for restoring skin hydration, tone, and firmness.



CLINICAL USE ONLY. For all skin types. Great for mature, aging, and environmentally damaged skin.

### Concerns

Dryness, Fine Lines and Wrinkles, Loss of Firmness, Pores and Texture, Dark Spots, Pre-Treatment

### Skin Type

Normal, Oily, Dry, Combination, Sensitive

### **HOW TO USE**

### In Clinic

On clean, pre-treated skin, use a brush or swab to apply 1 tablespoon of Intense Antioxidant Professional Exfoliator. Leave on up to 15 minutes. Remove with cool water.

### Tip

Great exfoliant to add to Chocolate Masque with Enzymes for a wonderful aroma. Can use on anyone as a first-time chemical treatment with no down time.















### **INGREDIENTS**

Aqua (Water), Lactic Acid, Palmitoyl Tripeptide-5, Glycerin, 1-Methylhydantoin-2-Imide, Lactobacillus Punica Granatum (Pomegranate) Fruit Ferment Extract, Leuconostoc/Radish Root Ferment Filtrate, Lactobacillus/Pumpkin Ferment Extract, Papain, Galactoarabinan, Cyclopentasiloxane, Dimethiconol, Phospholipids, Glycine Soja (Soybean) Oil, Glycolipids, Glycine Soja (Soybean) Sterols, Retinol (Vitamin A), Carbomer, Allantoin, Fragrance, Sodium Hydroxide, Hydroxyethylcellulose, Methylchloroisothiazolinone, Methylisothiazolinone, FD and C Yellow #6, Red 33

### **KEY INGREDIENTS**

**Lactic Acid 5%:** Diminishes the cohesion of the surface skin cells.

**Pomegranate Enzyme:** Provides cell renegeration and proliferation. Antioxidant and skin brightener.

**Pumpkin Enzyme:** Powerful antioxidant that dissolves dead skin cells.

**Palmitoyl Tripeptide-5:** Peptide that stimulates collagen synthesis and helps reduce the apperance of wrinkles.

**Papain:** From the papaya fruit, this enzyme hydrolyzes and digests proteins.

# PROFESSIONAL PEPTIDE PERFECTION EXFOLIATOR

GM113 R 2.0 fl. oz.

Activate protein turnover through proteasome stimulation to help maintain the regeneration, proliferation, and migration of skin. An advanced peptide formula that helps prevent DNA oxidation and fights environmental aging.



CLINICAL USE ONLY. For all skin types and Fitzpatricks. Great for prevention, fine lines and superficial hyperpigmentation.

### Concerns

Prevention, Aging, Acne, Rosacea, Hyperpigmentation

Skin Type

Normal, Oily, Dry, Combination, Sensitive

### **HOW TO USE**

### In Clinic

After cleansing and pre-treating, apply 1 Tbsp to the area to be treated. Allow to sit for 5–15 minutes, depending on the depth of peel desired. Remove with cool cloths and continue with post treatment protocol.

### Tip

Professional Peptide Perfection Exfoliator is great to use during the summer months and or for first time clients as it helps to gently exfoliate, brighten hyperpigmentation, and build dense collagen for antiaging.

### **INGREDIENTS**

Aqua (Water), SD Alcohol 40-B, Pentylene Glycol, Mandelic Acid, Malic Acid, Lactic Acid, Glycerin, Polysorbate 20, Propanediol, Sodium Hydroxide, Hydroxyethylcellulose, Palmitoyl Tripeptide-1, Palmitoyl Tetrapeptide-7, Acetyl Sh-Heptapeptide-1, Acetyl Hexapeptide-8, Copper Tripeptide-1, Panthenol, Sorbitol, Glycine, Hydrolyzed Soy Protein, Butylene Glycol, Hydrogenated Lecithin, Phenyl Alcohol, Mucor Miehei Extract, Butyrospermum Parkii (Shea) Butter,







Carbomer, Caprylyl Glycol, Hexylene Glycol, Phenoxyethanol, Ethylhexylglycerin, Sodium Hydroxide, Silver

### **KEY INGREDIENTS**

**Mandelic Acid:** Derived from almonds, this larger AHA gently helps to diminish surface cells to reduce build up.

**Malic Acid:** Derived from apples, this larger AHA gently helps to diminish surface cells to reduce build up, in addition to providing antibacterial properties.

**Lactic Acid:** Derived from tomatoes and or sour milk, this small AHA increases water content, gently exfoliates, and brightens superficial hyperpigmentation.

Palmitoyl Tripeptide-1: A peptide that initiates the stimulation of collagen and glycosaminoglycan (hyaluronic acid) production while also supporting connecting tissue to firm and tighten.

Palmitoyl Tetrapeptide-7: A peptide that reduces inflammation that is responsible for weakening protein production. It also helps to influence healing and tissue regeneration.

**Acetyl SH-Heptapeptide-1:** Protective peptide that prevents against DNA oxidations while also turning on the master switch to slow aging and neutralize free radical damage.

**Acetyl Hexapeptide-8:** A neuro peptide that diminishes creases and wrinkles by preventing the signal protein, catecholamine, from connecting to the cell.

**Copper Tripeptide-1:** A wound healing peptide that delivers essential nutrients crucial for tissue regeneration.

Chapter 07

## PROFESSIONAL EXFOLIATOR

with 30% Alpha Hydroxy Acids

GM4 R 8.0 fl. oz. | T 1.0 fl. oz.

Professional Exfoliator with 30% Alpha Hydroxy Acids contains 15% glycolic acid and 15% lactic acid, to exfoliate and rejuvenate the skin. Helping to reduce wrinkles, dislodging comedones, and preventing further comedone formation. This timed exfoliation care is the perfect step for achieving mild peeling.



CLINICAL USE ONLY. Do not use with Accutane or if you are undergoing cancer treatments. Great for acne, hyperpigmentation, and wrinkles.

### Concerns

Prevention, Acne, Rosacea, Fine Lines and Wrinkles, Pores and Texture, Dark Spots

### Skin Type

Normal, Oily, Dry, Combination, Sensitive

### **HOW TO USE**

### In Clinic

On clean, pre-treated skin, use a brush or swab to apply 1 tablespoon of Professional Exfoliator with 30% Alpha Hydroxy Acids. Leave on up to 15 minutes. Remove with cool water.

### Tip

If a client is sensitive or if this is their first treatement, leave on only 3–5 minutes. You may then leave on longer for each treatment later in the series. Recommended series of 6–8. Homecare regimen before treatment is a must for best results and to avoid PIH. Great exfoliant to use on the neck, chest, and hands.





**INGREDIENTS** 

Aqua (Water), Glycolic Acid, Lactic Acid, Chamomilla Recutita (Matricaria) Flower Extract, Panax Ginseng Root Extract, Polysorbate 20, Hydroxyethylcellulose, Propylene Glycol, Aloe Barbadensis Leaf Extract, Citrus Aurantium Dulcis (Orange) Peel Oil, Citrus Grandis (Grapefruit) Peel Oil, Phenoxyethanol, Ethylhexylglycerin, Tetrasodium EDTA, Sodium Hydroxide

### **KEY INGREDIENTS**

**Lactic Acid 15%:** Diminishes the cohesion of surface skin cells.

**Glycolic Acid 15%:** It visibly reduces the appearance of pores and wrinkles as it removes surface dryness and breaks up cellular cohesion.

Ginseng Root: Anti-inflammatory and antioxidant.

**Orange:** Anti-inflammatory that helps detoxify congested skin and soothes dry, irritated skin. Increases collagen discouraging the formation of fine lines and wrinkles. Reduces puffiness.

**Chamomile:** It contains 30 different active compounds that have anti-inflammatory properties and it is capable of inducing collagen synthesis.

## PROFESSIONAL EXFOLIATOR

with 30% Lactic Acid

GM120 R 4.0 fl. oz.

Professional Exfoliator with 30% Lactic Acid combines the exfoliation and skin brightening power of 30% lactic acid with active tyrosinase inhibitors and skin calming herbal extracts. Provides excellent exfoliating action while moisturizing, healing, and protecting the skin. This compound is not only a superior exfoliant but also one of the best ways to care for hyperpigmentation and is a preferred exfoliator for skin of color.



CLINICAL USE ONLY. Do not use with Accutane or if you are undergoing cancer treatments. Great for dry, dehydrated, dull, and pigmented skin.

### Concerns

Prevention, Rosacea, Dryness, Fine Lines and Wrinkles, Dark Spots

### Skin Type

Normal, Oily, Dry, Combination, Sensitive

### **HOW TO USE**

### In Clinic

On clean, pre-treated skin, use a brush or swab to apply 1 tablespoon of Professional Exfoliator with 30% Lactic Acid. Leave on up to 15 minutes. Remove with cool water.

### Tip

For stubborn hyperpigmentation, massage Laction Action 30 Exfoliator into those heavily pigmented areas. This is the exfoliator of choice for Rosacea clients.





### **INGREDIENTS**

Aqua (Water), Lactic Acid, Hydroxyethylcellulose, Annatto, Butylene Glycol, Propylene Glycol, Aloe Barbadensis Leaf Juice, Chamomilla Recutita (Matricaria) Flower Extract, Rosmarinus Officinalis (Rosemary) Leaf Extract, Cananga Odorata (Ylang Ylang) Flower Extract, Arctostaphylos Uva Ursi Leaf Extract, Phenoxyethanol, Ethylhexylglycerin, Sodium Hydroxide

### **KEY INGREDIENTS**

**Lactic Acid 30%:** Diminishes the cohesion of the surface skin cells. Brightens pigmentation an increases hydration.

**Aloe Vera:** A potent healer. Provides a protective layer that inhibits infection and soothes the skin. It is both hydrating and gentle.

**Chamomile:** It contains 30 different active compounds that have anti-inflammatory properties and it is capable of inducing collagen synthesis.

**Ylang Ylang:** Cleansing, it refines and soothes inflamed skin while warming and moisturizing.

**Bearberry:** Natural tyrosinase inhibitor, protects the melanocyte prevent hyperpigmentation.

## PROFESSIONAL EXFOLIATOR

with 50% Lactic Acid

GM55 R 4.0 fl. oz.

Professional Exfoliator with 50% Lactic Acid combines the exfoliation and skin brightening power of 50% lactic acid with active tyrosinase inhibitors and skin calming herbal extracts. Provides excellent exfoliating action while moisturizing, healing, and protecting the skin. This exfoliator is colorblind and is excellent care for skin of color.



CLINICAL USE ONLY. Do not use with Accutane or if you are undergoing cancer treatments. Great for dry, dehydrated, dull, and pigmented skin.

### Concerns

Rosacea, Dryness, Fine Lines and Wrinkles, Loss of Firmness, Dark Spots

### Skin Type

Normal, Oily, Dry, Combination, Sensitive

### **HOW TO USE**

### In Clinic

On clean, pre-treated skin, use a brush or swab to apply 1 tablespoon of Professional Exfoliator with 50% Lactic Acid. Leave on up to 15 minutes. Remove with cool water.

### Tip

For stubborn hyperpigmentation, massage Laction Action 50 Exfoliator into those heavily pigmented areas. To cut the agressiveness of this exfoliator, cocktail in a 50/50 blend of Comfort Cream with Aloe Vera.





### **INGREDIENTS**

Lactic Acid (50%), Aqua (Water), Aloe Barbadensis (Aloe Vera) Leaf Juice, Chamomilla Recutita (Chamomile) Flower Extract, Arctostaphylos Uva-Ursi (Bearberry) Leaf Extract, Rosmarinus Officinalis (Rosemary) Leaf Extract, Hydroxyethylcellulose, Propylene Glycol, Diazolidinyl Urea, Methylparaben, Propylparaben, Sodium Hydroxide, Tetrasodium EDTA

### **KEY INGREDIENTS**

**Lactic Acid 50%:** Diminishes the cohesion of the surface skin cells. Brightens pigmentation an increases hydration.

**Aloe Vera:** A potent healer. Provides a protective layer that inhibits infection and soothes the skin. It is both hydrating and gentle.

**Chamomile:** It contains 30 different active compounds that have anti-inflammatory properties and it is capable of inducing collagen synthesis.

**Bearberry:** Natural tyrosinase inhibitor, protects the melanocyte to prevent hyperpigmentation.

## PROFESSIONAL SOLUTIONS

Section 5





## PROFESSIONAL OXYGEN REGENERATIVE SOLUTION

GM102 R 3.38 fl. oz.

Cutaneous skin cells rely on oxygen diffusion. This unique one of a kind oxygenating solution releases bio-oxygen power aiding inner-cellular diffusion and the benefits of lactic acid for cell regeneration revealing baby smooth, youthful looking skin. Oxygen Skin Regenerating Peel breathes back a youthful life to hypoxic, dull, tired, damaged skin cells. Rich in arabinogalactans derived from botanical plants, skin will brighten, firm, tone and immediately glow with health.

### **RECOMMENDED FOR**

CLINICAL USE ONLY. For all skin types. Great for photo-damage, fine lines and wrinkles, and acne.

### Concerns

Dryness, Fine Lines and Wrinkles, Loss of Firmness, Pores and Texture, Dark Spots, Pre-Treatment

### Skin Type

Normal, Oily, Dry, Combination, Sensitive

### **HOW TO USE**

### In Clinic

On clean, pre-treated skin, dispense 1 tsp of Professional Oxygen Regenerative Solution into a small dish. Place either a cotton pad or gauze, in product to saturate. Begin by working product across the forehead, down the sides of the face, over the chin, upper lip, nose and finish over the cheeks. Add up to 4 layers.

### Tip

Use as a pre-treat for photo-damage treatments.











### **INGREDIENTS**

Aqua (Water), Lactic Acid, Decafluoropentant, Butylene Glycol, Glycerin, Polysorbate 20, Saccharum Officinarum (Sugarcane) Extract, Isononyl Isononanoate, Ethylhexyl Isononanoate, Sodium Cocamidopropyl Pg-Dimonium Chloride Phosphate, Polyhydroxystearic Acid, Aloe Barbadensis Leaf Juice, Citrus Aurantium Dulcis (Orange) Fruit Extract, Citrus Limon (Lemon) Fruit Extract, Pyrus Malus (Apple) Fruit Extract, Camellia Sinensis (Green Tea) Leaf Extract, Phenoxyethanol, Ethylhexylglycerin, Sodium Hydroxide

### **KEY INGREDIENTS**

**Oxygen:** Promotes oxygenation to cells to boost circulation and cell functions.

**Lactic Acid:** Diminishes dead skin build up, increasing hydration and brightens skin tone.

**Aloe Vera:** Potent healer, provides a protective layer that inhibits infection and soothes skin.

**Green Tea:** High antioxidant with anti-inflammatory properties.

## PROFESSIONAL JESSNER SOLUTION

GM30 R 4.0 fl. oz. l T 1.0 fl. oz.

Produce effective yet predictable peeling with 14% Salicylic acid, 14% Lactic acid and 14% Resorcinol. This advanced solution helps to oxygenate and detoxify congested skin while providing antibacterial, antiseptic, and astringent properties while reducing oil production.

### **RECOMMENDED FOR**

CLINICAL USE ONLY. For fitzpatrick types 1–3 only. Do not use with Accutane, if you are undergoing cancer treatments, if you are pregnant or nursing, or if you have heart or kidney problems. Great for acne and oily or pigmented skin.

### Concerns

Acne, Pores and Texture, Dark Spots

### Skin Type

Oily, Combination

### **HOW TO USE**

### In Clinic

On clean, pre-treated skin, dispense 2 teaspoons per layer of Professional Jessner Solution into a small dish. Place either a cotton pad or gauze in product to saturate. Begin by working product across the forehead, down the sides of the face, over the chin, upper lip, nose, and finish over the cheeks. Jessner Solution is meant for the face ONLY. Do not apply below the jawline.

### Tip

This is a self-neutralizing solution; do not remove it. If you are applying multiple layers, wait 3 minutes betwen each layer. Do not apply below the jawline.













AHAs +



### **INGREDIENTS**

SD Alcohol 40-B, Lactic Acid, Salicylic Acid, Resorcinol

### **KEY INGREDIENTS**

Salicylic Acid 14%: Used as an exfoliant. Reduces oiliness, acne, and photo-aging. Helps slow down the shedding of the cells inside the follicles to prevent clogging. Also helps break down blackheads and whiteheads.

Lactic Acid 14%: Diminishes the cohesion of the surface skin cells.

**Resorcinol 14%:** Keratolytic agent useful in treating acne, oil, hyperpigmentation, and more. It improves skin clarity by breaking down the upper epidermal layers.

## PROFESSIONAL SOLUTION

with 20% Salicylic Acid

GM143 R 4.0 fl. oz. | T 1.0 fl. oz.

Provides strong exfoliation and increased cellular turnover for stubborn conditions such as acne. 20% Salicylic acid enhances the penetration of products while oxygenating and detoxifying congested skin. Perfect for resistive, thick, and oily skin.

### **RECOMMENDED FOR**

CLINICAL USE ONLY. For fitzpatrick types 1–3 only. Do not use with Accutane, if you are undergoing cancer treatments, if you are pregnant or nursing, or if you have heart or kidney problems. Great for oily and acne-prone skin.

### Concerns

Acne, Pores and Texture, Dark Spots

**Skin Type**Oily, Combination

### **HOW TO USE**

### In Clinic

On clean, pre-treated skin dispense 2 teaspoons per layer of Professional Solution with 20% Salicylic Acid into a small dish. Place either a cotton pad or gauze in product to saturate. Begin by working product across the forehead, down the sides of the face, over the chin, upper lip, nose, and finish over the cheeks. Can only be used on ONE area of the body at a time.

### Tip

This is a self-neutralizing solution; do not remove it. If you are applying multiple layers, wait 3 minutes betwen each layer.













### **INGREDIENTS**

SD Alcohol 40-B, Salicylic Acid, Aqua (Water), Butylene Glycol, Sodium Hydroxide

### **KEY INGREDIENTS**

Salicylic Acid 20%: Derived from windergreen leaves and sweet birch, and used as an exfoliant. Reduces oiliness, acne, and photo-aging. Helps slow down the shedding of the cells inside the follicles to prevent clogging. Also helps break down blackheads and whiteheads.

## PROFESSIONAL SOLUTION

with 30% Salicylic Acid

GM43 R 4.0 fl. oz.

This salicylic acid solution provides strong exfoliation and stimulates desquamation resulting in increased cellular turnover and superior all-around peeling for conditions such as acne and surface pigmentation. Contains a 30% concentration of salicylic acid. Salicylic acid is one of the most effective ways to control acne and oily skin.



CLINICAL USE ONLY. For fitzpatrick types 1–3 only. Do not use with Accutane, if you are undergoing cancer treatments, if you are pregnant or nursing, or if you have heart or kidney problems. Great for oily and acne-prone skin.

### Concerns

Acne, Pores and Texture

Skin Type
Oily, Combination

### **HOW TO USE**

### In Clinic

On clean, pre-treated skin, dispense 2 teaspoons per layer of Professional Solution with 20% Salicylic Acid into a small dish. Place either a cotton pad or gauze in product to saturate. Begin by working product across the forehead, down the sides of the face, over the chin, upper lip, nose, and finish over the cheeks. Can only be used on ONE area of the body at a time.

### Tip

This is a self-neutralizing solution; do not remove it. If you are applying multiple layers, wait 3 minutes betwen each layer.





### **INGREDIENTS**

SD Alcohol 40-B, Salicylic Acid, Aqua (Water), Butylene Glycol, Sodium Hydroxide

### **KEY INGREDIENTS**

Salicylic Acid 30%: Used as an exfoliant. Reduces oiliness, acne, and photo-aging. Helps slow down the shedding of the cells inside the follicles to prevent clogging. Also helps break down blackheads and whiteheads.

## PROFESSIONAL 5 **BERRY SOLUTION**

with 7% TCA

GM98 R 4.0 fl. oz.

This potent TCA and antioxidant solution is the perfect solution for photo-aging, wrinkles, hyperpigmentation, and acne. Professional 5 Berry Solution with 7% TCA combines 7% TCA and the reparative, protective, and anti-aging benefits of 5 natural berries: cranberry, raspberry, blueberry, blackberry, and bearberry. Colorblind making it safe for all Fitzpatrick skin types.



CLINICAL USE ONLY. For all skin types. Do not use with Accutane or if you are undergoing cancer treatments. Great for hyperpigmentation, environmentally damaged skin, aging, and acneprone skin.

### Concerns

Acne, Fine Lines and Wrinkles, Loss of Firmness, Pores and Texture, Dark Spots

Skin Type

Normal, Oily, Combination

### **HOW TO USE**

### In Clinic

On clean, pre-treated skin dispense 2 teaspoons per layer of Professional 5 Berry Solution with 7% TCA into a small dish. Place either a cotton pad or gauze in product to saturate. Begin by working product across the forehead, down the sides of the face, over the chin, upper lip, nose, and finish over the cheeks.

### Tip

This is a self-neutralizing solution; do not remove it. If you are applying multiple layers, wait 3 minutes betwen each layer. Although this has 7% TCA, it is uncommon to get agressive peeling. It is okay to apply light layers through the summer as long as SPF is being utilized.













### **INGREDIENTS**

Aqua (Water), Alcohol Denat., Trichloroacetic Acid (TCA), Glycerin, Citric Acid, Glycyrrhiza Glabra (Licorice) Root Extract, Arctostaphylos Uva-Ursi (Bearberry) Leaf Extract, Camellia Oleifera (Green Tea) Leaf Extract, Hamamelis Virginiana (Witch Hazel) Water, Phytic Acid, Ethylhexylglycerin, Vitis Vinifera (Grape) Seed Extract, Caramel, Ascorbic Acid (L) (Vitamin C), Hydrolyzed Cranberry Fruit/Leaf Extract, Tocopheryl Acetate (Vitamin E Acetate), Retinyl Palmitate (Vitamin A Ester), Helianthus Annuus (Sunflower) Seed Oil, Rubus Idaeus (Raspberry) Fruit Extract, Rubus Villosus (Blackberry) Fruit Extract, Vaccinium Angustifolium (Blueberry) Fruit Extract, Hydrolyzed Yeast Protein, Glycine Soja (Soybean) Oil, Xanthan Gum, Alcohol, Yellow 10, Blue 1, Phenoxyeth-

### **KEY INGREDIENTS**

Trichloracetic Acid (TCA) 7%: Provides an aggresive, medium chemical exfoliation to reduce melasma, PIH, sun damage, superficial blemishes, and postacne scars.

5 Berries | Blueberry, Bearberry, Blackberry, Cranberry, Raspberry: Natural anti-inflammatory, antioxidant, and tyrosinase inhibitors.

Licorice: Lightener, antioxidant, anti-inflammatory, and hydrator.

Witch Hazel: Removes excess surface skin oils.

Grape: A natural plant oil that cools, invigorates, and stimulates the skin.

# PROFESSIONAL VITAMIN A SOLUTION

with 10% TCA

GM99 R 2.0 fl. oz.

Achieve strong exfoliation and resurfacing with 10% TCA, 10% Glycolic and 5% Retinol. This formula is excellent for improving fine lines, wrinkles, and lifting hyperpigmentation. Boost collagen and elastin while fighting MMPs (destroy collagen and elastin) for brighter, tighter skin. Safe for Fitzpatrick skin types 1-6.

### RECOMMENDED FOR

CLINICAL USE ONLY. For all skin types. Do not use if pregnant or nursing, or if you have Rosacea. Great for hyperpigmentation, and photo-damaged, environmentally damaged, aging, and acneprone skin.

### Concerns

Acne, Fine Lines and Wrinkles, Loss of Firmness, Pores and Texture, Dark Spots

### Skin Type

Normal, Oily, Combination

### **HOW TO USE**

### In Clinic

On clean, pre-treated skin dispense 2 teaspoons per layer of Professional Vitamin A Solution with 10% TCA into a small dish. Place either a cotton pad or gauze, in product to saturate. Begin by working product across the forehead, down the sides of the face, over the chin, upper lip, nose, and finish over the cheeks.

### Tin

This is a self-neutralizing solution; do not remove it. If you are applying multiple layers, wait 3 minutes betwen each layer.













Aromatic

### **INGREDIENTS**

Aqua (Water), Alcohol Denat., Trichloroacetic Acid (TCA), Glycolic Acid, Glycerin, Polysorbate 20, Retinol (Vitamin A), Camellia Oleifera (Green Tea) Leaf Extract, Arctostaphylos Uva-Ursi (Bearberry) Leaf Extract, Glycyrrhiza Glabra (Licorice) Root Extract, Malic Acid (L)m Lactobacillus/Pumpkin Fruit Ferment Filtrate, Ethylhexylglycerin, Ascorbic Acid (L) (Vitamin C), Hydrolyzed Cranberry Fruit/Leaf Extract, Lactic Acid (L), Xanthan Gum, Hydrolyzed Yeast Protein, Phenoxyethanol

### **KEY INGREDIENTS**

**Trichloracetic Acid (TCA) 10%:** Provides an aggresive, medium chemical exfoliation to reduce melasma, PIH, sun damage, superficial blemishes, and post-

acne scars.

**Glycolic Acid 10%:** It visibly reduces the appearance of pores and wrinkles as it removes surface dryness and breaks up cellular cohesion.

**Retinol 5%:** Protects the skin and Langerhans cells and controls the activation of MMPs. Protects the skin from sun-induced aging and stimulates skin cell renewal. Acts as a natural humectant.

## **PROFESSIONAL** PIGMENT LIFT SOLUTION

with 15% TCA

**GM96** R 2.0 fl. oz.

The Gold Standard of chemical treatment! This 15% solution of trichloroacetic acid (TCA) and powerful natural tyrosinase inhibitors is renowned for its results in caring for, correcting, and controlling pigmentation, wrinkles, and acne. The potent antioxidants Vitamin E and retinyl palmitate, in combination with TCA, provide unparalleled results in safe and controlled skin peeling. Colorblind making it safe for all Fitzpatrick skin types.

### RECOMMENDED FOR

CLINICAL USE ONLY. For all skin types. Especially great for hyperpigmentation, scarring, and photoaged/photo-damaged skin.

### Concerns

Acne, Fine Lines and Wrinkles, Loss of Firmness, Pores and Texture, Dark Spots

Skin Type Normal, Oily, Combination

### **HOW TO USE**

### In Clinic

On clean, pre-treated skin, dispense 2 teaspoons per layer of Professional TCA Solution into a small dish. Place either cotton pad or gauze in product to saturate. Begin by working product across the forehead, down the sides of the face, over the chin, upper lip, nose, and finish over the cheeks.

This is a self-neutralizing solution; do not remove it. If you are applying multiple layers, wait 3 minutes betwen each layer. If you are choosing to do a deep TCA treatment, do not continue applying product over frosted areas. A full frost is your stopping point.













### INGREDIENTS

Aqua (Water), Alcohol Denat., Trichloroacetic Acid (TCA), Glycerin, Magnesium Ascorbyl Phosphate (Vitamin C), Polysorbate 20, Kojic Acid, Phytic Acid, Glycyrrhiza Glabra (Licorice) Root Extract, Arctostaphylos Uva-Ursi (Bearberry) Leaf Extract, Camellia Oleifera (Green Tea) Leaf Extract, Hydroxyethylcellulose, Ethylhexylglycerin, Tocopheryl Acetate (Vitamin E Acetate), Retinyl Palmitate (Vitamin A Ester), Helianthus Annuus (Sunflower) Seed Oil, Hydrolyzed Yeast Protein, Glycine Soja (Soybean) Oil, Xanthan Gum, Fragrance, Phenoxyethanol

### **KEY INGREDIENTS**

Trichloroacetic Acid (TCA) 15%: Provides an aggresive, medium chemical exfoliation to reduce melasma, PIH, sun damage, superficial blemishes, and post-acne scars.

Bearberry: Natural tyrosinase inhibitor and skin brightener. Licorice: Natural skin brightener.

Green Tea: High in antioxidants, effective antibacterial and anti-inflammatory agent.

Vitamin A Ester: A skin conditional with antioxidant, free radical scavenging, and cell renewal properties. It increases epidermal thickness, stimulates the production of epidermal protein and increases skin elasticity.

# FURTHER INFORMATION

CHAPTER 08

## DERMASOUND™ ULTRA

The GlyMed Plus DermaSound Ultra is a state-ofthe-art, 3-in-1 ultrasonic skin treatment system that incorporates environmentally safe water with low frequency sound waves instead of batteries, crystals, needles and other disposable waste for superior results. This non-invasive, portable and costeffective device improves all skin conditions through Cavitation, Sonophoresis and Microcurrent, resulting in increased client satisfaction and profitability.

Cavitation is a process to remove the micro-damaged layer and dead skin cells using a gentle 'microjet' frequency with kinetic force that spins water molecules across the skin surface in vibrations of 28,000 times per second without trauma or inflammation. Using color blind technology, Cavitation is safe to use on all skin of color for excellent results in acne, hyperpigmentation and aging skin.

Sonophoresis is a bio-molecular penetration of skincare nutrients and other topical to the skin cells that can only be achieved if the correct frequency and power densities are synchronized. The DermaSound Elite frequency has been proven to enhance topical

penetration by combining the established science of electrical signal, input of electrical current in watts and electromagnetic coupling factor and efficiency.

MicroAmp: Research has found that a central factor in aging skin is the decay of the mitochondria, the biological engine that converts carbohydrates, fats and proteins into energy. Microamps provide the skincare professional the ability to rebalance and repair cells for younger acting skin by assisting in the transport of nutrients, eliminating waste from the cells and influencing mitochondria to increase ATP energy. Results can be seen instantly.

Some devises use a simple battery as the source of their power supply which, by scientific reasoning, cannot achieve kilohertz frequencies or generate the correct amplitude to be effective. Other devices use too low of a frequency, in the 28 kilo-hertz range that, at best, can only achieve a water spray. DermaSound Elite provides "First Class" expertise in piezo electrics and acoustic engineering that guarantees you the best results.



### **TERMS**

### that Describe the Functionality of the Ingredient

### **ANTIOXIDANTS**

Antioxidants are substances that neutralize free radicals. Damage by free radicals is one of the key mechanisms of the aging process. Also, free radicals mediate many forms of inflammation. Antioxidants reduce the skin's exposure to free radicals. Not all antioxidants are created equal; they vary by the range of activity, solubility in oil and water and other properties.

### **BINDING AGENT**

Substances that hold products together and prevent separation of the water and lipid components. The most important binding agents in skincare are emulsifiers.

### **DELIVERY ENHANCERS/SYSTEMS**

Ingredients that enhance delivery of other ingredients into the skin and/or insider skin cells.

### **EMOLLIENTS**

Substances that smooth and soften the skin. There are hundreds of emollients, each providing its own individual texture to the skin.

### **EMULSION**

A blend of oil and water into a single smooth product.

### **HUMECTANTS**

Substances that can attract water, usually out of the air. By definition, all humectants are also moisturizers. In fact, any good moisturizer must contain potent humectants.

### **LUBRICANTS**

Substances that make skin feel smoother to the touch and reduce friction.

### **PRESERVATIVES**

Substances that kill detrimental bacteria, yeast and/ or molds, thus prevent spoilage.

### **SOLVENTS**

Substances, such as alcohol or water, which dissolve other ingredients.

### **SURFACTANTS**

Substances that enable a topical product to easily spread and glide across the skin.

### **VEHICLE**

The base that carries the active ingredients.

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## FREQUENTLY ASKED QUESTIONS

### How do I determine which GlyMed Plus products are moisturizers?

Hydrating products boost moisture to the skin (i.e., hyauloronic acid). Moisturizers create moisture on the surface and help to trap moisture already in the skin (Daily Repair Cream). If the skin is very dry, the client may need both.

### What products are safe for ethnic skin?

The GlyMed Plus "Skin of Color Manual" is an excellent resource for the skincare technician working with various ethnic backgrounds. Most GlyMed Plus products can be used safely on all ethnic skin types. However, it is important to start out conservatively and always make sure they are using a tyrsoinase inhibitor every day at home.

### What is the order of product application for home care?

The most important thing to remember when applying product is that water-based products go on first. The more occlusive products go on over them to seal and protect the product and the environment. Thinnest to thickest.

### How does my client know which products to use morning or night?

According to the circadian rhythms of the skin, our body repairs itself at night. Therefore, it is recommended that treatment products be applied at night to coordinate with that natural function. The skin will reach its highest level of hydration in the morning, which is when many balancing products are used. However, knowing the client's routine will also be important.

### Are GlyMed Plus products safe for pregnant or lactating women?

For safety reasons, GlyMed Plus always suggests that any patient that is under a physician's care get a

release before utilizing products. During pregnancy the skin is susceptible to hyperpigmentation (melasma, inflammation and sensitivities. Therefore, it is suggested to concentrate on balancing and nurturing the skin during pregnancy and wait to administer more aggressive ingredients after. Ingredients to avoid: AHA's, Benzoyl Peroxide, Hydroquinone, Salicylic acid, Resorcinol.

### My client complains if she doesn't peel. How can I explain this?

All skin is different! There are many factors that contribute to our skin and how it will react to certain ingredients such as lifestyle, medication, genetics, overall health as well as health and hydration of the skin, prior skincare use, etc. The fact that clients do not peel is not an indicator that the treatment is not working. One way to explain this to a client is to relate it to construction of a building. Alpha hydroxy acids work by rebuilding the skin from the inside out. This is much like a home that is being renovated. If you were to drive by the home, you would not know there was construction going on because the exterior would look the same. Conversely, salicylic, Jessners and TCA formulas are more topical which would be like driving by a home that was having the exterior changed from siding to brick.

### How many weeks should I schedule between chemical treatments?

Since aestheticians have been doing treating series, the industry rule was six series, no more than two weeks apart. However, client expectations, skin condition, income and time availability will all play a role in the series. It is important to explain to your client that spacing too far between treatments will comprise the outcome.

### What is the shelf life for GlyMed Plus products?

Typically, the shelf life for unopened or opened products is one year. Unfortunately, how the products are stored and maintained will change this time frame.

### Can GlyMed Plus products be used on the body?

Yes, in fact we recommend when applying products that the excess be put on the back of the hands. Many parts of the body are exposed to the same environment as the face and should be treated at home and in clinic as well.

### Does GlyMed Plus guarantee their products?

GlyMed Plus guarantees the quality of the finished product. Therefore, if there is a problem with the container or formula, we will gladly take it back for exchange. We also know that our products perform as indicated when used correctly. Unfortunately, results are subjective and can be changed by many factors. Our bonus sampling program and our introductory kits are helpful in allowing the client to try these products before purchasing the larger sizes.

### Where do I go for more intensive training?

GlyMed Plus has many manuals and educational events available to choose from. You may check our website www.glymedplus.com for a complete schedule of events or call our corporate headquarters at 1.800.676.9667 to register. Additional GlyMed Plus manuals:

- Master Student Manual
- Manual Acne Management
- Skin of Color Manual
- Comprehensive Treatment Protocol Manual

### Can I combine GlyMed Plus products with other product lines?

Combining skincare lines in treatments and with specific clients is not recommended. GlyMed Plus products are synergistically formulated to work as a system. We are unable to determine how other products would integrate into that system.

## I was trained not to use any products after a chemical treatment yet GlyMed Plus incorporates products afterwards. Why?

GlyMed Plus incorporates a moist wound healing process with all our treatments. Studies show that the skin will heal faster and more efficiently in the correct environment of lipids and water.

### My client is concerned about being extremely sensitive to the treatment products yet wants chemical treatments. How can I adjust the home care to avoid adverse reactions?

Many clients believe their skin is sensitive based on bad experiences with other product lines. Because of the inclusion of botanical extracts, antioxidants, aloe vera, etc., we find that most individuals can incorporate their selected treatment product without any problems. However, if you want to work the client moderately, have them mix half of their treatment product with half of Ultra Hydro Gel.

### What products should my clients use following their chemical treatment?

Because alpha hydroxy acids create less of a visible peeling process, most clients can return to their normal skincare routine the following day as their skin permits. Clients having a Jessner, Salicylic Acid or TCA solution, however, should only use products that heal through the peeling process. This could take anywhere from 5–7 days, depending on the client.

## Where do I obtain more advanced protocols or updated information on GlyMed Plus?

At www.glymedplus.com you can find information on new products, new protocols, MSDS sheets, client forms, educational schedules, etc. As a current GlyMed Plus professional, you also have the option of ordering online. Log on to www.glymedplus.com and click the icon "register now" to take advantage of this tool. You will be guided through the simple procedure and be sent a password. Remember, this information is only available to professionals so you will be asked to verify your information with us.

## CONSENT FORMS

# TAKE + PUBLISH PHOTOS/VIDEOS



#### Professional Treatment Consent Form

Name	::
Place	:Date:
	authorization grants permission to use your image (still or moving) and/or your spoken words in stuity for educational purposes.
By sig	gning this document, you agree:
01	To allow the recording of your image and voice (e.g., photographs, audio, or video).
02	To distribute your image or recording in any medium, be it print or electronic form, which may include the Internet.
03	To grant permission to other entities to reproduce the images or recording for educational purposes.
04	That there is no reimbursement for the right to take, or to use your photograph or video or recording.
Purpo	ose of recording, image and/or spoken words, including the intended audience:
have	read and fully understand the intent and purpose of this document, and I am signing it without reservation.
_	
Si	gnature: Witness:

## SKIN HEALTH QUESTIONNAIRE glymed+



#### Professional Treatment Consent Form

Client should complete the following, as directed, as thoroughly and in as much detail as possible. Name Date Daytime Phone **Evening Phone** Street Address City State Email Zip Birthdate **Emergency Contact** Relation to Contact Your Physician Phone Number How did you hear about us? Occupation Interest Please indicate which services you are interested in: ☐ Acne Treatment/ ☐ Skin Care Consultation/Advice ☐ ClinicalTreatments ☐ Age Management ☐ Home Care Products Management ☐ Rosacea ☐ What do you wish to change about your skin? **Medical History** Are you currently, or have you previously experienced any of the following: ☐ Heart condition ☐ Cancer ☐ Hemophilia ☐ Herpes Simplex ☐ Pacemaker ☐ AIDS/HIV Positive ☐ Thyroid condition ☐ Asthma ☐ Headaches ☐ Kidney problems ☐ Diabetes ☐ Autoimmune ☐ Hypo/Hyper glycemia Type\_\_\_\_ ☐ Anemia ☐ High blood pressure Contact Lenses ☐ Arthritis ☐ Low blood pressure ☐ Hepatitis If you are currently experiencing or being treated for any health-related condition, please describe: Have you ever had surgical or non surgical procedure? If yes, where on your body was the surgery performed? Do you have any allergies? Also list any skin treatment products you have used that caused an unexpected reaction or side-effect: Please list all over-the-counter and prescription medications you are currently taking:

Please indicate if you have ever u	used any of the following me	edications for skin treatment:	
<ul><li>☐ Accutane</li><li>☐ Cortisone</li><li>☐ Staticin</li><li>☐ Benzoyl Peroxide</li></ul>	☐ Retin A ☐ Sulfer ☐ DesquamX ☐ Zerac	☐ Fosdex ☐ Glycolic Acid ☐ Salicylic Acid ☐ Lactic Acid	☐ Renova ☐ Clindamycin ☐ Tazoratene ☐ Metrogel
What condition were you treating	with this medication(s)?		_
When was the last time you used			
		Women	
Are you pregnant? Yes No			
Are you planning a pregnancy in	the near future? Yes No		
Are you currently on any type of	hormone therapy? If yes p	olease describe:	
Do you have regular periods? No you have any hormone imbala Have you undergone surgical me	ance? Yes No	hrough menopause? Yes 'es No When?	No
What akin and made to be an account		n Self-Analysis	
What skin care products are you	, ,		
Are you wearing a daily sunscree	en? Type:	SPF:	
Is your skin:  Oily or acne pro	one? 🗆 Dry?	□ Normal? □ Sens	sitive?
Have you ever treated or been tr	eated for a skin condition?	If yes, what condition?	_
How did you treat the condition:			
☐ Dermatologist ☐ Aestheticia	n Self treated with produ	icts purchased from: 🗆 Drug	Store Department Store
Were you happy with the result?	Yes No		
Are you currently treating or beir		lition?	
Do you come in contact with any	<u>.</u>	and Stress Analysis	ound excessive heat or cold?
Do you come in contact with any		·	
Do you use Personal Protective E	quipment (PPE*)? If so, wh	at type and for how long? *Ma	sks, gloves, shields, etc.
How often do you exercise?		Average hours of sleep?	What is your stress level?
How many minutes a day are you	exposed to sunlight?	How many hours a w	eek do you use a tanning bed?
Do you get cold sores?		What is your ancestory? Father	Mother
Please indicate any of the followi	ng that apply to your eating		WOUND
☐ Fast food	☐ Salt your food	☐ Dairy products	☐ Peanut Butter
☐ Baked Bread	☐ Seafood	☐ Ethnic or Spicy fo	
How much water do you drink pe	er day? Caffe	ine? Carbonated	i drinks?
Do you smoke tobacco products		age alcohol consumption per v	
Have you changed your brand of	skin care products in the la	ast year? If yes, why did you c	hange?
I understand and agree that I	am ultimately responsibl	e for payment in full for se	rvices recieved.
Signature of Patient or Respo	nsible Party:		
Date:	Relationshin	to Patient	

# PHOTO-AGING DERMATOLOGY



Professional Treatment Consent Form

Patient	t Profile	e:										
Name:									Age:		Sex:	= M
Areas of	Concern:											
SPT:	1	1.5	5	2	2.5	3	3.5	4	4.5	5	5.5	6
Ethnic Ba	ackgroun	d:					_ Lancer Et	hnicity:				
Medical I	History/C	cosmec	ceutical I	nteractio	on							
Health C	omplicat	ons:										
Previous	Cosmeti	c Proce	edures:_									
									Planning:			
Mother s	tarted m	enopau	ıse:				Contact L	enses:				
Lifestyle	and Stre	ss										
Occupati	on:						_ Since:					
Sun Expo	sure Dai	ly:		Yea	arly:		Lifetime_		Next two weeks:			
Daily SPF	÷			Sm	oker:				How long	:		
Alcohol consumption weekly:							_ Exercise:					
Diet:												
Daily wat	er consu	mption	n:				Pets:					
Stress Le	vel:	1	2	3	}	4	5	6	7	8	9	10
How lone	1:											

#### **Notes/Concerns:**

#### **Current Skincare**

STEP	DRUGSTORE	DEPARTMENT	PROFESSIONAL	RX
Cleansing				
Bleaching				
Acne Product				
АНА				
Retin-A				
Exfoliant/Type				
Treatment				
Moisturizing				
In-Clinic Treat				

		d: Essentials Kit:								
Acne (circle all that a Chronic	apply):	Acute	e		Gr	ade	I	II	III	IV
Cause:										
Location: _										
Pigmentation										
exture (circle all the	at apply): rough	irritated	dry	oily	resistive	sensitive	telangietasia	actin	nic	keratos
		Loc	cation-	repetitiv	e movement	:				
		Loc	cation-	smoking	j:					
Wrinkles										
Wrinkles		mil			moderat		severe			
Elastosis		mil	d		moderat	e	severe			
hotodamage (circl	e all that a	apply):								
		thir	1		med		thick			
ubdermis Thickne	ss (circle a	all that apply	<i>'</i> ):							
In-Clinic Treat										
Moisturizing										
Treatment										
Exfoliant/Type						1				

# PROFESSIONAL EXFOLIATOR + CHEMICAL SOLUTION CONSENT

Professional Treatment Consent Form



-	-		

Clinic/S	Spa:		
Patient	Name:		
Addres	s:		
City:		State:	Zip:
Phone:	Cell:	Email:	
Clinical	Treatment (check all that apply):	•	Professional Solution
	Professional Exfoliator with 30% AHAs		☐ with 20% Salicylic Acid
•	Professional Exfoliator		☐ with 30% Salicylic Acid
	☐ with 30% Lactic Acid		Professional 5 Berry Solution with 7% TCA
	☐ with 50% Lactic Acid		Professional Vitamin A Solution with 10% TCA
	Professional Pumpkin Exfoliator		Professional Pigment Lift Solution with 15% TCA
	Professional Peptide Perfection Exfoliator		Professional Oxygen Regenerative Solution
	Professional Jessner Solution		DermaSound™ Ultra

GlyMed Plus® advises the treatment you will receive is ONLY available through a licensed and trained skin care professional.

GlyMed Plus® Purely Professional clinical treatments are immediately effective and produce long-term results when all directions, as advised by GlyMed Plus® and your licensed skincare professional, are adhered to. These special noninvasive skin performance treatments remove the outer layers of micro damaged skin—signaling new cells to emerge, increasing collagen, elastin and hydration levels thereby producing clearer and more younger looking and acting skin. Additional benefits may include the drying of active acne, dislodging or purging of blackheads, reduction of superficial wrinkles or scarring, improving the appearance of mature or aging skin, correcting sun damage, lightening pigmentation disorders such as sun or age spots, and controlling the effects of other health and aging skin challenges.

COMPLIANCE in your skincare program will determine the level of success and outcome of your treatment. Effective, long term results are dependent upon you. Consistency with your recommended continuance of GlyMed Plus® home skincare products exclusively as prescribed by your licensed skincare professional cannot be emphasized enough.

It is strongly advised you continue your professional in-clinic appointments as scheduled. Report any changes in health, diet, lifestyle or any reactions to your esthetician or physician. Apply sunscreen as directed by your esthetician or physician, avoid excess sun exposure and avoid tanning beds. Inform your esthetician or physician of any recreational plans for the week following your treatment.

No guarantee is made or implied regarding results, treatment times or level of discomfort. Your treatment may involve the application of several exfoliators or solutions at one, two or four week intervals, as determined by your esthetic/professional technician. It may include the use of GlyMed Plus® skin brightening agents and sun-protection products. GlyMed Plus® advises a patch test (usually requiring a nominal fee) applied behind the ear to gauge possible reactions.

Depending on your treatment, you may experience some temporary discomfort, including stinging or warm flushing, similar to a mild burning sensation. This is NORMAL and generally fades within five minutes. During the few minutes following the initial treatment, you will experience tightening of the skin to varying degrees. The skin can appear red and become progressively rosier, occasionally turning a tan to brown color, depending upon formula and application variances.

For most individuals, peeling starts at day five but can be as early as 48 hours. It is impossible to pre-determine how much peeling will occur. Deeper penetration and more active solutions may result in sensitivity for several hours after the procedure, with some significant peeling for up to ten days. Your skin can feel tight, dry and you may experience redness for up to ten days.

### To enhance your treatments and relieve discomfort for the period following your treatment, you are advised to do the following:

- Drink a full glass of tepid water immediately after treatment and a total of eight glasses in the following eight hours.
- Use only professional skincare products recommended by your esthetician or physician.
- Notify your esthetician or physician of ANY concerns.
- Do not use tanning beds, and avoid sun exposure as much as possible. Apply sunscreen DAILY.

#### Steps to remember post-treatment:

- Avoid all sun exposure.
- Avoid exercise and sweating for 48 to 72 hours.
- Avoid having the shower spray directly on the face.
- Do not pick, rub, or unnecessarily touch the face.
- Minimize facial expression.
- Sleep on back.
- Shampoo with head tilted backward to avoid shampoo on skin.

with this treatment regardless of result. By sig treatment had been explained to me in detail. Signature:	gning, I am stating I fully understand the above and that the  Date:
its employees, associates and subsidiaries and	ization for treatment and release the above named provider, d GlyMed Plus® LLC. I release its employees, associates and plied that I have or may have in the future, in connection

### DERMASOUND™ ULTRA



#### Professional Treatment Consent Form

as well as Botox® injections for a minimum of 14 days before any DermaSound ultrasound treatmer and a minimum of 7 days after these injections and agree to these restrictions.  I agree to adhere to all safety precautions and home skincare programs as recommended by my aesthetician.  I am over 18 years of age or I have parental consent co-signed below.  I do not have a pacemaker or any other electronic device in my body.  I will call to inform my skincare professional immediately of any concerns if they should occur.  Please Initial:  I am not pregnant.  I agree to avoid direct sun exposure for 48 hours.  I agree to apply sun protection cream daily.  I agree to remove all jewelry during the treatment.  I have not taken Accutane within 6 months.
<ul> <li>and a minimum of 7 days after these injections and agree to these restrictions.</li> <li>I agree to adhere to all safety precautions and home skincare programs as recommended by my aesthetician.</li> <li>I am over 18 years of age or I have parental consent co-signed below.</li> <li>I do not have a pacemaker or any other electronic device in my body.</li> <li>I will call to inform my skincare professional immediately of any concerns if they should occur.</li> </ul>
<ul> <li>and a minimum of 7 days after these injections and agree to these restrictions.</li> <li>I agree to adhere to all safety precautions and home skincare programs as recommended by my aesthetician.</li> <li>I am over 18 years of age or I have parental consent co-signed below.</li> </ul>
<ul> <li>and a minimum of 7 days after these injections and agree to these restrictions.</li> <li>I agree to adhere to all safety precautions and home skincare programs as recommended by my aesthetician.</li> </ul>
from known or unknown causes could occur. I freely assume these risks.  I have been advised to avoid all injectable fillers including, but not limited to, collagen, Restalyne®
<ul> <li>I understand that with any treatment certain risks are involved and that any undesirable effects</li> </ul>
Possible side effects include, but are not limited to: mild redness, moderate redness, mild breakouts, stinging tenderness, dry skin, flaking, lightening or darkening of the skin. Most side effects are temporary and generable within 72 hours.  The nature and purpose of the DermaSound treatment has been explained to me, and any questions I have

# UPDATED CLIENT TREATMENT RECORD



#### Professional Treatment Consent Form

Client Name:	Date:
Please note any changes since last visit to the follow	wing:
Address:	Contact Information:
Health:	Medications:
Skincare Products:	Hormones (women only):
In the last 5 days have you  Had any waxing or depilatories on your face Had any excess exposure to the sun Been in a tanning bed Been ill Had any surgical/aesthetic procedures  In the last 24 hours have you  Exercised Used Retin A Had unusual stress  What are your plans for the rest of the day?  What are your plans for the next 7 days?	Y       N       When         Y       N       When         Y       N       When         Y       N       When         Y       N       Y         Y       N       Y         Y       N       Y         Y       N       Y         Y       N       Y         Y       N       Y         Y       N       Y         Y       N       Y         Y       N       Y
Signature:	Date:
Treatment (Aesthetician Notes)	
	Balance: Protect:
	Time:

# GLOSSARY

#### **ACID MANTLE**

A very fine, acidic film on the surface of the skin that acts as a barrier. Secreted by the sebaceous glands (oil glands), it helps to regulate pH of the skin.

#### **ADHESION**

Union of adjacent tissues or skin cells.

#### **ANIONIC**

Negatively charged ion.

#### **APOPTOSIS**

Genetically programmed cell death.

#### **BARRIER REPAIR FUNCTION (BRF)**

Combination of cell membranes and the lipid matrix that protects the skin's surface.

#### **BIO-AVAILABILITY**

The extent to which nutrients or medications can be utilized by the body.

#### **BIOSYNTHESIS**

The formation of complex compounds from simple substances by living organisms.

#### **CATALASE**

An enzyme that decomposes hydrogen peroxide into oxygen and water.

#### **CATALYZE**

To digest or dissolve.

#### **CERAMIDES**

Signaling molecules that alert cells to perform apostosis, which programs a cell to die.

#### **CHELATING**

Chelating skincare ingredients are intended to control metal ions in many different formulations. They bind

with metal ions or metallic compounds, preventing them from adhering to a surface (such as skin, hair, or clothing) or causing contamination or discoloration. Additionally they allow for better foaming and performance of cosmetic products, and prevent the metals from being deposited onto the skin.

#### **COLLAGEN**

The structural protein of bones, tendons, ligaments, and skin.

#### **COLLAGENASE**

An enzyme that hydrolyzes, or breaks down, collagen.

#### **COHESION**

The act of cohering, or sticking, together.

#### CONCOMITANT

Existing or occurring together; accompanying.

#### CORNEOBACTERIUM

The bacteria that reside between corneocytes.

#### CORNEOCYTE

The non-viable, outermost layer of the stratum corneum, formed from keratinocytes that have moved up through the epidermis. They are regularly replaced through desquamation and renewal from lower epidermal layers, making them an essential part of the skin barrier. Corneocytes are stacked, one on top of the other, and are held together by desmosomes.

#### **DENDRITE**

A tree-like branching of nerve fibers, extending from a nerve cell that carries cell impulses towards the body of the cell. Melanocytes and Langerhans cells are type's dendritic cells. In melanocytes, these dendrites transfer the color packets and inject them into the keratinocytes.

#### DESMOSOME

Complex proteins that link cell tightly together; adhesive structures.

#### DESQUAMATION

The process of cell turnover, a naturally occurring exfoliation of the skin.

#### **DHEA**

A hormone naturally produced by the thyroid that, when utilized in skincare products, will increase the production of collagen, and decrease the amount of collagenase.

#### **DIFFUSION**

Themixingofparticlesofliquids, gases, or solids so that they move from a region of high concentration to one of lower concentration.

#### **DISULFIDE BONDS**

The linkage between the sulfur atoms of two different amino acids in a protein, which is important in linking polypeptide chains in proteins. ENZYME A type of protein that causes and accelerates the rate of chemical reactions without being consumed in the reaction. They catalyze (dissolve) molecules into

#### **EPIGENETIC**

different molecules.

An inherit change in gene function that occurs without a change in DNA sequence.

#### **ESTER**

Any class of organic compounds that react with water to produce alcohols and organic or inorganic acids. Esters derived from carboxylic acids are the most common.

#### EXTRACELLULAR MATRIX (ECM)

A gel-like composite material sitting outside the cells comprised of fibrous structural proteins (such as collagen and elastin) that not only act as the external support structure of the skin but play a part in skin homeostasis (stability), aging, wound healing, and disease.

#### **EXTRINSIC**

On the outside, external.

#### **FAT SOLUBLE**

The ability to be soluble, or dissolve, in fat.

#### **FATTY ACID**

An organic compound that is naturally found in fats and various oils of plants, animals, and microorganisms.

#### **FATTY ALCOHOL**

Both naturally and synthetically derived from fats and oils, they are commonly used as emulsifiers, emollients, and thickeners in skincare products. Jojoba is a natural fatty alcohol.

#### **FIBRILS**

A thin, hair-like extension of an epidermal cell that functions in the absorption of water and minerals.

#### FLAVONOID (BIOFLAVONOID)

The largest group of polyphenols, found in fruits, vegetables, legumes, red wine (resveratrol), and green tea, which have antioxidant, anti-inflammatory, and antiviral properties. They also help to maintain the health of small blood vessels.

#### **FREE RADICAL**

An especially reactive atom or group of atoms that has one or more unpaired electrons; it will take an electron from a healthy pair, leaving it as an unpaired, unhealthy electron. Free radicals are naturally produced in the body by natural biological processes or can be introduced from an outside source (such as tobacco smoke, toxins, or pollutants) which can damage cells, proteins, and DNA by altering their chemical structure.

#### GLYCOAMINOGYLCANS (GAG)

The most abundant polysaccharide (carbohydrate molecule) in the body that plays an important part in cell behavior and is key to maintaining the structure of the extracellular matrix. GAG's are known to influence the biological processes of growth, development, and repair in the skin. Often called the body's "natural moisturizers," GAG's provide volume, elasticity, and firmness in the skin. The most common GAG is hyaluronic acid.

#### **GLYCATION**

The process in which sugar that has entered the blood stream attaches itself to the amino groups of tissue proteins, such as collagen, then slowly rearranges the youthful structure causing accelerated aging.

#### **GLYCOPROTEINS**

A sugar-based protein that is present in all living organisms; responsible for forming connective tissue such as collagen. They act as receptors on cell surfaces that bring other cells and proteins (collagen) together giving strength and support to the skin's intra and extra cellular matrix.

#### **GLYCOSLYATION**

The biological process in which complex sugar (oligo-saccharide) chains are added to a protein to form a Glycoprotein.

#### **HISTOLOGY**

The study of the structure and composition of the skin tissue.

#### **HYALURONIDAZE**

An enzyme which breaks down hyaluronic acid.

#### **HYDROLYSIS (HYDROLYZE)**

The chemical decomposition in which a compound is split into other compounds by reacting with water.

#### **HYDROPHILIC**

A water receptive property, being able to dissolve in, mix with, or be wetted by water.

#### **HYDROPHOBIC**

The opposite of hydrophilic; tendency to not be able to dissolve in, mix with, or be wetted by water.

#### **HYPOXIC**

Inadequate oxygenation of the blood. Hypoxic tissue has low oxygen content.

## INTRACELLULAR MATRIX (INTRACELLULAR CEMENT)

A substance made up of phospholipids, ceramides, free fatty acids, triglycerides, cholesterol, and water found between corneum cells that protect them from water loss and irritation.

#### **INSTRINSIC**

On the inside, internal.

#### **ISOFLAVONE**

A class of naturally occurring phyto-chemicals that have a similar effect to estrogens in the body and contain antioxidant properties; commonly found in soy.

#### **KERATIN**

The tough, fibrous, structural protein of hair, nails, horn, hoofs, wool, feathers, and of the epithelial cells in the outermost layers of the skin.

#### **KERATINOCYTE**

An epidermal cell that produces keratin which gives the skin much of its protective properties such as UV protection, and immune response for healing. 95% of the epidermis is comprised of keratinocytes.

#### **KERATOLYSIS (KERATOLYTIC)**

The process where keratin is broken down.

#### **LANGERHANS**

A type of dendrite found in the epidermis that work by ingesting antigens (foreign bodies) and then presents them to the immune system that fights them off.

#### LAMELLAR BODIES

A type of organelle found in the keratinocytes of the stratum spinosum and stratum granulosum. They release certain types of lipids (fatty acids and ceramides) into the stratum corneum which creates a lipid/moisture layer (the lamellar bilayer) which maintains the protective barrier function of the skin.

#### **LIPID**

Any one of various substances (such as fats and waxes) that, with proteins and carbohydrates, make up the principal structural parts of living cells.

#### LIPID SOLUBLE

Ability to be soluble, or to dissolve, in a lipid.

#### **LIPOSOME**

A vehicle that transfers important ingredients such as hydrators, antioxidants, or AHA's to the skin cells by slowly dissolving them over time.

#### LIPOLYSIS (LYPOLYTIC)

The process where lipids are broken down.

#### MACROPHAGE

A scavenger cell produced by stem cells that circulates throughout the blood system. These cells attack infectious agents immediately and then engulf and destroy (digest) them.

#### MATRIX METALLOPROTEINASE

A type of protease enzyme naturally produced by the body that plays a role in many different types of cell behavior (proliferation, differentiation), but are also capable of degrading all kinds of extracellular matrix proteins, especially when exposed to large amounts of UV radiation.

#### **MELANIN**

The pigment created by melanocytes that gives color to skin and plays an important part in protection from UV exposure. Distribution, size, and number of melanin cells determine how dark the skin is.

#### **MELANOCYTE**

A specialized dendritic cell found in the basal layer that produces the protective pigment melanin. Their dendritic branches insert granules of melanin into melanosomes.

#### **MELANOSOME**

A specialized pigment granule produced by melanocytes that stores and synthesizes melanin.

#### **MITOSIS**

A process of cell duplication (reproduction) during which one cell divides and produces to two genetically identical daughter cells.

#### MITOCHONDRIA

An organelle found in large numbers in most cells, it produces large amounts of energy through cellular respiration (release of energy). Considered the "powerhouse" of the cell in which the biochemical processes of respiration and energy production occur; also contains enzymes. MONOMER An organic molecule of low molecular weight, capable of reacting with identical or different molecules of low molecular weight to form a very large molecule or polymer.

#### MUCILAGIOUS

Moist, soft, gel-like fluid; pertaining to mucus.

#### NATURAL MOISTURIZING FACTOR

Essential compounds found naturally in the stratum corneum that protect and maintain skin hydration.

#### NON-WOUNDING AGENT

An agent introduced into the skin to generate a sloughing response. TCA, Jessner's solution and salicylic acid are types of non-wounding agents.

#### ORGANELLE

Specialized part of a cell having some specific function; a cell organ.

#### PATHOGEN

A disease-causing agent, such as a bacteria or virus.

#### **PATHOGENESIS**

The origination (cause), or development, of a pathogen.

#### **PEPTIDES**

A chain of two or more amino acids bonded together in a specific order to perform functions in the skin through communications between cells, helping to improve and stimulate cellular functions.

#### pН

Potential Hydrogen. pH is the concentration of hydrogen ions (0–14). The lower the value, the more acid or hydrogen ions in the solution.

#### pH SCALE

The numerical scale that measures acidity to alkalinity, ranging from 0 (most acidic) to 14 (most alkaline). A pH less than 7 is considered acidic, and a pH more than 7 is considered alkaline, or basic.

#### **PHYTO LIPID**

A lipid from a plant source.

#### **PHOSPHOLIPID**

Any member of a large class of fatty compounds that play important structural and metabolic roles in living cells. These complex lipids are formed in the lipid bilayer.

#### **PHYSIOLOGY**

The study of the functions of living organisms.

#### **PHYTOSHINGOSINE**

A naturally occurring lipid, these fats are formed by the breakdown of ceramides. They are also considered part of the body's natural defense system due to their antiinflammatory and bacteria killing properties, and are present at high levels in the stratum corneum.

#### pKa

A measure of available acid in a solution. This identifies the strength of an acid.

#### **POLYMER**

Made from monomers; any class of natural or synthetic molecules composed of very large molecules that are linked by chemical bonds and play a crucial role in biological processes. They make up many of the materials in living organisms, including, for example, proteins, cellulose, and nucleic acids.

#### **POLYMER SYNTHESIS**

When a polymer is produced and formed into a more complex substance.

#### POTENTIATE

To cause potency or intensify; to increase effectiveness.

#### **PROLIFERATE**

To cause to increase in number or extent.

#### **PROPRIETARY**

In skincare, a proprietary blend references an independently owned, patented, specialized ingredient or group of ingredients in specific amounts and/or percentages that is specific to the company that owns it.

#### PROTEOLYTIC (PROTEOLYSIS)

The splitting of proteins by hydrolysis of the peptide bonds with formation of smaller polypeptides.

#### **PROTEASE**

An enzyme that digests proteins, such as proteinase and peptidase.

#### **POLYSACCHARIDE**

A natural carbohydrate found in the skin that can be broken down into two or more small sugar molecules.

In skincare, polysaccharides have good water-binding and antioxidant properties.

#### **POLYPHENOL**

Naturally occurring in plants, polyphenols are antioxidants (ie. flavonoids, tannins) that protect against free radical damage. They can also have antibacterial and anti-inflammatory effects.

#### REACTIVE OXYGEN SPECIES

A type of free radical that contains oxygen. Formed as a natural byproduct of the normal metabolism of oxygen they have important roles in cell signaling and homeostasis (stability), however continual UV exposure can increase levels of ROS which can result in serious and often permanent damage to cell structures. (This damage is known as oxidative stress). ROS can also generate from external sources like ionizing radiation.

#### REGENERATION

The ability to renew or restore.

#### **SENESCENCE**

In biology, the loss of capability for a cell to divide but that is still alive and active metabolically.

#### **STEROL**

A type of lipid, such as cholesterol, that has a multiple ring structure, and is widely distributed in animal and plant lipids. Plant sterols have a structure similar to cholesterol, which is an important component of the epidermis and to healthy skin. They have been shown to mimic cholesterol in the skin which increases elasticity and anti-wrinkle benefits, as well as aiding in the repair of damaged skin.

#### SUN PROTECTION TYPE

A scale to measure an individual's natural protection ability to the sun (UV exposure) that takes into consideration the overlapping of ethnicities to provide a wider margin of safety; a determining factor when choosing a chemical exfoliant for a client.

#### **SYNTHESIS**

The production of a more complex substance from a simpler substance.

#### **TELOMERASE**

A naturally occurring enzyme that assists in prevention of telomere shortening, prolonging the life of the cell.

#### **TELOMERE**

The protective segment of a DNA strand that resides at the ends of the chromosomes which prevents cell death by keeping the strand from shortening over time through mitosis.

#### TRANS EPIDERMAL WATER LOSS (TEWL)

A measurement of the quantity of water that passes from inside a body through the epidermis to the surrounding atmosphere via diffusion and evaporation processes, that can increase due to disruption to the skin barrier (wounds, scratches, burns, exposure to solvents or surfactants, extreme dryness) and is affected by humidity, temperature, season, and hydration level content of the skin.

#### TRIGLYCERIDE

One of an important group of naturally occurring lipids; an important energy source forming much of the fat stored by the body. Most natural fats and oils are triglycerides.

#### **TYROSINASE**

The enzyme produced in melanosomes that digests (catalyzes) the formation of melanin, causing oxidation and darkening of the skin.

#### VASOCONSTRICTION

Constriction or contraction of a blood vessel, making it smaller.

#### VASODILATION

Dilation or enlarging of a blood vessel.

#### **VISCOSITY**

The stickiness or thickness of something. High temperatures increase viscosity, low temperatures decrease viscosity.

#### **WATER SOLUBLE**

Ability to be soluble, or to dissolve, in water.

#### **WOUNDING AGENT**

Agents such as AHA's that wound the basal layer, stimulating mitosis and the reparative processes.

# PRODUCT INDEX

Accelerator Gel with 20% Alpha Hydroxy Acids GM6R 4.0 fl. oz.   T 1.0 fl. oz.	98	CBD Regenerative Eye Cream GM401R 0.3 fl. oz.   B 1.0 fl. oz.	111
Age Defying Masque GM12ER 1.0 fl. oz.   S 0.125 fl. oz.	74	CBD Skin Mist GM403R 4.0 fl. oz.	89
Age Delay Cream GM38ER 1.69 fl. oz.   B 4.0 fl. oz.	127	<b>CBD Soothing Serum with Micro-Silver</b> GMR 1.0 fl. oz.	81
AHA Astringent Prepping Agent GM115R 8.0 fl. oz.   T 1.0 fl. oz.	190	CBD Therapeutic Balm GM406R 1.0 fl. oz.	125
Anti-Aging Exfoliant Masque GM8R 4.0 fl. oz.   B 16.0 fl. oz.   T 1.0 fl. oz.   S 0.125 f	<b>70</b> l. oz.	Cell Protection Balm GM88R 2.0 fl. oz.	124
<b>Astringent No. 2 with Salicylic Acid</b> GM78AR 8.0 fl. oz.   T 1.0 fl. oz.	102	<b>Cellulite Corrector Cream with Warming Actives</b> GM85R 6.5 fl. oz.   B 16.0 fl. oz.   S 0.125 fl. oz.	146
<b>Astringent No. 5 with Salicylic Acid</b> GM20AR 8.0 fl. oz.   T 1.0 fl. oz.	103	Chocolate Masque with Enzymes GM89R 2.0 fl. oz.   B 8.0 fl. oz.   S 0.125 fl. oz.	73
<b>Astringent No. 10 with Salicylic Acid</b> GM21AR 8.0 fl. oz.	191	<b>Clear Exfoliant Cleanser with Benzoyl Peroxide</b> GM18AR 8.0 fl. oz.   T 1.0 fl. oz.	62
Atraxi Peptide GM41ER 1.69 fl. oz.   B 4.0 fl. oz.	128	Clear Skin Cleanser with Benzoyl Peroxide GM19AR 8.0 fl. oz.   T 1.0 fl. oz.	63
Barrier Repair Cream with Amino Acids GM9ER 4.0 fl. oz.	126	Comfort Cream with Aloe Vera GM56R 2.0 fl. oz.	118
<b>Beauty Oil</b> GM31R 1.0 fl. oz.   B 4.0 fl. oz.   T 0.25 fl. oz.	114	<b>Daily Repair Cream</b> GM58R 1.69 fl. oz.   B 16.0 fl. oz.   T 0.5 fl. oz.   S 0.125 fl.	<b>120</b> l. oz.
<b>Beta Gel with 10% Glycolic Acid</b> GM2R 4.0 fl. oz.   T 1.0 fl. oz.   S 0.125 fl. oz.   S 0.125 fl	<b>97</b> . oz.	<b>Daily Skin Clarifier</b> GM37R 2.0 fl. oz.   B 8.0 fl. oz.   T 0.25 fl. oz.	91
<b>Bio Renewal Serum</b> GM39ER 1.0 fl. oz.   B 4.0 fl. oz.	87	<b>Diamond Bright Skin Illuminator</b> GM34R 1.0 fl. oz.   B 4.0 fl. oz.	93
Blemish Control No. 5 with Benzoyl Peroxide GM22AR 4.0 fl. oz.   T 1.0 fl. oz.   S 0.125 fl. oz.	104	Essential Serum with Amino Acids GM11ER 1.69 fl. oz.	84
Blemish Control No. 10 with Benzoyl Peroxide GM23AR 4.0 fl. oz.	180	Essential Shave Cream GM118R 4.0 fl. oz.   T 1.0 fl. oz.	142
Body Massage Oil GM84B 16.0 fl. oz.	147	<b>Eye Calm</b> GM65R 0.3 fl. oz.	110
CBD Age Delay Dew GM404R 1.69 fl. oz.	80	Exfoliating Cleanser with Salicylic Acid GM50AR 8.0 fl. oz.   T 1.0 fl. oz.   S 0.125 fl. oz.	61
CBD Hydratherapy Masque with Micro-Silver GM407R 1.0 fl. oz.	66	Firming Eye Cream GM13ER 0.3 fl. oz.	112
CBD Massage Cream GM405R 3.38 fl. oz.	145	Firming Serum with Phyto-Stem Cells GM90ER 1.0 fl. oz.   B 4.0 fl. oz.   S 0.125 fl. oz.	85

Foaming Cleanser with Amino Acids GM27ER 6.0 fl. oz.	55	<b>Oil-Free Protective Moisturizer with SPF 50</b> GM72ER 4.0 fl. oz.   B 16.0 fl. oz.   S 0.125 fl. oz.	138
<b>Gentle Gel Cleanser with Amino Acids</b> GM116R 4.0 fl. oz.   T 1.0 fl. oz.	54	<b>Oxygen Cream</b> GM29R 1.69 fl. oz.   B 16.0 fl. oz.   S 0.125 fl. oz.	116
<b>Glycolic Facial Cleanser with 10% Glycolic Acid</b> GM1R 8.0 fl. oz.   B 16.0 fl. oz.   T 1.0 fl. oz.   S 0.125 fl	<b>57</b> . oz.	Oxygen Deep Pore Masque GM16R 1.69 fl. oz.   B 16.0 fl. oz.	75
<b>Hydrating Hand &amp; Body Lotion</b> GM63R 6.75 fl. oz.	143	<b>Peptide Cream</b> GM83R 1.0 fl. oz.   B 8.0 fl. oz.   T 0.5 fl. oz.   S 0.125	<b>117</b> 5 fl. oz.
<b>Hydrating Lip Balm</b> GM35R 0.5 fl. oz.	109	<b>Peptide Firming Cleanser</b> GM14ER 6.75 fl. oz.	53
<b>Hydrating Masque with Enzymes</b> GM61R 2.0 fl. oz.   B 6.0 fl. oz.   T 1.0 fl. oz.   S 0.125 fl	<b>71</b> l. oz.	Peptide Micro Scrub GM28ER 2.0 fl. oz.	76
<b>Hydrating Protection Gel with SPF 15</b> GM123 R 4.0 fl. oz.   B 16.0 fl. oz.   T 1.0 fl. oz.   S 0.125 fl	<b>132</b> . oz.	Peptide Serum GM40ER 1.0 fl. oz.   B 4.0 fl. oz.	86
<b>Hydrating Protection Gel with SPF 30</b> GM122R 4.0 fl. oz.   B 16.0 fl. oz.   T 1.0 fl. oz.   S 0.125 f	<b>133</b> fl. oz.	<b>Pigment Brightening Serum</b> GM26R 2.0 fl. oz.   B 8.0 fl. oz.   T 0.25 fl. oz.	92
Idyllic Cleanser with 3% Mandelic Acid GM74ER 8.0 fl. oz.   B 16.0 fl. oz.   S 0.125 fl. oz.	58	<b>Professional 5 Berry Solution with 7% TCA</b> GM98R 4.0 fl. oz.	203
<b>Lactic Astringent Prepping Agent</b> GM119 R 4.0 fl. oz.	189	Professional CBD Booster GM400R 1.0 fl. oz.   B 4.0 fl. oz.	182
<b>Lip Enhancer with Warming Actives</b> GM82ER 0.3 fl. oz.	108	Professional Enzyme Booster GM1652R 2.0 fl. oz.	185
<b>Mattifying Sulfur Masque</b> GM51AR 4.0 fl. oz.   B 16.0 fl. oz.	68	<b>Professional Exfoliator with 30% Alpha Hydroxy Acid</b> GM4R 8.0 fl. oz.   T 1.0 fl. oz.	ds 195
<b>Mega Cream Cleanser</b> GM57R 6.75 fl. oz.   B 16.0 fl. oz.   T 1.0 fl. oz.   S 0.125	<b>51</b> fl. oz.	<b>Professional Exfoliator with 30% Lactic Acid</b> GM120 R4.0 fl. oz.	196
<b>Micro Lift Serum</b> GM100B 4.0 fl. oz.	178	<b>Professional Exfoliator with 50% Lactic Acid</b> GM55R 4.0 fl. oz.	197
<b>Micro Renewal Smoothing Serum</b> GM101B 4.0 fl. oz.	179	Professional Jessner Solution GM30R 4.0 fl. oz.   T 1.0 fl. oz.	200
Moisurizing Protection Cream with SPF 15 GM5R 2.0 fl. oz.   B 16.0 fl. oz.   T 0.5 fl. oz.   S 0.125 f	<b>134</b> I. oz.	Professional Kaolin Clay Booster GM1653R 2.0 fl. oz.	186
<b>Moisturizing Protection Cream with SPF 30</b> GM138R 2.0 fl. oz.   T 0.5 fl. oz.	135	Professional Oxygen Booster GM103R 1.0 fl. oz.	183
<b>Oil-Free Protective Moisturizer with SPF 15</b> GM70ER 4.0 fl. oz.   B 16.0 fl. oz.   S 0.125 fl. oz.	136	<b>Professional Oxygen Regenerative Solution</b> GM102R 3.5 fl. oz.	199
Oil-Free Protective Moisturizer with SPF 30 GM71ER 4.0 fl. oz.   B 16.0 fl. oz.   S 0.125 fl. oz.	137	Professional Peptide Perfection Exfoliator GM113R 2.0 fl. oz.	194

Professional Pigment Lift Solution with 15% TCA $$ GM96R 2.0 fl. oz.	205	<b>Skin Clarifying Masque</b> GM60R 2.0 fl. oz.   B 6.0 fl. oz.   T 1.0 fl. oz.   S 0.125 fl.	<b>72</b> . oz.
Professional Pumpkin Exfoliator GM95R 4.0 fl. oz.   T 1.0 fl. oz.	193	Skin Recovery Mist GM121R 4.0 fl. oz.   B 8.0 fl. oz.   T 2.0 fl. oz.	88
<b>Professional Solution with 20% Salicylic Acid</b> GM143R 4.0 fl. oz.   T 1.0 fl. oz.	201	<b>Skin Resurfacing Lotion with Resorcinol</b> GM24AR 4.0 fl. oz.	105
<b>Professional Solution with 30% Salicylic Acid</b> GM43R 4.0 fl. oz.	202	<b>Tri-Acid 15% Skin Gel</b> GM15AR 4.0 fl. oz.   T 1.0 fl. oz.   S 0.125 fl. oz.	99
<b>Professional Sulfur Booster</b> GM1654R 2.0 fl. oz.	187	<b>Ultra Hydro Gel</b> GM69R 1.69 fl. oz.   B 8.0 fl. oz.   T 0.5 fl. oz.   S 0.125 fl.	<b>115</b> . oz.
<b>Professional Tightening Protein Booster</b> GM104R 1.0 fl. oz.   B 6.0 fl. oz.	184	<b>Vitamin C Cleanser</b> GM126R 8.0 fl. oz.   B 16.0 fl. oz.   T 1.0 fl. oz.	52
<b>Professional Vitamin A Solution with 10% TCA</b> GM99R 2.0 fl. oz.	204	Vitamin C Cream GM125R 2.0 fl. oz.	123
<b>Protective Skin Serum with Ceramides</b> GM59ER 1.0 fl. oz.   B 8.0 fl. oz.   S 0.125 fl. oz.	83	Vitamin C Serum GM127R 0.3 fl. oz.	82
Purifying Cleanser with Salicylic Acid GM49AR 8.0 fl. oz.   B 16.0 fl. oz.   T 1.0 fl. oz.   S 0.125 fl	<b>60</b> fl. oz.	<b>Vitamin E Cream</b> GM79R 1.69 fl. oz.	122
Radiant Serum with 1% Mandelic Acid GM73ER 1.69 fl. oz.   B 4.0 fl. oz.   S 0.125 fl. oz.	96		
Recovery Cream with Arnica GM67R 2.0 fl. oz.   B 8.0 fl. oz.   S 0.125 fl. oz.	119		
<b>Refining Body Scrub with Alpha Hydroxy Acids</b> GM87R 8.0 fl. oz.   S 0.125 fl. oz.	141		
<b>Refining Hand &amp; Body Lotion with Alpha Hydroxy Acids</b> GM76R 4.0 fl. oz.	s 144		
Rejuvenating Peptide Masque GM25ER 4.0 fl. oz.	67		
<b>Restoring Fulvic Elixir</b> GM32R 1.0 fl. oz.   B 8.0 fl. oz.   T 0.25 fl. oz.   S 0.125 fl.	<b>79</b> . oz.		
Resurfacing Night Cream with 15% Glycolic Acid GM3R 1.69 fl. oz.   B 8.0 fl. oz.   T 0.5 fl. oz.   S 0.125	<b>129</b> fl. oz.		
Retinol Rejuvenation Serum GM91R 1.0 fl. oz.	100		
<b>Rosacea Relief</b> GM68R 1.69 fl. oz.   T 0.5 fl. oz.   S 0.125 fl. oz.	121		
Serious Action Masque GM45AR 4.0 fl. oz. I B 16.0 fl. oz. I T 1.0 fl. oz.	77		

# REVERSE INGREDIENT DECK



#### 1-Methylhydantoin-2-Imide

Also known by the trade name Tego® Cosmo, it blocks the enzyme, tyrosine, that produces melanin to reduce the production of pigmentation. Additionally, it possesses pigmentation lightening properties that are clinically proven to be 30% more effective than kojic acid.

**Available in:** Firming Serum with Phyto-Stem Cells • Pigment Brightening Serum • Professional Pumpkin Exfoliator



#### Acai

#### Euterpe Oleracea Fruit Extract Euterpe Oleracea Pulp Powder

Fruit native to Central and South America.
This extract is a powerful antioxidant; rich in phytosterols, anthocyanins, essential fatty acids, and vitamins. It works to reduce inflammation and soothe the skin.

**Available in:** CBD Age Delay Dew • CBD Skin Mist • Chocolate Masque with Enzymes

#### Acetamide MEA

#### Ethanolamine

A conditioning agent that serves as a humectant and contains counterirritant properties.

Available in: Purifying Cleanser with Salicylic Acid

#### Acetyl Dipeptide-1 Cetyl Ester

Signal peptide used to modify comfort in the skin by relaxing unpleasant sensations. Also strenghtens skin structutre by increasing production of elastic fibers.

Available in: Micro Lift Serum

#### Acetyl Hexapeptide-3

#### Argireline

Also known as Argireline, it is a naturally-derived peptide with wrinkle relaxing abilities. It temporarily limits the overproduction and release of the neurotransmitters that initiate and control the intensity of facial muscle contractions. This reduction in intensity reduces and prevents the formation of dynamic wrinkles.

Available in: Lip Enhancer with Warming Actives

#### Acetyl Hexapeptide-6

An amino acid peptide that works as a neuro peptide to reduce the intensity of facial expressions, thus lessening wrinkle depth.

Available in: Firming Eye Cream

#### Acetyl Hexapeptide-8

An amino peptide developed specifically to reduce wrinkles and the signs of premature aging. It is a longer chain molecule of acetyl hexapeptide-3 and works in a similar way by reducing facial expression to lessen wrinkle depth.

**Available in:** Age Delay Cream • Atraxi Peptide • Bio-Renewal Serum • Peptide Cream • Professional Peptide Perfection Exfoliator

#### Acetyl Sh-Heptapeptide-1

Protective 7 amino acid peptide that prevents against DNA oxidation while also turning on the master switch to slow aging and neutralize free radical damage.

**Available in:** Peptide Serum • Professional Peptide Perfection Exfoliator

#### Achillea Milletolium Extract

See Yarrow

#### **Acrylates Copolymer**

A stabilizer and waterproofing agent.

**Available in:** Exfoliating Cleanser with Salicylic Acid

#### Acrylates/C10-30 Alkyl Acrylate Crosspolymer

An emulsifier for oil-in-water emulsions. This allows for the release of the formulation's oil phase component immediately on rubbing the product onto the skin. It possesses thickening and formula-stabilizing properties.

**Available in:** Chocolate Masque with Enzymes • Peptide Cream • Refining Body Scrub with Alpha Hydroxy Acids • Retinol Rejuvenation Serum • Vitamin C Serum

#### Acrylates/Palmeth-25 Acrylate Copolymer

A viscosity controller for cosmetics and skin care products.

Available in: Oxygen Deep Pore Masque

#### Advanced Drone Technology/Super-peptides

A delivery system that uses dual encapsulated super-peptides to directly treat targeted areas of the skin cells.

#### Lightening Drone

It specifically targets injured melanocytes to help reverse damage to lighten the skin tone quickly.

#### Wrinkle Filling Drone

It targets the fibroblasts to stimulate glycosaminoglycans (GAGS) to maintain and support the synthesis of collagen, elastin, and hyaluronic acid.

#### Super-Peptides found in Drone Technology

Palmitoyl Hexapeptide-52, Palmitoyl Heptapep-tide-18

It targets skin neurons to temporarily close the communication channels for muscle contractions and to prevent the snare protein formation.

#### Trifluoracetyl Tripeptide-2

It targets the fibroblasts to stimulate glycosaminoglycans (GAGS) to maintain and support the synthesis of collagen, elastin, and hyaluronic acid. It inhibits MMPs (matrix metalloproteinases) and elastase, which break down collagen and elastin in the body, while influencing collagen production.

Palmitoyl Sh-Octapeptide-24 Amide, Palmitoyl Sh-Tripeptide-5 Norisoleucyl Sh-Nonapeptide-1, Oligopeptide-5

It specifically targets injured melanocytes to help reverse damage to lighten the skin tone quickly.

Available in: Diamond Bright Skin Illuminator

#### Aesculus Hippocastanum

See Horse Chestnut

#### Agastache Mexicana Flower Extract

It is known for its anti-inflammatory properties that block the effects of stress on the skin while reducing redness and irritation, and for evening the overall skin tone.

Available in: Restoring Fulvic Elixir

#### Alchemilla Vulgaris Extract

See Lady's Mantle

#### Alcohol

SD Alcohol 40-B

A high-grade version of ethyl alcohol that is designed especially for cosmetic use. It

evaporates immediately, leaving the active ingredients on the face.

Available in: AHA Astringent Prepping Agent • Beta Gel with 10% Glycolic Acid • Professional 5 Berry Solution with 7% TCA • Professional Jessner Solution • Professional Peptide Perfection Exfoliator • Professional Solution with 20% Salicylic Acid • Professional Solution with 30% Salicylic Acid • Serious Action Masque • Skin Resurfacing Lotion with Resorcinol • Tri-Acid 15% Skin Gel

#### Alcohol Denatured (Alcohol Denat.)

It is used as a carrier for active ingredients while providing antibacterial and antimicrobial properties.

Available in: Professional 5 Berry Solution with 7% TCA • Professional Pigment Lift Solution with 15% TCA • Professional Vitamin A Solution with 10% TCA

#### Alfalfa

#### Medicago Sativa Extract

It contains a high concentration of highly active antioxidants that prevent DNA destruction and slow down the aging process.

Available in: Protective Skin Serum with Ceramides

#### Algae and Seaweed

Fucus Serratus Extract

#### Pacific Algae (Seaweed) Extract

Many types of algae are found in skincare products and cosmetics. Their abundance of minerals and proteins coupled with their high antioxidant content make them ideal for skincare use. Among its benefits to the skin are increased hydration, normalization of the skin, reduced inflammation, and detoxification. The potency of its attributes depends on the type of algae, the waters from which it is obtained, and how it is harvested

Available in: Beauty Oil • Essential Serum with Amino Acids • Skin Recovery Mist

#### Ascophyllum Nodosum Extract

Also known as brown algae, it hydrates and conditions the skin with its high antioxidant properties.

Available in: Skin Clarifying Masque • Restoring Fulvic Elixir • Hydrating Masque with Enzymes

#### Hawaiian Algae Extract

It has skin tightening and firming properties, and it contains an abundance of minerals and vitamins from the Hawaiian waters.

Available in: Peptide Firming Cleanser

Laminaria Japonica (Seaweed) Extract

Highly moisturizing.

Available in: Daily Skin Clarifier

#### Sargassum Filipendula

A rich source of trace minerals and amino acids which moisturize and soothe the skin while increasing cell renewal.

**Available in:** Peptide Cream • Restoring Fulvic Elixir

#### Spirulina Platensis Extract

A form of blue-green algae, rich in antioxidant phytopigments to detoxify, moisturize, and tighten the skin while reducing inflammation.

**Available in:** Barrier Repair Cream with Amino Acids • Essential Serum with Amino Acids • Firming Eye Cream • Peptide Firming Cleanser

#### Undaria Pinnatifida Extract (Seaweed)

It maintains skin firmness, elasticity, and smoothness, supports skin regeneration, and protects skin cells from environmental stress.

Available in: Diamond Bright Skin Illuminator

#### Allantoin

A chemical compound that comes from the extracts of the comfrey plant. It is highly regarded for its skin soothing and softening properties and its ability to enable skin to absorb more moisture. Its keratolytic properties help to shed the outer layers of the epidermis, promoting the production of healthy tissue. It is particularly effective in treating wounds, burns, and eczema.

Available in: Anti-Aging Exfoliant Masque •
Comfort Cream with Aloe Vera • Daily Repair Cream
• Essential Shave Cream • Hydrating Masque with
Enzymes • Professional Pumpkin Exfoliator •
Serious Action Masque • Skin Clarifying Masque •
Skin Recovery Mist • Restoring Fulvic Elixir •
Vitamin C Cream

#### Allium Cepa Bulb Extract

See Onion Bulb

#### **Almond**

#### Mandelic Acid

Derived from almonds, this larger AHA gently helps to diminish surface cells to reduce build up.

**Available in:** Idyllic Cleanser with 3% Mandelic Acid • Professional Peptide Perfection Exfoliator • Radiant Serum with 1% Mandelic Acid

#### Almond Oil

See Bitter Almond Oil See Sweet Almond Oil

#### Aloe Barbadensis Leaf Juice/Extract

See Aloe Vera

#### Aloe Vera

#### Aloe Barbadensis Leaf Juice/Extract

A potent healer, as it provides a protective layer that inhibits infection and soothes the skin. Aloe contains over 200 active compounds, including Vitamins A, B, C and E, enzymes, minerals, polysaccharides, and 18 of the 20 necessary amino acids for healthy cell proliferation. Aloe is both hydrating and gentle, and it is suitable for all skin types.

Available in: Accelerator Gel with 20% Alpha Hydroxy Acids • Age Delay Cream • AHA Astringent Prepping Agent • Astringent No. 2 with Salicylic Acid • Astringent No. 5 with Salicylic Acid • Astringent No. 10 with Salicylic Acid • Beta Gel with 10% Glycolic Acid • Blemish Control No. 5 with Benzoyl Peroxide • Blemish Control No. 10 with Benzoyl Peroxide • Cellulite Corrector Cream with Warming Actives • Clear Exfoliant Cleanser with Benzoyl Peroxide • Clear Skin Cleanser with Benzoyl Peroxide • Comfort Cream with Aloe Vera • Essential Serum with Amino Acids • Essential Shave Cream • Exfoliating Cleanser with Salicylic Acid • Foaming Cleanser with Amino Acids • Gentle Gel Cleanser with Amino Acids • Lactic Astringent Prepping Agent • Pigment Brightening Serum • Professional Exfoliator with 30% Alpha Hydroxy Acids • Professional Exfoliator with 30% Lactic Acid • Professional Exfoliator with 50% Lactic Acid • Professional Oxygen Regenerative Solution • Protective Skin Serum with Ceramides • Purifying Cleanser with Salicylic Acid • Refining Hand & Body Lotion with Alpha Hydroxy Acids • Resurfacing Night Cream with 15% Glycolic Acid Refining Body Scrub with Alpha Hydroxy Acids

- Restoring Fulvic Elixir Serious Action Masque
- Skin Clarifying Masque Skin Recovery Mist Tri-Acid 15% Skin Gel • Hydrating Masque with Enzymes • Vitamin C Cream

#### Alpha Lipoic Acid

A powerful universal antioxidant that promotes healthy cell function, recycles Vitamin C and E, boosts skins radiance, minimizes enlarged pores, reduces inflammation, and slows down the aging process.

Available in: Daily Repair Cream • Eye Calm • Protective Skin Serum with Ceramides • Skin Clarifying Masque

#### Althaea Officinalis Root Extract

See Marshmallow

#### Alumina

A thickening and anti-caking agent that provides controlled viscosity to products.

Available in: Moisturizing Protection Cream with SPF 30

#### Aluminum Starch Octenylsuccinate

A complex carbohydrate made by plants. It is used as a viscosity agent, increasing agent, and to reduce the greasy feel of products.

Available in: Hydrating Protection Gel with SPF 30 • Moisturizing Protection Cream with SPF 30

#### Amalaki

#### Phyllanthus Emblica Fruit Extract

A powerful antioxidant, rich in Vitamin C, which protects the skin against aggressive environmental factors. Rich in nutrients and anti-inflammatory and moisturizing properties, it rejuvenates skin to keep it looking young and healthy.

Available in: Peptide Cream

#### Ammonium Laureth Sulfate

An effective cleansing agent that removes oils and dirt from the skin as it increases foaming action and softens the skin.

Available in: Purifying Cleanser with Salicylic Acid • Refining Body Scrub with Alpha Hydroxy Acids

#### Ammonium Lauryl Sulfate

A foaming agent that increases the spread ability. It is an excellent cleansing agent as it helps water to

bind to dirt and oil so it can be easily washed away.

Available in: Clear Exfoliant Cleanser with Benzoyl Peroxide • Exfoliating Cleanser with Salicylic Acid

- Glycolic Facial Cleanser with 10% Glycolic Acid
- Purifying Cleanser with Salicylic Acid Serious Action Masque

#### **Angelica**

#### Angelica Archangelica Extract

Soothing, detoxifying, and purifying.

Available in: Mega Cream Cleanser

#### Anhydroxylitol

Sugar alcohol derived from plants, moisturizes the skin and prevents TEWL. Often used as a humectant in formulations. Also referred to as Exylitol.

Available in: Oxygen Deep Pore Masque

#### Annatto

Annatto is produced from the reddish pulp which surrounds the seed of the achiote. It is used as a natural colorant and possesses strong antioxidant properties.

**Available in:** Professional Exfoliator with 30% Lactic Acid • Serious Action Masque • Vitamin C Cleanser

#### Anthemis Nobilis Extract/Flower

See Chamomile

#### Apple

#### Pyrus Malus Fruit Extract

The scientific name for the apple. It contains soothing and anti-inflammatory properties and is beneficial for dry skin. In addition, apples contain malic acid and tartaric acid, natural AHAs, which can provide a degree of exfoliation.

Available in: CBD Skin Mist • Daily Skin Clarifier • Diamond Bright Skin Illuminator • Oxygen Cleansing Powder • Oxygen Deep Pore Masque • Professional Oxygen Booster • Professional Oxygen Regenerative Solution

#### Apricot

#### Prunus Armeniaca Seed Powder

A mild exfoliant, it removes surface skin debris and is known to promote clear skin.

Available in: Refining Body Scrub with Alpha Hydroxy Acids

#### Aqua (Water)

Water is an important skin component and is essential for it to function properly. It is the most common ingredient used in cosmetics. It can be listed as deionized, distilled, catalyzed, demineralized, purified, or spring. The process to prepare water for cosmetics usually entails filtering and purifying to remove hardness and minerals to avoid product contamination.

Available in: Accelerator Gel with 20% Alpha Hydroxy Acids • Age Defying Masque • Age Delay Cream • AHA Astringent Prepping Agent • Anti-Aging Exfoliant Masque • Astringent No. 2 with Salicylic Acid • Astringent No. 5 with Salicylic Acid • Astringent No. 10 with Salicylic Acid • Atraxi Peptide • Barrier Repair Cream with Amino Acids • Beta Gel with 10% Glycolic Acid • Bio Renewal Serum • Blemish Control No. 5 with Benzoyl Peroxide • Blemish Control No. 10 with Benzoyl Peroxide • CBD Hydratherapy Masque with Micro-Silver • CBD Regenerative Eye Cream • CBD Soothing Serum with Micro-Silver • Cellulite Corrector Cream with Warming Actives • Chocolate Masque with Enzymes • Clear Exfoliant Cleanser with Benzoyl Peroxide • Clear Skin Cleanser with Benzoyl Peroxide • Comfort Cream with Aloe Vera • Daily Repair Cream • Daily Skin Clarifier • Diamond Bright Skin Illuminator • Essential Serum with Amino Acids • Essential Shave Cream • Eye Calm • Exfoliating Cleanser with Salicylic Acid • Firming Eye Cream • Firming Serum with Phyto-Stem Cells • Foaming Cleanser with Amino Acids • Gentle Gel Cleanser with Amino Acids • Glycolic Facial Cleanser with 10% Glycolic Acid • Hydrating Hand & Body Lotion • Hydrating Masque with Enzymes • Hydrating Protection Gel with SPF 15 • Hydrating Protection Gel with SPF 30 • Idyllic Cleanser with 3% Mandelic Acid • Lactic Astringent Prepping Agent • Lip Enhancer with Warming Actives • Mattifying Sulfur Masque • Mega Cream Cleanser • Micro Lift Serum • Micro Renewal Smoothing Serum • Moisurizing Protection Cream with SPF 15 • Moisturizing Protection Cream with SPF 30 • Oil-Free Protective Moisturizer with SPF 15 • Oil-Free Protective Moisturizer with SPF 30 • Oil-Free Protective Moisturizer with SPF 50 • Oxygen Cream • Oxygen Deep Pore Masque • Peptide Cream • Peptide Firming Cleanser • Peptide Micro Scrub • Peptide Serum • Pigment Brightening Serum • Professional 5 Berry Solution with 7% TCA • Professional CBD Booster • Professional Exfoliator with 30% Alpha Hydroxy Acids • Professional Exfoliator with 30% Lactic Acid •

Professional Exfoliator with 50% Lactic Acid • Professional Oxygen Regenerative Solution

- Professional Peptide Perfection Exfoliator •
- Professional Pigment Lift Solution with 15% TCA
- Professional Pumpkin Exfoliator Professional Solution with 20% Salicylic Acid • Professional Solution with 30% Salicylic Acid • Professional Vitamin A Solution with 10% TCA • Protective Skin Serum with Ceramides • Purifying Cleanser with Salicylic Acid • Radiant Serum with 1% Mandelic Acid • Recovery Cream with Arnica • Refining Body Scrub with Alpha Hydroxy Acids • Refining Hand & Body Lotion with Alpha Hydroxy Acids • Rejuvenating Peptide Masque • Restoring Fulvic Elixir • Resurfacing Night Cream with 15% Glycolic Acid • Retinol Rejuvenation Serum • Rosacea Relief • Serious Action Masque • Skin Clarifying Masque • Skin Recovery Mist • Skin Resurfacing Lotion with Resorcinol • Tri-Acid 15% Skin Gel • Ultra Hydro Gel • Vitamin C Cleanser • Vitamin C Cream • Vitamin C Serum • Vitamin E Cream

#### Arbutin

A natural skin lightener that works by slowly releasing hydroquinone through hydrolysis, which in turn blocks tyrosinase activity and reduces pigmentation. It is derived from bearberry, pear, and cranberry.

Available in: Comfort Cream with Aloe Vera

#### **Arctium Majus Root Extract**

See Burdock

#### Arctostaphylos Uva-Ursi Leaf Extract

See Bearberry

#### Arnica Montana

#### Arnica Montana Flower Extract

This botanical has a wide variety of properties, including antiseptic, astringent, antimicrobial, anti-inflammatory, anticoagulant, circulation stimulation, and healing. It is used for the appearance of couporose skin and acne, and to treat damaged skin. It is also a great botanical to rub on sore muscles as it helps to heal and reduce inflammation.

Available in: Astringent No. 2 with Salicylic Acid • Astringent No. 5 with Salicylic Acid • Astringent No. 10 with Salicylic Acid • Beta Gel with 10% Glycolic Acid • Foaming Cleanser with Amino Acids • Peptide Firming Cleanser • Recovery Cream with Arnica • Serious Action Masque • Tri-Acid 15% Skin Gel

#### Ascophyllum Nodosum (Algae) Extract

See Algae and Seaweed

#### Ascorbic Acid

See Vitamin C

#### Ascorbyl Glucoside

Stabilized ascorbic acid with superior stability. It possesses the same lightening, sun protective, and anti-aging properties as L-ascorbic acid.

Available in: Age Defying Masque • Micro Renewal Smoothing Serum

#### **Ascorbyl Palmitate**

See Vitamin C Ester

#### Avena Kernel Oil

See Oat

#### Avena Sativa Straw Extract

See Oat

#### Avobenzone

#### Butyl Methoxydibenzoylmethane

An oil-soluble sunscreen agent used as a chemical protectant because it absorbs UV rays over a wide wavelength and then converts them to less damaging infared radiation (heat).

Available in: Moisurizing Protection Cream with **SPF 15** 

#### Avocado

#### Persea Gratissima Oil

A strong antioxidant that is rich in vitamins A, B1, B2, D, and E. Avocado oil promotes skin rejuvenation and increases the levels of collagen production because of its ability to penetrate deeply into the skin.

Available in: Hydrating Hand & Body Lotion • Hydrating Lip Balm • Resurfacing Night Cream with 15% Glycolic Acid



#### Balm Leaf

#### Melissa Officinalis Extract

An antibacterial and anti-inflammatory.

Available in: Firming Eye Cream • Peptide Firming Cleanser • Recovery Cream with Arnica

#### Barley

#### Hordeum Distinction Extract

Barley helps to improve skins barrier function through its natural epidermal growth factors (EGF).

Available in: Hydrating Masque with Enzymes • Skin Clarifying Masque

#### Bearberry

#### Arctostaphylos Uva-Ursi Leaf Extract

The primary element of the bearberry leaf is a crystallizable glucoside called arbutin-A, which is a highly effective, stable, skin lightening agent. It transforms excessive pigmentation and blocks the specific enzymes that cause hyperpigmentation.

Available in: Eye Calm • Daily Skin Clarifier • Peptide Cream • Professional 5 Berry Solution with 7% TCA • Professional Exfoliator with 30% Lactic Acid • Professional Exfoliator with 50% Lactic Acid • Professional Pigment Lift Solution with 15% TCA • Professional Vitamin A Solution with 10% TCA

#### **Beeswax**

#### Cera Alba

Made from the honeycomb of bees, this ingredient hydrates and moisturizes the skin.

Available in: Hydrating Lip Balm

#### Behentrimonium Methosulfate

An extremely gentle emulsifying agent.

Available in: Cellulite Corrector Cream with Warming Actives • Skin Resurfacing Lotion with Resorcinol

#### **Bentonite**

Bentonite absorbs oil and other impurities from the skin. It also serves as a bulking agent, emulsion stabilizer, and viscosity agent.

Available in: Mattifying Sulfur Masque • Serious Action Masque • Skin Clarifying Masque

#### Benzaldehyde

See Bitter Almond Oil

#### Benzalkonium Chloride

A rapid-acting surface disinfectant and detergent which works against both gram-negative and gram-positive bacteria, viruses, fungi, yeasts, and protozoa.

**Available in:** Serious Action Masque • Tri-Acid 15% Skin Gel

#### Benzophenone-3

#### See Oxybenzone Benzoyl Peroxide

An antibacterial agent and oxygen-releasing chemical that kills Propioniumbacterium acnes, the bacteria responsible for acne breakouts. Benzoyl peroxide is the number one acne medication recommended by doctors. It is used to treat acne lesions. The release of oxygen is important to combat the anaerobic bacteria present in the acne-afflicted follicles. The peeling and drying effects peel away the acne pustules and open up comedones.

Available in: Blemish Control No. 5 with Benzoyl Peroxide, • Blemish Control No. 10 with Benzoyl Peroxide • Clear Exfoliant Cleanser with Benzoyl Peroxide • Clear Skin Cleanser with Benzoyl Peroxide

#### **Bergamot**

### Citrus Aurantium Bergamia (Bergamot) Fruit Oil

A toning ingredient that contains antiseptic and antibacterial properties along with antioxidants.

Available in: Restoring Fulvic Elixir

#### Citrus Bergamia Oil

It fights oily skin, acne, psoriasis, eczema, and other flaky, dry skin conditions.

Available in: Foaming Cleanser with Amino Acids

#### **BHT**

#### Butylated Hydroxytoluene

A fat-soluble synthetic compound that acts primarily as an antioxidant. It is also used in cosmetics as a preservative.

**Available in:** Moisurizing Protection Cream with SPF 15 • Peptide Cream, • Skin Resurfacing Lotion with Resorcinol

#### Biosaccharide Gum-1

A polysaccharide made by fermenting plants. It is a moisturizing ingredient that smooths the skin. It binds water to the epidermis and creates a moisture-binding film on the skin. It also functions as an anti-irritant.

Available in: Firming Serum with Phyto-Stem Cells

#### Bis-Diglyceryl Polyacyladipate-2

It possesses properties of lanolin, which are utilized for moisture retention and skin hydration.

Available in: Retinol Rejuvenation Serum

#### **Bisabolol**

A primary component of the essential oil extracted from chamomile. It works as a skin conditioning agent and enhances the appearance of dehydrated or damaged skin as it reduces dry flakes and restores suppleness to the skin. It has a high panthenol concentration, which makes it effective in stimulating and promoting the skin's natural healing process. It's also anti-irritant, anti-inflammatory, and antimicrobial.

**Available in:** Cell Protection Balm • Daily Repair Cream • Pigment Brightening Serum • Protective Skin Serum with Ceramides • Resurfacing Night Cream with 15% Glycolic Acid

#### Bitter Almond Oil

#### Benzaldehyde

#### Prunus Amygdalus Amara Kernel Oil

A skin conditioner that gives a pleasant fragrance to products.

**Available in:** Daily Repair Cream • Vitamin C Cream • Vitamin C Serum

#### Blackberry

#### Rubus Fruticosus Seed Powder

Blackberry seed powder contains antioxidants and essential fatty acids. It is a highly stable form of Vitamin C and helps to even out skin tone as it reduces pore size and improves the skin's texture.

**Available in:** Professional 5 Berry Solution with 7% TCA

#### Blue

See Coloring Agents

#### Blueberry

#### Vaccinium Augustifolium Seed

#### Vaccinium Corymbosum Seed Powder

A great source of alpha and gamma tocopherol, and alpha and beta tocotrienol. It has a high fatty acid content and is a powerful antioxidant.

**Available in:** Professional 5 Berry Solution with 7% TCA

#### **Borage Oil**

#### Borago Officinalis Oil

An essential fatty acid derived from a starflower, a bright blue star-shaped blossom. It is used as an emollient and skin conditioning agent. It has a cooling and cleansing effect which refuces inflammation as it softens and soothes dry, irritated skin.

**Available in:** Recovery Cream with Arnica • Skin Clarifying Masque

#### **Boron Nitride**

Boron nitride is used in mineral cosmetics to absorb and control excess oil.

**Available in:** Moisturizing Protection Cream with SPF 30

#### Boswellin

#### Boswellia Serrata Extract

Boswellia serrata is known to have antiinflammatory and steroidal properties.

**Available in:** Foaming Cleanser with Amino Acids • Peptide Micro Scrub • Rejuvenating Peptide Masque

#### **Bromelain**

#### Bromelain Extract

Bromelain extract is an enzyme found in pineapple that promotes protein metabolism and helps fight inflammation. It hydrolyzes proteins at precise points and eliminates dead cells, improving skin texture.

**Available in:** Hydrating Masque with Enzymes • Skin Clarifying Masque

#### Bulgarian Rosa Damascena Rose Flower Extract

See Rose Oil

#### **Burdock**

#### Arctium Majus Root Extract

Burdock is used in skincare to fight acne and to eliminate scaly skin conditions. It also possesses antioxidant and anti-inflammatory properties.

**Available in:** Cellulite Corrector Cream with Warming Actives

#### **Butylene Glycol**

A solvent with antimicrobial abilities which serves as a humectant and viscosity controller. It is highly valued in cosmetic formulations because it has been proven to be gentle and non-irritating to the skin, even in higher concentrations.

Available in: Accelerator Gel with 20% Alpha
Hydroxy Acids • Age Defying Masque • Age Delay
Cream • Atraxi Peptide • Bio-Renewal Serum •
Chocolate Masque with Enzymes • Daily Skin
Clarifier • Firming Serum with Phyto-Stem Cells •
Micro Renewal Smoothing Serum • Peptide
Cream • Peptide Serum • Professional Oxygen
Regenerative Solution • Professional Peptide
Perfection Exfoliator • Professional Solution with
20% Salicylic Acid • Professional Solution with
Alpha Hydroxy Acids • Retinol Rejuvenation Serum

#### Butylene/Ethylene/Styrene Copolymer

A viscosity and thickening agent.

Available in: Hydrating Lip Balm

#### **Butyloctyl Salicylate**

A skin conditioner.

**Available in:** Moisurizing Protection Cream with SPF 15

#### Butyrospermum Parkii

See Shea Butter



#### C12-15 Alkyl Benzoate

It is mainly used as an emollient and thickening agent.

**Available in:** Moisturizing Protection Cream with SPF 30 • Peptide Cream • Vitamin C Cream

#### C13-14 Isoparaffin

A mixture of mineral oils which is used as an emollient and a thickening agent.

Available in: Hydrating Protection Gel with SPF 15 • Hydrating Protection Gel with SPF 30 • Peptide Cream • Rejuvenating Peptide Masque • Resurfacing Night Cream with 15% Glycolic Acid • Skin Resurfacing Lotion with Resorcinol • Ultra Hydro Gel

#### Cabbage Rose

#### Rosa Centifolia Oil

Strong anti-aging, anti-inflammatory, antiseptic, and astringent properties.

Available in: Peptide Serum

#### Rosa Centifolia Water

Aromatic; tones; contains astringent; reduces redness.

Available in: Peptide Serum

#### Caffeine

Caffeine aids in absorption of other ingredients in skincare formulations. The acid within caffeine also functions as an antioxidant and offers some protection against sun-induced skin cancers.

**Available in:** Cellulite Corrector Cream with Warming Actives

#### Calcium Ascorbate

See Vitamin C

#### Calcium Chloride

An inorganic salt that works as an astringent and as a viscosity increaser.

Available in: Vitamin C Cleanser

#### Calendula

#### Calendula Officinalis Flower Extract

An emollient that promotes healing and soothing while reducing inflamation. It is effective in treating delicate, sensitive, and oily skin types and provides anti-itch and antiseptic properties.

Available in: Beta Gel with 10% Glycolic Acid
• Comfort Cream with Aloe Vera • Hydrating
Masque with Enzymes • Hydrating Protection Gel
with SPF 15 • Restoring Fulvic Elixir • Resurfacing
Night Cream with 15% Glycolic Acid • Skin
Clarifying Masque

#### Camellia Sinensis or Oleifera Leaf Extract

See Green Tea

#### Camphor

#### Cinnamomum Camphora Bark/Leaf Oil

Found in the wood of the camphor laurel tree, this oil has powerful healing properties. It is used to treat skin infections, like acne, and soothe irritation.

**Available in:** AHA Astringent Prepping Agent • Serious Action Masque • Tri-Acid 15% Skin Gel

#### Cananga Odorata Flower Oil

See Ylang Ylang Flower Oil

#### Cannabidiol (CBD)

#### Cannabis Sativa Oil

Grown in the USA, Derived from HEMP and is considered one of the strongest antioxidants, even stronger than Vitamin C and E, and recognized for its incredible anti-aging effects in the skin. Creates balance in skin.

Available in: CBD Age Delay Dew • CBD Hydratherapy Masque with Micro-Silver • CBD Massage Cream • CBD Regenerative Eye Cream • CBD Skin Mist • CBD Soothing Serum with Micro-Silver • CBD Therapeutic Balm • Professional CBD Booster

#### Caprylic Acid

Derived from coconut, it is an excellent emollient. It is used to replenish the skin and help prevent moisture loss. It also provides powerful antifungal properties.

Available in: Anti-Aging Exfoliant Masque •
Barrier Repair Cream with Amino Acids • Daily
Repair Cream • Essential Serum with Amino Acids •
Eye Calm • Firming Eye Cream • Foaming Cleanser
with Amino Acids • Hydrating Hand & Body Lotion
• Lip Enhancer with Warming Actives • Mega
Cream Cleanser • Oil-Free Protective Moisturizer
with SPF 15 • Oil-Free Protective Moisturizer with
SPF 30 • Oil-Free Protective Moisturizer with SPF
50 • Peptide Firming Cleanser • Peptide Micro
Scrub • Recovery Cream with Arnica • R
ejuvenating Peptide Masque • Rosacea
Relief • Vitamin E Cream

#### Caprylic/Capric Triglyceride

An ester emollient derived from coconut oil and glycerin with a good spread ability. It promotes penetration to help restore moisture content and improve the skin's barrier function.

Available in: Atraxi Peptide • Beauty Oil • Diamond Bright Skin Illuminator • Firming Eye Cream • Oil-Free Protective Moisturizer with SPF 15 • Oil-Free Protective Moisturizer with SPF 30 • Oil-Free Protective Moisturizer with SPF 50 • Peptide Cream • Retinol Rejuvenation Serum • Skin Clarifying Masque

#### Caprylyl Glycol

An emollient and moisturizer to soften and condition the skin. It is also used as a product stabilizer and has some antimicrobial abilities.

**Available in:** Age Delay Cream • Bio-Renewal Serum • Blemish Control No. 5 with Benzoyl

Peroxide • Blemish Control No. 10 with Benzoyl Peroxide • Clear Exfoliant Cleanser with Benzoyl Peroxide • Clear Skin Cleanser with Benzoyl Peroxide • Daily Skin Clarifier • Exfoliating Cleanser with Salicylic Acid • Firming Serum with Phyto-Stem Cells • Hydrating Protection Gel with SPF 15 • Hydrating Protection Gel with SPF 30 • Idyllic Cleanser with 3% Mandelic Acid • Mattifying Sulfur Masque • Moisurizing Protection Cream with SPF 15 • Moisturizing Protection Cream with SPF 30 • Peptide Serum • Professional Peptide Perfection Exfoliator • Purifying Cleanser with Salicylic Acid • Recovery Cream with Arnica • Refining Body Scrub with Alpha Hydroxy Acids • Restoring Fulvic Elixir • Serious Action Masque • Tri-Acid 15% Skin Gel

#### Caprylyl Methicone

It provides skin conditioning properties.

Available in: Moisturizing Protection Cream with SPF 30

#### Capsaicin

#### Capsaicin Frutescens Oleoresin

Derived from chili peppers, this ingredient improves microcirculation to help relieve pain and reduce inflammation. Creates a warming effect on the skin.

Available in: CBD Massage Cream

#### Caramel

Made from caramelized sugar, it is used as a colorant. It helps to reduce the greenish tint commonly found in self-tanners containing DHA.

Available in: Chocolate Masque with Enzymes • Professional 5 Berry Solution with 7% TCA

#### Carbomer

A series of synthetic polymers used as thickening agents and which help with viscosity. Carbomer absorbs and retains water and can reach 1000 times its original volume when disbursed in water.

Available in: Age Delay Cream • Atraxi Peptide • Bio-Renewal Serum • Blemish Control No. 5 with Benzoyl Peroxide • Blemish Control No. 10 with Benzoyl Peroxide • Clear Exfoliant Cleanser with Benzoyl Peroxide • Clear Skin Cleanser with Benzoyl Peroxide • Comfort Cream with Aloe Vera • Firming Serum with Phyto-Stem Cells • Hydrating Protection Gel with SPF 15 • Hydrating Protection Gel with SPF 30 • Moisurizing Protection Cream with SPF 15 • Moisturizing Protection Cream with SPF 30 • Peptide Cream • Peptide Serum

• Professional Peptide Perfection Exfoliator • Professional Pumpkin Exfoliator • Radiant Serum with 1% Mandelic Acid

#### Carica Papaya Fruit Extract

See Papain

#### Carnitine

A natural amino acid produced by the body which works to devour fatty tissue.

Available in: Cellulite Corrector Cream with Warming Actives

#### Carrageen Chondrus Crispus Extract

See Irish Moss

#### Carrageenan Extract

See Irish Moss

#### Carthamus Tinctorius Seed Oil

See Safflower

#### **CBD**

Cannabi Sativa Extract Filler

Available in: Professional CBD Booster

#### Centaurea Cyanus Flower Extract

See Cornflower

#### Centella Asiatica Extract

See Gotu Kola

#### Cera Alba

See Beeswax

#### Ceramide 1

Skin-identical ceramides that improve intercellular lipids and play an important part in the regulation of the skin/water barrier homeostasis and its water-holding capacity.

Available in: Barrier Repair Cream with Amino Acids • Firming Eye Cream

#### Ceramide 2

Ceramide 2 plays a key role in the establishment of the stratum corneum barrier function, which prevents transepidermal water loss (TEWL) and increases moisture levels.

Available in: Firming Eye Cream • Peptide Cream

#### Ceramide 3

A longer chain of ceramides, found naturally in the stratum corneum, which provides protective abilities to the skin. It captures and binds water to keep skin hydrated while it controls cellular signals to keeps cells active.

**Available in:** Barrier Repair Cream with Amino Acids • Firming Eye Cream • Micro Lift Serum • Protective Skin Serum with Ceramides • Vitamin C Serum

#### Ceramide 6

A hydrating agent that makes up the skin's barrier and regulates the cell's activity.

Available in: Barrier Repair Cream with Amino Acids

#### Ceramide NG

A molecule from the lipid family. It offers support and structure to protect the skin's barrier.

**Available in:** Moisturizing Protection Cream with SPF 30

#### Ceteareth-20

Used for its emollient, emulsifying, anti-foaming, and/or lubricating properties.

Available in: Anti-Aging Exfoliant Masque • Atraxi Peptide • Cellulite Corrector Cream with Warming Actives • Firming Eye Cream • Hydrating Hand & Body Lotion • Hydrating Masque with Enzymes • Mega Cream Cleanser • Peptide Firming Cleanser • Rosacea Relief • Skin Clarifying Masque • Skin Resurfacing Lotion with Resorcinol • Vitamin C Cleanser

#### Cetearyl Alcohol

#### Vegetable Cetearyl Alcohol

An emulsifying wax produced from the reduction of plant oils and natural waxes. It is also used as an emollient, a thickener, and a foaming agent.

Available in: Age Delay Cream • Anti-Aging Exfoliant Masque • Atraxi Peptide • Cellulite Corrector Cream with Warming Actives • Firming Eye Cream • Hydrating Hand & Body Lotion • Hydrating Masque with Enzymes • Mega Cream Cleanser • Peptide Firming Cleanser • Rosacea Relief • Skin Clarifying Masque • Skin Resurfacing Lotion with Resorcinol • Vitamin C Cleanser • Vitamin C Cream

#### Cetearyl Ethylhexanoate

An emollient ester of cetearyl alcohol and 2-ethylhexanoic. It possesses good spreading

properties, reduces transepidermal water loss (TEWL), and hydrates the skin. It is successful in removing dry patches, which gives skin a smooth and soft look.

Available in: Retinol Rejuvenation Serum

#### Cetearyl Glucoside

A fatty acid with glucose that is derived from coconut/ corn oil. It is used as an emulsifier and surfactant.

Available in: Anti-Aging Exfoliant Masque • Barrier Repair Cream with Amino Acids • Daily Repair Cream • Eye Calm • Firming Eye Cream • Lip Enhancer with Warming Actives • Mega Cream Cleanser • Oil-Free Protective Moisturizer with SPF 15 • Oil-Free Protective Moisturizer with SPF 30 • Oil-Free Protective Moisturizer with SPF 50 • Peptide Firming Cleanser • Peptide Micro Scrub • Protective Skin Serum with Ceramides • Recovery Cream with Arnica • Rosacea Relief • Vitamin E Cream

#### Cetearyl Olivate

A mixture of a derivative of fatty alcohol cetearyl alcohol and a fatty acid from olives. Works to make emulsions stable and offers skin-smoothing emollient properties.

Available in: Atraxi Peptide

#### Cetyl Alcohol

Cetyl alcohol is naturally devrived from coconut fatty alcohol or it is made artifically. It is used in many cosmetics as an emollient, thickening agent, moisturizer, emulsifier, stabilizer, and a carrying agent for other ingredients. It neither non-irritating nor drying and is not related to isopropyl or ethyl alcohol. It keeps the oil and water parts of an emulsion from separating, and gives products good spread ability. As a thickening agent and surfactant, it helps alter the viscosity and increase the foaming capacity of non-aqueous (like lotions) and aqueous solutions.

Available in: Age Delay Cream • Atraxi Peptide • Comfort Cream with Aloe Vera • Diamond Bright Skin Illuminator • Moisurizing Protection Cream with SPF 15 • Moisturizing Protection Cream with SPF 30 • Refining Hand & Body Lotion with Alpha Hydroxy Acids • Resurfacing Night Cream with 15% Glycolic Acid Serious Action Masque • Skin Resurfacing Lotion with Resorcinol

#### **Cetyl Dimethicone**

A skin conditioner that provides a silky soft slip for spreading capabilities.

Available in: Moisturizing Protection Cream with SPF 30

#### Chamomile

#### Anthemis Nobilis Extract

Derived from the Roman chamomile plant. It has clinically proven anti-inflammatory and reparative properties and is antibacterial, anti-itch, soothing, and purifying. It also serves as an antiseptic and has the ability to neutralize irritants.

Available in: Anti-Aging Exfoliant Masque • Accelerator Gel with 20% Alpha Hydroxy Acids • Comfort Cream with Aloe Vera • Idyllic Cleanser with 3% Mandelic Acid • Radiant Serum with 1% Mandelic Acid • Refining Body Scrub with Alpha Hydroxy Acids • Refining Hand & Body Lotion with Alpha Hydroxy Acids • Serious Action Masque • Restoring Fulvic Elixir • Resurfacing Night Cream with 15% Glycolic Acid

#### Chamomilla Recutita (Matricaria) Flower Extract

It contains 30 different active compounds that have anti-inflammatory properties and it is capable of inducing collagen synthesis.

Available in: AHA Astringent Prepping Agent • Hydrating Protection Gel with SPF 15 • Peptide Micro Scrub • Professional Exfoliator with 30% Alpha Hydroxy Acids • Professional Exfoliator with 30% Lactic Acid • Professional Exfoliator with 50% Lactic Acid

#### Chlorphenesin

Chlorphenesin has antifungal and antibacterial qualities and is used in the preservation and stabilization of skincare products.

Available in: Blemish Control No. 5 with Benzoyl Peroxide • Blemish Control No. 10 with Benzoyl Peroxide • Clear Exfoliant Cleanser with Benzoyl Peroxide • Clear Skin Cleanser with Benzoyl Peroxide • Exfoliating Cleanser with Salicylic Acid • Hydrating Protection Gel with SPF 15 • Hydrating Protection Gel with SPF 30 • Mattifying Sulfur Masque • Moisturizing Protection Cream with SPF 30 • Purifying Cleanser with Salicylic Acid • Recovery Cream with Arnica • Tri-Acid 15% Skin Gel

#### Cholesterol

A skin conditioner, thickening agent, stabilizer, and water binding agent. It keeps the epidermis functioning properly by regulating moisture and cell activity.

Available in: Barrier Repair Cream with Amino Acids

#### **Chondrus Crispus**

See Irish Moss

#### Chromabright™

See Dimethylmethoxy Chromanyl Palmitate

#### **Chromium Oxide Green**

Natural mineral used as a colorant.

Available in: Hydrating Masque with Enzymes

#### Cinnamomum Camphora Bark/Leaf Oil

See Camphor

#### Citral

A naturally occurring ingredient used to stabilize a product.

Available in: Clear Skin Cleanser with Benzoyl Peroxide

#### Citric Acid

Derived from citrus fruits, it has preservative, antioxidant, and astringent properties. It is often used as a pH adjuster.

Available in: Age Defying Masque • Firming Serum with Phyto-Stem Cells • Glycolic Facial Cleanser with 10% Glycolic Acid • Micro Renewal Smoothing Serum • Professional 5 Berry Solution with 7% TCA

#### Citrullus Lanatas Fruit Extract

See Watermelon

#### Citrus Aurantifolia Peel Oil

See Lime

#### Citrus Aurantium Bergamia Fruit Oil

See Bergamot

#### Citrus Aurantium Dulcis Fruit/Peel Extract/Oil

See Orange

#### Citrus Bergamia Oil

See Bergamot

#### Citrus Grandis or Paradisi Fruit/Peel Oil

See Grapefruit

#### Citrus Limon Fruit/Peel Extract/Oil

See Lemon

#### Citrus Medica Limonum Fruit Extract

See Lemon

#### Citrus Nobilis Oil

See Mandarin Orange

#### Clary Sage Oil

See Sage

#### Clove

#### Eugenia Caryophyllus Flower Oil

It has antioxidant properties which help to prevent damage to skin cells.

**Available in:** Body Massage Oil • Cellulite Corrector Cream with Warming Actives • Refining Body Scrub with Alpha Hydroxy Acids

#### Cocamide MEA

Used as a thickening agent and viscosity builder. It also improves the foaming formation in cleansers.

**Available in:** Clear Skin Cleanser with Benzoyl Peroxide • Exfoliating Cleanser with Salicylic Acid

#### Cocamide MIPA

An emulsifier and stabilizer which also serves as a thickener, surfactant, and foaming agent.

Available in: Purifying Cleanser with Salicylic Acid

#### Cocamidopropyl Betaine

Derived from coconut oil, cocamidopropyl betaine is used as a surfactant.

Available in: Clear Exfoliant Cleanser with Benzoyl Peroxide • Exfoliating Cleanser with Salicylic Acid • Foaming Cleanser with Amino Acids • Gentle Gel Cleanser with Amino Acids • Glycolic Facial Cleanser with 10% Glycolic Acid • Idyllic Cleanser with 3% Mandelic Acid • Oxygen Deep Pore Masque • Purifying Cleanser with Salicylic Acid • Refining Body Scrub with Alpha Hydroxy Acids

#### Cocamidopropyl Hydroxysultaine

Used as a foam booster, thickener, and antistatic agent.

**Available in:** Clear Skin Cleanser with Benzoyl Peroxide

#### Coco-Caprylate/Caprate

A skin conditioning agent with deep emollient and moisturizing properties. It does not leave an oily shine on the skin.

**Available in:** Atraxi Peptide • Beauty Oil • Diamond Bright Skin Illuminator • Hydrating Masque with Enzymes

#### Cocoa

#### Cocoa Butter

#### Theobroma Cacao Seed Butter

It contains over 25,000 antioxidants and is highly moisturizing. It offers powerful protection to skin cells.

**Available in:** Chocolate Masque with Enzymes • Hydrating Hand & Body Lotion • Lip Enhancer with Warming Actives • Peptide Cream

#### Cocoa Seed Powder

#### Theobroma Cacao (Cocoa) Seed Powder Extract

It contains ultimate moisturizing qualities and a large number of antioxidants to fight the free radicals that destroy skin cells and lead to premature aging. It also contains minerals like calcium, potassium, magnesium, zinc, copper, and iron.

Available in: Chocolate Masque with Enzymes

#### **Coconut Acid**

#### Disodium Cocoamphodiacetate

Made from the fatty acids of coconut oil, it is used to help water mix with oil and dirt so it can be easily rinsed away. It also works to stabilize foaming agents.

**Available in:** Clear Exfoliant Cleanser with Benzoyl Peroxide

#### **Coconut Oil**

#### Cocos Nucifera Oil

Coconut oil is an excellent skin moisturizer. Coconut oil can also help in healing keratosis pilaris by moisturizing the affected area. Coconut water contains nutrients for cells while also moisturizing. It promotes healthy cell growth and supports blood circulation.

Available in: Cellulite Corrector Cream with Warming Actives • Essential Shave Cream

#### Cocos Nucifera Oil

See Coconut Oil

#### Coenzyme Q10 (Co Q10)

A naturally occurring antioxidant that helps to neutralize harmful free radicals. It boosts skin repair and regeneration as it reduces the effects of photo-aging and wrinkles.

Available in: Eye Calm

#### Coffee

#### Coffea Arabica Seed Extract

This extract contains natural polyphenol antioxidants and ferulic acid, having 10 times the antioxidant potential of green tea. It contains high amounts of fatty acids, sterols, and Vitamin E, providing protection from damaging free radical activity, DNA degeneration, and sunburn. It stimulates the production of elastin and collagen, while improving skin hydration and reducing TEWL. Reduces oxidative stress and improves circulation in the skin.

Available in: CBD Age Delay Dew • CBD Skin Mist

#### **Coloring Agents**

Bismuth Oxychloride CI 77163 Blue 1 Blue 1 Lake CI 42090 Carmine CI 75470 CI 77492 CI 77499 FD and C Yellow #6 Ferric Ferrocyanide CI 77510 Red 7 CI 15850 Red 21 Lake CI 45380 Red 27 Lake CI 45410 Red 30 CI 73360 Red 33 Red 36 CI 12085 Red 40 Red 40 Lake CI 16035 Yellow 5 Yellow 5 Lake CI 19140 Yellow 6 Yellow 6 Lake CI 15985

#### (Natural) Coloring Agents

Yellow 10

Chromium Hydroxide Green CI 77289 Chromium Oxide Greens CI 77288

Iron Oxides CI 77491 Manganese Violet CI 77742 Mica Titanium Dioxide CI 77891 Ultramarines CI 77007

These ingredients provides color and hue to the product.

Available in: Beta Gel with 10% Glycolic Acid • Bio-Renewal Serum • Chocolate Masque with Enzymes • Professional 5 Berry Solution with 7% TCA • Professional Pumpkin Exfoliator • Vitamin C Serum

#### Comfrey

Symphytum Officinale Rhizome/Root Extract

An herb. The content of allantoin and mucilages provides soothing, antibacterial, and antiinflammatory properties.

Available in: Age Delay Cream • CBD Massage Cream • CBD Skin Mist • Idyllic Cleanser with 3% Mandelic Acid • Radiant Serum with 1% Mandelic Acid • Restoring Fulvic Elixir

#### Copernica Cerifera Wax

See Carnauba Wax

#### Copper Gluconate

Copper gluconate stimulates skin regeneration, rebuilds collagen and elastin, and accelerates wound repair.

Available in: Peptide Firming Cleanser • Peptide Micro Scrub • Rejuvenating Peptide Masque

#### Copper Peptide

A combination of copper and 3 amino acids. It rejuvenates skin cells in aging tissue by boosting the production of collagen and elastin. It also produces glycosaminoglycans (GAGS), like hyaluronic acid, which play a critical role in healthy skin.

Available in: Eye Calm

#### Copper Tripeptide-1

Stimulates collagen, elastin and glycosaminoglycan formation; provides potent antioxidant.

Available in: Age Delay Cream • Atraxi Peptide • Bio-Renewal Serum • Peptide Serum • Professional Peptide Perfection Exfoliator

# **Coral Weed**

#### Corallina Officinalis Extract

A red algae found mainly in the rocky shores of Great Britain and Ireland. Helps regulate oil production. Contains polysaccharides, amino acids, lipids, minerals, and vitamins. It also carries a marine enzyme which has three elements, epidermal growth factor, and trace elements.

Available in: CBD Regenerative Eye Cream

#### Corundum Crystals

The strongest exfoliating mineral. They are used in microdermabrasion to polish and exfoliate the skin without micro tears.

Available in: Peptide Micro Scrub

# Corylus Avellana Seed Oil

See Hazel

#### Cranberry

# Hydrolyzed Cranberry Fruit/Leaf Extract

The hydrolyzed extracts of cranberry fruit and leaves, which are used as a skin protector.

**Available in:** Professional 5 Berry Solution with 7% TCA • Professional Vitamin A Solution with 10% TCA

#### Creatine

An amino acid derivative which is naturally occurring in the body. It revitalizes cell energy metabolism, supports skin protection, moisturizes, smooths, and reduces irritation. It also improves skin cell turnover, increases elasticity, and treats hyperpigmentation.

Available in: Firming Serum with Phyto-Stem Cells

#### Cucumber

# Cucumis Sativus Fruit Extract

Cucumber is a powerful ingredient that contains many potent nutrients and has many useful benefits. Because it has the same PH value as human skin, cucumber helps to restore and strengthen the acid mantel of the skin. It soothes skin irritation, promotes healing, reduces swelling, and leaves skin feeling softened and refreshed. It also helps to regulate moisture and increase skin lubrication. Used to soothe burned or irritated skin. Provides emolliency and cooling. Works as an astringent.

**Available in:** Age Delay Cream • Beta Gel with 10% Glycolic Acid • CBD Skin Mist • Resurfacing Night Cream with 15% Glycolic Acid

#### **Cucumis Sativus Fruit Extract**

See Cucumber

# Cyanocobalamin

See Vitamin B12

# Cyclodextrin

It reduces odors in products and enhances the solubility and delivery of other ingredients. It is used in conjunction with Vitamin A derivatives to increase efficacy.

Available in: Chocolate Masque with Enzymes

# Cyclohexasiloxane

A skin conditioner and emollient.

**Available in:** Firming Serum with Phyto-Stem Cells • Hydrating Protection Gel with SPF 15 • Hydrating Protection Gel with SPF 30

# Cyclomethicone

A synthetic silicone. It is a conditioning agent, solvent, humectant, carrying agent, and viscosity controlling agent.

**Available in:** Chocolate Masque with Enzymes • Peptide Cream • Protective Skin Serum with Ceramides • Rosacea Relief • Ultra Hydro Gel

# Cyclopentasiloxane

A silicone-based emollient, skin conditioner, and solvent used in skincare formulations. It imparts a non-greasy, smooth feel to the skin and has a unique fluidity that makes it easily spreadable. It forms a protective barrier on the skin and gives skin a temporarily plump look as it fills in fine lines and wrinkles.

Available in: Firming Serum with Phyto-Stem Cells
• Hydrating Protection Gel with SPF 15 • Hydrating
Protection Gel with SPF 30 • Moisturizing
Protection Cream with SPF 30 • Professional
Pumpkin Exfoliator • Rosacea Relief • Skin
Resurfacing Lotion with Resorcinol

# Cymbopogon Schoenanthus Extract

See Lemongrass Extract

#### Cysteic Acid

A skin conditioning agent used in skin firming products

Available in: Cellulite Corrector Cream with Warming Actives



#### **Dandelion**

Taraxacum Officinale Extract

Used as a skin tonic.

Available in: Hydrating Masque with Enzymes • Skin Clarifying Masque

# Decafluropentant

Vehicle/carrier used to transfer fluid and ingredients into the skin.

Available in: Professional Oxygen Regenerative Solution

# **Decyl Glucoside**

A combination of plant-based fatty alcohols that form a natural non-ionic, mild foaming cleansing agent.

Available in: Idyllic Cleanser with 3% Mandelic Acid • Mega Cream Cleanser • Peptide Firming Cleanser

# Diazolidinyl Urea

An antiseptic and deodorizer that is used as a broad spectrum preservative against bacteria and fungi.

Available in: Beta Gel with 10% Glycolic Acid • Cellulite Corrector Cream with Warming Actives • Daily Repair Cream • Eye Calm • Glycolic Facial Cleanser with 10% Glycolic Acid • Hydrating Hand & Body Lotion • Hydrating Masque with Enzymes • Lactic Astringent Prepping Agent • Mega Cream Cleanser • Professional Exfoliator with 30% Alpha Hydroxy Acids • Professional Exfoliator with 30% Lactic Acid • Professional Exfoliator with 50% Lactic Acid • Professional Oxygen Regenerative Solution • Protective Skin Serum with Ceramides • Rosacea Relief • Skin Recovery Mist • Ultra Hydro Gel • Vitamin C Cream • Vitamin E Cream

#### Dimethicone

A silicone-based polymer. It is one of the most widely used ingredients in cosmetics. It is an antifoaming agent, a skin protectant, and a conditioner. It prevents water loss by forming a hydrating barrier on the skin.

Available in: Age Delay Cream • Chocolate Masque with Enzymes • Diamond Bright Skin Illuminator • Moisurizing Protection Cream with SPF 15 •

Moisturizing Protection Cream with SPF 30 • Peptide Cream • Refining Hand & Body Lotion with Alpha Hydroxy Acids • Resurfacing Night Cream with 15% Glycolic Acid • Rosacea Relief • Serious Action Masque • Skin Resurfacing Lotion with Resorcinol • Vitamin C Cleanser • Vitamin C Cream

# Dimethicone Copolyol Eicosanoate

A common surfactant.

Available in: Age Defying Masque

# **Dimethicone Crosspolymer**

It is used to increase the viscosity and spread ability of products while protecting the skin.

Available in: Protective Skin Serum with Ceramides • Ultra Hydro Gel

#### **Dimethicone PEG-8 Meadowfoamate**

A fatty ester of meadowfoam seed oil, moisturizer used to form a barrier on the skin to preven TEWL. Also provides stability to prolong shelf life of product.

Available in: Micro Renewal Smoothing Serum

#### Dimethiconol

A skin conditioner, anti-foaming agent, and emollient. It creates a subtle gloss on the skin.

Available in: Professional Pumpkin Exfoliator • Rosacea Relief

# **Dimethyl Mea**

Derivative of Vitamin B, used to firm and tighten the skin in addition to calming.

Available in: Age Delay Cream • Bio-Renewal Serum • Peptide Serum

# Dipalmitoyl Hydroxyproline

A plant-derived lipid agent that consists of amino acids which are essential for skin collagen synthesis.

Available in: Firming Eye Cream • Peptide Cream • Rejuvenating Peptide Masque

# Dipentaerythrityl Hexacaprylate/Hexacaprate

An emulsifier, smoothing, conditioning, and moisturizing occlusive agent.

Available in: Vitamin C Cleanser

#### Dipeptide Diaminobutyroyl Benzylamide Diacetate

A peptide that smooths fine lines and wrinkles by inhibiting muscle contractions.

Available in: Firming Serum with Phyto-Stem Cells

#### Disodium Cocoamphodiacetate

See Coconut Acid

#### Disodium EDTA

The salt of edetic acid. It is used for a variety of purposes, though most commonly as a preservative, chelator, and stabilizer. You can find this ingredient in virtually every personal care product.

Available in: Blemish Control No. 5 with Benzoyl Peroxide • Blemish Control No. 10 with Benzoyl Peroxide • Chocolate Masque with Enzymes • Clear Exfoliant Cleanser with Benzoyl Peroxide • Clear Skin Cleanser with Benzoyl Peroxide • Firming Serum with Phyto-Stem Cells • Moisturizing Protection Cream with SPF 30 • Refining Hand & Body Lotion with Alpha Hydroxy Acids • Serious Action Masque • Skin Resurfacing Lotion with Resorcinol

#### **Drone Technology**

See Advanced Drone Technology



# Echinacea Extract

Echinacea Angustifolia Extract Echinacea Purpura Herb Extract

Antimicrobial and anti-inflammatory. It is effective in treating acne and psoriasis, as well as other types of skin inflammations.

**Available in:** Age Delay Cream • Barrier Repair Cream with Amino Acids • Essential Serum with Amino Acids • Eye Calm • Peptide Cream • Peptide Firming Cleanser

#### Egg Protein

#### Albumen

Protein, rich in vitamins, amino acids, and minerals. Supports tissue repair, aids in lifting and firming and improving circulation.

**Available in:** Professional Tightening Protein Booster

# Epigallocatechin Gallatyl Glucoside

One of the most phytoactive molecules of green tea. It is influential and natural effects as well as being anti-inflammatory.

Available in: Comfort Cream with Aloe Vera

# Epilobium Angustifolium Flower/Leaf/Stem Extract

A skin conditioning agent.

**Available in:** Diamond Bright Skin Illuminator • Resurfacing Night Cream with 15% Glycolic Acid

#### **Equisetum Arvense Extract**

See Horsetail Extract

# Ethylene/Propylene/Styrene Copolymer

A stabilizing emollient that helps to increase viscosity of product.

Available in: Hydrating Lip Balm

#### Ethyhexyl Isononanoate

Emollient esters that enhance the texture of the product, Stabilizes viscosity of product.

**Available in:** Oxygen Cleansing Powder • Professional Oxygen Regenerative Solution

# **Ethylhexyl Methoxycinnamate**

See Octinoxate

#### Ethylhexyl Salicylate

See Octisalate

# Ethylhexylglycerin

An alternative to parabens. It is derived from glycerin and serves as a skin conditioner and preservative.

Available in: Accelerator Gel with 20% Alpha Hydroxy Acids • Age Defying Masque • Age Delay Cream • Atraxi Peptide • Bio-Renewal Serum • Chocolate Masque with Enzymes • Comfort Cream with Aloe Vera • Diamond Bright Skin Illuminator • Firming Serum with Phyto-Stem Cells • Hydrating Masque with Enzymes • Idyllic Cleanser with 3% Mandelic Acid • Micro Lift Serum • Micro Renewal Smoothing Serum • Moisurizing Protection Cream with SPF 15 • Oxygen Cream • Oxygen Deep Pore Masque • Peptide Cream • Peptide Serum • Pigment Brightening Serum • Professional 5 Berry Solution with 7% TCA • Professional CBD Booster • Professional Peptide Perfection Exfoliator • Professional Pigment Lift Solution with 15% TCA Professional Vitamin A Solution with 10% TCA Radiant Serum with 1% Mandelic Acid • Refining Hand & Body Lotion with Alpha Hydroxy Acids • Restoring Fulvic Elixir • Resurfacing Night Cream with 15% Glycolic Acid • Retinol Rejuvenation Serum • Serious Action Masque • Skin Clarifying Masque • Vitamin C Cleanser

# Eucalyptus

# Eucalyptus Globulus Leaf Oil

An antimicrobial. It produces a tingling sensation.

**Available in:** AHA Astringent Prepping Agent • Serious Action Masque • Tri-Acid 15% Skin Gel

# Eugenia Caryophyllus Flower Oil

See Clove

# Euphorbia Cerifera (Candelilla) Wax

See Candlilla Cera

#### **Euterpe Oleracea Pulp Powder**

See Acai

# Exylitol

See Anhydroxylitol

# Eyebright

# Euphrasia Officinalis Extract

Eyebright (Euphrasia officinalis) is a wild plant native to Europe. Long used in herbal medicine as a natural remedy for eye problems. Eyebright contains compounds called tannins which possess anti-inflammatory properties.

Available in: CBD Regenerative Eye Cream



#### **Farnesol**

Used for its bactericide properties.

**Available in:** Moisurizing Protection Cream with SPF 15

# Farnesyl Acetate

Regulates oil production.

**Available in:** Moisurizing Protection Cream with SPF 15

# Fennel

# Foeniculum Vulgare Fruit/Oil Extract

Soothes, tones, and cleanses the skin as it reduces toxins and prevents the formation of wrinkles.

**Available in:** Anti-Aging Exfoliant Masque • Cellulite Corrector Cream with Warming Actives

#### Ferulic Acid

Plant phenol antioxidant; provides rigidity to plant cell walls; reduces oxidative stress and damage caused by UV radiation.

Available in: Atraxi Peptide

# Foeniculum Vulgare Fruit/Oil Extract

See Fennel

#### Folic Acid

A Vitamin B complex with powerful reparative properties. It also serves as an emollient and antioxidant. It aids in DNA synthesis and repair, and protects DNA from UV-induced damage. It promotes healthy cell renewal to reduce fine lines and wrinkles and to produce a healthy firmness of skin while healing photo damage.

Available in: Firming Serum with Phyto-Stem Cells

# Fragrance

Alpha-Isomethyl Ionone

See Alpha-Isomethyl Ionone

Amyl Cinnamal

See Amyl Cinnamal

Bitter Almond Oil

See Bitter Almond Oil

Butylphenyl Methylpropional

See Butylphenyl Methylpropional

Cinnamyl Alcohol

See Cinnamyl Alcohol

Cironellol

See Cironellol

Coumarin

See Coumarin

Geraniol

See Geraniol

Geranium

See Geranium

Hexyl Cinnamal

See Hexyl Cinnamal

Lavender

See Lavender

Lemongrass

See Lemongrass

#### Sodium Benzoate

See Sodium Benzoate

As required by the FDA, any substance used for the purpose of smell is required to be listed as "Fragrance."

Some ingredients naturally have a very "earthy" smell (like amino acids). GlyMed Plus uses essential oils to help balance the smell of some of these ingredients.

Available in: Age Defying Masque • Atraxi Peptide
• Beauty Oil • Beta Gel with 10% Glycolic Acid •
Chocolate Masque with Enzymes • Eye Calm •
Gentle Gel Cleanser with Amino Acids • Hydrating
Hand & Body Lotion • Hydrating Masque with
Enzymes • Hydrating Protection Gel with SPF 15
• Hydrating Protection Gel with SPF 30 • Micro
Renewal Smoothing Serum • Oil-Free Protective
Moisturizer with SPF 15 • Oil-Free Protective
Moisturizer with SPF 30 • Oil-Free Protective
Moisturizer with SPF 50 • Professional Pigment
Lift Solution with 15% TCA • Professional Pumpkin
Exfoliator • Protective Skin Serum with Ceramides •
Refining Hand & Body Lotion with Alpha
Hydroxy Acids

# **Fucus Serratus Extract**

Many types of algae are found in skincare products and cosmetics. Their abundance of minerals and proteins, coupled with their high antioxidant content, makes them ideal for skincare use. Among its benefits to the skin are increased hydration, normalization of the skin, reduction of inflammation, and detoxification.

Available in: Restoring Fulvic Elixir

# Fulvic Acid

A powerful antioxidant that absorbs deeply into the skin to assist in the transportation of nutrients to tissues and cells.

Available in: Restoring Fulvic Elixir



# Galactoarabinan

A gentle exfoliant which can help skin hold on to moisture. The reduction of transepidermal water loss (TEWL) increases the tightness and plumpness of skin which reduces fine lines and wrinkles. It also enhances other exfoliant ingredients which

increases skin cell renewal to leave skin feeling refreshed.

Available in: Professional Pumpkin Exfoliator

#### Gallyl Glucoside

An antioxidant and a skin conditioner.

Available in: Comfort Cream with Aloe Vera

# Gamma Polyglutamic Acid

A water soluble ingredient that connects amino acids as it aids in moisture retention to prevent transepidermal water loss (TEWL) and supplies nutrients to skin cells to brighten the overall skin tone.

**Available in:** Diamond Bright Skin Illuminator • Restoring Fulvic Elixir

#### **Ganoderuma Lucidium Extract**

See Mushroom

# Gellidiela Acerosa Extract

Obtained from red algae, it functions as a skin moisturizer by soothing the skin and reducing irritation. It is a powerful antioxidant with emollient and water-binding properties. It helps to increase cell turnover and also serves as a thickening agent.

**Available in:** Peptide Cream • Restoring Fulvic Elixir

# Geranium

#### Pelargonium Graveolens Oil

Geranium oil has many useful benefits as well as a pleasant fragrance. It is safe for all skin types because it is a nonirritant botanical. It is anti-inflammatory and has soothing and healing qualities. Its astringent properties make it ideal for acneic and oil skin types. Aging skin also benefits from geranium's cellgenerating activities.

**Available in:** Cell Protection Balm • Resurfacing Night Cream with 15% Glycolic Acid • Retinol Rejuvenation Serum

# **Ginger Root**

# Zingiber Officinale Root Oil

Ginger root has many powerful properties to help improve skin health. As a powerful astringent, it assists in the reduction of pores and controls the production of sebum. It

reduces signs of aging by inhibiting collagenase (an enzyme that breaks down collagen) which leaves feeling skin smoother and softer. It helps to promote an even tone for more radiant skin, and also serves as an anti-inflammatory and antimicrobial botanical.

Available in: Body Massage Oil • Refining Body Scrub with Alpha Hydroxy Acids

# **Ginseng Root**

#### Panax Ginseng Root Extract

With powerful antioxidants, ginseng root helps to fight free radicals and encourage the production of healthy new skin cells which helps with wound healing. It helps to diminish fine lines and wrinkles by encouraging the production of more collagen for firmer skin. The increased cell regeneration coupled with anti-inflammatory properties means that ginseng reduces the signs of aging for skin that looks and acts younger.

Available in: Anti-Aging Exfoliant Masque • Cellulite Corrector Cream with Warming Actives • Professional Exfoliator with 30% Alpha Hydroxy Acids

# Glycereth-26

Glyceral ester is used in cosmetics as an emollient, lubricant, a water binder, and a thickening agent.

Available in: Peptide Serum

# Glycerin

#### Glycerin USP-Pharmacopeial-Food Grade

Glycerin is a natural ingredient, though it can also be created synthetically. It is found in all natural lipids and helps to restore and replenish the skin. It is a powerful humectant which can draw moisture from the air and hold it in place to better hydrate the skin. It promotes skin renewal through the desquamation of corneocytes which results in smoother and softer skin. Glycerin also improves the spread ability of products and serves as a natural preserving agent.

Available in: Age Defying Masque • Age Delay Cream • AHA Astringent Prepping Agent • Anti-Aging Exfoliant Masque • Astringent No. 2 with Salicylic Acid • Astringent No. 5 with Salicylic Acid • Skin Astringent No . 10 • Atraxi Peptide • Barrier Repair Cream with Amino Acids • Bio-Renewal Serum • Blemish Control No. 5 with Benzoyl Peroxide • Blemish Control No. 10 with Benzoyl Peroxide • Cellulite Corrector Cream with Warming Actives • Chocolate Masque with

Enzymes • Clear Exfoliant Cleanser with Benzoyl Peroxide • Clear Skin Cleanser with Benzoyl Peroxide • Comfort Cream with Aloe Vera • Daily Repair Cream • Daily Skin Clarifier • Diamond Bright Skin Illuminator • Essential Serum with Amino Acids • Exfoliating Cleanser with Salicylic Acid • Eye Calm • Firming Serum with Phyto-Stem Cells • Foaming Cleanser with Amino Acids • Gentle Gel Cleanser with Amino Acids • Glycolic Facial Cleanser with 10% Glycolic Acid • Hydrating Hand & Body Lotion • Hydrating Masque with Enzymes • Hydrating Protection Gel with SPF 15 • Hydrating Protection Gel with SPF 30 • Idyllic Cleanser with 3% Mandelic Acid • Lip Enhancer with Warming Actives • Mattifying Sulfur Masque • Mega Cream Cleanser • Micro Lift Serum • Micro Renewal Smoothing Serum • Moisurizing Protection Cream with SPF 15 • Moisturizing Protection Cream with SPF 30 • Oxygen Cream • Oxygen Deep Pore Masque • Peptide Cream • Peptide Firming Cleanser • Peptide Micro Scrub • Peptide Serum • Pigment Brightening Serum • Professional 5 Berry Solution with 7% TCA • Professional CBD Booster • Professional Oxygen Regenerative Solution Professional Peptide Perfection Exfoliator Professional Pigment Lift Solution with 15% TCA • Professional Pumpkin Exfoliator • Professional Vitamin A Solution with 10% TCA • Protective Skin Serum with Ceramides • Purifying Cleanser with Salicylic Acid • Radiant Serum with 1% Mandelic Acid • Recovery Cream with Arnica • Rejuvenating Peptide Masque • Restoring Fulvic Elixir • Resurfacing Night Cream with 15% Glycolic Acid • Retinol Rejuvenation Serum • Rosacea Relief • Serious Action Masque • Skin Clarifying Masque • Skin Recovery Mist • Skin Resurfacing Lotion with Resorcinol • Tri-Acid 15% Skin Gel • Vitamin C Cleanser • Vitamin C Cream

# Glycerol

A form of glycerin, this colorless, ordorless compound is very similar the natural lipids in our own skins. Glycerol works as a humectant to attract water and prevent water loss, and as an emollient to lock in hydration.

Available in: Restoring Fulvic Elixir

# Glyceryl Linoleate

• Vitamin E Cream

A fatty acid derived from glycerin. Enhances the penetration and absorption of ingredients in the skin.

**Available in:** CBD Hydratherapy Masque with Micro-Silver • CBD Soothing Serum with Micro-Silver

# **Glyceryl Stearate**

Derived from palm kernel or soy oil and found naturally in the human body. Is is an emulsifier, solvent, humectant, and consistency regulator in water-in-oil and oil-in-water formulations. It imparts a pleasant feel to the skin and is very mild with a low skin irritation profile.

Available in: Anti-Aging Exfoliant Masque • Barrier Repair Cream with Amino Acids • Chocolate Masque with Enzymes • Comfort Cream with Aloe Vera • Daily Repair Cream • Diamond Bright Skin Illuminator • Eye Calm • Firming Eye Cream • Hydrating Hand & Body Lotion • Hydrating Masque with Enzymes • Hydrating Protection Gel with SPF 15 • Lip Enhancer with Warming Actives • Mega Cream Cleanser • Moisurizing Protection Cream with SPF 15 • Moisturizing Protection Cream with SPF 30 • Oil-Free Protective Moisturizer with SPF 15 • Oil-Free Protective Moisturizer with SPF 30 • Oil-Free Protective Moisturizer with SPF 50 • Peptide Cream • Peptide Firming Cleanser • Peptide Micro Scrub • Recovery Cream with Arnica • Refining Hand & Body Lotion with Alpha Hydroxy Acids • Resurfacing Night Cream with 15% Glycolic Acid • Rosacea Relief • Serious Action Masque • Skin Clarifying Masque • Vitamin C Cleanser • Vitamin C Cream • Vitamin E Cream

# Glycine

An amino acid that gives texture to cosmetics. It is also water binding and contains some antioxidant and wound healing abilities. Glycine is a fundamental constitute of all proteins found in the body and makes up approximately 30% of the collagen molecule.

Available in: Age Delay Cream • Anti-Aging Exfoliant Masque • Atraxi Peptide • Barrier Repair Cream with Amino Acids • Bio-Renewal Serum • Daily Repair Cream • Essential Serum with Amino Acids • Eye Calm • Firming Eye Cream • Foaming Cleanser with Amino Acids • Hydrating Hand & Body Lotion • Lip Enhancer with Warming Actives • Mega Cream Cleanser • Oil-Free Protective Moisturizer with SPF 15 • Oil-Free Protective Moisturizer with SPF 30 • Oil-Free Protective Moisturizer with SPF 50 • Peptide Firming Cleanser • Peptide Micro Scrub • Peptide Serum • Professional Peptide Perfection Exfoliator • Recovery Cream with Arnica • Rejuvenating Peptide Masque • Rosacea Relief • Skin Clarifying Masque • Vitamin E Cream

# Glycine Soja Oil/Protein/Sterols

See Soybean

#### **Glycol Stearate**

It can be used as a detergent, emulsifier, surfactant thickener, stabilizer, and emollient. It gives cleansers a pearly look.

**Available in:** Exfoliating Cleanser with Salicylic Acid • Glycolic Facial Cleanser with 10% Glycolic Acid

# Glycolic Acid

A natural alpha hydroxy acid (AHA) derived from sugarcane, glycolic acid is used to exfoliate and prevent the buildup of dead skin cells in the stratum corneum while also increasing hydration to prevent dryness. Because of its small molecular weight, it penetrates deeper and faster into the skin, making it an excellent ingredient for treating aging and acne skin conditions. However, because of this increased penetration, it can be more active on the skin which can lead to irritation for clients who are not prepped or who are considered more sensitive.

Available in: Accelerator Gel with 20% Alpha
Hydroxy Acids • AHA Astringent Prepping Agent
• Anti-Aging Exfoliant Masque • Beta Gel with
10% Glycolic Acid • Glycolic Facial Cleanser with
10% Glycolic Acid • Pigment Brightening Serum •
Professional Exfoliator with 30% Alpha Hydroxy
Acids • Professional Vitamin A Solution with 10%
TCA • Refining Body Scrub with Alpha Hydroxy
Acids • Refining Hand & Body Lotion with Alpha
Hydroxy Acids • Resurfacing Night Cream with 15%
Glycolic Acid • Serious Action Masque • Tri-Acid
15% Skin Gel

# Glycolipids

A skin repairing emollient.

Available in: Professional Pumpkin Exfoliator

# Glycyrrhiza Glabra Root Extract

See Licorice Root

# Goji Berry (Goji Glycopeptide)

Lycium Barbarum Fruit Extract

Selenium

# Wolfberry

Extracted from Goji berries, these active glycopeptides offer skin lifting and firming abilities, inhibit MMP activity and apoptosis.

Excellent for anti-aging and stimulating collagen production.

Available in: CBD Age Delay Dew • CBD Skin Mist • Hydrating Masque with Enzymes • Skin Clarifying Masque

#### Gotu Kola

#### Centella Asiatica Extract

It possesses healing attributes which promote overall skin and circulatory health to help minimize scarring. It has a dramatic impact on the underlying issue of collagen support associated with aging.

Available in: Peptide Cream • Protective Skin Serum with Ceramides

# Grape Seed Oil

# Vitis Vinifera Fruit Extract Vitis Vinifera Seed Oil/Extract

A natural antioxidant that is used as a wound healer and anti-inflammatory. It is seen in a wide variety of skincare products due to these aspects, as well as being antifungal, antimicrobial, and a UV absorber.

Available in: Age Delay Cream • Anti-Aging Exfoliant Masque • Astringent No. 2 with Salicylic Acid • Astringent No. 5 with Salicylic Acid • Astringent No. 10 with Salicylic Acid • Barrier Repair Cream with Amino Acids • Bio-Renewal Serum • Body Massage Oil • Cellulite Corrector Cream with Warming Actives • Daily Repair Cream • Eye Calm • Hydrating Lip Balm • Lip Enhancer with Warming Actives • Moisturizing Protection Cream with SPF 30 • Peptide Micro Scrub • Professional 5 Berry Solution with 7% TCA • Recovery Cream with Arnica • Resurfacing Night Cream with 15% Glycolic Acid • Rosacea Relief • Vitamin C Cleanser • Vitamin C Cream • Vitamin E Cream

# Grapefruit

# Citrus Grandis Fruit/Peel Oil Citrus Paradisi Fruit/Peel Oil

It possesses antiseptic properties and is also beneficial for oily skin. Obtained from the peel of the grapefruit. This antioxidant is high in flavonoids and Vitamin C. Has astringent properties which help reduce oil.

Available in: CBD Skin Mist • Cell Protection Balm • Diamond Bright Skin Illuminator • Exfoliating Cleanser with Salicylic Acid • Foaming Cleanser

with Amino Acids • Mattifying Sulfur Masque • Oxygen Cream • Oxygen Deep Pore Masque • Professional Exfoliator with 30% Alpha Hydroxy Acids • Radiant Serum with 1% Mandelic Acid • Restoring Fulvic Elixir • Vitamin C Cleanser • Vitamin C Cream • Vitamin C Serum

#### **Green Tea Leaf**

# Camellia Oleifera Leaf Extract Camellia Sinensis Leaf Extract

An extract of the leaves of a Japanese tea. It is commonly known as green tea. Known for its potent antioxidant and polyphenol content, which boosts the immune function of skin cells and protects the skin from oxidative stress and immune cell damage. It protects against UV damage and soothes inflammation.

Available in: Accelerator Gel with 20% Alpha Hydroxy Acids • Age Delay Cream • Beta Gel with 10% Glycolic Acid • Bio-Renewal Serum • CBD Regenerative Eye Cream • CBD Skin Mist • Cellulite Corrector Cream with Warming Actives • Daily Repair Cream • Daily Skin Clarifier • Diamond Bright Skin Illuminator • Eye Calm • Firming Eye Cream • Gentle Gel Cleanser with Amino Acids • Hydrating Protection Gel with SPF 15 • Hydrating Protection Gel with SPF 30 • Idyllic Cleanser with 3% Mandelic Acid • Moisturizing Protection Cream with SPF 30 • Oxygen Cleansing Powder • Professional Oxygen Regenerative Solution • Peptide Cream • Peptide Serum • Pigment Brightening Serum • Professional 5 Berry Solution with 7% TCA • Professional Oxygen Booster • Professional Oxygen Regenerative Solution • Professional Pigment Lift Solution with 15% TCA

- Professional Vitamin A Solution with 10% TCA
- Purifying Cleanser with Salicylic Acid Radiant Serum with 1% Mandelic Acid

# Guarana

# Paullinia Cupana Seed Extract

An antioxidant and an antibacterial. It exhibits a high amount of natural caffeine that detoxifies skin cells. Used as an anti-aging agent for its toning and astringent properties, and as a treatment for cellulite. Paullinia Cupana Seed Extract targets cellulite with it's theophylline and caffeine components.

Available in: CBD Regenerative Eye Cream • Cellulite Corrector Cream with Warming Actives • Micro Lift Serum



# Hamamelis Virginiana Water/Extract

See Witch Hazel

# Hawaiian Algae (Seaweed) Extract

See Algae and Seaweed

#### Hazel

Corylus Avellana Seed Oil

Derived from the hazelnut tree, it gives a pleasing aroma to cosmetics.

Available in: Peptide Cream

#### Hedera Helix Leaf/Stem Extract

See Ivy

#### Helianthus Annuus Seed Oil

See Sunflower Seed Oil

# Hexanoyl Dipeptide-3 Norleucine Acetete

Multi-functional peptide that helps to enhance the skins natural desquamation process in addition to removing damage protein to be replaced by stronger, dense protein.

Available in: Bio-Renewal Serum

# Hexylene Glycol

A solvent that modifies the viscosity of products for a better spread ability. It also contains antibacterial and antifungal properties.

Available in: Age Delay Cream • Bio-Renewal Serum • Firming Serum with Phyto-Stem Cells • Idyllic Cleanser with 3% Mandelic Acid • Moisturizing Protection Cream with SPF 30 • Peptide Serum • Professional Peptide Perfection Exfoliator •

Restoring Fulvic Elixir

#### **HG5** Complex

A GlyMed Plus proprietary blend.

**Available in:** Peptide Firming Cleanser • Peptide Micro Scrub

# **Hibiscus Abelmoschus Extract**

High antioxidant and anti-inflammatory properties, and antimicrobial activity. Prevents the breakdown of collagen or the destruction of protein.

**Available in:** Age Delay Cream • Atraxi Peptide • Peptide Serum

#### **Hordeum Distinction Extract**

See Barley

#### **Horse Chestnut**

# Aesculus Hippocastanum Seed Extract

Horse chestnut seeds contain a chemical known as aescin, which has been shown in clinical studies to promote increased blood circulation. Aescin promotes blood circulation through the veins by strengthening the vein walls. In addition, it also has anti-inflammatory effects which are helpful for treating edema cause by excess fluid.

**Available in:** Astringent No. 2 with Salicylic Acid • Astringent No. 5 with Salicylic Acid • Astringent No. 10 with Salicylic Acid • Rosacea Relief

# Horsetail

#### Equisetum Arvanse Extract

It accelerates the healing process and is rich in silica and other minerals needed to rebuild tissues. It also possesses antibacterial and antiinflammatory properties.

**Available in:** Barrier Repair Cream with Amino Acids • Essential Serum with Amino Acids • Peptide Firming Cleanser

# Hyaluronic Acid

A component of glycosaminoglycan which occurs naturally in the dermis. Hyaluronic acid plays a critical role in healthy skin by controlling the physical and biochemical characteristics of the epidermal cells. It regulates skin activity, including water content, elasticity, and the distribution of nutrients to the cells. Hyaluronic acid allows for the epidermis to achieve greater suppleness due to the ability of its large molecules to bind and hold water. When applied to the skin, hyaluronic acid forms a viscoelastic film similar to the way it holds water in the intercellular matrix in the dermal connective tissues. It also promotes collagen production, hydrates, and heals.

Available in: Age Defying Masque • Beta Gel with 10% Glycolic Acid • Comfort Cream with Aloe Vera • Eye Calm • Resurfacing Night Cream with 15% Glycolic Acid • Retinol Rejuvenation Serum • Skin Clarifying Masque • Skin Recovery Mist • Ultra Hydro Gel • Vitamin C Cream

# **Hydrogenated Caster Oil**

Hydrogenation of Ricinus communis seed oil, used as a skin conditioning agent with antibacterial properties.

Available in: Exfoliating Cleanser with Salicylic Acid

# **Hydrogenated Lecithin**

A natural emulsifying agent and one of the most important components of cells. It plays an important part in the cell's metabolism, especially in regards to the membrane penetration. It has also been used as a surfactant.

Available in: Age Delay Cream • Atraxi Peptide • Peptide Serum • Professional Peptide Perfection Exfoliator

# Hydrogenated Polyisobutene

An emollient used to moisturize and prevent water loss in the skin.

Available in: Hydrating Lip Balm

# Hydrogenated Vegetable Oil

A carrier oil.

**Available in:** Moisturizing Protection Cream with SPF 30

# Hydrolyzed Candida Saitoana Extract

A powerful biological pathway for skin cell detoxification and longevity. Skin will appear smoother and more radiant with the diminished appearance of fine lines and wrinkles.

Available in: Oxygen Cream

# Hydrolyzed Rice Protein

See Rice Protein

# **Hydrolyzed Soy Protein**

See Soy Protein

#### Hydrolyzed Yeast Protein

See Yeast Protein

#### Hydroxyethyl Acrylate/Sodium Acryloyldimethyl

See Taurate Copolymer

#### Hydroxyethylcellulose

Used as a thickener, stabilizer, and suspending agent.

Available in: Accelerator Gel with 20% Alpha Hydroxy Acids • Beta Gel with 10% Glycolic Acid • Diamond Bright Skin Illuminator • Essential Shave Cream • Micro Lift Serum • Pigment Brightening Serum • Professional CBD Booster • Professional Exfoliator with 30% Alpha Hydroxy Acids • Professional Exfoliator with 30% Lactic

Acid • Professional Exfoliator with 50% Lactic Acid • Professional Peptide Perfection Exfoliator • Professional Pigment Lift Solution with 15% TCA • Professional Pumpkin Exfoliator • Refining Hand & Body Lotion with Alpha Hydroxy Acids • Restoring Fulvic Elixir • Resurfacing Night Cream with 15% Glycolic Acid • Skin Resurfacing Lotion with Resorcinol • Tri-Acid 15% Skin Gel

# Hydroxyproline

One of four natural amino acids that make up collagen. It improves the condition of the skin.

Available in: Lip Enhancer with Warming Actives

# Hydroxypropyl Cyclodextrin

Part of the molecular encapsulation process that improves the solubility of the active ingredient.

Available in: Radiant Serum with 1% Mandelic Acid

# Hydroxystearyl Alcohol

A natural emulsifier that deeply cleans skin without harsh chemicals while it hydrates at the same time.

Available in: Oxygen Cream

# Hydroxystearyl Glucoside

A natural emulsifier that deeply cleans skin without stripping natural oils while influencing lamellar bodies to continue hydration to the stratum corneum.

Available in: Oxygen Cream

#### Hypericum Perforatum Flower/Stem Extract

See St. John's Wort

#### Hypnea Musciformis Extract

It calms and soothes skin. It also evens out skin tone and moisturizes dry, irritated skin.

Available in: Peptide Cream • Restoring Fulvic Elixir



#### Imidazolidinyl Urea

An antimicrobial preservative to protect against yeast, bacteria, and mold. It is NOT a paraben.

Available in: Anti-Aging Exfoliant Masque • Mattifying Sulfur Masque • Skin Resurfacing Lotion with Resorcinol

# Iodopropynyl Butylcarbamate

lodopropynyl butylcarbamate is used as a broad spectrum biocide or preservative to inhibit the growth of microorganisms.

Available in: Barrier Repair Cream with Amino Acids • Beta Gel with 10% Glycolic Acid • Daily Repair Cream • Essential Serum with Amino Acids • Essential Shave Cream • Eye Calm • Gentle Gel Cleanser with Amino Acids • Hydrating Hand & Body Lotion • Hydrating Masque with Enzymes • Lactic Astringent Prepping Agent • Mega Cream Cleanser • Oil-Free Protective Moisturizer with SPF 15 • Oil-Free Protective Moisturizer with SPF 30 • Oil-Free Protective Moisturizer with SPF 50 • Peptide Firming Cleanser • Peptide Micro Scrub • Professional Exfoliator with 30% Alpha Hydroxy Acids • Professional Exfoliator with 30% Lactic Acid • Professional Oxygen Regenerative Solution • Protective Skin Serum with Ceramides • Rejuvenating Peptide Masque • Rosacea Relief • Skin Recovery Mist • Ultra Hydro Gel • Vitamin C Cream • Vitamin E Cream

#### Irish Moss

# Carrageen Chondrus Crispus Extract Carrageenan Extract

A polysaccharide of red algae that is commonly used to thicken products and to help hold other ingredients together to create a smooth, creamy blend. It is rich in nutrients and helps to hold moisture in the skin. It maintains optimum conditions for the skin and supports softening. It also offers protection from UV rays.

Available in: Firming Serum with Phyto-Stem
Cells • Moisturizing Protection Cream with SPF 30
• Oxygen Deep Pore Masque

#### Isoceteth-3 Acetate

A water binding agent.

Available in: Vitamin C Serum

# Isodecyl Neopentanoate

An emollient.

**Available in:** Moisurizing Protection Cream with SPF 15 • Oxygen Cream • Vitamin C Cream

#### Isononyl Isononanoate

An emollient and skin conditioner that leaves skin feeling silky smooth.

**Available in:** Oxygen Cleansing Powder • Oxygen Cream • Professional Oxygen Regenerative Solution

# Isopropyl Alcohol

A de-fatting agent. It removes all oils from the skin.

Available in: Astringent No. 2 with Salicylic Acid
• Astringent No. 5 with Salicylic Acid • Astringent
No. 10 with Salicylic Acid • Lactic Astringent
Prepping Agent

# Isopropyl Palmitate

Isopropyl palmitate is derived from processing palmitic acid from coconut oil. It improves moisture content in skin.

**Available in:** Refining Hand & Body Lotion with Alpha Hydroxy Acids

# Isostearyl Stearoyl Stearate

An emollient derived from fatty acids.

**Available in:** Moisurizing Protection Cream with SPF 15 • Resurfacing Night Cream with 15% Glycolic Acid • Vitamin C Cream

# lvy

#### Hedera Helix Leaf/Stem Extract

An antibacterial and astringent which soothes and decongests the skin. It also works as a vasoconstrictor and reduces capillary wall permeability. Along with its ability to reduce sensitivity and inflammation, these qualities make this botanical extremely beneficial for those with rosacea. It also contains surface active agents that assist in ingredient penetration and emulsification of fats.

Available in: Astringent No. 2 with Salicylic Acid
• Astringent No. 5 with Salicylic Acid • Astringent
No. 10 with Salicylic Acid • Beta Gel with 10%
Glycolic Acid



# Jojoba Oil/Ester

# Simmondsia Chinensis Seed Oil

A moisturizer and emollient that contributes to the healing of skin. It reduces transepidermal water loss (TEWL) without completely blocking the transportation of water vapor and gases, providing the skin with suppleness and softness. It provides spread ability and lubricity to a product. It is rapidly penetrated into the pores and hair follicles, diffusing into the stratum corneum and acting with the intercellular lipids to further reduce water loss.

Available in: Anti-Aging Exfoliant Masque

- Barrier Repair Cream with Amino Acids Cellulite Corrector Cream with Warming Actives
- Chocolate Masque with Enzymes Daily Repair Cream • Firming Eye Cream • Hydrating Lip Balm
- Peptide Micro Scrub Protective Skin Serum with Ceramides • Recovery Cream with Arnica • Refining Body Scrub with Alpha Hydroxy Acids • Rosacea Relief • Vitamin E Cream

# Juglans Regia Shell Powder

See Walnut Shell

# Juniper

# Juniperus Communis Fruit Extract

With anti-inflammatory, antibacterial, and antimicrobial qualities, it is effective in treating acne, eczema, and psoriasis. It cleans pores and helps to eliminate excess liquid, to soothe and tone the skin.

Available in: Cellulite Corrector Cream with Warming Actives



# Kaempferia Galanga Root Extract

From the ginger family, it brightens the skin while also providing UV protection to prevent damage. It also has antifungal and antiinflammatory properties.

Available in: Hydrating Protection Gel with SPF 30

#### Kaolin

A natural, clay-like mineral composed of silica, iron, magnesium, calcium, sodium, zinc, and other materials. Because of its excellent absorbant properties, it is used in products designed for acne/ oily skin. It also draws out impurities and toxins to help clear the skin of excess oil, dirt, pollutants, and other waste material. It stimulates organic processes in the skin and acts like a re-mineralizer of the skin.

Available in: Mattifying Sulfur Masque • Serious Action Masque

# Kojic Acid

An antioxidant fungus derived from a Japanese mushroom, which is processed through fermentation. It is used to brighten the skin.

Available in: Professional Pigment Lift Solution with 15% TCA



#### L-Ascorbic Acid

An antioxidant and wrinkle fighter. It turns on collagen synthesis and inhibits its degradation.

Available in: Daily Skin Clarifier

#### L-Ascorbic Phosphate

See Vitamin C

#### **Lactic Acid**

An AHA that is used as an exfoliant and moisturizer. It is found naturally in the body and makes up a component of the natural moisturizing factor (NMF). It is also found in sour milk and other natural sources like beer, pickles, and other foods made through a process of bacterial fermentation. Studies indicate that lactic acid has the ability to increase the water-retention capacity of the skin. Lactic acid is instrumental in keeping the stratum corneum pliable and it soothes and hydrates the skin to keep skin looking and acting younger.

Available in: Accelerator Gel with 20% Alpha Hydroxy Acids • Anti-Aging Exfoliant Masque • Diamond Bright Skin Illuminator • Lactic Astringent Prepping Agent • Professional Exfoliator with 30% Alpha Hydroxy Acids • Professional Exfoliator with 30% Lactic Acid • Professional Exfoliator with 50% Lactic Acid • Professional Jessner Solution

- Professional Oxygen Regenerative Solution
- Professional Peptide Perfection Exfoliator Professional Pumpkin Exfoliator • Professional Vitamin A Solution with 10% TCA • Refining Body Scrub with Alpha Hydroxy Acids • Refining Hand & Body Lotion with Alpha Hydroxy Acids • Serious Action Masque • Skin Resurfacing Lotion with Resorcinol • Tri-Acid 15% Skin Gel

# Lactic Acid/Glycolic Acid Copolymer

A second encapsulation made up of glycolic and lactic acid. It allows the product to penetrate deeper into the skin without breaking down as fast as a single encapsulation.

Available in: Diamond Bright Skin Illuminator

# Lactobacillus/Milk Solids/Soybean Oil Ferment

See Soybean Oil

# Lactobacillus/Pumpkin Ferment Extract

See Pumpkin

# Lactobacillus/Punica Granatum Fruit Ferment Extract

See Pomegranate

# Lactobacillus/Wasabia Japonica Root Ferment Extract

See Wasabi

#### Lactose

A humectant and skin conditioning agent.

Available in: Restoring Fulvic Elixir

#### Lady's Mantel

# Alchemilla Vulgaris Extract

It has potent anti-inflammatory properties, and it is high in tannins, salicylic acid, saponins, phytosterols, and flavonoids, which makes it a great astringent for acne. It also tightens pores, minimizing their appearance, and helps to reduce the appearance of redness and irritation to the skin.

**Available in:** Firming Eye Cream • Peptide Firming Cleanser • Recovery Cream with Arnica • Vitamin C Cream

# Laminaria Japonica (Seaweed) Extract

See Algae and Seaweed

#### Lanolin

An emollient and strong moisturizer.

Available in: Vitamin C Cleanser

#### Laureth-7

It is used as an emulsifier and surfactant.

Available in: Hydrating Protection Gel with SPF 15 • Hydrating Protection Gel with SPF 30 • Peptide Cream • Rejuvenating Peptide Masque • Resurfacing Night Cream with 15% Glycolic Acid • Skin Resurfacing Lotion with Resorcinol • Ultra Hydro Gel

# Lauryl Peg-9 Polydimethylsilozyethyl Dimethicone

A skin conditioner and humectant stabilizer.

**Available in:** Moisturizing Protection Cream with SPF 30

# Lavandula Angustifolia Oil/Extract

See Lavender

# Lavandula Hybrida (Lavadin) Oil

See Lavender

#### Lavendula Stoechas Extract

See Lavender

#### Lavender

Lavandula Angustifolia Oil/Extract Lavandula Hybrida (Lavadin) Oil Lavendula Stoechas Extract

The most versatile of all essential oils. Lavender is credited with properties such as anti-allergenic, anti-inflammatory, antiseptic, antibacterial, balancing, energizing, soothing, healing, tonic, and stimulating. It also helps to regulate skin functions. Lavender oil works well on all skin types and produces excellent results for oily skin as well as in the treatment for acne, superficial and non-extensive types of burns, dermatitis, eczema, and psoriasis. It is readily absorbed by the skin and is said to normalize any skin type and stimulate cellular growth and regeneration.

Available in: Anti-Aging Exfoliant Masque •
Beauty Oil • Blemish Control No. 5 with Benzoyl
Peroxide • Blemish Control No. 10 with Benzoyl
Peroxide • Clear Exfoliant Cleanser with Benzoyl
Peroxide • Foaming Cleanser with Amino Acids •
Hydrating Masque with Enzymes • Mega Cream
Cleanser • Peptide Cream • Peptide Micro Scrub
• Rosacea Relief • Skin Clarifying Masque • Skin
Resurfacing Lotion with Resorcinol • Restoring
Fulvic Elixir

# Lecithin

Found in all living organisms, lecithin is a natural emollient, emulsifier, antioxidant, and spreading agent. It is hydrophilic, meaning it attracts water and acts as a moisturizer.

Available in: Anti-Aging Exfoliant Masque • Bio-Renewal Serum • Body Massage Oil • Essential Shave Cream • Firming Serum with Phyto-Stem Cells • Hydrating Hand & Body Lotion • Hydrating Masque with Enzymes • Hydrating Protection Gel with SPF 15 • Mega Cream Cleanser • Moisturizing Protection Cream with SPF 30 • Oil-Free Protective Moisturizer with SPF 30 • Oil-Free Protective Moisturizer with SPF 30 • Oil-Free Protective Moisturizer with SPF 50 • Peptide Micro Scrub • Peptide Serum • Rosacea Relief • Skin Clarifying Masque

#### Lemon

# Citrus Limon Fruit/Peel/Extract/Oil Citrus Medica Limonum Fruit Extract

It is used as an anti-inflammatory and to protect skin against damage from reactive ozone. In addition, its hydrating agents increase the water content of the skin and help maintain its soft and smooth appearance. This extract is an antioxidant, and provides antibacterial effects which clean and tone the skin. Inhibits melanin production.

Available in: Bio-Renewal Serum • CBD Skin Mist • Daily Skin Clarifier • Diamond Bright Skin Illuminator • Professional Oxygen Booster • Professional Oxygen Regenerative Solution • Refining Hand & Body Lotion with Alpha Hydroxy Acids

# Lemongrass

# Cymbopogon Citratus Cymbopogon Schoenanthus Extract

Used as a tonic and fragrance additive, it possesses antibacterial and antifungal properties, which make it an excellent choice for oilier skin types.

**Available in:** Hydrating Masque with Enzymes • Peptide Micro Scrub • Skin Clarifying Masque

# Lens Esculenta (Lentil) Fruit Extact

Antioxidant that contains Vitamin B5 and trisaccharides to moisturize the skin and reduce fine lines.

**Available in:** CBD Soothing Serum with Micro-Silver • Oxygen Deep Pore Masque

# Leontopodium Alpinum Callus Culture Extract

Derived from the plant edelweiss. Inhibits the breakdown of collagen and hyaluronic acid while also providing anti-inflammatory properties. This ingredient is known for it's lifting and firming abilities in the skin.

Available in: Micro Lift Serum

# Leontopodium Alpinum Meristem Cell Culture

See Edelwiss Stem Cell

# Leuconostoc/Radish Root Ferment Filtrate

See Radish Root

# **Licorice Root**

# Glycyrrhiza Glabra Root Extract

Licorice root is used as a lightener, antioxidant, anti-inflammatory, and a moisturizer. It also controls oil and has been used to calm and treat acne.

Available in: Comfort Cream with Aloe Vera
• Daily Skin Clarifier • Diamond Bright Skin
Illuminator • Eye Calm • Peptide Cream •
Professional 5 Berry Solution with 7% TCA •
Professional Pigment Lift Solution with 15% TCA
• Professional Vitamin A Solution with 10% TCA

# **Lightening Drone**

See Advanced Drone Technology

#### Lime

#### Citrus Aurantifolia Peel Oil

Antioxidant with high levels of Vitamin C; astringent; tones.

Available in: Bio-Renewal Serum

#### Limnanthes Alba Seed Oil

See Meadowfoam

# Limonene

Derived from citrus fruits, it provides antibacterial, antiviral, and antifungal properties.

**Available in:** Clear Skin Cleanser with Benzoyl Peroxide

#### Linalool

Found in many flowers and spices, it is used for its antibacterial properties.

**Available in:** Clear Skin Cleanser with Benzoyl Peroxide

# Linseed

# Linum Usitatissimum Seed Oil

Derived from linseed, lignans help to inhibit sebum production and purify the skin. A plant source of omega fatty acids, primarily an omega-3 fatty acid (linolenic acid) which has a soothing effect on skin.

Linseed/flax oil has been shown to penetrate the skin's uppermost layers easily and is also a top source of lignans and phenolic plant compounds that have antioxidant properties.

**Available in:** CBD Regenerative Eye Cream • CBD Therapeutic Balm

#### Linum Usitatissimum

See Linseed

# Luffa Cylindrica Fruit

An exfoliant and anti-inflammatory.

**Available in:** Refining Body Scrub with Alpha Hydroxy Acids

# Lycopene

An antioxidant and powerful free radical fighter. It reduces the skin damage that leads to aging.

Available in: Daily Repair Cream



#### Macadamia

Macadamia Ternifolia Nut/Seed Oil

A moisturizer and skin protectant.

Available in: Eye Calm • Skin Clarifying Masque

# Magnesium Aluminum Silicate

A naturally occurring mineral derived from refined and purified clay. It is used primarily as a thickener.

Available in: Refining Hand & Body Lotion with Alpha Hydroxy Acids • Resurfacing Night Cream with 15% Glycolic Acid • Vitamin C Cleanser • Vitamin C Serum

# Magnesium Ascorbyl Phosphate

L-Ascorbyl Phosphate (synthetic Vitamin C)

See Vitamin C

# Magnesium Aspartate

The magnesium salt of aspartic acid. It is a mineral transporter that aids in the metabolic process by replenishing vital electrolytes to cells and contributing to the cells' energy. It is also used as a binding agent.

**Available in:** Peptide Firming Cleanser • Peptide Micro Scrub • Rejuvenating Peptide Masque

# Magnesium Gluconate

Magnesium is an essential mineral that the body uses to maintain circulatory and nervous system function. It is great for acne due to its antibacterial component.

Available in: Rejuvenating Peptide Masque

#### Malic Acid

The third smallest AHA in molecular weight, it is found naturally occurring in apples.

Available in: Professional Peptide Perfection Exfoliator • Professional Vitamin A Solution with 10% TCA • Refining Body Scrub with Alpha Hydroxy Acids • Refining Hand & Body Lotion with Alpha Hydroxy Acids

#### Mallow

#### Malva Sylvestris Extract

Mallow has the ability to soothe rough and dry skin. Due to its high mucilage content, the flower extract forms a soothing, protective gel. It also provides anti-inflammatory and calming properties for delicate and sensitive skin.

**Available in:** Firming Eye Cream • Peptide Firming Cleanser • Recovery Cream with Arnica

#### Maltodextrin

A binding agent. It also increases the efficacy of other ingredients.

**Available in:** Age Delay Cream • Atraxi Peptide • Cellulite Corrector Cream with Warming Actives • Hydrating Masque with Enzymes

# Malus Domestica Fruit Cell Culture Extract

See Uttwiler Spätlauber Apple

# Malva Sylvestris Extract

See Mallow

# Mandarin Orange

Citrus Nobilis Oil

A cell rejuvenator that rebalances the skin. It is helpful in retexturing and refining the skin, making it ideal for treating acne scars.

Available in: Foaming Cleanser with Amino Acids

#### Mandelic Acid

See Almond

# Manganase Gluconate

It neutralizes free radicals.

**Available in:** Foaming Cleanser with Amino Acids • Rejuvenating Peptide Masque

# Mangifera Indica Seed Butter

See Mango Seed Butter

# Mango Seed Butter

# Mangifera Indica Seed Butter

It possesses an abundance of emollient properties as well as the ability to aid in healing wounds and regenerating cells.

Available in: Hydrating Hand & Body Lotion

#### Mangosteen

# Garcinia Mangostana Fruit Extract

A fruit of a tropical evergreen tree with potent antioxidants rich in xanthones. Contains antiviral, antifungal, and antibacterial properties.

Available in: CBD Skin Mist

#### Marshmallow

#### Althaea Officinalis Extract

A soothing, healing, and antiinflammatory botanical.

Available in: Beta Gel with 10% Glycolic Acid

#### Matricaria Flower

See Chamomile

#### Meadowfoam

# Limnanthes Alba Seed Oil

Meadowfoam oil is a very rich and luxurious oil. It is considered a great moisturizer for the skin. It is an excellent lubricant and emollient due to its ability to stay on the skin and form a barrier which alleviates dry, irritated skin and prevents transepidermal water loss (TEWL). It is resistant to oxidation and penetrates quickly into the skin.

Available in: Eye Calm • Retinol Rejuvenation Serum

#### Medicago Sativa Leaf Extract

See Alfalfa

#### Melaleuca Alternifolia Leaf Oil

See Tea Tree Oil

#### Melissa Officinalis Extract

See Balm Leaf

# Mentha Piperita Leaf Oil/Extract

See Peppermint

# Mentha Viridis Leaf Oil

See Spearmint

#### Menthol

A natural cooling agent derived from mint oils. It reduces inflammation and irritation, and imparts a cool, fresh, and clean feeling to the skin.

Available in: Astringent No. 2 with Salicylic Acid • Astringent No. 5 with Salicylic Acid • Skin Astringent No. 10

#### Methyl Gluceth-20

A humectant and emollient.

Available in: Age Defying Masque • Micro Renewal Smoothing Serum

# **Methyl Nicotinate**

It dilates capillaries and increases blood circulation.

Available in: Cellulite Corrector Cream with Warming Actives • Lip Enhancer with Warming Actives

# Methylchloroisothiazolinone

An antibacterial and antifungal preservative.

Available in: Professional Pumpkin Exfoliator • Vitamin C Serum

# Methylisothiazolinone

A broad range preservative.

Available in: Anti-Aging Exfoliant Masque • Professional Pumpkin Exfoliator • Vitamin C Serum

# Methylparaben

An antifungal preservative widely used in cosmetics. It is non-irritating and considered safe when used in lower concentrations.

Available in: Professional Exfoliator with 50% Lactic Acid

#### Mica

A shimmery pigment.

Available in: Bio-Renewal Serum • Oxygen Deep Pore Masque

# Microcrystalline Cellulose

A bulking and emulsifying ingredient.

Available in: Cellulite Corrector Cream with Warming Actives

#### Milk Protein

It rejuvenates and moisturizes skin.

# Available in: Restoring Fulvic Elixir

#### Milk Solids

(Lactobacillus/Milk Solids/Soybean Oil Ferment)

See Soybean Oil

# Moringa Oleifera Seed Oil

Peptide derived from the Moringa seed; helps cleanse and purify the skin; protects the skin against damage caused by environmental pollution.

**Available in:** Age Delay Cream • Bio-Renewal Serum • Peptide Serum

# Morus Alba Bark/Leaf Extract

See Mulberry

#### Mucor Miehei

See Protease Enzyme

# Mulberry (White Mulberry)

#### Morus Alba Bark/Leaf Extract

It slows down the skin's aging process and aids in the reduction of fine lines and wrinkles. It also assists in the lightening of hyperpigmentation.

**Available in:** Daily Skin Clarifier • Diamond Bright Skin Illuminator

#### Mushroom

# Mucor Miehei

See Protease Enzyme

# Granoderma Lucidum Extract

It contains extensive healing powers and has a high antioxidant properties that prevent the aging of human tissues. It also contains natural tyrosinase inhibiting properties.

Available in: Oxygen Deep Pore Masque

# Myristoyl Pentapeptide-8

Pentapeptides are among the most elaborate, biologically active molecules and are formed from five peptide fragments which are composed of amino acids. It stimulates collagen production, the major component of the extracellular matrix (ECM). It has powerful anti-aging properties.

Available in: Firming Serum with Phyto-Stem Cells

# Myristoyl Pentapeptide-11

Pentapeptides are among the most elaborate, biologically active molecules and are formed from five peptide fragments which are composed of amino acids. It stimulates collagen production, the major component of the extracellular matrix (ECM). It has powerful anti-aging properties.

Available in: Firming Serum with Phyto-Stem Cells



# Nasturtium

#### Tropaeolum Majus Flower/Leaf Stem

Naturtium promotes the oxygenation of skin cells. Because of the deep foaming action, pores are cleansed of toxins and infused with oxygen. It also has antibacterial and anti-inflammatory properties, and reinforces the skin's ability to heal itself. It increases circulation so that cells are better able to receive nutrients which then stimulates increased cellular turnover for healthy skin that is smoother, softer, and more supple.

Available in: Oxygen Cream

# Neopentyl Glycol Dicaprate/Dicaprylate

An emollient and skin conditioner.

Available in: Vitamin C Cleanser

# Niacinimide

Amide form of Niacin Vitamin B3; involved in cellular respiration; lipid production; antioxidant; soothes inflammation; improves epidermal barrier function; inhibits skin pigmentation; smoothing of fine lines/wrinkles; micro-circulation improvement; boosts collagen production.

Available in: Atraxi Peptide

#### Noni

#### Morinda Citrifolia Extract

A fruit from a Hawaiian plant. Rich in antioxidants and essential fatty acids. It is antibacterial, anti-inflammatory, soothing, and healing. Prevents dry skin.

Available in: CBD Age Delay Dew • CBD Skin Mist



# Oat

Avena Kernel Oil Avena Sativa Straw Extract

It is used in skincare products as a skin softening agent. It reduces skin irritation and helps with problems like sunburn and psoriasis. It is good for sensitive and delicate skin types.

Available in: Beauty Oil • Mega Cream Cleanser • Protective Skin Serum with Ceramides

#### Oat Beta Glucan

It penetrates deeply into skin tissues to deliver advanced topical skin benefits. It is well known to reduce inflammation and irritation while it speeds the healing of damaged tissues. It also stimulates collagen synthesis.

Available in: Daily Repair Cream • Recovery Cream with Arnica

#### Octinoxate

Ethylhexyl Methoxycinnamate Octyl Methoxycinna-mate

A sunscreen agent.

Available in: Hydrating Protection Gel with SPF 15 • Hydrating Protection Gel with SPF 30 • Moisurizing Protection Cream with SPF 15 • Moisturizing Protection Cream with SPF 30 • Oil-Free Protective Moisturizer with SPF 15 • Oil-Free Protective Moisturizer with SPF 30 • Oil-Free Protective Moisturizer with SPF 50

# Octisalate

Ethylhexyl Salicylate

A sunscreen agent.

Available in: Hydrating Protection Gel with SPF 30 • Moisturizing Protection Cream with SPF 30

#### Octocrylene

A sunscreen agent.

Available in: Hydrating Protection Gel with SPF 30 • Moisturizing Protection Cream with SPF 30 • Oil-Free Protective Moisturizer with SPF 30, Oil-Free Protective Moisturizer with SPF 50

#### Octyl Palmitate

An ultra mild skin smoothing ester that has a dryslip feel that is very similar to the texture of silicone. Available in: Resurfacing Night Cream with 15% Glycolic Acid

#### Octyl Salicylate

A sunscreen agent.

Available in: Oil-Free Protective Moisturizer with SPF 15 • Oil-Free Protective Moisturizer with SPF 30 • Oil-Free Protective Moisturizer with SPF 50

# Olea Europaea Fruit Oil/Extract

See Olive Fruit Oil

# Olea Europaea Leaf Extract

See Olive Leaf Extract

#### Olea Europaea Polyphenols

See Olive Polyphenols

#### Olefin Sulfonate

A surfactant that helps oily molecules and compounds to dissolve in water.

Available in: Foaming Cleanser with Amino Acids • Gentle Gel Cleanser with Amino Acids

# Oligopeptide-51

See Advanced Drone Technology

#### Olive Fruit Oil

#### Olea Europaea Fruit Oil/Extract

Contains naturally occurring squalene, a component of the hydrolipid mantle layer of the skin. Its high fatty acid composition provides nutrients and protection to the skin. It targets epidermal keratinocytes and stimulates the synthesis of substances such as collagen, elastin, proteoglycans, and glycoproteins.

Available in: Barrier Repair Cream with Amino Acids • Hydrating Lip Balm • Mega Cream Cleanser • Retinol Rejuvenation Serum

# Olive Leaf Extract

#### Olea Europaea Leaf Extract

It has high antioxidant properties to fortify skin against potentially harmful substances.

Available in: Age Defying Masque • Barrier Repair Cream with Amino Acids • Bio-Renewal Serum • Essential Serum with Amino Acids • Hydrating Masque with Enzymes • Micro Renewal Smoothing Serum • Peptide Firming Cleanser • Peptide Micro Scrub • Skin Clarifying Masque

# Olive Polyphenols

# Olea Europaea Polyphenols

Olive polyphenols contain the highest level of free radical scavenging activity ever reported for any natural antioxidant compound.

**Available in:** Firming Eye Cream • Foaming Cleanser with Amino Acids • Rejuvenating Peptide Masque

#### **Onion Bulb**

#### Allium Cepa Bulb Extract

With potent antibacterial, antimicrobial, antiinflammatory, and skin conditioning properties, and powerful antioxidant protection, onion bulb has been shown to reduce post-operative scarring when used in higher concentrations.

Available in: Daily Repair Cream

# Orange

# Citrus Aurantium Dulcis Fruit Extract Citrus Aurantium Dulcis Peel Oil

Source of Vitamin C. Rich in antioxidants helps to fight free radical damage to the skin. Helps soothe inflammation. Powerful anti-bacterial, anti-fungal, and astringent.

Available in: CBD Regenerative Eye Cream •

CBD Skin Mist • Cell Protection Balm • Clear Skin Cleanser with Benzoyl Peroxide • Daily Skin Clarifier • Diamond Bright Skin Illuminator • Exfoliating Cleanser with Salicylic Acid • Foaming Cleanser with Amino Acids • Micro Lift Serum • Moisturizing Protection Cream with SPF 30 • Oxygen Cleansing Powder • Professional Exfoliator with 30% Alpha Hydroxy Acids • Professional Oxygen Regenerative Solution • Radiant Serum with 1% Mandelic Acid • Restoring Fulvic Elixir • Vitamin C Serum

#### Oryza Sativa Bran Oil

See Rice Bran Oil

#### Oxybenzone

# Benzophenone-3

A topical sunscreen that absorbs both UVA and UVB radiation.

Available in: Hydrating Protection Gel with SPF 15 • Hydrating Protection Gel with SPF 30 • Moisurizing Protection Cream with SPF 15 • Moisturizing Protection Cream with SPF 30 • Oil-Free Protective Moisturizer with SPF 15 • Oil-Free

Protective Moisturizer with SPF 30 • Oil-Free Protective Moisturizer with SPF 50



# Pacific Algae (Seaweed) Extract

See Algae Extract/Seaweed Extract

# Palmitoyl Dipeptide-5

Palmitoyl Dipeptide-5 Diaminobutyloyl Hydroxythreonine Palmitoyl Dipeptide-5 Diaminohydroxybutyrate

A dual-peptide formula that interacts with the epidermal-dermal junction, stimulating the proteins, laminin, collagen, and integrin. The result of increasing these proteins is an improvement in the structural integrity of the epidermal-dermal junction with improved epidermal nourishment, molecular communication for compact skin, reduced wrinkles, and increased tone and firmness. It smooths the appearance of fine lines and wrinkles, enhances elasticity, and helps even skin tone and texture.

**Available in:** Radiant Serum with 1% Mandelic Acid • Retinol Rejuvenation Serum

# Palmitoyl Heptapeptide-18

See Advanced Drone Technology

# Palmitoyl Hexapeptide-52

See Advanced Drone Technology

# Palmitoyl Oligopeptide

A peptide that increases collagen and hyaluronic acid levels. It improves fine lines, wrinkles, loss of elasticity, stretch marks, and thinning skin.

Available in: Peptide Cream

# Palmitoyl Pentapeptide-4

Pentapeptides are among the most elaborate biologically-active molecules. They are formed from five peptide fragments, which are composed of amino acids. This peptide is clinically proven to dramatically reduce the number of wrinkles and depth of wrinkles while supporting the collagen/skin matrix to encourage the skin to produce new cells.

Available in: Firming Serum with Phyto-Stem Cells

# Palmitoyl Sh-Octapeptide-24 Amide

See Advanced Drone Technology

# Palmitoyl Sh-Tripeptide-5 Norisoleucyl Sh-Nonapeptide-1

See Advanced Drone Technology

# Palmitoyl Tetrapeptide-7

A regenerating peptide that was previously known as Palmitoyl Tetrapeptide-3. It is comprised of four amino acids that suppress the production of excessive interleukins that trigger the body's acute inflammatory response, which causes stiffening of tissues that negatively affects collagen, elastin, and other proteins.

Available in: Age Delay Cream • Atraxi Peptide • Bio-Renewal Serum • Peptide Cream • Peptide Serum • Professional Peptide Perfection Exfoliator

# Palmitoyl Tripeptide-1

Peptide; initiates the stimulation of collagen and glycosaminoglycan production; strengthens connec-tive tissue; firms.

Available in: Age Delay Cream • Atraxi Peptide • Bio-Renewal Serum • Peptide Serum • Professional Peptide Perfection Exfoliator

#### Palmitoyl Tripeptide-5

A collagen booster and anti-wrinkle agent.

Available in: Professional Pumpkin Exfoliator • Radiant Serum with 1% Mandelic Acid

# Palmitoyl Tripeptide-38

Often referred to as a "wrinkle-filling" peptide. Peptides such as this are found in collagen VI and laminins, and they help to smooth wrinkles from the inside by stimulating macromolecule production in the DEJ.

Available in: Radiant Serum with 1% Mandelic Acid

# Panax Ginseng Root Extract

See Ginseng Root

#### Pantetheine Sulfonate

It has anti-inflammatory properties and works to inhibit the production of melanin.

Available in: Cellulite Corrector Cream with Warming Actives

# **Panthenol**

See Vitamin B

# **Panthenyl Triacetatel**

See Vitamin B

# **Papain**

#### Carica Papaya Fruit Extract Papain

A digestive enzyme, collected from unripe papaya fruit. Papain hydrolyzes and digests proteins and has the ability to digest dead tissue without affecting the surrounding live tissue. Papain contains 212 amino acids and is also rich in malic acid, an alpha hydroxyl acid (AHA).

Available in: Anti-Aging Exfoliant Masque • Bio-Renewal Serum • Chocolate Masque with Enzymes • Hydrating Masque with Enzymes • Moisturizing Protection Cream with SPF 30 • Professional Pumpkin Exfoliator • Serious Action Masque • Skin Clarifying Masque

#### Papaya

See Papain

#### Paraffinum Liquidum

See Mineral Oil

#### **Parfum**

See Fragrance

# Paullinia Cupana Seed Extract

See Guarana

# **PC10 Complex**

A Glymed Plus proprietary blend of amino acid complexes and peptides.

Available in: Barrier Repair Cream with Amino Acids • Essential Serum with Amino Acids • Foaming Cleanser with Amino Acids • Peptide Firming Cleanser • Peptide Micro Scrub • Rejuvenating Peptide Masque

# PEG-10 Rapeseed Sterol

While it is used primarily as a surfactant, it can also be used as an emulsifier.

Available in: Peptide Cream

# Peg-18 Glyceryl Oleate/Cocoate

A combination of oleic acid and coconut oil fatty acids with ethoxylated glycerin, this ingredient helps to balance oil-water emulsification.

Available in: Idyllic Cleanser with 3% Mandelic Acid

#### **PEG-20**

An emollient and surfactant with a lower molecular weight that is minimally absorbed into skin.

Available in: Retinol Rejuvenation Serum

# PEG-40 Hydrogenated Castor Oil

A polyethylene glycol derivative of hydrogenated castor oil. It is a multi-functional agent used as an emulsifier, surfactant, and solubilizer.

**Available in:** Chocolate Masque with Enzymes • Hydrating Protection Gel with SPF 30 • Moisturizing Protection Cream with SPF 30

#### PEG-40 Stearate

A surfactant and cleansing agent.

**Available in:** Refining Hand & Body Lotion with Alpha Hydroxy Acids

#### PEG-80 Sorbitan Laurate

A mild surfactant.

**Available in:** Clear Skin Cleanser with Benzoyl Peroxide

#### PEG-100 Stearate

An emollient, emulsifier, and moisturizer.

Available in: Comfort Cream with Aloe Vera • Diamond Bright Skin Illuminator • Hydrating Protection Gel with SPF 15 • Moisturizing Protection Cream with SPF 30 • Peptide Cream • Refining Hand & Body Lotion with Alpha Hydroxy Acids • Resurfacing Night Cream with 15% Glycolic Acid • Serious Action Masque • Vitamin C Cleanser • Vitamin C Cream

# Peg-120 Methyl Glucose Dioleate

A compound made of polyethylene glycol, methy flucose and oleic acid to form a barrier on the skin to retain moisture. Prevents TEWL and the skin from losing essential lipids.

Available in: Idyllic Cleanser with 3% Mandelic Acid

# PEG-150 Distearate

An emulsifier and thickening agent.

**Available in:** Clear Skin Cleanser with Benzoyl Peroxide

# Pelargonium Graveolens Oil

See Geranium

# Pentapeptide-48

This 5 amino acid peptide accelerates proliferation and migration of keratinocytes to encourage cellular turn over and regeneration.

Available in: Age Delay Cream • Atraxi Peptide

# Pentylene Glycol

A humectant which is also used as a solvent and preservative.

**Available in:** Age Delay Cream • Bio-Renewal Serum • Diamond Bright Skin Illuminator • Idyllic Cleanser with 3% Mandelic Acid • Peptide Serum

- Professional CBD Booster Micro Lift Serum
- Professional Peptide Perfection Exfoliator
   Radiant Serum with 1% Mandelic Acid
   Refining Body Scrub with Alpha Hydroxy Acids
   Restoring Fulvic Elixir

#### **Peppermint**

#### Mentha Piperita Leaf Oil

A natural plant oil that cools, invigorates, and stimulates the skin.

Available in: Body Massage Oil • Cellulite
Corrector Cream with Warming Actives • Firming
Eye Cream • Hydrating Lip Balm • Lip Enhancer
with Warming Actives • Peptide Firming Cleanser
• Recovery Cream with Arnica • Refining Body
Scrub with Alpha Hydroxy Acids

#### Peptide Cocktail

# Palmitoyl Dipeptide-5 Diaminobutyroyl Hydroxy-threonine

Anti-aging peptide cocktail that stimulates the proteins of the Dermal-epidermal junction (DEJ) including laminin, collagen, integrin and provides strength.

**Available in:** CBD Age Delay Dew • CBD Hydratherapy Masque with Micro-Silver • CBD Regenerative Eye Cream • CBD Soothing Serum with Micro-Silver • Retinol Rejuvenation Serum

#### Perfluoroisohexane

An emollient and skin conditioner.

Available in: Oxygen Deep Pore Masque

# Persea Gratissima Oil

See Avocado

# Petrolatum

It moisturizes, heals, and protects.

Available in: Cell Protection Balm • Comfort Cream with Aloe Vera • Hydrating Lip Balm

#### Phenoxyethanol

An FDA-approved alternative to parabens. It is a glycol ether with broad range preservative, fungicidal, bactericidal, insecticidal, and germicidal properties. It also has a low sensitizing factor.

Available in: Accelerator Gel with 20% Alpha Hydroxy Acids • Age Defying Masque • Age Delay Cream • AHA Astringent Prepping Agent • Anti-Aging Exfoliant Masque • Atraxi Peptide • Bio-Renewal Serum • Blemish Control No. 5 with Benzoyl Peroxide • Blemish Control No. 10 with Benzoyl Peroxide • Cell Protection Balm • Cellulite Corrector Cream with Warming Actives • Chocolate Masque with Enzymes • Clear Exfoliant Cleanser with Benzoyl Peroxide • Clear Skin Cleanser with Benzoyl Peroxide • Comfort Cream with Aloe Vera • Daily Skin Clarifier • Diamond Bright Skin Illuminator • Exfoliating Cleanser with Salicylic Acid • Firming Serum with Phyto-Stem Cells • Hydrating Masque with Enzymes • Hydrating Protection Gel with SPF 15 • Hydrating Protection Gel with SPF 30 • Idyllic Cleanser with 3% Mandelic Acid • Mattifying Sulfur Masque • Micro Lift Serum • Micro Renewal Smoothing Serum • Moisurizing Protection Cream with SPF 15 • Moisturizing Protection Cream with SPF 30 • Oxygen Cream • Oxygen Deep Pore Masque • Peptide Cream • Peptide Serum • Pigment Brightening Serum • Professional 5 Berry Solution with 7% TCA • Professional CBD Booster • Professional Peptide Perfection Exfoliator • Professional Pigment Lift Solution with 15% TCA • Professional Vitamin A Solution with 10% TCA

- Purifying Cleanser with Salicylic Acid Radiant Serum with 1% Mandelic Acid • Recovery Cream with Arnica • Refining Body Scrub with Alpha Hydroxy Acids • Refining Hand & Body Lotion with Alpha Hydroxy Acids • Restoring Fulvic Elixir • Resurfacing Night Cream with 15% Glycolic Acid
- Retinol Rejuvenation Serum Serious Action Masque • Skin Clarifying Masque • Tri-Acid 15% Skin Gel • Vitamin C Cleanser

#### Phenethyl Alcohol

A compound of phenyl alcohol found naturally in nature, usually within a variety of essential oils such as rose, carnation, hyacinth, pine, orange blossom, ylang-ylang, geranium. It gives the scent of rose.

Available in: Age Delay Cream • Atraxi Peptide

#### Phenyl Alcohol

Colorless liquid miscible with most organic solvents. It occurs widely in nature, being found in a variety of essential oils.

Available in: Peptide Serum • Professional Peptide Perfection Exfoliator

# **Phospholipids**

A complex protective barrier of the skin that is obtained from olive and hazelnut oils. It is used as an emulsifier in skincare products.

**Available in:** Professional Pumpkin Exfoliator

#### Phyllanthus Emblica Fruit Extract

See Amalaki

# **Phytic Acid**

A natural plant antioxidant found primarily in bran and seeds. This antioxidant action is important to the skin because oxidation stress is factor in the reduction of the inflammatory process. As a skin lightening action, it works by blocking the entrance of iron and copper in the formation of melanin.

Available in: Daily Skin Clarifier • Pigment Brightening Serum • Professional 5 Berry Solution with 7% TCA • Professional Pigment Lift Solution with 15% TCA • Protective Skin Serum with Ceramides

#### **Phytosphingosine**

A conditioning and antibacterial lipid.

Available in: Barrier Repair Cream with Amino Acids • Firming Eye Cream

#### Pichia/Resveratrol Ferment Extract

See Resveratrol

# Pineapple

See Bromelain

# **Plankton Extract**

See Algae and Seaweed

#### Polyacrylamide

A binder, film former, and thickener.

Available in: Hydrating Protection Gel with SPF 15 • Hydrating Protection Gel with SPF 30 • Peptide Cream • Rejuvenating Peptide Masque • Resurfacing Night Cream with 15% Glycolic Acid

• Skin Resurfacing Lotion with Resorcinol • Ultra Hydro Gel

# Polyacrylate Crosspolymer-6

It adjusts the texture and thickness of products while leaving a rich, elegant, and velvety feel to the skin.

Available in: Oxygen Cream

# Polyactic Acid

Derived from natural renewable resources, polyactic acid is used to create a physical exfoliation. It is also biodegradable.

Available in: Clear Exfoliant Cleanser with Benzoyl Peroxide • Refining Body Scrub with Alpha Hydroxy Acids

# Polyethylene Granules

It is used for exfoliating, smoothing, and polishing the skin.

Available in: Serious Action Masque

# Polyhydroxystearic Acid

A suspending agent.

**Available in:** Hydrating Protection Gel with SPF 30 • Oxygen Cleansing Powder • Professional Oxygen Regenerative Solution

# Polymer

Ammonium Acryloyldimethyltaurate/vp Copolymer

Polymer that creates a gel texture. Thickener for oil in water formulations.

**Available in:** CBD Hydratherapy Masque with Micro-Silver

#### Polysorbate 20

A surfactant, solubilizer, emulsifier, viscosity-modifier, and stabilizer for essential oils. It has a soothing effect on the skin.

Available in: Accelerator Gel with 20% Alpha
Hydroxy Acids • Age Delay Cream • AHA Astringent
Prepping Agent • Atraxi Peptide • Beta Gel with 10%
Glycolic Acid • Blemish Control No. 5 with Benzoyl
Peroxide • Blemish Control No. 10 with Benzoyl
Peroxide • Bio-Renewal Serum • Chocolate Masque
with Enzymes • Firming Serum with Phyto-Stem
Cells • Micro Lift Serum • Peptide Cream • Pigment
Brightening Serum • Professional CBD Booster •
Professional Exfoliator with 30% Alpha Hydroxy

Acids • Professional Peptide Perfection Exfoliator • Peptide Serum • Professional Pigment Lift Solution with 15% TCA • Professional Vitamin A Solution with 10% TCA • Radiant Serum with 1% Mandelic Acid • Restoring Fulvic Elixir • Tri-Acid 15% Skin Gel

#### Polysorbate 60

It stabilizes essential oils in water. It is widely used in cosmetic and toiletry preparations as an emulsifier, wetting agent, and detergent emulsifier for mineral oils, fats, and waxes.

**Available in:** Firming Serum with Phyto-Stem Cells • Retinol Rejuvenation Serum

# Polysorbate 80

A detergent and emulsifier.

Available in: Astringent No. 2 with Salicylic Acid
• Astringent No. 5 with Salicylic Acid • Astringent
No. 10 with Salicylic Acid • Professional CBD
Booster • Refining Body Scrub with Alpha Hydroxy
Acids • Resurfacing Night Cream with 15%
Glycolic Acid

# Polyvinyl Alcohol

The most common form of an encapsulation film around an active ingredient.

Available in: Diamond Bright Skin Illuminator

# **Pomegranate**

Punica Granatum Fruit Extract Lactobacillus/Punica Granatum Fruit Ferment Pro-line

Powerful antioxidant with elevated polyphenol content. Contains antibacterial, antiviral, antifungal, and soothing properties.

**Available in:** CBD Age Delay Dew • CBD Skin Mist • Professional Pumpkin Exfoliator

#### Potassium Cetyl Phosphate

A salt ester used for stabilization.

**Available in:** Hydrating Protection Gel with SPF 30 • Moisurizing Protection Cream with SPF 15 • Moisturizing Protection Cream with SPF 30

#### Potassium Myristate

A surfactant and detergent.

**Available in:** Essential Shave Cream • Oxygen Cleansing Powder

#### Potassium Sorbate

See Vitamin C

#### PPG-26-Buteth-26

A polymer of propylene glycol. This is a humectant solvent which modifies viscosity.

Available in: CBD Skin Mist

#### **Primrose**

#### Primula Veris Extract

It reduces inflammation and has natural skin lightening properties.

**Available in:** Firming Eye Cream • Peptide Firming Cleanser • Recovery Cream with Arnica

#### Primula Veris Extract

See Primrose

# **Proline**

An amino acid that improves skins texture, moisturizes, aids in repairing damaged tissues, and promotes collagen formation.

Available in: Firming Eye Cream

# Propanediol

A petroleum-free glycol that enhances the absorption of other ingredients. It acts as a humectant (moisturizer) to provide hydrating and smoothing properties.

Available in: Atraxi Peptide • Bio-Renewal Serum • Diamond Bright Skin Illuminator • Idyllic Cleanser with 3% Mandelic Acid • Peptide Serum • Professional Peptide Perfection Exfoliator • Radiant Serum with 1% Mandelic Acid • Restoring Fulvic Elixir

#### **Propyl Gallate**

An antioxidant preservative.

Available in: Comfort Cream with Aloe Vera

# Propylene Glycol

A versatle moisture-carrying vehicle commonly used in cosmetics. It has high permeability and gives the skin a pleasant, non-greasy feel. It is able to absorb moisture from the air, making it a strong humectant. It also has antibaterial and antifungal properties.

**Available in:** Astringent No. 2 with Salicylic Acid • Astringent No. 5 with Salicylic Acid • Astringent No. 10 with Salicylic Acid • Blemish Control No. 5

with Benzoyl Peroxide • Blemish Control No. 10 with Benzoyl Peroxide • Chocolate Masque with Enzymes • Clear Exfoliant Cleanser with Benzoyl Peroxide • Essential Shave Cream • Firming Serum with Phyto-Stem Cells • Lactic Astringent Prepping Agent • Mattifying Sulfur Masque • Professional Exfoliator with 30% Alpha Hydroxy Acids • Professional Exfoliator with 30% Lactic Acid • Professional Exfoliator with 50% Lactic Acid • Vitamin C Serum

# Propylene Glycol Isoceteth-3 Acetate

An emollient and skin conditioner.

Available in: Vitamin C Serum

# Propylparaben

An antifungal and antimicrobial preservative. It is considered nontoxic, non-sensitizing, and nonirritating at low concentrations.

**Available in:** Professional Exfoliator with 50% Lactic Acid

#### Protease Enzyme

#### Mucor Miehei Extract

Derived from the Japanese mushroom, Mucor Meihei, which produces an enzyme that mimics cathespin D. Cathespin D is a naturally occurring enzyme in the body which is responsible for the orderly and specific manner of the shedding and digestion of skin cells, and it promotes a balanced desquamation rate. This reduces the appearance of fine lines and wrinkles, increases hydration, and provides the skin with an overall healthy epidermis.

Available in: Age Defying Masque • Bio-Renewal Serum • Micro Renewal Smoothing Serum • Oxygen Deep Pore Masque • Professional Peptide Perfection Exfoliator

#### Prunus Amygdalus Amara

See Bitter Almond Oil

#### Prunus Amygdalus Dulcis Oil

See Sweet Almond Oil

#### Prunus Armeniaca Seed Powder

See Apricot

# Pterocarpus Santalinis Wood Extract

See Red Sandalwood

# Pumpkin

Lactobacillus/Pumpkin Ferment Extract Lactoba-cillus/Pumpkin Fruit Ferment Filtrate

It hydrolyzes proteins and exfoliates the dead skin and impurities while delivering vitamins and nutrients to the skin.

**Available in:** Professional Pumpkin Exfoliator • Professional Vitamin A Solution with 10% TCA

#### **Pyrus Malus Fruit Extract**

See Apple



# Quillaja Saponaria

See Soap Bark Extract



#### **Radish Root**

Leuconostoc/Radish Root Ferment Filtrate
An antimicrobial botanical.

Available in: Professional Pumpkin Exfoliator

# Rapeseed oil

Brassica Campestris Seed Oil

Obtained by pressing brassica seeds, this oil is rich in Vitamin E and essential fatty acids to help to reinforce the skin's barrier.

**Available in:** CBD Therapeutic Balm • CBD Regenerative Eye Cream

# Raspberry

Rubus Idaeus Extract

It soothes irritated skin and strengthens capillary walls. It has natural anti-irritant, antiinflammatory, and astringent properties.

**Available in:** Hydrating Masque with Enzymes Peptide Micro Scrub • Professional 5 Berry Solution with 7% TCA • Skin Clarifying Masque

#### Red

See Coloring Agents

#### **Red Sandalwood**

# Pterocarpus Santalinis Wood Extract

It is credited with having astringent, antiinflammatory, antibacterial, tonic stimulant, and soothing properties. It's great for acneic and oily skin as it promotes epidermal cell turnover and stimulates fibroblast growth. It also prevents dryness, which makes it excellent in the treatment of seborrheic dermatitis, psoriasis, and eczema.

Available in: Beta Gel with 10% Glycolic Acid

# **Red Wine Polyphenols**

It has a high amount of antioxidant molecules. It improves the appearance of fine lines and wrinkles as well as the overall tone and texture of skin.

**Available in:** Firming Eye Cream • Peptide Micro Scrub • Rejuvenating Peptide Masque

#### Resorcinol

A keratolytic agent which is useful in treating acne, oil, hyperpigmentation, and more. It improves skin clarity by breaking down the upper epidermal layers.

**Available in:** Professional Jessner Solution • Skin Resurfacing Lotion with Resorcinol

#### Resveratrol

# Pichia/Resveratrol Ferment Extract

A non-surgical micro-lifting, anti-inflammatory ingredient. MetabioticsTM Resveratrol promotes the synthesis of collagen IV and strengthens the dermo-epidermal junction (DEJ), which is important in maintaining skin resilience. In a 28-day in vitro study, MetabioticsTM Resveratrol was proven to inhibit the activity of cyclooxygenase 1 (COX1), a key pro-inflammatory mediator.

Available in: Chocolate Masque with Enzymes

# Retinol

See Vitamin A

# **Retinyl Palmitate**

See Vitamin A Ester

# Rhamnus Purshiana Bark Extract

See Cascara Extract

# Ribonucleic Acid (RNA)

RNA works with the body's DNA to help in the safe and healthy reproduction of skin cells.

Available in: Vitamin C Cleanser • Vitamin C Cream

#### Rice Bran Oil

# Oryza Sativa Bran Oil Oryza Sativa Starch

Rice bran oil is extremely effective in keeping skin smooth, soft, and wrinkle-free due to its host of natural antioxidants, like tocopherol (Vitamin E). The oil is obtained from rice bran, the outer coat of brown rice. This coat is removed during the milling process and is rich in vitamins, minerals, proteins, and essential oils. Although it is a smaller molecule and easily penetrates the skin, it is also extremely gentle. It is rich in phytic and ferulic acid, promoting gentle exfoliation while helping to balance melanin production which assists in evening out discoloration on darker skin types.

Available in: Hydrating Masque with Enzymes • Resurfacing Night Cream with 15% Glycolic Acid

# Rice Protein

Hydrolyzed Rice Protein

A skin conditioning agent.

Available in: Firming Eye Cream

# **RNA**

See Ribonucleic Acid (RNA)

# Rosa Canina Fruit Extract

See Rosehips Oil

#### Rosa Centifolia Water

See Cabbage Rose

#### Rosa Damascena Rose Flower Oil

See Rose Oil

#### Rose Oil

# Bulgarian Rosa Damascena Rose Flower Extract Rosa Damascena Rose Flower Oil

Rose oil is collected from the fresh petals of the rare Rosa Damascena which blooms in the month May. It is the most expensive and rare essential oil. Rose oil has strong anti-aging, anti-inflammatory, antiseptic, and astringent properties. It soothes and moisturizes the skin, helping to diminish the appearance of fine lines and wrinkles and to improve the overall skin tone. It is safe for all skin types and gentle on sensitive skin.

Available in: Barrier Repair Cream with Amino Acids • Essential Serum with Amino Acids • Firming Eye Cream • Peptide Firming Cleanser • Rejuvenating Peptide Masque

#### Rosehips Oil

#### Rosa Canina Fruit Extract

It is rich in antioxidants and essential fatty acids.

Available in: Protective Skin Serum with Ceramides

#### Rosmarinus Officinalis Leaf

See Rosemary Leaf

# Rosemary Leaf

# Rosmarinus Officinalis Leaf Extract Rosmarinus Officinalis Leaf Oil

It contains potent essential fatty acids that promote circulation and tone within the skin while also providing antibacterial and antimicrobial protection. Rosemary stimulates fibroblast growth and increases epidermal cell turnover, aiding in skin rejuvenation. It is useful in treating acne, dermatitis, eczema, and aging and mature skin.

Available in: Anti-Aging Exfoliant Masque • Beta Gel with 10% Glycolic Acid • Body Massage Oil • Cell Protection Balm • Cellulite Corrector Cream with Warming Actives • Peptide Firming Cleanser • Peptide Micro Scrub • Peptide Serum • Professional Exfoliator with 30% Lactic Acid • Professional Exfoliator with 50% Lactic Acid • Rejuvenating Peptide Masque • Retinol Rejuvenation Serum • Rosacea Relief • Vitamin E Cream

# **Rubus Fruticosus Seed Powder**

See Blackberry

# **Rubus Idaeus Extract**

See Raspberry



# Saccharide Isomerate

A plant derived D-glucose and carbohydrate that binds water, provides emolliency and moisturizes the skin.

**Available in:** CBD Hydratherapy Masque with Micro-Silver

# Saccharomyces Ferment Lysate Filtrate/Extract

A humectant and skin conditioner.

Available in: Cell Protection Balm

#### Saccharum Officinarum Extract

See Sugarcane

#### Safflower

#### Carthamus Tinctorius Seed Oil

It contains linoleic acid that helps to soften dry skin. It is a lubricant and it acts as a protective barrier to help the skin retain moisture.

**Available in:** Resurfacing Night Cream with 15% Glycolic Acid

#### Sage

# Salvia Officinalis Extract Salvia Sclarea (Clary Sage Oil)

It is considered to have antibacterial, antiseptic, anti-inflammatory, softening, and healing properties.

**Available in:** Accelerator Gel with 20% Alpha Hydroxy Acids • Peptide Micro Scrub

#### Sake Extract

It contains natural kojic acid to lighten existing pigmentation and block the production of more melanin. It detoxifies, hydrates, and softens the skin.

**Available in:** Oxygen Cream • Oxygen Deep Pore Masque

# Salicylic Acid

Classified as a BHA (beta hydroxy acid) and used as an exfoliant for its keratolytic nature, it reduces oiliness, acne, and photo-aging. Salicylic acid works by softening keratin, a protein that forms part of the skin structure. This helps to loosen dry, scaly skin, which makes it easier to remove. When salicylic acid is used in combination with other ingredients, it takes off the upper layer of skin, allowing the additional medicines to penetrate more effectively. In acne, salicylic acid helps slow down shedding of the cells inside the follicles to prevent clogging. Salicylic acid also helps break down blackheads and whiteheads.

**Available in:** AHA Astringent Prepping Agent • Anti-Aging Exfoliant Masque • Astringent No. 2 with

Salicylic Acid • Astringent No. 5 with Salicylic Acid • Astringent No. 10 with Salicylic Acid • Exfoliating Cleanser with Salicylic Acid • Lactic Astringent Prepping Agent • Professional Jessner Solution • Professional Solution with 20% Salicylic Acid • Professional Solution with 30% Salicylic Acid • Purifying Cleanser with Salicylic Acid • Serious Action Masque • Skin Resurfacing Lotion with Resorcinol • Tri-Acid 15% Skin Gel

#### Salix Alba Bark Extract

See Willow Bark

#### Salvia Officinalis Extract

See Sage

# Salvia Sclarea (Clary Sage Oil)

See Sage

#### Saponaria Officinalis

See Soapwort Extract

# Sargassum Filipendula Extract

See Algae and Seaweed

#### SD Alcohol 40-B

See Alcohol

#### Sea Buckthorn Oil

# Hippophae Rhamnoides

Derived from a plant. Antioxidant rich oil that contains Vitamins A, B1, B12, C, E, K, and P, lycopene and Omega 3 and 6. This oil helps to slow down aging and reduces oxidation.

Available in: CBD Therapeutic Balm

#### Sea Salt (Dead Sea Salts)

It deep cleanses pores. Sea salt contains a host of minerals that condition the skin from the inside out, helping it grow stronger and more resilient and to be able to defend against the harmful effects of sun exposure, dry climate, and stress.

**Available in:** Gentle Gel Cleanser with Amino Acids • Skin Clarifying Masque

# Sea Whip Extract

It possesses outstanding anti-inflammatory compounds and it is a powerful healing agent. It neutralizes an enzyme in the human body that is responsible for irritation evident in skin sensitivity, sunburns, and aging, as well as pain associated with acne.

Available in: Peptide Cream

#### Seaweed

#### Undaria Pinnatifida Extract

Rich in antioxidants, trace elements and minerals. This brown seaweed is renowned for its regenerating, soothing and detoxifying properties. It is recommended for sensitive and mature skin.

Available in: CBD Regenerative Eye Cream

# **Seaweed Extract**

See Algae Extract/Seaweed Extract

#### Selenium

See Goji Berry

# Serine

An amino acid derived from silk proteins. It is a skin conditioner which aids in collagen production while boosting the skin's elasticity and moisture levels.

Available in: Firming Eye Cream

#### **Shea Butter**

#### Butyrospermum Parkii

A natural fat obtained from the fruit of the karate tree. It protects the skin from dehydration and external aggressions due to harsh climate, and is attributed with anti-inflammatory activity. It restores suppleness, increases moisture in the skin, and improves the appearance of dry, irritated skin.

Available in: Age Delay Cream • Atraxi Peptide • Barrier Repair Cream with Amino Acids • Cell Protection Balm • Cellulite Corrector Cream with Warming Actives • Daily Repair Cream • Eye Calm • Firming Eye Cream • Hydrating Hand & Body Lotion • Hydrating Lip Balm • Lip Enhancer with Warming Actives • Mega Cream Cleanser • Peptide Cream • Peptide Firming Cleanser • Peptide Serum • Professional Peptide Perfection Exfoliator • Recovery Cream with Arnica • Resurfacing Night Cream with 15% Glycolic Acid • Rosacea Relief • Vitamin E Cream

# Silica

An absorbing, bulking, and suspending agent. This mineral is found naturally in sandstone.

Available in: Vitamin C Serum

# Silver

Used for centuries for its incredible antiseptic and anti-inflammatory properties and studies have

shown it increases the body's system to heal tissue and prevent scarring. It also contains antimicrobial properties and wound healing abilities.

Available in: Age Delay Cream • CBD Hydratherapy Masque with Micro-Silver • CBD Soothing Serum with Micro-Silver • Professional Peptide Perfection Exfoliator

#### Simmondsia Chinensis Seed Oil

See Jojoba Oil/Ester

#### Soap Bark Extract

#### Quillaja Saponaria

A natural alternative to soap, derived from a native chile tree. It can be mixed with water to create a cleansing lather.

Available in: Vitamin C Cleanser

#### Soapwort

# Saponaria Officinalis Extract

Soapwort is a naturally foaming substance that has been used for cleaning for centuries. The leaves and roots of this plant have a high concentration of saponins, which are mild cleansing agents. Soapwort is very gentle and is great for sensitive skin.

Available in: Refining Hand & Body Lotion with Alpha Hydroxy Acids

# Sodium Ascorbyl Phosphate

A stable derivative of Vitamin C. This powerful antioxidant promotes collagen formation, brightens the skin, and soothes inflammation. It is also a protectant, an anti-aging agent, and a skin brightener.

Available in: Firming Serum with Phyto-Stem Cells

# Sodium Benzoate

A preservative found naturally in cranberries, cinnamon, cloves, and apples. It is used to give a fragrant smell to cosmetics, and as a preservative and anti-corrosive.

Available in: Age Defying Masque • Micro Renewal Smoothing Serum

# Sodium Bicarbonate

A gentle natural form of baking soda used to aid in cleansing of the skin. Relieves itchy, irriated skin.

Available in: Oxygen Cleansing Powder

#### Sodium Chloride

A natural organic compound found throughout the world. It is FDA approved for use in all overthe-counter products and is commonly used as a thickening and viscosity increasing agent.

**Available in:** Foaming Cleanser with Amino Acids • Hydrating Masque with Enzymes • Oxygen Cleansing Powder

#### Sodium Cl4-16 Olefin Sulfonate

A foaming agent that increases the effectiveness of cleansing

Available in: Idyllic Cleanser with 3% Mandelic Acid

# Sodium Cocamidoproyl PG-Dimonium Chloride Phosphate

A form of salt that boosts the foaming action and cleansing of a product.

**Available in:** Oxygen Cleansing Powder • Professional Oxygen Regenerative Solution

# **Sodium Citrate**

The salt of citric acid is used as a chelating agent as well as to adjust the acid/base balance.

Available in: Vitamin C Cleanser

# Sodium Hyaluronate

Related to hyaluronic acid (salt form), sodium hyaluronate works to moisturize the skin. It can hold more than 1,800 times its own weight in water. It is also used as a viscosifier and emulsifier. It plumps, moisturizes, and lubricates the skin, and reduces transepidurmal water loss (TEWL).

Available in: Age Delay Cream • Firming Eye
Cream • Atraxi Peptide • Bio-Renewal Serum •
Professional CBD Booster • Protective Skin Serum
with Ceramides • Micro Lift Serum • Micro Renewal
Smoothing Serum • Peptide Firming Cleanser •
Peptide Serum • Moisurizing Protection Cream with
SPF 15 • Moisturizing Protection Cream with SPF
30 • Peptide Micro Scrub • Serious Action Masque
• Tri-Acid 15% Skin Gel • Radiant Serum with 1%
Mandelic Acid • Restoring Fulvic Elixir • Firming
Serum with Phyto-Stem Cells • Hydrating Masque
with Enzymes

# Sodium Hydroxide

An inorganic compound used to control the pH levels or to serve as a buffering agent.

Available in: Accelerator Gel with 20% Alpha

Hydroxy Acids • Age Delay Cream • AHA Astringent Prepping Agent • Atraxi Peptide • Beta Gel with 10% Glycolic Acid • Bio-Renewal Serum • Chocolate Masque with Enzymes • Clear Skin Cleanser with Benzoyl Peroxide • Comfort Cream with Aloe Vera • Exfoliating Cleanser with Salicylic Acid • Glycolic Facial Cleanser with 10% Glycolic Acid • Hydrating Protection Gel with SPF 15 • Hydrating Protection Gel with SPF 30 • Lactic Astringent Prepping Agent • Moisurizing Protection Cream with SPF 15 • Moisturizing Protection Cream with SPF 30 • Peptide Serum • Pigment Brightening Serum • Professional Exfoliator with 30% Alpha Hydroxy Acids • Professional Exfoliator with 30% Lactic Acid • Professional Exfoliator with 50% Lactic Acid • Professional Oxygen Regenerative Solution • Professional Peptide Perfection Exfoliator • Professional Peptide Perfection Exfoliator • Professional Pumpkin Exfoliator • Professional Solution with 20% Salicylic Acid • Professional Solution with 30% Salicylic Acid • Refining Body Scrub with Alpha Hydroxy Acids • Refining Hand & Body Lotion with Alpha Hydroxy Acids • Restoring Fulvic Elixir • Resurfacing Night Cream with 15% Glycolic Acid • Radiant Serum with 1% Mandelic Acid • Serious Action Masque • Tri-Acid 15% Skin Gel

# Sodium Lactate

A natural salt derivative of the fermentation process of lactic acid. It inhibits bacteria development and is also used as a buffering agent, pH controller, and exfoliant.

Available in: Oxygen Deep Pore Masque

# Sodium Laureth-13 Carboxylate

An anionic surfactant that increases the cleansing power of Clear Skin Cleanser with Benzovl Peroxidees.

**Available in:** Clear Skin Cleanser with Benzoyl Peroxide

#### Sodium Lauroamphoacetate

A cleansing agent used to create consistent lather and spread ability.

**Available in:** Clear Skin Cleanser with Benzoyl Peroxide

# Sodium Lauroyl Methyl Isethionate

An extremely mild cleansing agent and surfectant.

Available in: Oxygen Deep Pore Masque

# Sodium Lauryl Sulfoacetate

Alternative to sodium lauryl sulfate. Safe for all skin types, even sensitive skin because of its hydrophilic nature.

Available in: Oxygen Cleansing Powder

# Sodium Myristate

A very mild cleansing agent with light conditioning properties.

Available in: Essential Shave Cream

#### Sodium PCA

A high-performance humectant with strong moisture binding properties. It exists naturally in the skin as a component of the natural moisturizing factor (NMF). It is recommended for dry, delicate, and sensitive skin.

Available in: Firming Serum with Phyto-Stem Cells • Oxygen Deep Pore Masque • Vitamin C Cream

#### Sodium Phytate

A naturally occuring chelating agent that binds ions.

Available in: Oxygen Cream

# Sodium Sesquicarbonate

Derived from 2 forms of salt to resist chemical pH changes to product.

Available in: Oxygen Cleansing Powder

#### Sodium Sulfate

Derived from salt and provides thickness and stability to ingredients.

Available in: Oxygen Cleansing Powder

# Sodium Trichloroacetate

See Trichloroacetic Acid (TCA)

# Sodium Trideceth Sulfate

A surfactant used as a cleansing and emulsifying agent.

Available in: Clear Skin Cleanser with Benzoyl Peroxide

#### Solanum Lycopersicum Extract

See Tomato

# Soluble Collagen

A protein similar to the ones naturally found in our skin. It is used to hydrate and plump the skin.

Available in: Micro Lift Serum

#### Sorbic Acid

A preservative.

Available in: Daily Skin Clarifier • Serious Action Masque

#### Sorbitan Laurate

An emulsifier and thickener used in lotions and creams.

Available in: Micro Lift Serum • Skin Resurfacing Lotion with Resorcinol

# Sorbitan Olivate

A safe synthetic surfactant that is non-irritating, non-toxic, and biodegradable.

Available in: Atraxi Peptide

#### Sorbitan Stearate

A humectant to bind moisture, thicken products, and stabilize water and oil mixtures.

Available in: Resurfacing Night Cream with 15% Glycolic Acid

#### Sorbitol

A humectant (attracts water and binds moisture to the skin surface) that can be found naturally in ripe berries, cherries, plums, pears, apples, seaweed, and algae. It gives a velvety feel to the skin.

Available in: Age Delay Cream • Atraxi Peptide • Bio-Renewal Serum • Blemish Control No. 5 with Benzoyl Peroxide • Blemish Control No. 10 with Benzoyl Peroxide • Clear Exfoliant Cleanser with Benzoyl Peroxide • Clear Skin Cleanser with Benzoyl Peroxide • Daily Repair Cream • Daily Skin Clarifier • Mega Cream Cleanser • Oxygen Deep Pore Masque • Oxygen Cream • Peptide Cream • Peptide Serum • Professional Peptide Perfection Exfoliator • Restoring Fulvic Elixir • Resurfacing Night Cream with 15% Glycolic Acid • Skin Clarifying Masque

#### Soybean

# Glycine Soja Oil/Protein/Sterols

An amino acid-rich extract that helps smooth skin, aids in wound healing, stimulates collagen and elastin synthesis, and increases oxygen to the skin tissues.

Available in: Cellulite Corrector Cream with Warming Actives • Firming Eye Cream •

Professional Pumpkin Exfoliator • Professional 5 Berry Solution with 7% TCA • Professional Pigment Lift Solution with 15% TCA • Serious Action Masque

#### Polyglutamic Acid

Found in natto (fermented soybean). It is an excellent humectant, found to be able to absorb up to 5,000 times its own weight. Works complementary to hyaluronic acid by inhibiting hyaluronidase, which breaks down hyaluronic acid.

Available in: CBD Age Delay Dew

# Soybean Oil Ferment

Lactobacillus/Milk Solids/Soybean
Oil Ferment

A humectant.

**Available in:** Chocolate Masque with Enzymes

# Soy Protein

Emulsifies and conditions hair and skin.

**Available in:** Age Delay Cream • Atraxi Peptide • Bio-Renewal Serum • Peptide Serum • Professional Peptide Perfection Exfoliator

# Spearmint

Mentha Viridis Leaf Oil

A skin conditioning agent.

**Available in:** Body Massage Oil • Cellulite Corrector Cream with Warming Actives • Hydrating Lip Balm • Refining Body Scrub with Alpha Hydroxy Acids

# Speedwell

# Veronica Officinalis Extract

Speedwell has excellent healing and calming properties, which make it great for eczema, cuts, rashes, and sores.

**Available in:** Firming Eye Cream • Peptide Firming Cleanser • Recovery Cream with Arnica

#### Spirulina Platensis Extract

See Algae and Seaweed

# Squalane/Squalene

A lightweight oil derived from olives. It boosts the skin's ability to retain moisture, enhancing the skin's natural barrier function. Squalane is highly compatible with skin lipids due to the fact that it is

also found in human sebum in quantities around 25%. It promotes skin softening and smoothing, and helps keep the skin in good condition.

Available in: Age Delay Cream • Atraxi Peptide
• Barrier Repair Cream with Amino Acids • Beta
Gel with 10% Glycolic Acid • Cell Protection Balm
• Comfort Cream with Aloe Vera • Daily Repair
Cream • Diamond Bright Skin Illuminator • Firming
Serum with Phyto-Stem Cells • Hydrating Masque
with Enzymes • Moisurizing Protection Cream
with SPF 15 • Moisturizing Protection Cream with
SPF 30 • Refining Hand & Body Lotion with Alpha
Hydroxy Acids • Resurfacing Night Cream with 15%
Glycolic Acid • Skin Clarifying Masque • Serious
Action Masque • Vitamin C Cream

#### St. John's Wort

# Hypericum Perforatum Flower/Stem Extract

A wound healing and anti-inflammatory botanical.

Available in: Astringent No. 2 with Salicylic Acid
• Astringent No. 5 with Salicylic Acid • Astringent
No. 10 with Salicylic Acid

#### Stearic Acid

An emollient, thickener, and emulsifier.

Available in: Age Delay Cream • Chocolate Masque with Enzymes • Diamond Bright Skin Illuminator • Moisurizing Protection Cream with SPF 15 • Moisturizing Protection Cream with SPF 30 • Peptide Cream • Refining Hand & Body Lotion with Alpha Hydroxy Acids • Resurfacing Night Cream with 15% Glycolic Acid

#### Stearyl Triethoxysilane

It binds ingredients together.

**Available in:** Hydrating Protection Gel with SPF 15 • Hydrating Protection Gel with SPF 30

#### Succinic Acid

Naturally found in amber or sugar cane, succinic acid is sustainably obtained through a process of fermentation and is similar in aim to salicylic acid. It has skin-softening and bacteria-inhibiting properties and helps to control sebum, therefore reducing shine and excess oil, which can potentially lead to breakouts.

Available in: Age Delay Cream • Atraxi Peptide

#### Sucrose Palmitate

Fatty acid, used for it's skin condition properties.

Available in: CBD Hydratherapy Masque with Micro-Silver • CBD Soothing Serum with Micro-Silver

#### **Sucrose Tristearate**

Softening and smoothing, sucrose tristerate maintains the skin in good condition. It is also used as an emulsifier.

Available in: Retinol Rejuvenation Serum

# Sugarcane

#### Saccharum Officinarum Extract

Natural AHA. Works effectively at refining wrinkles and other signs of aging skin. Helps to moisturize and lubricate the skin.

Available in: CBD Skin Mist • Daily Skin Clarifier • Diamond Bright Skin Illuminator • Oxygen Cleansing Powder • Professional Oxygen Booster • Professional Oxygen Regenerative Solution

#### Sulfur

A naturally occurring mineral, sulfur is antibacterial, antimicrobial, antifungal, anti-inflammatory, and has powerful healing abilities. As a keratolytic agent, sulfur encourages skin to shed its top layers, which reduces the buildup of dead skin that can clog the pores and lead to acne. It decreases the production of sebum and encourages the production of collagen, and also works as a skin brightener.

Available in: Mattifying Sulfur Masque • Skin Resurfacing Lotion with Resorcinol

# **Sunflower Seed**

#### Helianthus Annuus Seed Oil

Sunflower oil is high in linoleic acid which softens the skin and helps to retain moisture. It easily penetrates the skin without leaving an oily film and it forms a natural barrier over the skin to protect it from bacteria. It is one of the least comedogenic vegetable oils, and it is non-sensitizing. The fatty acids nourish and regenerate dry, damaged, and sensitive skin.

Available in: Anti-Aging Exfoliant Masque • Barrier Repair Cream with Amino Acids • Body Massage Oil • Cellulite Corrector Cream with Warming Actives • Daily Repair Cream • Essential Serum with Amino Acids • Essential Shave Cream Eye Calm • Hydrating Hand & Body Lotion • Hydrating Lip Balm • Lip Enhancer with Warming Actives • Mega Cream Cleanser • Peptide Firming

Cleanser • Peptide Micro Scrub • Professional 5 Berry Solution with 7% TCA • Professional Pigment Lift Solution with 15% TCA • Protective Skin Serum with Ceramides • Recovery Cream with Arnica • Rosacea Relief • Vitamin E Cream

#### Super Oxide Dismutase

An antioxidant found naturally in the body as well as in most green plants, it is in a class of enzymes that catalyze the dismutation of superoxide into oxygen and hydrogen peroxide. Super oxide dismutase overpowers the damaging reactions of superoxide and protects the cell from free radical damage, which helps to prevent wrinkles, fine lines, and age spots. It also aids in wound healing, softening scar tissue, and protecting against photo aging from UV exposure.

Available in: Daily Repair Cream • Vitamin C Cleanser • Vitamin C Cream

#### **Sweet Almond Oil**

# Prunus Amygdalus Dulcis Oil

Rich in nutrients such as Vitamin A, B1, B2, B6, and E, it is a great moisturizer for all skin types, especially dry or chapped skin. It is easily absorbed and it is quick to soften and rehydrate the skin. It also reduces discoloration on the skin by getting rid of dead skin cells and improving the overall complexion.

Available in: Body Massage Oil • Cellulite Corrector Cream with Warming Actives • Chocolate Masque with Enzymes • Micro Lift Serum • Peptide Cream • Refining Body Scrub with Alpha Hydroxy Acids • Resurfacing Night Cream with 15% Glycolic Acid

# Swiss Uttwiler Spätlauber Apple

See Uttwiler Spätlauber Apple

# Symphytum Officinale Rhizome/Root Extract

See Comfrey

#### SYN-COLL

See Palmitoyl Tripeptide 3

# Syringa Vulgaris Extract

See Lilac



# **Tangerine**

#### Citrus Tangerina Peel Oil

Antioxidant Vitamin C. Contains astringent properties helping to tone the skin.

Available in: CBD Skin Mist

#### **Taraxacum Officinale Extract**

See Dandelion

# **Taurate Copolymer**

# Hydroxyethyl Acrylate/Sodium Acryloyldimethyl

A gelling agent that thickens, emulsifies, and stabilizes products and solutions. It provides a velvety feel to the skin.

**Available in:** Age Defying Masque • Firming Serum with Phyto-Stem Cells • Micro Renewal Smoothing Serum

#### **TEA Stearate**

The salt of stearic acid. It forms emulsions, reducing surface tension, and allows water to mix with oils on the skin to be washed away easily.

Available in: Essential Shave Cream

#### Tea Tree Oil

# Melaleuca Alternifolia Leaf Oil

It is known for its antimicrobial, antibacterial, antiseptic, and tissue-healing properties. A high azulene content gives this oil its anti-inflammatory and cell regenerating properties. It promotes strong healing for the relief of symptoms such as acne and other skin infections. It is obtained from the Australian tea tree, Melaleuca alternifolia, and also works as a germicide, fungicide, and antiviral.

Available in: AHA Astringent Prepping Agent • Serious Action Masque • Astringent No. 2 with Salicylic Acid • Astringent No. 5 with Salicylic Acid • Astringent No. 10 with Salicylic Acid • Blemish Control No. 5 with Benzoyl Peroxide • Blemish Control No. 10 with Benzoyl Peroxide • Tri-Acid 15% Skin Gel

# Tetradecyl Aminobutyroylvalylaminobutyric Urea Trifluoroacetate

Is a skin conditioning agent which boosts the production of hyaluronic acid (HA). HA is an

important molecule for the hydration of the skin, however the levels of HA in the body decrease as the body ages. It has been shown to stimulate the production of proteins which provide collagen fibers with greater structural support by binding these fibers together giving the skin a fuller and firmer look.

Available in: CBD Age Delay Dew • CBD Hydratherapy Masque with Micro-Silver • CBD Regenerative Eye Cream • CBD Soothing Serum with Micro-Silver • Radiant Serum with 1% Mandelic Acid

#### Tetrahexyldecyl Ascorbate

See Vitamin C

#### Tetrahydrodiferuloylmethane

A skin whitening ingredient and tyrosinaise inhibitor It is also used as an antioxidant.

Available in: Comfort Cream with Aloe Vera

#### **Tetrasodium EDTA**

A water soluble chelating agent, it also possesses the ability to improve stability when the product is exposed to air and prevents microbial growth.

Available in: Accelerator Gel with 20% Alpha
Hydroxy Acids • Beta Gel with 10% Glycolic Acid •
Exfoliating Cleanser with Salicylic Acid • Mattifying
Sulfur Masque • Moisurizing Protection Cream
with SPF 15 • Peptide Cream • Pigment Brightening
Serum • Professional Exfoliator with 30% Alpha
Hydroxy Acids • Professional Exfoliator with 50%
Lactic Acid • Tri-Acid 15% Skin Gel • Vitamin
C Cream

# Theobroma Cacao Seed Butter

See Cocoa Butter

# Theobroma Cacao Seed Powder

See Cocoa Seed Powder

#### **Thioctic Acid**

Also known as alpha lipoic acid, it is a strong antioxidant with free radical scavenging properties that prevent premature aging and wrinkling. Thioctic acid is considered a "non-vitamin" nutrient that is essential to life. It is both fat and water-soluble and, therefore, readily transported through cellular membranes. It also helps to recycle other antioxidants.

Available in: Hydrating Masque with Enzymes

#### **Titanium Dioxide**

A naturally occuring mineral that works as a coloring agent to whiten products. It also serves as a thickener and a sunscreen agent.

Available in: Bio-Renewal Serum • Hydrating Protection Gel with SPF 15 • Hydrating Protection Gel with SPF 30 • Moisturizing Protection Cream with SPF 30 • Oil-Free Protective Moisturizer with SPF 30 • Oil-Free Protective Moisturizer with SPF 50 • Oxygen Deep Pore Masque • Serious Action Masque

# **Tocopherol**

See Vitamin E

# Tocopherol Acetate/Tocopheryl Acetate

See Vitamin E Acetate

#### **Tomato**

Lycopene (see Lycopene) Solanum Lycopersicum Extract

It prevents the breakdown of collagen, which results in a reduction of fine lines and wrinkles. It also works as an antioxidant, fending off free radicals.

Available in: Rejuvenating Peptide Masque

# Tree Sap

# Acacia Senegal Gum

Comes from a tree in Africa, provides the tightening (tensor) effect helping to lift impurities out of the pore and decrease wrinkle depth.

**Available in:** Professional Tightening Protein Booster

# Tribehenin

A soothing lubricant, humectant, and skin conditioner.

Available in: Peptide Cream

#### Trichloroacetic Acid (TCA)

# Sodium Trichloroacetate

TCA provides an aggressive medium-depth chemical exfoliation to reduce melasma, post-inflammatory hyperpigmentation, sun damage, superficial blemishes, and post-acne scars. Trichloroacetic acid is a chemical cauterant that coagulates skin protein, which results in a white frost, the level of which will determine the outcome of the treatment.

**Available in:** Professional 5 Berry Solution with 7% TCA • Professional Pigment Lift Solution with 15% TCA • Professional Vitamin A Solution with 10% TCA

#### Trideceth-9

A binder, solvent, and softener that improves resistance to moisture and oxidation.

Available in: Chocolate Masque with Enzymes

# **Tridecyl Stearate**

A skin conditioning agent and emollient.

Available in: Vitamin C Cleanser

# **Tridecyl Trimellitate**

An emollient, skin conditioner, and thickening agent.

Available in: Vitamin C Cleanser

# Triethanolamine (TEA)

An emulsifier and pH adjustor.

Available in: Blemish Control No. 5 with Benzoyl Peroxide • Blemish Control No. 10 with Benzoyl Peroxide • Clear Exfoliant Cleanser with Benzoyl Peroxide • Peptide Cream • Retinol Rejuvenation Serum • Vitamin C Serum

# Triethoxysilylethyl Polydimethylsiloxyethyl Hexyl Dimethicone

A skin conditioner and semi-occlusive binder.

Available in: Hydrating Protection Gel with SPF 30

#### Trifluoracetyl Tripeptide-2

See Advanced Drone Technology

#### **Triticum Aestivum Leaf Extract**

See Wheat Leaf Extract

# **Triticum Vulgare Seed Extract**

See Wheat Seed Extract

# **Triticum Vulgare Wheat Starch**

See Wheat Starch

# Tropaeolum Majus Flower/Leaf/Stem

See Nasturtium



# Undaria Pinnatifida Extract

See Algae and Seaweed

# **Undecylenic Acid**

An unsaturated fatty acid used for its antifungal properties.

Available in: Rejuvenating Peptide Masque

#### Uttwiler Spätlauber Apple

Malus Domestica Fruit Cell Culture Extract

A revolutionary phytotechnology to help protect the skin's stem cells based on the science of botanical wound healing. This liposome callus (wound-healing tissue) culture of the rare Swiss apple, the Uttwiler Spätlauber apple, is well-known for its excellent longevity potential. It helps a plant build new, fresh tissue post injury. Malus Domestica Fruit Cell Culture has been shown by various in vitro experiments and studies to have powerful age-delaying and antiwrinkle effects.

**Available in:** Firming Serum with Phyto-Stem Cells • Peptide Serum



# Vaccinium Augustifolium Fruit Extract

See Blueberry

# Vaccinium Corymbosum Seed Powder

See Blueberry

# Vaccinium Macrocarpon Extract Powder

See Cranberry

# Vanilla

# Vanilla Planifolia Fruit Extract

Aroma as well as an antioxidant, that contains moisturizing and soothing abilities. It protects against free radical damage as well as provides a calming aroma.

**Available in:** CBD Hydratherapy Masque with Micro-Silver

# Vegetable Cetearyl Alcohol

See Cetearyl Alcohol

#### Veronica Officinalis

See Speedwell

# Vitamin A

#### Retinol

Retinol is considered necessary for normal epidermal growth and differentiation, and it stimulates the production of new blood vessels in the skin to improve skin tone. It is an active form of Vitamin A that is a powerful skin revitalizer. It has the ability to enhance radiance as it treats skin conditions associated with aging, such as fine lines and wrinkles. It protects dermal fibers by counteracting the increased activity of enzymes that degrade collagen and elastin. It is successful in the treatment of dermatological disorders like acne, actinic keratosis, and oily skin. It is able to alter the behavior of aged cells so that they act in a more youthful manner. The anti-aging benefits of skin treated topically with retinol are based on its penetration ability, which allow it to reach into the skin where treatment is required.

**Available in:** Professional Pumpkin Exfoliator • Professional Vitamin A Solution with 10% TCA • Retinol Rejuvenation Serum

# Retinol Palmitate

Ester of Vitamin A has the ability to convert into active Vitamin A when the presence of enzymes are found in the skin. Your skin's natural enzymes convert Retinyl Palmitate to retinol, which is a powerful anti-aging ingredient. It helps to reduce fine lines and wrinkles, and improve the skin tone.

Available in: Professional CBD Booster

#### Vitamin A Ester

# Retinyl Palmitate

The ester of retinol combined with palmitic acid works as a skin conditioner with antioxidant and a free radical scavenger, and it has cell renewal properties. This is a milder version of retinoic acid, due to its conversion properties. It increases epidermal thickness, stimulates the production of more epidermal protein, and increases skin elasticity. It also has greater efficacy when used in conjunction with glycolic acid.

Available in: Age Delay Cream • Beta Gel with 10% Glycolic Acid • Cell Protection Balm • Cellulite Corrector Cream with Warming Actives • Daily Skin Clarifier • Essential Shave Cream • Eye

Calm • Firming Eye Cream • Hydrating Masque with Enzymes • Moisurizing Protection Cream with SPF 15 • Moisturizing Protection Cream with SPF 30 • Peptide Cream • Professional 5 Berry Solution with 7% TCA • Professional CBD Booster • Professional Pigment Lift Solution with 15% TCA • Protective Skin Serum with Ceramides • Recovery Cream with Arnica • Retinol Rejuvenation Serum • Resurfacing Night Cream with 15% Glycolic Acid • Skin Clarifying Masque • Vitamin C Cleanser • Vitamin C Cream

#### Vitamin B

#### Panthenol

A biologically active substance that metabolizes to Vitamin B5 in the skin. It is known for its revitalizing and conditioning effects in the hair and skin. It has humectant-like properties that promote moisture absorption and soothe the skin, and it assists in wound healing.

Available in: Age Delay Cream • Atraxi Peptide • Bio-Renewal Serum • Cell Protection Balm • Daily Repair Cream • Diamond Bright Skin Illuminator • Idyllic Cleanser with 3% Mandelic Acid • Micro Lift Serum • Oxygen Deep Pore Masque • Peptide Serum • Pigment Brightening Serum • Professional CBD Booster • Professional Peptide Perfection Exfoliator • Protective Skin Serum with Ceramides • Radiant Serum with 1% Mandelic Acid • Refining Hand & Body Lotion with Alpha Hydroxy Acids • Restoring Fulvic Elixir • Vitamin C Cream • Skin Recovery Mist

# Panthenyl Triacetatel

Used as a moisturizer and to control the production of sebum.

Available in: Moisurizing Protection Cream with SPF 15

# Vitamin B3

#### Niacinamide

A form of Vitamin B3 that stimulates lipid production and improves epidermal barrier function. It is known for inhibiting hyperpigmentation and reducing fine lines and wrinkles. It is an anti-inflammatory. Boosts collagen production and increases microcirculation, delivering nutrients throughout skin.

Available in: CBD Age Delay Dew • CBD Hydratherapy Masque with Micro-Silver • CBD Skin Mist • CBD Soothing Serum with Micro-Silver

#### Vitamin B12

#### Cyanocobalamin

It is effective in treating psoriasis. It strengthens the skin's capillaries and reduces inflammation.

Available in: Hydrating Protection Gel with SPF 15 • Hydrating Protection Gel with SPF 30 • Serious Action Masque

# Vitamin C

#### Ascorbic Acid

A stable form of Vitamin C that protects skin cells and skin structures from UV-related damage, improves the appearance of sundamaged skin, strengthens the skins barrier response, reduces inflammation, promotes collagen production, enhances the effectiveness of clinical procedures, and reduces pigmentation.

Available in: Pigment Brightening Serum • Professional 5 Berry Solution with 7% TCA • Professional Vitamin A Solution with 10% TCA • Vitamin C Cream

#### Calcium Ascorbate

A salt of ascorbic acid, an essential nutrient that plays a pivotal role in the body's collagen production, tissue repair, synthesis of neurotransmitters, and resistance to infection. It has many anti-aging benefits, such as softening and smoothing the skin, building collagen, defending against free-radicals, healing inflammation, reducing the appearance of fine lines and wrinkles, and lightening discolorations. Strong antioxidant protection is coupled with these anti-aging benefits. It also controls the skin's PH level and protects against deterioration caused by exposure to air.

Available in: Daily Repair Cream • Mega Cream Cleanser • Skin Clarifying Masque

Magnesium Ascorbyl Phosphate L-Ascorbyl Phosphate (synthetic Vitamin C)

A water soluble, non-irritating, stable form of Vitamin C. It has the same potential as Vitamin C to boost skin collagen synthesis, but it is effective in significantly lowering concentrations to suppress melanin formation. It is also used for UV protection and repair, and as an anti-inflammatory.

Available in: Daily Skin Clarifier • Peptide Cream

- Peptide Firming Cleanser Peptide Micro Scrub
- Professional Pigment Lift Solution with 15%
   TCA Protective Skin Serum with Ceramides •
   Recovery Cream with Arnica Vitamin C Cleanser
- Vitamin C Cream Vitamin C Serum

#### Potassium Sorbate

A mild preservative used as an alternative to parabens to prevent or retard the growth of microorganisms and protect products from spoiling. It is especially useful against fungi, mold, and yeast.

Available in: Age Defying Masque • AHA
Astringent Prepping Agent • Anti-Aging Exfoliant
Masque • Cellulite Corrector Cream with Warming
Actives • Daily Repair Cream • Eye Calm • Firming
Eye Cream • Foaming Cleanser with Amino
Acids • Hydrating Masque with Enzymes • Micro
Renewal Smoothing Serum • Oxygen Deep Pore
Masque • Peptide Micro Scrub • Protective Skin
Serum with Ceramides • Purifying Cleanser with
Salicylic Acid • Refining Body Scrub with Alpha
Hydroxy Acids • Rosacea Relief • Serious Action
Masque • Skin Clarifying Masque • Skin Recovery
Mist • Vitamin E Cream

# Tetrahexyldecyl Ascorbate

Oil-soluble form of Vitamin C. Contains powerful antioxidants which protects skin from UV damage. Helps to brighten skin while inhibiting MMPs. Protects DNA, boosts collagen production, and soothes inflammation.

Available in: Age Delay Cream • Atraxi Peptide • Bio-Renewal Serum • CBD Regenerative Eye Cream • Diamond Bright Skin Illuminator • Firming Eye Cream • Micro Lift Serum • Oxygen Cream • Peptide Cream • Peptide Micro Scrub • Peptide Serum • Professional CBD Booster • Rejuvenating Peptide Masque

# Vitamin C Ester

# Ascorbyl Palmitate

Made from ascorbic acid and palmitic acid, it is used as a preservative. It is a strong antioxidant with free radical scavenging properties and is an effective collagen builder. It penetrates into skin quickly due to it being lipid (fat) soluble.

Available in: Cellulite Corrector Cream with Warming Actives • Eye Calm • Hydrating Masque with Enzymes • Moisturizing Protection Cream with SPF 30 • Protective Skin Serum with Ceramides • Skin Clarifying Masque

#### Vitamin E

#### Tocopherol

An antioxidant obtained by the vacuum distillation of edible vegetable oils. It protects cells from the damaging effects of free radicals and has anti-inflammatory properties. It has been proven to protect skin, speed wound healing, provide hydration, and prevent water loss. It exists in several chemical forms: alpha-, beta-, gamma-, and delta-tocopherol. Tocopherol counteracts damage to cell membranes, DNA, and skin proteins. Studies have found that Vitamin E applied topically can help reduce UV-induced tumor formation. It also protects the cells that make collagen and elastin, which create the matrix of the skin, making it the perfect addition to any anti-aging regimen.

Available in: Age Delay Cream • Atraxi Peptide • Barrier Repair Cream with Amino Acids • Bio-Renewal Serum • Body Massage Oil • CBD Massage Cream • CBD Regenerative Eye Cream • Cellulite Corrector Cream with Warming Actives • Daily Repair Cream • Diamond Bright Skin Illuminator • Essential Shave Cream • Eye Calm • Firming Eye Cream • Foaming Cleanser with Amino Acids • Gentle Gel Cleanser with Amino Acids • Hydrating Hand & Body Lotion • Idyllic Cleanser with 3% Mandelic Acid • Lip Enhancer with Warming Actives • Mega Cream Cleanser • Oil-Free Protective Moisturizer with SPF 15 • Oil-Free Protective Moisturizer with SPF 30 • Oil-Free Protective Moisturizer with SPF 50 • Peptide Firming Cleanser • Professional CBD Booster • Radiant Serum with 1% Mandelic Acid • Rosacea Relief • Restoring Fulvic Elixir • Vitamin E Cream

#### Vitamin E Acetate

# Tocopherol Acetate/Tocopheryl Acetate

A form of Vitamin E, which is a natural skin conditioner and powerful antioxidant. It maintains and strengthens other antioxidants and prevents oxidative stress. Vitamin E is often used instead of pure tocopherol due to its stability and low acidic level. It is effective in soothing inflammation and boosting collagen production.

Available in: Accelerator Gel with 20% Alpha Hydroxy Acids • Anti-Aging Exfoliant Masque • Beta Gel with 10% Glycolic Acid • Cell Protection Balm • Daily Skin Clarifier • Hydrating Masque with Enzymes • Hydrating Lip Balm • Moisurizing

Protection Cream with SPF 15 • Moisturizing Protection Cream with SPF 30 • Oxygen Cream • Peptide Cream • Peptide Micro Scrub • Pigment Brightening Serum • Professional 5 Berry Solution with 7% TCA • Professional Pigment Lift Solution with 15% TCA • Recovery Cream with Arnica • Rejuvenating Peptide Masque • Resurfacing Night Cream with 15% Glycolic Acid • Retinol Rejuvenation Serum • Skin Clarifying Masque • Vitamin C Cleanser • Vitamin C Cream

# Vitis Vinifera Fruit/Seed Extract/Oil

See Grape Seed Oil

# VP/Eicosene Copolymer

It works as a binder to control the viscosity of products.

Available in: Hydrating Protection Gel with SPF 30



#### Walnut Shell

#### Juglans Regia Shell Powder

A soft and effective exfoliant, fine walnut shell powder is durable and does not dissolve in water. It helps to remove the surface layer of skin cells, and is even effective against thick and calloused skin. Exfoliation reveals smoother and healthier skin as it prepares skin cells to better receive moisturizing and anti-aging treatments.

Available in: Serious Action Masque

#### Wasabi

# Lactobacillus/Wasabia Japonica Root Ferment Extract Wasabia Japonica Root

Wasabia japonica extract is a powerful antioxidant with antimicrobial and skin soothing characteristics. Wasabia japonica contains three important components: peroxidases, superoxide dismutase (SOD), and sinigrin. SOD, in conjunction with peroxidase, is responsible for the scavenging and neutralization of both the superoxide and peroxide ROS radicals which contribute to premature aging. Results from in vitro studies have demonstrated that sinigrin directly inhibits destructive oxidative reactions in DNA. Sinigrin also exhibits antimicrobial characteristics.

Available in: Chocolate Masque with Enzymes • Oxygen Cream • Oxygen Deep Pore Masque

#### Water

See Aqua

#### Watermelon

#### Citrullus Lanatus Fruit Extract

Great antioxidant that prevents DNA fragmentation in the Fibroblasts and keratinocytes. It also helps to reduce redness and irritation in the skin, especially after UV exposure.

Available in: CBD Soothing Serum with Micro-Silver

#### Wheat Amino Acids

Wheat proteins are broken down into smaller and simpler amino acids through a process called hydrolysis. The smaller amino acids are more easily absorbed into the skin to heal and rejuvenate skin cells. It also works as a skin conditioner and moisturizer.

Available in: Protective Skin Serum with Ceramides • Recovery Cream with Arnica

#### Wheat Leaf

# Triticum Aestivum Leaf Extract

Derived from wheat, it possesses lightening and brightening properties to fight against hyperpigmentation. It has been compared to arbutin.

Available in: Hydrating Masque with Enzymes

# **Wheat Protein**

It increases skin firmness as it smooths and nourishes skin, improving skin's softness and protecting skin from drying out. It has the ability to decrease the number and depth of wrinkles.

Available in: Gentle Gel Cleanser with Amino Acids

#### **Wheat Seed**

# Triticum Vulgare Seed Extract

Wheat seed contains large quantities of Vitamin E, a powerful antioxidant. It promotes skin cell formation and nourishes dry, mature, dehydrated, and damaged skin. It is also a natural preservative.

Available in: Skin Clarifying Masque

# White Mulberry

See Mulberry

#### Willow Bark

# Salix Alba Bark Extract

Willow bark has many useful qualities, but it is especially prized for its role as a natural source of salicylic acid (BHA). It serves as an exfoliator that removes superficial skin cells, leaving skin with a smoother texture and more even tone. Its astringent properties come from the presence of tannins and help to reduce inflammation.

**Available in:** Refining Body Scrub with Alpha Hydroxy Acids

# Witch Hazel

# Hamamelis Virginiana Water/Extract

Witch hazel has long been used to treat a wide variety of conditions. As a potent astringent, it helps to tighten skin proteins and even overall skin tone. The tightened skin proteins create a protective barrier which is soothing and promotes healing. It also has antioxidant, antimicrobial, and anti-inflammatory properties, to further encourage the healing of skin cells. It also helps to remove excess surface skin oils.

Available in: AHA Astringent Prepping Agent • Astringent No. 2 with Salicylic Acid • Astringent No. 5 with Salicylic Acid • Astringent No. 10 with Salicylic Acid • Essential Serum with Amino Acids • Lactic Astringent Prepping Agent • Professional 5 Berry Solution with 7% TCA • Tri-Acid 15% Skin Gel

#### Willowherb

# Epilobium Angustifolium Flower/Leaf/Stem Extract

A flowering plant. Works as a free radical scavenger protecting the skin. Is anti-irritant, giving soothing properties, and antibacterial.

**Available in:** CBD Regenerative Eye Cream • CBD Skin Mist

# Wolfberry

See Goji Berry

# Wrinkle Filling Drone

See Advanced Drone Technology

#### Wrinkle Remedy Drone

See Advanced Drone Technology



#### Xanthan Gum

#### Cornstarch Gum

Xanthan gum is a polysaccharide that has an abundance of uses. It serves primarily as a stabilizer, to hold the ingredients together, and as a texturizer, to give the product a smooth feel on the skin. It also works as a thickener to give products a gel-like consistency and to increase shelf life.

Available in: Age Defying Masque • Age Delay Cream • Anti-Aging Exfoliant Masque • Atraxi Peptide • Barrier Repair Cream with Amino Acids • Daily Repair Cream • Daily Skin Clarifier • Diamond Bright Skin Illuminator • Essential Serum with Amino Acids • Eye Calm • Firming Eye Cream • Firming Serum with Phyto-Stem Cells • Hydrating Hand & Body Lotion • Hydrating Protection Gel with SPF 15 • Lip Enhancer with Warming Actives • Mega Cream Cleanser • Micro Lift Serum • Micro Renewal Smoothing Serum • Peptide Cream • Peptide Firming Cleanser • Peptide Serum • Peptide Micro Scrub • Professional 5 Berry Solution with 7% TCA • Professional Pigment Lift Solution with 15% TCA • Professional Vitamin A Solution with 10% TCA • Protective Skin Serum with Ceramides • Radiant Serum with 1% Mandelic Acid • Recovery Cream with Arnica • Restoring Fulvic Elixir • Resurfacing Night Cream with 15% Glycolic Acid • Rosacea Relief • Vitamin C Cleanser • Vitamin C Serum • Vitamin E Cream

#### Xylitol

Xylitol is a sweetener derived from natural sources. It is potent humectant. It pulls water to the skin's surface and keeps it there. It also has powerful antibacterial properties and has shown evidence of increasing collagen production in the skin.

Available in: Lip Enhancer with Warming Actives

# Xylitylglucoside

A naturally occurring ingredient that comes from the sugars located in wheat. The compound aids the body by moistening and redistributing skin cells by enhancing a person's skin's dermal water reservoirs along with their skin barrier ability.

Available in: CBD Regenerative Eye Cream



#### Yarrow

#### Achillea Milletolium Extract

A powerful healing herb that speeds up wound healing and is extremely calming and soothing. It contains astringent, cleansing, and antimicrobial properties. Fatty acids in the yarrow plant boost the oxygen content in cells, and aid in cell membrane development, strength, and functions.

Available in: Firming Eye Cream • Peptide Firming Cleanser • Recovery Cream with Arnica

# Yeast Beta Glucan

Yeast beta glucan is derived from yeast. It has the ability to treat a variety of skin disorders, promote healing, and reduce fine lines and wrinkles. It can penetrate deep through the intercellular matrix to the lower levels of the skin. With its cell renewal properties, it lessens the appearance of scars, improves the skin's texture, reduces the signs of aging, and improves the overall skin tone.

Available in: Beta Gel with 10% Glycolic Acid • Cell Protection Balm • Protective Skin Serum with Ceramides • Treatment Ceam • Vitamin C Cream

# Yeast

Yeast is a source of a beta-glucan, which is a good antioxidant and anti-inflammatory. It stimulates Langerhans immune cells to encourage healthy skin and can reduce skin sensitivities over time.

**Available in:** Daily Skin Clarifier • Protective Skin Serum with Ceramides • Serious Action Masque • Tri-Acid 15% Skin Gel • Vitamin C Cleanser

# Yeast Protein

# Hydrolyzed Yeast Protein

It moisturizes the skin, improves dry skin types, and helps to regulate sebum production in oily skin types. It also works as a normalizer.

**Available in:** Professional 5 Berry Solution with 7% TCA • Professional Pigment Lift Solution with 15% TCA • Professional Vitamin A Solution with 10% TCA

# Yellow

See Coloring Agents

#### Ylang Ylang Flower

Cananga Odorata Flower Oil

Cleansing, it refines and soothes inflamed skin while warming and moisturizing.

Available in: Professional Exfoliator with 30% Lactic Acid • Tri-Acid 15% Skin Gel

#### Yucca

# Yucca Aloifolia Extract

It protects the skin against aggressive factors like climate, weather, and the environment. It contains anti-inflammatory, antioxidant, and free radical scavenging properties

Available in: Mega Cream Cleanser



# Zea Mays (Corn) Startch

An absorbent in mineral/powder based products to provide an even application. It helps to thicken water-based formulas.

Available in: Oxygen Cleansing Powder • Serious Action Masque

#### Zinc Gluconate

It helps to maintain immune strength, heal cuts and wounds, and it is an essential mineral found in almost every cell in the body. It enhances immunity and aids in cell metabolism and healing. Zinc is contained within more than 200 enzymes, substances needed for biochemical reactions. Gluconate promotes absorption and incorporation of zinc in the skin.

Available in: Peptide Firming Cleanser • Peptide Micro Scrub • Rejuvenating Peptide Masque

# Zinc Oxide

A protective ingredient for sunscreens that gives a white appearance to skincare products.

Available in: Anti-Aging Exfoliant Masque • Oil-Free Protective Moisturizer with SPF 50

# Zinc PCA

It has sebum-inhibiting properties. PCA is a predominant factor in the skin's natural moisturizing factor (NMF).

Available in: Age Defying Masque • Micro Renewal Smoothing Serum

# Zingiber Officinale

See Ginger Root

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